

SLAA 12 Step Workshop Meeting

Welcome to the weekly SLAA 12-step workshop meeting hosted by the Augustine Fellowship of Central Arkansas. My name is _____ and I am a recovering sex and love addict and your chairperson for this meeting. After a moment of silence, please join me in the serenity prayer.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can and wisdom to know the difference.

Sex and Love Addicts Anonymous is a Twelve-Step, Twelve-Tradition oriented fellowship based on the model pioneered by Alcoholics Anonymous. The only qualification for SLAA membership is a desire to stop living out a pattern of sex and love addiction. We are united in a common focus: dealing with our addictive sexual and emotional behavior. We find a common denominator in our obsessive/compulsive patterns, which transcends any personal differences of sexual orientation or gender identity. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

This is a closed meeting for SLAA members only. We encourage each participant to be guided by your sponsor as you do this work. If you don't have a sponsor, we encourage you to get a temporary sponsor. Is anyone in need of a sponsor or temporary sponsor? Who is willing to be a sponsor or temporary sponsor? We encourage you to connect with each other in the chat area of this meeting.

Would someone please read the *Characteristics of Sex and Love Addiction*?

Would someone please read *The Twelve Steps of SLAA*?

Would someone please read the *Graphic and Legal Statement*?

The first tradition states that our "common welfare depends on unity." In keeping with that, we request that there be no cross talking. That is interrupting, making comments about someone else's statements, or giving advice. We urge everyone to participate.

Are there any SLAA-related announcements?

Today's topic is _____.

[Closing]

I want to thank everyone for sharing today. The opinions expressed here today are our own and not necessarily those of SLAA. Let there be no gossip or criticism of one another, but rather understanding and friendship.

Anonymity is the spiritual foundation of all our traditions. The things you heard here were spoken in confidence and should be treated as confidential. So who you see here, what was said here, when you leave here, stays here.

Please join me in our closing prayer/reading.