



Gluten-Free Menu



*Most of our regular menu items can also be prepared gluten-free!
Please Ask!*

Appetizers

G.F. Eggplant Rollitini **9.95**
Pan fried eggplant slices stuffed with ricotta & mozzarella
cheese and baked with tomato sauce

G.F. Eggplant Stack **10.95**
Lightly breaded eggplant layered with warm fresh mozzarella
& topped with roasted peppers, basil & a fig balsamic reduction

Pizza

G.F. Personal Pizza **12.50**
Toppings **.95** extra
(G.F. Pizza is cooked in its own tray to avoid cross contamination)

Pasta

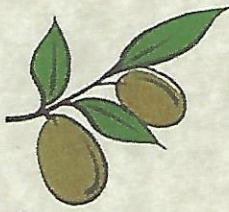
G.F. Pasta Salsiccie **17.95**
Crumbled sausage pink sauce served over G.F. penne pasta

G.F. Penne Ralph **18.50**
Penne served in a pink sherry cream sauce
topped with lump crabmeat & asparagus

G.F. Pasta Pomodoro **15.50**
Plum tomato, basil sauce

Child Order Gluten Free Pasta with
Tomato sauce 7.00
(Under 12 please)





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Entrees

G.F. Chicken Francese **18.50**
Dipped in egg and sautéed in a lemon sauce served with gluten free pasta or tossed salad

G.F. Chicken Parmigiana **18.50**
Served with gluten free pasta or tossed salad

G.F. Breaded Veal Cutlet **19.50**
Served on a bed of arugula and topped with tomato bruschetta and chunks of fresh mozzarella cheese drizzled with red wine vinegar and extra virgin olive oil served with gluten free pasta

G.F. Veal Parmigiana **19.50**
Served with gluten free pasta or tossed salad

G.F. Tilapia, Sole or Salmon Oreganata **18.50**
Sprinkled with gluten free seasoned breadcrumbs and served in a white wine, lemon and garlic sauce served with gluten free pasta or tossed salad

Wraps

G.F. Grilled Chicken Wrap **12.95**
Gluten free wrap stuffed with grilled chicken, fresh mozzarella, arugula and roasted peppers, drizzled with olive oil and balsamic vinegar, served with Mesclun salad

G.F. Grilled Veggie Wrap **12.95**
Gluten free wrap stuffed with grilled zucchini, Portobello mushroom, and eggplant, fresh mozzarella and roasted peppers, drizzled with olive oil and balsamic vinegar, served with Mesclun salad

Note: We use every caution possible under our control to prepare your meal, as not to cross contaminate. Please let us know if you have any gluten free concerns, the chef will be notified.