

RISK ASSESSMENT- CYCALL RIDES

Location: Brooklands Park, Worthing, West Sussex

Reviewed & Updated : June 2020

HAZARD	RISK	PEOPLE AT RISK	RISK CONTROL
Injury from fall from bicycle	Fall/injury	Participants, volunteers, public	Volunteers to precheck routes for potential hazards. Named leader to point out potential hazards to participants before they commence cycling. Additional risks observed on the day of an adapted cycling session to be recorded on risk assessment.
Injury from collision with another cyclist in group	Injury Equipment damage	Participants, volunteers	Named leader to brief cyclists about leaving space between each other or if passing each other.
Injury from collision with either a pedestrian or cycling member of the public	Injury Equipment damage	Participants, volunteers, public	Named leader to advise on hazard during demonstration. Thorough familiarisation with bikes will be ensured. Competency test of participants to be carried out. Cyclists to be warned to be made aware of other users of the park. I.e.dog-walkers. Due care and utmost consideration to be given to other users of the park.
Injury caused due to loss of control of bike	Injury Equipment damage	Participants, volunteers, public	Demonstration will include safe practice advice when cycling e.g. turning, speed, breaking.
Injury from mechanical failure	Injury	Participants, volunteers, public	Bikes are checked by a volunteer prior to a session to ensure good working order. Any mechanical work to be checked by Matthew Shaw (accredited bike mechanic) Adjustments to the bike be made by the ride leader only.

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Hazard	Risk	People at risk	Risk Control
Injury from becoming lost	Injury	Participants Volunteers	Laminated route maps will be provided showing a clear demarcation of the permissible route.
Injury to the head	Head injury	Participants Volunteers	Helmets to be worn conforming to standards provided.
Injury	Cuts, grazes, broken bones	Participants Volunteers	Information pack to include a code of appropriate dress.
Pre-existing medical condition, disability, disorder or additional need.	Injury Illness	Participants Volunteers	Participants to complete a registration form detailing pre-existing medical conditions, disability or additional needs. All cyclists to be accompanied by a parent/ Guardian or caregiver with knowledge or condition and associated medication. Required medication to be brought to the ride.
Weather related injury/ illness	Injury Illness	Participants Volunteers	Guidance given on preventative measures to be taken e.g. clothing, sun protection, footwear hats. participants to carry suitable water supplies. Rides subject to weather conditions.
Injury from playing games/Ping! table tennis	Injury Cuts, grazes, broken bones	Participants Volunteers	Group leaders/caregivers will supervise playing of games. Games will not be provided if grass is wet/slippy. Group leaders/caregivers will decide on the suitability of the games in relation to an individual's ability.
Injury from moving vehicle	Injury Cuts, grazes, broken bones	Participants, Volunteers Public	Only one vehicle will be allowed to access the container. Car will display hazard lights. Vehicle will move slowly with extreme due care to pedestrians.

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