

Ingredients Profiles

Aloe Vera Gel and Glycerite

An aloe vera glycerite combines the deep, soothing hydration of aloe with the humectant properties of vegetable glycerin. This powerful pairing draws ambient moisture directly into your skin while locking it in. The result is enhanced suppleness, repair of the skin barrier, and lasting relief from irritation.

A closer look at the primary skin benefits of this combination includes:

~ Superior Double-Layer Hydration: Aloe vera penetrates the skin with essential vitamins and moisture, while glycerin acts as a mechanical magnet, drawing hydration into the skin surface and preventing trans-epidermal water loss.

~ Intense Soothing & Cooling: Glycerin's moisture-retaining qualities enhance aloe's natural anti-inflammatory abilities. This creates a potent, cooling remedy for sunburns,

windburns, and shaving irritation.

~ Skin Barrier Repair: Glycerin strengthens the natural skin barrier, protecting it from environmental stressors.

~ Enhanced Collagen Production: Aloe vera supports cell regeneration and has been shown to stimulate fibroblast activity, which promotes the synthesis of collagen and elastin to help improve skin elasticity. [\[1, 2\]](#)

~ Non-Comedogenic & Balancing: The glycerite is gentle on sensitive skin and helps balance oil production, making it hydrating without feeling excessively heavy.

Ancient Mineral Clays

Ancient mineral clays have been used for centuries to deeply purify, balance, and heal the skin. Acting as natural magnets, they draw out impurities, absorb excess sebum, and deliver vital trace minerals. These clays

provide excellent exfoliation while soothing inflammation and calming irritation.

The top skin benefits of ancient mineral clays depend slightly on the specific type of clay you use:

~ Deep Detoxification: Many clays, such as [Bentonite Clay](#) (formed from ancient volcanic ash), carry a strong negative ionic charge. When wet, they attract and pull out positively charged toxins, heavy metals, and bacteria from deep within your pores.

~ Oil and Sebum Control: Clays naturally act as sponges. They absorb excess surface oil without stripping the skin, making them incredibly effective for managing acne, blackheads, and oily complexions.

~ Gentle Exfoliation: As a wet paste dries and is rinsed away, the fine micro-particles gently slough off dead skin cells, promoting a brighter, smoother, and more even complexion.

~Soothing Inflammation:
Clays are naturally anti-inflammatory and are often used to relieve itchy skin, calm dermatitis, and reduce redness.

Organic Avocado Oil

Organic avocado oil is a deeply nourishing, nutrient-dense oil that hydrates dry skin, soothes inflammation, and protects the skin barrier. Rich in essential fatty acids and vitamins A, D, and E, it is an excellent natural remedy for dry, mature, and irritated skin

Bamboo Extract

Bamboo extract is a highly valued, natural skincare ingredient prized for its rich concentration of silica and antioxidants. It is commonly used in K-Beauty and clean-beauty formulations to promote plump, hydrated, and youthful-looking skin.

Beeswax

Beeswax is a natural skincare powerhouse that forms a breathable,

protective barrier on the skin. It locks in hydration, repels environmental irritants, and soothes conditions like eczema and dryness—all without clogging your pores.

Bentonite Clay

Bentonite clay is a highly absorbent, volcanic-ash-derived mineral that acts like a sponge for your skin. When mixed with water, it creates a paste that deeply cleanses pores, balances oil production, and soothes irritation, making it an excellent natural treatment for oily or acne-prone complexions.

Key Skin Benefits

~ Deep Pore Cleansing: The clay carries a natural negative charge that draws out positively charged toxins, dirt, and excess sebum (oil) like a magnet.

~ Acne & Blackhead Control: By clearing out pore-clogging impurities, it helps prevent and minimize the severity of blemishes.

~ Gentle Exfoliation: The fine powdery granules help buff away dead skin cells, leaving the complexion softer and more refined.

~ Soothes Inflammation: It has natural anti-inflammatory

properties that can calm redness and irritations.

