

CT-WESTERN MA INTERGROUP GAMBLERS ANONYMOUS AND GAMANON UNITY Meeting Directory FEBRUARY 2020

MONDAY

GUILFORD 7:00 P.M. (GA ONLY) NON-SMOKING

Guilford Community Center

32 Church St, Guilford, CT

FROM NEW HAVEN: I-95 North to exit 58. At the light at the end of the ramp, take a right. Follow straight through traffic light and Community Center is approx. ¼ mi. on the right.

*Check event schedule in the lobby for meeting room.

FROM NEW LONDON: I-95 South to Exit 58. At the end of the ramp, take a left. Follow straight through traffic light and Community Center is approx. ¼ mi. on the right.

*Check event schedule in the lobby for meeting room.

NORTHAMPTON, MA 7:00PM (GA ONLY) NON SMOKING

35 Fruit Street, Northampton, MA

Follow I-91 North from CT into MA. Take exit 18 for US-5 N toward Northampton. Turn left at Mt Tom Rd. Continue onto Pleasant St. Turn left at Service Center Rd. Service Center Rd turns slightly right and becomes Smith St/Wright Ave Continue to follow Smith St. Turn right at Fruit St. The meeting location will be on the left with two mailboxes in front of it.

HARTFORD 7:00PM (GA ONLY) NON SMOKING

St. Mary's Home

2021 Albany Ave, West Hartford, CT

FROM I-91 NORTH or SOUTH: Take Exit 32A (I-84W/Rte 6) toward Waterbury. Take Exit 48 toward Asylum St. Merge onto Garden St. Turn right onto Asylum Ave. In 2.3 mi., turn right onto Steele Rd. In .2 mi., turn left at Stratford Rd. St. Mary's Home is .1 mi. on the right. Please park in the front and enter through the main doors. Meeting is downstairs in the auditorium.

NORWICH 7:00PM (GA ONLY) NON SMOKING

Lee Memorial Methodist Church

294 Washington Street, Norwich, CT

FROM I-395 NORTH or SOUTH: Take exit 13 southbound or 13A northbound. Follow Hospital signs to Backus Hospital. Go past hospital. Church is on right side. Park in the lower left lot area in back and use the rear entrance.

STAMFORD 8:00PM (GA ONLY) NON SMOKING

Union Memorial Church

58 Church Street, Stamford, CT

FROM MERRIT PARKWAY SOUTH: Take Exit 36 (Old Stamford Rd/CT-106). Turn right onto Ct-106 for 3 mi. Take a right onto Middlesex Rd (.2 mi), continue on Glenbrook Rd (.4 mi) continue on Church St to Union Memorial Church.

FROM MERRIT PARKWAY NORTH: Take Exit 36 and follow same directions as Parkway South above.

FROM I-95 SOUTH: Take Exit 9 toward Rte. 1/CT-106/Glenbrook. Take a right onto E. Main St./Rte.1. Go 1 mi. and take a right onto Cortland Ave, go .2 mi. and take a left at Glenbrook Rd, continue on Church St to Union Memorial Church.

FROM I-95 NORTH: Take Exit 9 toward Rte. 1/CT-106/Glenbrook. Left on Seaside Ave, left on E Main St/Rte.1. Follow direction I-95S above.

TUESDAY

ENFIELD, CT 6:30PM (GA ONLY) NON SMOKING

Pearl St Library

159 Pearl St, Enfield, CT

FROM I-91 NORTH OR SOUTH: Take exit 47W and merge onto CT-190W toward Suffield. Use the right lane to take the US-5 ramp to Enfield. Take a slight left onto Franklin St. Turn right onto Pearl St.

MERIDEN 7:30PM (GA ONLY) NON SMOKING

Rushford Center

883 Paddock Avenue Meriden, CT

FROM ROUTES 15 or 91 NORTH OF MERIDEN: Proceed south to East Main Street-Exit 16. At end of ramp, turn right and continue 1/4 mile to light at Paddock Avenue, turn left and continue 1 1/4 mile. The hospital is on your right.

