

A Beacon of Hope and Healing

The Behavioral Health & Wellness Center at Children's Nebraska



A project of the
Mental Health Innovation Foundation

Partners include:



Kiewit



CBRE

The Behavioral Health & Wellness Center at Children's Nebraska, built in partnership with the Mental Health Innovation Foundation, will open in early 2026 as a world-class facility providing the full spectrum of pediatric mental health services for children and their families. Children's Nebraska supports the whole child with the region's most comprehensive offerings and an innovative model of care. This ensures children and youth receive the expert care they need, when they need it.

As part of Children's Nebraska, the largest pediatric healthcare system in the state, the Behavioral Health & Wellness Center provides seamless integration within the broader continuum of healthcare.

OUR VISION



Complete Continuum of Care

- Children and families can access care regardless of the level of crisis they are experiencing.
- No exclusion criteria.
- Any child 0-19 years old will be seen on a walk-in basis.



Immediate Support

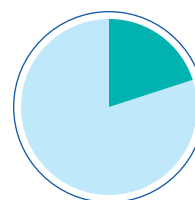
- We provide immediate education, intervention and treatment at one location.
- Families leave their first visit with support and clear next steps.



Family-Centered Care

- As we care for the child, we actively engage parents and caregivers in the treatment process.
- Our services include wraparound support for families, ensuring their needs are addressed holistically.

OUR WHY



20% of children and youth in Nebraska were diagnosed with a mental health condition needing treatment in 2021.¹

In a 2020-21 national study, Nebraska high schoolers responded that,²

36%

36% felt sad or hopeless almost every day for two weeks within the past 12 months.

20%

20% considered attempting suicide in the past 12 months.

10%

10% attempted suicide in the past 12 months.

A FIRST FOR THE REGION

Opening in early 2026, built in partnership with the Mental Health Innovation Foundation

World-class facility larger than two football fields

40 single-occupancy, private inpatient beds

Dedicated space for urgent care and crisis assessment.

Specially designed space for outpatient therapy and care

SERVICES PROVIDED

Crisis Assessment Center



We operate with a “No Wrong Door” philosophy, meaning every child 0-19 years old will be seen on a walk-in basis.

Every child receives immediate crisis assessment and their treatment plan begins during the same visit.

Inpatient Care



For those requiring a higher level of care, inpatient hospitalization includes diagnostic evaluations, medication management, family assessments and comprehensive follow-up plans.

Services also include group therapy, social skills training, occupational therapy and meetings with the family’s community support network like schools, childcare, community organizations and extended family.

Partial Hospitalization Program



Partial hospitalization is a structured, day treatment program for children and adolescents with moderate behavioral health needs.

The Eating Disorders and Mental Health partial hospitalization programs are alternatives to inpatient hospitalization that offer intensive support without requiring overnight stays.

Outpatient Services



Our team of mental health professionals provides individualized therapy for children and their families.

Outpatient plans may include family therapy, group therapy, medication management and virtual care.

Primary Care Integration



We provide comprehensive, coordinated and accessible primary care that addresses both acute and chronic conditions.

ADDITIONAL SERVICES

- **Educational support**
- **Recreational therapy**
- **Occupational therapy**
- **Nutritional education**
- **Care navigation and support**
- **Bridge care**—brief intervention and support offered to families as they wait to get connected to a community provider.
- **Family education, therapy and interventions**
- **Medication management**
- **Neuropsychological and psychological testing**

Learn more about our commitment to pediatric behavioral health: ChildrensNebraska.org/BehavioralHealthNetwork

¹ 2020-21 National Survey of Children’s Health, National Outcome Measures, as published by Voices of Children in Nebraska, 2022 Kids Count in Nebraska Report, 2022, Omaha, NE: 31.

[1] Nebraska Department of Education, “Nebraska Youth Risk Behavioral Survey: Mental Health,” 2021, Lincoln, NE.

² U.S. Census Bureau, Population Division, Annual Estimates of the Resident Population by Single Year of Age and Sex for Nebraska, April 1, 2020 to July 1, 2021.