~ Relieves Rashes: According to studies, bentonite can provide relief from allergic contact dermatitis, poison ivy, and infant diaper rash.

Carrot Seed Oil

Carrot seed oil is a nutrient-dense botanical extract rich in beta-carotene, vitamins A and E, and antioxidants. It deeply moisturizes the skin, promotes cell turnover to reduce fine lines and wrinkles, and helps fade hyperpigmentation, all while providing natural soothing and antimicrobial benefits.

Key benefits:

~ Anti-Aging & Rejuvenation: The high concentration of pro-vitamin A and beta-carotene acts as a natural, gentle retinol alternative, stimulating cell turnover and collagen production to improve elasticity.

~ Deep Hydration: Loaded with essential fatty acids, it strengthens the skin's

barrier, locking in moisture to revive dry or mature skin without leaving a heavy, greasy residue.

~ Brightens & Evens Tone: The antioxidants work to repair dullness and can reduce dark spots and hyperpigmentation.

~ Natural Sun Shield: A natural compound in the oil called *umbelliferone* absorbs UVB rays, providing a boost to your skin's environmental defenses. *Note: It should never be used as a replacement for standard sunscreen.*

~ Soothes & Protects: Its anti-inflammatory and antibacterial properties make it helpful for calming sensitive or irritated skin, including conditions like eczema or dermatitis

Castor Oil

Castor oil is a natural emollient and occlusive that deeply hydrates the skin, locks in moisture, and supports a strong skin barrier. Its high concentration of ricinoleic acid provides anti-inflammatory and antimicrobial properties that soothe irritation, fight

acne-causing bacteria, and plump the appearance of fine lines

Cayenne In Castor Oil

Combining cayenne pepper with castor oil creates a powerful, natural topical remedy designed to provide deep, soothing relief for sore muscles, joint stiffness, and poor circulation. This dynamic duo pairs the deep-penetrating hydration of castor oil with the active heat-inducing properties of capsaicin (found in cayenne). [\[1, 2, 3\]](#)

The primary benefits of this natural combination include:

~ Targeted Pain & Muscle Relief: The capsaicin in cayenne stimulates blood flow and acts as a counter-irritant, delivering comforting, deep heat to ease aches, sore muscles, and joint stiffness.

~ Reduced Inflammation: Castor oil naturally possesses anti-inflammatory properties (thanks to ricinoleic acid), making it an excellent massage medium for conditions like arthritis or general tissue swelling.

~ Stimulated Hair & Scalp Health: When gently massaged into the scalp, the increased circulation from the cayenne is thought to bring oxygen and essential nutrients to hair follicles,

encouraging healthy hair growth.

Blue and Roman Chamomile Essential Oils and Glycerite

Chamomile has been used for calming, babies, and on all sorts of skin conditions and rashes for centuries. It is calming to the digestion, which is echoed on the skin, particularly when things are acidic or out of balance. Chamomile is a blood mover, so it is perfectly suited to all heat conditions including: diaper rash, eczema/psoriasis, dermatitis, rosacea, couperose, teething rash, allergic rashes, bumps, itching, flaking, hives and other allergic conditions. It is also excellent used after any sort of hair or skin removal i.e. shaving, waxing, dermabrasion, derma-blading, etc... The aroma of Chamomile is widely known to be calming. It is earthy and sweet, grounding and soothing.

Benefits:

- ~ Anti-anxiety and anti-inflammatory
- ~ Good for all skin types
- ~ Soothing for inflamed skin and emotional conditions
- ~ Diaper rash, teething babies
- ~ All sorts of skin irritation
- ~ Cooling for sun burn, acid peels, etc...
- ~ Soothing after hair removal

Chlorophyll Extract

Chlorophyll offers significant skin benefits, primarily acting as a powerful antioxidant and anti-inflammatory agent. When consumed as a supplement or applied topically, it can help clear acne, reduce visible redness, promote wound healing, and minimize signs of aging by fighting free radical damage.