FROM ROUTE 5, WALLINGFORD: Proceed north on Rt 5 to Rt 68. Turn right onto entrance ramp, then turn left onto Rt 68, and head east for one mile to the light at North Farms Road (at top of hill). Turn left onto North Farms Road, and continue for 1 mile. The hospital is on the left.

FROM ROUTE 15 (Wilbur Cross Parkway) SOUTH OF MERIDEN: Proceed North toward Meriden. After the exit for Rte 5 (exit 66), continue one mile to the D.O.T. exit ramp. There is an "H" for hospital sign here. At the end of the ramp (Miller Avenue), turn right onto Miller Avenue; then turn right onto Paddock Avenue. The hospital is 1/4 mile ahead on the right.

FROM ROUTE 91 SOUTH OF MERIDEN: Proceed North toward Meriden. Take the Durham/Yalesville exit (exit 15). Turn left at the end of the ramp, onto Rte 68; continue 1/2 mile to North Farms Road. Turn right onto North Farms Road. Continue for 1 mile. This road becomes Paddock Avenue. The hospital is on the left.

MILFORD 7:00PM (GA with GAM-ANON on site)

NON SMOKING

Mary Taylor United Methodist Church

176 South Broad Street, Milford, CT ((On-the-Green))

FROM NEW HAVEN: I-95 South to exit 36. Left at end of exit onto Plains Rd. Go 3/10 mile to traffic light (Rt 1 intersection) Follow DIRECTIONS Below...

FROM STAMFORD: I-95 North to exit 36. Right at end of exit onto Plains Rd. Go 2/10 mile to traffic light (Rt 1 intersection)

DIRECTIONS: Go straight at light onto West Clark St. Go 4/10 mile to traffic light. At light, take wide left onto Bridgeport Ave. (toward Hospital) Go straight 5/10 mile (green will be on left) Bridgeport Ave. turns into South Broad St. After you pass People's Bank on right, turn right into 2nd driveway (church is on right). Park behind 2-story building next to church. Enter 2-story building using door facing parking lot. Rooms are downstairs: GA-last room on left. GAMANON - last room on right.

PAWCATUCK 7:30PM (GA with GAM-ANON on site)

NON SMOKING

United Congregational Church

9 Castle Hill Rd, Pawcatuck, CT

FROM STAMFORD: I-95 north to exit 91. At stop sign continue straight for approximately 3 miles, Church on right hand side, Corner of Pequot Trail & Castle Hill.

FROM HARTFORD: Route 2 east to center of Westerly-Pawcatuck, CT town lines. At stop sign, take a right and continue on for approximately 3/4 mile, church is on left hand side.

WEDNESDAY

COVENTRY 7:00PM START (GA ONLY) NON SMOKING

Second Congregational Church
1746 Boston Turnpike (Route 44), Coventry, CT
(next to church in brick school building-2nd floor)

Take I-84 to Route 384 East at end follow Rte 44 east for approximately 5 miles. Church and school building on left. (Meeting upstairs in brick school building) PARK IN CHURCH LOT.

WATERBURY 7:00PM (GA ONLY) NON SMOKING

United Methodist Church
250 Country Club Road, Waterbury, CT

FROM I-84 WEST: Take exit 18 - West Main/ Highland Ave. Bear left toward West Main. At the light turn left onto West Main. Go up the hill, at the next light go left onto Chase Parkway over the highway (I-84). At the next light turn right onto Country Club Rd. Church is on the right (approx. 1.2 miles from exit 18).

FROM I-84 EAST: Take exit 18 - Chase Parkway. Take a right at the end of exit onto Chase Parkway. At the next light go straight onto Country Club Rd. Church is on right (approx. 1/2 mile from exit 18).

