"Within four days, Chris and I were together. I met him on a Thursday and moved in that Sunday."

as she chitchats about how expensive it is to buy a home in northern California and waxes poetic about '70s rock—a topic she's frighteningly well-versed in. Talking with Kate, it's easy to forget that the 5-foot-6, 23-year-old stunner is one of the world's most sought-after young actresses.

Her agenda for the night? Aside from talking to Cosmo, it's watching her favorite show-24. "I love 24, I love 24, I love 24," she chants. "When I was little, I had such a crush on Kiefer Sutherland. I had a Lost Boys poster on my wall. I met him once when I was at a hamburger joint with my dad. I don't know if Kiefer remembers. I should never be talking about this," she says, suddenly realizing how schoolgirlish she sounds gushing over her kid crush. Read on for all the other fun topics Kate should never be talking about...but does.

Famous Family Ties

Kate has no reservations about discussing her tight-knit family, which includes Goldie; Kurt; Oliver, 26; Kate's half brother Wyatt, 16, who is Kurt and Goldie's son; and Boston, 23, who is Russell's son with actress Season Hubley. (Kate's father, Bill Hudson, and Goldie divorced in 1982; when Kate says Dad, she's referring to Kurt, whom Goldie met in 1983.)

The brood divided their time between Los Angeles and Colorado, and Goldie and Kurt arranged their busy work schedules so that at least one of them could be home with the kids at all times. Kate and Oliver are so close that they can finish one another's sentences...and do. "Name some

products you like during the interview so that companies send you the stuff for free," advises Oliver with a grin. Kate rolls her eyes and jokingly calls him a butt hole before shirking his suggestion. She's used to handling guy behavior. "I grew up with like a thousand boys running through the house," she says. "I wasn't a girl's girl. I had a few girlfriends but mostly guy friends."

In fact, she admits to being a little boy crazy at times. "Td call a guy, and if he didn't pick up, I'd hang up a thousand times on his answering machine. We've all done that, right?" she asks, hopefully. "I also used to do drive-bys...drive by a guy's house while crouching down so he can't see you." Of course in the Hawn-Russell home, this fixation on the opposite sex was very normal and even encouraged. "The sexual part of my upbringing was so open. I was curious to know what things felt like, obviously, and boy was I happy to find out what kissing and touching felt like," she says with a laugh. "But I wasn't in a hurry."

Kate always found it easy to discuss her desires, including wanting to join the family business. To assist her daughter in exploring her acting curiosity, Goldie enrolled Kate in the Santa Monica Playhouse and Williamstown Theatre Festival but encouraged her to finish all of her schooling as well. Lynda Obst, who produced Kate's upcoming romantic comedy, How to Lose a Guy in 10 Days, relays this story: "I talked to Goldie once I started working with Kate, and I said, 'Oh, my God, she's an event.' Goldie said, 'I know. You can imagine trying to hold her back at 6."

Earning a Rep

Once Kate was free to pursue an acting career after graduating from high school, she quickly landed a part on Party of Five and, shortly after, a starring role in her first movie, an independent film called Desert Blue. Strong performances in such movies as Gossip and About Adam followed and convinced skeptics that Goldie Hawn's daughter had acting chops of her own.

If any doubts remained that Kate could thrive without the benefit of nepotism, they were shattered when she brought the adorably damaged groupie Penny Lane to life in Almost Famous. She scored a Golden Globe and an Oscar nomination for her dynamic performance, and overnight, it seemed, Kate became Tinseltown's newest It Girl. Since then, a steady stream of movie work has followed. There was The Four Feathers, released last year, and Le Divorce and Loosely Based on a True Love Story, both due out this year. In How to Lose a Guy in 10 Days, out now, Kate portrays a magazine writer who, for an article, picks up a guy and does the least appealing things a woman can do-like getting too clingy too fast, for one-in order to demonstrate how relationships get foiled.

The object of her overbearing affection is an ad executive played by Matthew McConaughey. "She's incredibly comfortable with herself, especially with her sexuality," says Matthew. "A lot of actresses can look at the romantic scenes—not just