Cinnamon Essential Oil

Cinnamon oil is a potent essential oil that offers several topical benefits, including fighting acne, reducing inflammation, and boosting circulation. However, it is a highly concentrated irritant that must always be heavily diluted with a carrier oil before use.

Top Skin Benefits

~ Fights Acne: Cinnamon oil is rich in antimicrobial and antifungal properties. It helps eliminate bacteria that cause redness and pus, reducing the severity of breakouts.

~ Reduces Inflammation: Its active compound,

cinnamaldehyde, helps soothe redness, swelling, and irritation associated with blemishes and inflammatory skin conditions.

~ Improves Circulation: By stimulating blood vessels, cinnamon oil brings blood to the surface of the skin, promoting a plump, glowing complexion and helping blemishes heal faster.

~ Anti-Aging: It is packed with antioxidants that neutralize free radicals, which helps slow down the facial signs of aging.

Cinnamon oil also provides powerful antibacterial, antifungal, and anti-inflammatory benefits that support overall oral health by fighting tooth decay, gum disease, and bad breath.

Cocoa in Jojoba and Cocoa Butter

Cocoa is packed with potent antioxidants (flavanoids) and fatty acids that deeply nourish, protect, and rejuvenate your skin. Whether consumed or applied topically, it offers a variety of beautifying benefits:

~ Anti-Aging & Wrinkle Reduction: Cocoa's high antioxidant content combats

free radical damage. Clinical studies show it stimulates collagen synthesis and reduces the enzymes that break down skin elasticity, visibly minimizing wrinkles.

~ Deep Hydration: It promotes hyaluronic acid production and strengthens the skin's barrier. Cocoa butter forms a protective layer to lock in moisture, making it highly effective for dry skin and chapped lips.

~ UV Protection: The flavanols in cocoa can help protect your skin from internal and external oxidative stress caused by ultraviolet (UV) radiation.

~ Redness & Inflammation: Cocoa contains natural anti-inflammatory properties that calm sensitive skin, soothe irritation, and manage conditions like eczema or acne breakouts.

~ Improved Radiance: Topical and dietary consumption boosts blood flow to the skin, which enhances oxygen and nutrient delivery, resulting in a brighter, more glowing complexion.

Coffee in Jojoba

Coffee extract is a potent, antioxidant-rich skincare ingredient prized for its ability

to reduce inflammation, minimize under-eye puffiness, and fight premature aging. Its caffeine and polyphenol content constricts blood vessels and stimulates circulation, making it a popular addition to anti-aging creams and serums.

Comfrey Extract in Organic Vodka

Comfrey tinctures and extracts provide powerful skin benefits primarily by accelerating tissue regeneration, reducing inflammation, and deeply hydrating dry skin. These properties make it a popular natural remedy for calming irritations, soothing burns, and improving overall skin resilience.

Top Skin Benefits

~ Accelerated Wound Healing: Comfrey is rich in allantoin, a potent compound that stimulates cell proliferation, helping to rapidly repair minor cuts, scrapes, and blemishes.

~ Anti-Inflammatory Relief: Rosmarinic acid and tannins reduce swelling, redness, and itching, providing relief for inflammatory skin conditions like eczema and dermatitis.

~ Deep Hydration: The mucilage in comfrey acts as a natural emollient, increasing the skin's moisture retention and softening dry, rough

patches.

~ Scar Reduction & Anti-Aging: By encouraging fast cell turnover and collagen synthesis, comfrey minimizes scarring and protects against environmental free radicals

Dandelion Extract

Dandelion extract is a nutrient-dense botanical that offers significant skincare benefits. It primarily functions to soothe inflammation, provide deep natural hydration, combat acne, and protect against sun damage and premature aging.

Top Skin Benefits

~ Soothes Inflammation: Rich in natural anti-inflammatory compounds and polyphenols, dandelion extract calms redness, swelling, and irritation caused by conditions like eczema, rosacea, and acne.

