



# Golden Eagle Martial Arts

210-236-7801 [www.enrollkarate.com](http://www.enrollkarate.com)

12002 Bandera, Ste 104  
Helotes, Tx 78023

## After-School Program

	Monday	Tuesday	Wednesday	Thursday	Friday
3:10pm	After-School Pickup	After-School Pickup	After-School Pickup	After-School Pickup	After-School Pickup
5:30pm – 6:00pm	Parent Pickup	Parent Pickup	Parent Pickup	Parent Pickup	Parent Pickup

## Martial Arts Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:15pm - 6:00pm	Basic Curriculum	Intermediate / Advanced Belt	Basic Curriculum	Intermediate / Advanced Belt	No Class	10:00am - 10:45am	All Ranks Curriculum
6:00pm – 6:45pm	Intermediate / Advanced Belt	All Ranks Sparring	Intermediate / Advanced Belt	Weapons / Self Defense	No Class	10:45am - 11:30am	Sparring All Ranks
6:45pm – 7:30pm	Weapons /Self Defense	Basic Curriculum	All Ranks Sparring	Basic Curriculum	No Class	11:30am - 12:30pm	Blackbelt Class