



**Area 17 G.A. & Gam-Anon Presents:**

**Pressure Relief Workshop #2**

***“Nuts & Bolts”***

**Saturday, May 20 @ 11:45am**

**Holyoke, MA**

***(In-Person and Online)***



Anyone and everyone in G.A. and Gam-Anon are welcome to attend.

**Immediately following Saturday 10:00am In-Person and Zoom Meeting**

located at the Holyoke Medical Center, 575 Beech St, Holyoke, MA.

Building 20, Group Room A. Use Parking lot C (behind Hospital)

What to expect:

- The contents and procedures for a Pressure Relief meeting
- How to conduct a Pressure Relief (G.A.) & Budget Relief (Gam-Anon) meeting
- Tools and Best Practices

Registration for Online attendance required using the following link or QR code below:

<https://us06web.zoom.us/meeting/register/tZwucu-trDIsHNzfXT4nIWT0ReSwoDtudTth>

(After registering, you will receive a confirmation email containing information about joining the meeting)



**Contact Information:**

- Workshop: Bob B or Marie B @ 860-664-0053
- Registration: Paul D @ [paul.downing@snet.net](mailto:paul.downing@snet.net) or call/text 203-676-5582