~ Combats Acne: Its natural antibacterial and antifungal properties help decongest pores, clear out acne-causing bacteria, and discourage future breakouts.

~ UV & Anti-Aging Protection: Studies show that dandelion leaf and flower extracts protect human skin from UVB radiation. They neutralize free radicals to prevent

premature aging, fine lines, and cellular senescence.

~ Deep Hydration: High in vitamins (A, C, E) and essential minerals like potassium and calcium, it supports the skin barrier, locks in moisture, and keeps dry, flaky skin at bay.

~ Skin Brightening: Dandelion promotes cell turnover and regeneration, helping to fade dark spots and encourage an even, radiant complexion

Geogard ECT Preservative

Geogard ECT (also sold as Preservative Eco or Plantaserv M) is a popular, natural, broad-spectrum preservative. It is a safe and eco-friendly ingredient used by DIY and clean beauty formulators to extend the shelf life of water-based cosmetics by 6 to 12 months.

Key Specifications

~ INCI: Benzyl Alcohol, Salicylic Acid, Glycerin, and Sorbic Acid

~ Certifications: ECOCERT, COSMOS, and Soil Association approved

~ Appearance: Clear to pale yellow liquid with a mild, almond/marzipan scent

~ Safety: Paraben-free, formaldehyde-free, and cruelty-free

Goldenseal in Glycerine

Goldenseal, scientifically known as *Hydrastis canadensis*, is noted for its vibrant green leaves, which are rich in natural compounds. Extracts from Goldenseal leaves offer a variety of botanical benefits that enhance daily vitality and well-being.

Rich in Alkaloids, Including Berberine and Hydrastine: Goldenseal leaves contain a potent mix of alkaloids, such as berberine and hydrastine, which contribute to the leaf's capacity to support the body's natural processes.

Supports Natural Digestive Comfort: Goldenseal leaf extract is recognized for its role in supporting smooth digestive processes, helping to maintain comfort and ease.

Promotes Natural Purification Processes:

The alkaloids in Goldenseal are known to aid in the body's natural purification processes, contributing to a feeling of cleanliness and rejuvenation.

Antioxidant Properties:

Rich in antioxidants, Goldenseal leaves help support the body's natural defenses against external challenges, maintaining resilience.

Supports Skin Vitality:

Goldenseal is also appreciated for its ability to maintain the skin's natural texture and appearance, promoting a vibrant and vigorous look.

Helichrysum (Immortelle) Essential Oil and Hydrosol

Derived from the *Helichrysum italicum* plant, helichrysum essential oil is a powerful skincare ingredient celebrated for its anti-inflammatory,

antioxidant, and tissue-regenerating properties. It is primarily used to reduce scarring, soothe acne, and minimize signs of aging.

Key benefits for the skin include:

~ Scar Reduction: Frequently used to speed up wound healing and fade the appearance of scars, stretch marks, and dark spots.

~ Anti-Aging & Antioxidant: Rich in antioxidants, it protects the skin from free-radical damage, promotes cell turnover, and helps diminish the appearance of fine lines and wrinkles.

~ Acne & Inflammation Control: Its natural anti-inflammatory and antimicrobial properties help calm redness, reduce the severity of breakouts, and soothe allergic skin rashes.

~ Bruising & Swelling: Traditionally applied to

bruises to help calm the skin and reduce discoloration

Horse Tail Extract in Glycerine

Horsetail glycerine extract offers exceptional anti-aging, firming, and hydrating benefits for your skin. It delivers collagen-boosting silica and soothing moisture directly to the skin, making it highly effective for improving elasticity, calming sensitivities, and minimizing the appearance of large pores.

Key Skincare Benefits:

~ Firms & Boosts Collagen: Horsetail is incredibly rich in natural silica, which aids your body in rebuilding and maintaining strong collagen networks—the foundation of youthful, wrinkle-free skin.

