



Golden Eagle Martial Arts

210-236-7801 www.enrollkarate.com

12002 Bandera, Ste 104
Helotes, Tx 78023

After-School Program

	Monday	Tuesday	Wednesday	Thursday	Friday
3:10pm	After-School Pickup	After-School Pickup	After-School Pickup	After-School Pickup	After-School Pickup
3:50pm	Beginner Curriculum	Beginner Curriculum	Beginner Curriculum	Beginner Curriculum	Friday Fun Day Activities
4:30pm - 5:15pm	Intermediate Curriculum	Intermediate Sparring	Intermediate Curriculum	Intermediate Weapons	Friday Fun Day Activities
5:30pm – 6:00pm	Parent Pickup	Parent Pickup	Parent Pickup	Parent Pickup	Parent Pickup

Martial Arts Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30pm - 6:15pm	Basic Curriculum	Intermediate	Basic Curriculum	Intermediate	No Class	10:00am - 10:45am	All Ranks Curriculum
6:15pm – 7:00pm	Intermediate	All Ranks Sparring	Intermediate	Weapons /Self Defense	6pm Adult & Black Belt Only	10:45am - 11:30am	Sparring All Ranks
7:00pm – 7:45pm	Weapons /Self Defense	Advanced belt	All Ranks Sparring	Advanced belt	No Class	11:30am - 12:30pm	Blackbelt Class
7:45pm – 8:30pm	Advanced Belt	Basic Curriculum	Advanced Belt	Basic Curriculum	No Class	12:30pm – 02:00pm	Malaysian Silat