

| JUNE 29 - JULY 12                |                              | POOL CALENDAR                    |                              |                                  |                                  | 2026                     |  |
|----------------------------------|------------------------------|----------------------------------|------------------------------|----------------------------------|----------------------------------|--------------------------|--|
| MONDAY                           | TUESDAY                      | WEDNESDAY                        | THURSDAY                     | FRIDAY                           | SATURDAY                         | SUNDAY                   |  |
| Lap Swim<br>5am-7am              | Lap Swim<br>5am-7am          | Lap Swim<br>5am-7am              | Lap Swim<br>5am-7am          | Deep Water Aerobic<br>5am-5:45am | Deep Water Aerobic<br>5am-5:45am | Lap Swim<br>7am-11am     |  |
| MAST<br>7am-10am                 | MAST<br>7am-10am             | MAST<br>7am-10am                 | MAST<br>7am-10am             | Lap Swim<br>5am-11am             | Power Aerobics<br>6am-6:45am     | Open Swim<br>12:30pm-6pm |  |
| Swim Lessons<br>10am-12:30pm     | Swim Lessons<br>10am-12:30pm | Swim Lessons<br>10am-12:30pm     | Swim Lessons<br>10am-12:30pm | Power Aerobics<br>6am-6:45am     | Arthritic Aerobics<br>7am-7:45am |                          |  |
| Tot Time<br>10:30am-12pm         | Tot Time<br>10:30am-12pm     | Tot Time<br>10:30am-12pm         | Tot Time<br>10:30am-12pm     | Arthritic Aerobics<br>7am-7:45am | Open Swim<br>12:30pm-6pm         |                          |  |
| Open Swim<br>12:30pm-8pm         |                              | Open Swim<br>12:30pm-8pm         |                              |                                  |                                  |                          |  |
| Lap Swim<br>5pm-8pm              | Open Swim<br>12:30pm-6pm     | Lap Swim<br>5pm-8pm              | Open Swim<br>12:30pm-6pm     | Tot Time<br>10:30am-12pm         | Tot Time<br>10:30am-12pm         |                          |  |
| Power Aerobics<br>6pm-6:45pm     |                              | Power Aerobics<br>6pm-6:45pm     |                              | Open Swim<br>12:30pm-6pm         | Lap Swim<br>7am-11am             |                          |  |
| Arthritic Aerobics<br>7pm-7:45pm |                              | Arthritic Aerobics<br>7pm-7:45pm |                              |                                  |                                  |                          |  |

# POOL 07/13-08/02/2026

| Monday                             | Tuesday                            | Wednesday                          | Thursday                           | Friday                             | Saturday                           | Sunday                   |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|--------------------------|
| Lap Swim<br>5am-11am               | Lap Swim<br>5am-11am               | Lap Swim<br>5am-11am               | Lap Swim<br>5am-11am               | Lap Swim<br>5am-11am               | Lap Swim<br>7am-11am               | Lap Swim<br>7am-11am     |
| Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  |                          |
| Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am |                          |
| Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        |                          |
| Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm |
| Swim Lessons<br>6pm-7pm            | Swim Lessons<br>6pm-7pm            | Swim Lessons<br>6pm-7pm            | Swim Lessons<br>6pm-7pm            |                                    |                                    |                          |

# POOL 08 / 03 - 08 / 09 / 2026

| Monday                             | Tuesday                            | Wednesday                          | Thursday                           | Friday                             | Saturday                           | Sunday                   |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|--------------------------|
| Lap Swim<br>5am-11am               | Lap Swim<br>5am-11am               | Lap Swim<br>5am-11am               | Lap Swim<br>5am-11am               | Lap Swim<br>5am-11am               | Lap Swim<br>7am-11am               | Lap Swim<br>7am-11am     |
| Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  | Deep Water Aerobics<br>6am-6:45am  |                          |
| Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am | Power Water Aerobics<br>7am-7:45am |                          |
| Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        | Tot Time<br>10:30am-12:30pm        |                          |
| Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm           |                                    |                                    |                          |
| Lap Swim<br>5pm-8pm                | Lap Swim<br>5pm-8pm                | Lap Swim<br>5pm-8pm                | Lap Swim<br>5pm-8pm                | Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm           | Open Swim<br>12:30pm-6pm |
| Power Aerobics<br>6pm-6:45pm       | Power Aerobics<br>6pm-6:45pm       | Power Aerobics<br>6pm-6:45pm       | Power Aerobics<br>6pm-6:45pm       |                                    |                                    |                          |

# POOL 08/10-09/07/2026

| Monday                            | Tuesday                           | Wednesday                         | Thursday                          | Friday                            | Saturday                          | Sunday                      |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------|
| Lap Swim<br>5am-10am              | Lap Swim<br>5am-10am              | Lap Swim<br>5am-10am              | Lap Swim<br>5am-10am              | Lap Swim<br>5am-10am              | Lap Swim<br>5am-10am              | Lap Swim<br>5am-10am        |
| Power Aerobics<br>5am-5:45am      | Power Aerobics<br>5am-5:45am      | Power Aerobics<br>5am-5:45am      | Power Aerobics<br>5am-5:45am      | Power Aerobics<br>5am-5:45am      | Power Aerobics<br>5am-5:45am      |                             |
| Deep Water Aerobics<br>6am-6:45am | Deep Water Aerobics<br>6am-6:45am | Deep Water Aerobics<br>6am-6:45am | Deep Water Aerobics<br>6am-6:45am | Deep Water Aerobics<br>6am-6:45am | Deep Water Aerobics<br>6am-6:45am |                             |
| Arthritic Aerobics<br>7am-7:45am  | Arthritic Aerobics<br>7am-7:45am  | Arthritic Aerobics<br>7am-7:45am  | Arthritic Aerobics<br>7am-7:45am  | Arthritic Aerobics<br>7am-7:45am  | Arthritic Aerobics<br>7am-7:45am  |                             |
|                                   |                                   |                                   |                                   | Night Swim<br>6pm-9pm             | Open Swim<br>12:30pm-6:30pm       | Open Swim<br>12:30pm-6:30pm |
| Lap Swim<br>6:30pm-8:30pm         | Lap Swim<br>6:30pm-8:30pm         | Lap Swim<br>6:30pm-8:30pm         | Lap Swim<br>6:30pm-8:30pm         |                                   |                                   | Lap Swim<br>6:30pm-8:30pm   |