DARIEN 7:30PM (GA ONLY) NON SMOKING

First Congregational Church of Darien
14 Brookside Rd, Darien, CT

FROM NEW HAVEN: I-95 south to exit 13. Go left onto Post Rd (RT1). At second traffic light go left onto Brookside Rd. Church is on left.

FROM NEW YORK: I-95 north to exit 11. Go left at end of ramp onto Post Rd (RT1). Go under RR Bridge, make an immediate right onto Mechanic Street. Go past the shopping center...Church is on left.

FROM MERRITT PKWY (NORTH & SOUTH): Take exit 37 (RT124) Follow signs to Darien to RT 1. At RT 1 turn left. Second right is Brookside Rd...Church is on left.

QUAKER HILL 7:30PM (GA ONLY) NON SMOKING

Quaker Hill Baptist Church
144 Old Norwich Rd, Quaker Hill, CT

FROM HARTFORD: Take Rt2 South to Rt395 South. Take exit 5 (CT-32/Mohegan Ave). At the end of the ramp, take a right and quick left onto Old Norwich Rd. Church is on the right in approximately 0.6 miles.

FROM NEW HAVEN: Take I-95 North to Rt395 North. Take exit 6 (Rt-163). Turn right at stop sign onto Rt163. Follow Rt163 and merge onto Rt395 South. Follow directions above.

THURSDAY

LONGMEADOW, MA 10:00 AM (GA ONLY) NON SMOKING

First Church of Christ
763 Longmeadow St., Longmeadow, MA

Take I-91 North to exit 49 (Rt5). Go north on Rt5 into Longmeadow. At junction of Rt192 and Rt5, church is on right. Use the Williams Street entrance. (Directly across from police station).

LONGMEADOW, MA 6:30 PM (GA with GAM-ANON on site on 2nd and 4th weeks only) NON SMOKING (Directions-see Longmeadow, MA above)

MIDDLETOWN 7:00 (GA with GAM-ANON on site) NON SMOKING

Page Hall at Ct Valley Hospital
1000 Silver St, Middletown, CT

FROM I-91 NORTH: or SOUTH: Take Exit 22 South to Rte 9 South. Take Exit 12 (Silver St). At end of ramp take left; at 2nd light take right. Follow to Page Hall.

FROM RTE 9 NORTH (New London/Old Saybrook): Take exit 69 to Rt 9 north. Take exit 12 (Bow Lane) at end of ramp, continue straight to stop sign and take right. At 2nd light take right and follow signs to Page Hall.

BETHEL (Formerly DANBURY) 7:00PM (GA with GAM-ANON on site on 1st and 3rd weeks only) NON SMOKING

First Congregational Church of Bethel
46 Main St., Bethel, CT

DIRECTIONS FROM EAST OF BETHEL: Rte 84 West toward Danbury. Take exit 9 (CT 25) toward Brookfield. Keep left toward Newtown. Take left onto Hawleyville Rd/ CT 25. Turn right on Mt Pleasant Rd/US 6W. Take left onto Old Hawleyville Rd, right onto Plumtrees Rd. Go 2 mi. then slight right onto Maple Ave. Go 1/2 mi. and take slight right onto Main St. 46 Main St. is on the right.

DIRECTIONS FROM WEST OF BETHEL: Rte 84 East toward Danbury. Take the Lake Ave/US-6 W/US-202 W exit, EXIT 4. Turn left onto Lake Ave. Lake Ave becomes West St. Turn right onto Main St/CT-53. Turn left onto South St/CT-53. Turn left onto Great Pasture Rd. Great Pasture Rd becomes Wooster St. G 1 mi. and turn left onto Main St. 46 Main St is on the left.

FRIDAY

HARTFORD 7:00PM (GA Only) NON SMOKING

The Universalist Church
433 Fern Street, West Hartford, CT

FROM I-91 NORTH or SOUTH: Take Exit 32A (I-84W/Rte 6) toward Waterbury. Take Exit 43 (Park Rd) toward W Hartford Center. Turn right on Park Rd. Take the 1st left onto Trout Brook Dr. Turn left onto Fern St. 433 Fern St is on the left. Meeting is in Board Room, 2nd floor.