~ Deeply Hydrates: Because it is suspended in vegetable glycerine, it acts as a powerful humectant that draws moisture into the skin barrier, plumping the surface and preventing moisture loss.

~ Soothes Inflammation: It is gentle enough for sensitive or acne-prone skin. Its bioflavonoids and anti-inflammatory properties can help calm irritation, redness, and flare-ups from conditions like eczema or psoriasis.

~ Natural Astringent & Toner: It clarifies and cleanses by purging the pores, which helps to visibly tighten and minimize their appearance without causing dryness.

Hyaluronic Acid Gel

Hyaluronic acid is a powerful humectant naturally produced by your body that acts like a sponge. It draws moisture from the environment and binds it to your skin, holding up to 1,000 times its weight in water to provide intense, deep hydration

Jasmine Essential Oil

Jasmine oil is an ultra-nourishing botanical extract prized for its restorative and hydrating properties. It promotes a radiant, youthful complexion while balancing moisture levels. It also soothes irritation and enhances overall skin elasticity.

Key Benefits

~ Anti-Aging & Elasticity: Packed with antioxidants, it combats free radicals and stimulates collagen production, helping to soften fine lines and firm the skin.

~ Deep Hydration: It provides rich moisture without clogging pores, leaving the skin silky and plump.

~ Soothes & Calms: Its natural anti-inflammatory and antiseptic properties make it excellent for calming sensitive, irritated skin or conditions like eczema and dermatitis.

~ Evens Skin Tone: It aids in cellular regeneration, helping to fade the appearance of scars, dark spots, and stretch marks over time.

~ Clears Blemishes: The antibacterial components help fight acne-causing bacteria and balance the skin's natural oil production.

Kaolin Clay

Kaolin clay is a gentle, natural mineral clay renowned for its ability to absorb excess oil, deeply cleanse pores, and soothe inflammation. Because of its mild nature, it is highly effective for oily, acne-prone, and sensitive skin types.

Lavender Essential Oil and Hydrosol

Lavender oil offers powerful soothing, anti-inflammatory, and antimicrobial properties. It helps treat acne, heal minor wounds, reduce redness, and soothe dry or eczema-prone skin. Always dilute it with a carrier oil before use.

Key Benefits

~ Fights Acne: Its

antimicrobial effects combat acne-causing bacteria, while its anti-inflammatory properties reduce redness and swelling.

~ Soothes Irritation: Helps relieve symptoms of inflammatory skin conditions like eczema, dermatitis, and psoriasis.

~ Promotes Healing: Accelerates the recovery of minor burns, cuts, and insect bites by encouraging tissue regeneration.

~ Rich in Antioxidants: Combats free radicals that cause premature aging, helping to protect against environmental damage.

~ Balances Moisture: Nourishes the skin and locks in hydration without clogging pores, making it suitable for both oily and dry skin types.

Lemon Essential Oil

Lemon oil offers potent antioxidant, antimicrobial, and astringent properties that brighten dull complexions, unclog pores, and help control acne. Because it is highly concentrated, it must always be properly diluted in a carrier oil (like jojoba or argan) before topical use

Lemon Verbena Essential Oil

Lemon verbena essential oil is a potent, antioxidant-rich botanical extract widely celebrated for its ability to tone, balance, and clarify the skin. It is highly prized in natural skincare formulations for its powerful antibacterial properties and refreshing citrus aroma.

Lemongrass Essential Oil

Lemongrass essential oil is a powerful, natural ingredient that purifies, tones, and balances. Its rich concentration of antioxidants and antimicrobial compounds—like citral—makes it ideal for clarifying oily skin, shrinking pores, and reducing inflammation without over-drying

Lime Essential Oil

Lime essential oil is a powerful citrus extract known for its potent antioxidant, antimicrobial, and astringent properties. When properly diluted, it helps brighten dull complexions, balance excess oil, clear acne-causing bacteria, and protect the skin from environmental stressors.

