

FMC TRANSFORMATION CLASS INFORMATION SHEET



The TRANSFORMATION CLASS is open to Males and Females and is a one class open to both genders
– The class is about celebrating your transformation

This category has 2 Rounds

Round 1 Bikini for Ladies and Swimwear for Males

Round 2 – Ladies Long cocktail dress /Males suits or evening formal dress

During round 2 you will be interviewed about your physique transformation by the FMC host

Question 1 – How has your physique transformed?

Question 2 – What are your future aims?

Question 3 – What do you love about FMC

We can't wait to celebrate your transformation!!