SATURDAY

MIDDLETOWN 9:30 AM (GA ONLY) NON SMOKING

**Serenity on the Hill,
Merritt Hall at Ct Valley Hospital
1000 Silver St, Middletown, CT**

FROM I-91 NORTH or SOUTH: Take Exit 22 South to Route 9 South. Take Exit 12 (Silver Street) and at end of exit, take left and follow signs to Merritt Hall.

FROM ROUTE 9 NORTH (New London/Old Saybrook): Take exit 69 to RT 9 north. Take exit 12 (Bow Lane) at end of exit continue straight and follow signs to Merritt Hall.

HOLYOKE, MA 10:00 AM (GA with GAM-ANON on site)

**NO SMOKING on Any Hospital Property
Holyoke Medical Center, Building 20, Group Rm A
575 Beech St, Holyoke, MA
(Use Parking Lot C)**

FROM HARTFORD: Take I-91N into MA and take Exit 16. Take a right at bottom of exit ramp onto Rte 202N. Go straight thru 2 traffic lights. Holyoke Medical Center is on the left at 3rd light.

FROM NORTHAMPTON: Take I-91S to Exit 16. Take a left at bottom of exit ramp onto Rte 202N. Go straight thru 2 traffic lights. Holyoke Medical Center is on the left at 3rd light.

WATERFORD 11:00 AM (GA ONLY) NON SMOKING

49 Rope Ferry Road, Waterford, CT

FROM I-95 NORTH: Take exit 75 to RT 1 north. Follow Rt1 to Waterford Post Office (approx. 4-5 miles). Take a right at next light onto Avery Lane. Next light left onto Rope Ferry Road Library on left.

FROM I-95 SOUTH: Take exit 75 and continue straight to RT 1 north. Follow above directions.

SEYMOUR BEGINNERS' MEETING 5:30-6:30 PM NON SMOKING

**United Methodist Church, 225 Great Hill Road
Seymour, CT 06483**

SEE DIRECTIONS BELOW

SEYMOUR 7:00 PM (COMBINED) NON SMOKING

**United Methodist Church, 225 Great Hill Road
Seymour, CT 06483**

FROM NEW HAVEN: Take CT-8 N toward Waterbury. Take Exit 19 (Wakelee Ave. CT-334). Turn left onto CT-334W/Wakelee Ave. Continue to follow CT-334 for 3miles. Church on left. Meeting in first building, lower level.

FROM HARTFORD: Take I-84 toward Waterbury. Take Exit 19 (CT- 8S Naugatuck/Bridgeport). Take Exit 19. Take ramp right towards Ansonia/Wakelee Ave. Take left onto Derby Ave. Take right onto CT-334/ Great Hill Road (Shell on corner). Turn right to stay on CT-334/Great Hill Road. Go 1.9miles. Church on left. Meeting in first building, lower level.

SUNDAY

INDIAN ORCHARD (SPRINGFIELD) MA 6:00 PM (GA with GAM-ANON on site on 1st and 3rd weeks only) NON SMOKING

**Indian Orchard Covenant Church
95 Berkshire St, Indian Orchard, MA**

FROM HARTFORD: Take I-91 North into MA and take Exit 8 (291East). Take Exit 5A toward Indian Orchard Rte 20 for 1.7 mi. Take left onto Berkshire Ave for .7 mi., bear right and becomes Berkshire St. Church is .1 mi. on right.

*If you think you have a gambling
problem or
If your life is affected by someone
else's gambling problem*

Call

**Gamblers Anonymous
and Gam-Anon at**

(855) 2 - CALL - GA

(855-222-5542)

Information is also available online at:

GA National/International Website:

www.gamblersanonymous.org

www.gam-anon.org

Local GA CT/Western MA Website:

www.ctwmaga.org