

Augustine Fellowship of Central Arkansas

INTERGROUP MEETING

January 6, 2024,

OPENING - Serenity Prayer

Attending:

Service Reading:

"Service is a vital part of the growth in recovery; it gives a sense of giving back what we have been given. We see recovery works through sharing our experience, strength, and hope. Groups that lack the willingness to do service may falter or stagnate. It has allowed us to stay sober. Service is not a requirement or burden but joy and satisfaction.

***From the How to Start an Intergroup Document, S.L.A.A. FWS,
not conference approved***

READING: TWELVE TRADITIONS OF S.L.A.A.

Check-Ins

I. Minutes from the last meeting - [Review Here](#)

II. Written Reports

- **Saline County**
 - Group Health:
 - Steps
 - Sobriety
 - Service
 - Financial report
 - Spirituality
 - Sponsorship/Meetings
 - Attendance 10 - 12 people per month, no new comers
 - Business Meeting Reports
- **Little Rock (Sun, Mon, Thurs, Sat)**

- Group Health:
 - Steps
 - Sobriety
 - Service
 - Financial report \$4800 annual income, \$270 contribution to IG, Contribution to life saver, helped with the 2 workshops, averaged \$135 materials expenses, average monthly expenses \$380, current balance \$1895
 - Spirituality
 - Sponsorship/Meetings
 - Attendance 20 average at Saturday, Thursday 10 to 15, Monday is very healthy
 - Business Meeting Reports, Treasurer and Chair person will be likely stepping down in the next few months
- **Little Rock Tuesday Night**
 - Group Health:
 - Steps
 - Sobriety
 - Service
 - Financial report
 - Spirituality
 - Sponsorship/Meetings
 - Attendance 5 - 9 person average, good rotation with chair, struggling with having enough sponsors
 - Business Meeting Reports
- **North Little Rock**
 - Financial
 - Cash and Venmo: Approximately \$230
 - Last payment to IG was \$15 venmo payment on 11/3/23
 - Attendance
 - Wednesday 7pm meetings: 7 average
 - Group Conscience/Business Meeting
 - In November, per a group conscience meeting, we canceled Friday 7pm meetings due to lack of attendance.
 - Group Health
 - Sobriety continues to be a consistent area of growth, with multiple members crossing long term sobriety milestones in the last month.

- Average Wednesday night meeting attendance may be down slightly, though we seem to have a very consistent group of 7 members week after week, including a newcomer who recently started step work with a sponsor in our group.
- We have a good rotation of meeting chairs. Though we could benefit from more avenues for service.

- **Conway Group**

- Group Health:
 - Steps
 - Sobriety
 - Service
 - Financial report \$50 in reserve
 - Spirituality
 - Sponsorship/Meetings
 - Attendance Monday night meeting averages 4-5 people

- Business Meeting Reports

- **Searcy Group**

- Group Health:
 - Steps
 - Sobriety
 - Service
 - Financial report
 - Spirituality
 - Sponsorship/Meetings
 - Attendance First meeting will be January 11th at 6pm, several CSATs are recommending clients to attend.
 - Business Meeting Reports

- **Secretary/Treasurer**

Ballance at last meeting 11/04/23 of \$440.78

November NLR contribution \$15

November 7th Conway contribution \$50

December 26th Conway contribution \$55

January 4th LR contribution \$270

Current balance Simmons Bank account \$830.78

- **Delegate**
- **Communications Representative**
 - Since August 2023 we have seen 111 Average email addresses receive our newsletter, 50 people on average opened the emails they received, and 7 people on average clicked a link or interacted in some way with the email. Our website has had 486 Site Visitors in the last 30 days and a total of 7,291 Site Visitors in the past 12 months.

III. Old Business

A. New Groups Update

- a. NWA Group Update

B. Newsletter Schedule Progress Report

Would like to post an email about every 1st and 15th of the month

C. 2024 Budget Proposal

Based on the past 12 months, our IG expenses are:

October workshop \$200

GoDaddy \$300

Zoom \$160

We currently have roughly \$450 in the bank and suggest a budget of \$1500 per year based on our desire to put on more workshops. \$500 prudent reserve.

NLR rep motions, 2nd motion by Saline rep

Motion carries

IV. New Business

a. 2024 Workshop Schedule

- i. **Recommendation** - the IG will sponsor 4 workshops in 2024 on dates to be determined and led by a committee of representatives from each group. The group will plan the workshop using a written, submitted, and approved budget and work with the communication rep and IGRs to promote the events.

Motion from NLR, 2nd by Saline county, motion carries

Action item: Go to groups and ask for a minimum of one volunteer per group to be on the committee.

b. 2024 Speakers Meeting/Fellowship Potluck Schedule

- i. **Recommendation** - The IG will sponsor speakers' meetings/potlucks every fifth Friday in 2024. The IG will secure a location, decide on a theme, work with the Communications Rep and IGRs to promote the meeting, and recruit a fellowship person responsible for recruiting a speaker to share their experience strength, and hope during the meeting. Motion by NLR, 2nd made. Approved by vote
- c. **IG Getaway** - Would the IG Members be up for a road trip to another fellowship (Dallas or Saint Louis) to experience a meeting there and meet with another Intergroup for a time to connect and share ideas? No action is needed, just an idea to discuss this year.

NEXT MEETING: March 2, 2023, immediately following the 7 a.m. Little Rock meeting.

Meeting ended at 9:15am