RUTLAND FIRST CIC ANNUAL GENERAL MEETING

30 August 2019 2pm - 4pm: Meeting Minutes

These are the minutes from the Annual General Meeting of Rutland First CIC on Friday 30th August 2019. The meeting was held in the Gover Centre at the Rutland Community Hub between 2.00 and 4.00pm. This meeting was open to members of Rutland First and to the public.

Present

Miles Williamson-Noble Chair

Dr Carole East, Jennifer Fenelon, Gina Head, Paul Kitson, Jeannette Warner, Judith Worthington

In Attendance

Lynette Harte Secretary, School's Liaison Office Resilient Rutland.
Francesca Cole, Bart Hellyer, Kathy Reynolds, Janet Seden, Janet Underwood

Apologies

Marian Cullen, Nicola Darby, Elaine Egan-Morris, Colin Murrant, Christine Stanesby Geoff Thompson, Morag Tyler.

1. Introduction and Previous Minutes

Chair

1400

Attendees introduced themselves and interest.

Chair outlined purpose of the day

All members reminded they have received copy of last year's AGM minutes. Request for permission to sign. No objections and agreement given.

2. Annual Report and Accounts 2018 - 2019

Chair

1405

The annual report has been published and has been on the website. Links on Facebook and emailed. **No objections to the accuracy of content.**

The annual accounts have also been emailed/shared. Produced by our accountants Bulley Davey. The Chair directed attendees through the accounts – particularly page 4 and the profits. Noted that these will be redirected into the project. Miles also clarified two separate accounts. Rutland First CIC and BIG (inherited from Healthwatch Rutland and Warners Contribution)

Judith Worthington: Raised that it would be helpful for the annual report and accounts to be produced as one report. 1st April 2018 name change clear in annual report but

recommends that a note needs adding to allow the financial statements to be read alone (e.g. page 4). Suggested that documents merge or have additional notes to assist comprehension. Paul Kitson recommended that adding a footnote for changes and activities at end of directors' report. Footnote will be added, and the two organisations can be clarified. **Action Paul Kitson and Miles Williamson- Noble.**

Jennifer Fenelon: Reinforced that these two financial accounts need to be separated and money to be listed separately for the Health Watch legacy and Lottery funds. Miles Williamson-Noble reassured members that the accounts are kept separate. In the Board meetings these are also clearly stated regards spending. Paul Kitson recommends an additional table showing split funds and spending (profit and loss account). Action Miles Williamson Noble and Paul Kitson to review. This is for protection and clarification. Paul Kitson and Miles Williamson-Noble to also arrange a meeting with Bulley Davey.

3. Election of Board Members

Chair 1415

The board can have up to 9 members and a chair. These can be elected by members and those present at the AGM. 1/3 must retire each year and this has happened this year. At the last board meeting we co-opted Paul Kitson, Gina Head and Carole East. Proposal to make them full members. All agreed. Other interest has come from Colin Murrant, Tim Hill and Marian Cullen. Action: Proposal to invite Colin Murrant as a Coopted member. Miles Williamson Noble to also find out more to involve Marian Cullen. Noted that links in Rutland are in existence but Marian will bring additional knowledge and breadth. Agreement given.

Miles Williamson-Noble also stated the need for further directors to be registered at Company's House from amongst the board members. This follows a request from Lloyds and Big Lottery Fund for details of directors rather than board members. **Action: Miles Williamson-Noble to email around this invitation.**

4. Resilient Rutland Activities and Plans Project Manager 1430 (presented by Chair)

Miles Williamson-Noble sharing the report written by Morag Tyler. Acknowledged that the project may enter a 4th year, but that this would not involve any additional funding. CORC results discussed and the value of this data including the input of the school nurses survey on an individual red flag level. YoungMinds will be going into secondary schools from September 9th to create bespoke programmes. In-school counselling is in its piloting stage via Relate Leicestershire. Very much a trial to measure the uptake and look at funding and potential extension to primaries. Evaluation query raised – is this a tick box exercise or will we be carrying out qualitative evaluative research too. Action: Lynette Harte and Morag Tyler will be working closely with schools to see what is working and what is not. We will investigate how they evaluate the sessions and productivity. Primaries reviewed: Recovery plan and ELSA training and the working group are moving this forward. Miles

Williamson-Noble discussed quiet rooms and the request for these. Miles Williamson-Noble has been sourcing sponsorship for these and requested agreement from the board to spend the £3.5K from reserved funds. This was agreed. Edith Weston has also made contact about a quiet room — and Miles Williamson-Noble has approached the Army Benevolent Fund and local sources. Langham has also requested a quiet room and looking at local community funding. Youth Forum will develop alongside the Youth Council and Young Healthwatch. Action: Lynette Harte and Carole East will be working with the youth groups and YoungMinds at the start of October. Marketing and PR plan: Gina Head to take this forward with Morag Tyler.

Janet Underwood: Question raised about who receives support – and it is Rutland Schools. Question raised about what happens after project Y3/4. Will it stop. Lynette Harte reassured that Resilient Rutland are aiming for sustainability and are working with schools to develop a culture and working together with local agencies and existing projects. It was also asked why the mental health crisis is escalating and whether this is due to technology. Action: schools to continue with parental education which is a part of the Resilient Rutland project as it evolves (YoungMinds will establish need).

5. Report from Healthwatch Rutland

Dr Janet Underwood 1500 (Chair Healthwatch Rutland)

Janet Underwood gave an overview of Healthwatch Rutland including their aims and objectives, key projects of this year and plans for next year. **Invitation shared to their Annual General Meeting 1:30 – 3:30pm on September 11**th **at the Rutland Community Hub. Dr Hilary Fox will also be speaking here.** Question raised regarding Ambulance response rates for Rutland. Janet Underwood will send. Also raised about Health Watch and Disability groups including RAG (Rutland Access Group). Health Watch is involved and trying (amidst pressure) to attend as much as possible. Jennifer Fenelon raised recent research she shared (2017) regarding GP support and public responses to flexibility of who they see and support services in surgeries.

6. NHS Mental Health Implementation Plan

presentation with attendees for information.

Elaine Egan Morris 1530 (CAMHS Lead Commissioner)

Unfortunately, Elaine could not attend. Miles Williamson-Noble has shared the

7. Any Other Business

Members

1600

Next meeting to be arranged. Meeting closed at 16:15pm.