

The 2023 classes

MALE FITNESS CLASSES

Male Beach Body
Junior Fitness Model
Fitness Model
Fitness Model Over 35
Muscle Model
Ink Muscle
Underwear Model

MALE BODYBUILDING CLASSES

Junior Men's Physique – 23 and under
First Timer at FMC Men's Physique
Men's Physique – Open class
Men's Physique – Over 35
Men's Physique – over 45
Muscular Men's Physique
Junior Classic Physique 23 and under
Classic Physique Open
Classic Physique Over 40
Bodybuilding - short class
Bodybuilding - tall class
Bodybuilding Over 40

Male/Female Categories

Transformation – 2 rounds

FEMALE CLASSES

Bikini First Timer at FMC
Bikini Junior 23 and under
Bikini Open
Bikini -Over 35
Bikini -Over 45
Bikini Ink
Bikini Model – 2 rounds Bikini and dress above the knee
International Model
Female Beach Body Open
Athletic Figure
Trained figure
Physique Women
Fit Mum
Wellness -Open
Wellness – Over 35
Figure Fitness – 2 Rounds Bikini and Theme wear
Commercial model – Ball Gown only