

Knowing Deltas 8, 9 & 10: Similarities and Differences

<u>Delta 8</u>	<u>Delta 9</u>	<u>Delta 10</u>
Derived from cannabis plants	From the cannabis plant	Derived from cannabis plant, processed from hemp CBD
Effects are more like an INDICA strain	Comes in indica, sativa, hybrids	Closer to SATIVA
More potent than D10	Most potent of the Deltas	Far less potent than D8 & D9, and more chemically processed
55-60% potent as D9; mild psychoactive effects; doesn't last as long as D9	Strongest psychoactive effects	No anxiety or paranoia side effects
Best for nighttime use		Not good for those needing sleep or relaxation
<u>Benefits:</u> <ul style="list-style-type: none"> ● Pain relief ● Stimulating appetite ● Reducing nausea and vomiting ● Relaxation ● Reducing anxiety ● Protecting the nervous system from injury and damage ● Increasing feelings of euphoria 	<u>Benefits:</u> <ul style="list-style-type: none"> ● Cancer and chemotherapy ● Nausea and vomiting ● Anxiety ● Post-traumatic stress disorder (PTSD) ● Autoimmune diseases ● Alzheimer's Disease ● Pain relief ● Sleep quality and quantity ● Appetite ● Reducing muscle tremors ● Memory and brain cell growth 	<u>Benefits:</u> <ul style="list-style-type: none"> ● Euphoric high or euphoric effects ● Energizing effects ● Psychoactive effects ● Appetite stimulating
<u>Good Choice for:</u> Mild high Beginners to cannabis Relaxation; nighttime	<u>Good Choice for:</u> Stronger high Experienced users See above effects	<u>Good Choice for:</u> Mild psychoactive effects Beginners to cannabis Daytime use (bursts of energy & uplifting effects)

****Deltas 8 & 10 tend to be highly and chemically processed BUT the companies/brands we use are considered CLEAN GREEN, all testing is transparent, and safer to use than other brands that treat with harsh chemicals and heavy metals.**