Manuka Honey

Manuka honey is a potent, natural skincare ingredient

renowned for its high concentration of methylglyoxal (MGO). It deeply hydrates, fights acne-causing bacteria, reduces inflammation, and promotes rapid skin healing. It is an excellent choice for soothing irritated skin or adding a radiant boost to your daily routine.

Marigold in Castor oil

Marigold oil, commonly extracted from the *Calendula officinalis* flower, is a gentle, natural oil praised for its deep soothing, anti-inflammatory, and regenerative properties. It is frequently used to calm irritation, lock in moisture, and promote skin healing.

~ Calms Inflammation and Redness: It is highly effective for reducing swelling, itching, and redness, making it ideal for soothing eczema, diaper rash, and minor insect bites.

~ Accelerates Wound Healing: It promotes the growth of new tissue and blood vessels, assisting the body in the post-procedure recovery of minor cuts, scrapes, and burns.

~ Deep Hydration: Because it is an excellent emollient, it deeply moisturizes dry, cracked, or chapped skin without leaving a heavy, greasy feel.

~ Antioxidant Protection: Rich in carotenoids and flavonoids, it combats daily environmental stressors and helps defend against

premature aging and fine lines.

~ Supports Skin Health: The high linoleic acid content reinforces the skin barrier, allowing it to maintain suppleness and elasticity

Neroli Essential Oil and Hydrosol

Neroli has been associated with healthy, elastic skin and balancing oily skin for centuries. It is a basic treatment hydrosol for all skin types. The aroma of Neroli is from the sweet orange blossom. It has a slightly bittersweet aroma that is spicy and floral.

Benefits:

- ~ Good for all skin types
- ~ Soothing
- ~ Anti-anxiety
- ~ Increases circulation

Ozonated Olive Oil

Ozonated olive oil acts as a powerful topical antimicrobial, anti-inflammatory, and wound-healing agent. Created by bubbling pure medical-grade ozone gas through raw extra virgin olive oil, this stabilization process converts the oil into an oxygen-rich salve or gel filled with therapeutic ozonides. Because pathogens cannot easily build a resistance to active oxygen, it serves as an excellent natural alternative to traditional antibiotics.

Key Benefits for the Skin

~ Fights Infections: It exhibits potent bactericidal, fungicidal, and virucidal properties. This makes it useful for managing persistent skin infections, athlete's foot, ringworm, and cold sores.

~ Clears Acne Breakouts: By killing acne-causing bacteria and breaking down trapped toxins, it dramatically minimizes localized blemishes.

~ Accelerates Wound Healing: The stabilized ozonides stimulate cellular microcirculation and trigger fast skin-cell regeneration. It is highly effective at speeding up recovery times for minor scrapes, burns, and cuts while reducing final scar tissue.

~ Calms Chronic Inflammation: Its soothing properties alleviate redness and swelling, providing immediate relief for dry, irritated, or systemic skin disorders like eczema, dermatitis, and psoriasis.

~ Deeply Moisturizes and Rejuvenates: The underlying composition of olive oil inherently locks in moisture with rich squalene and vitamin E. The added oxygenation promotes elasticity, softens skin

texture, and delays visible signs of aging like fine lines.

Palmarosa Essential Oil

Palmarosa essential oil helps balance moisture, regulate sebum production, and fight surface bacteria. Rich in natural compounds like geraniol, it is widely used in serums and lotions to promote skin cell regeneration, soothe inflammation, improve overall elasticity, and encourage a radiant, even-toned complexion

Pearl Powder

Pearl powder acts as a natural skin brightener, gentle exfoliant, and antioxidant. Rich in amino acids, calcium, and trace minerals, it helps stimulate skin cell turnover, fade dark spots, soothe redness, and promote a luminous, youthful complexion.

A breakdown of how it benefits your skin:

~ Brightens and Evens Tone: The amino acids and trace elements gently polish away dead skin cells, helping to fade hyperpigmentation, acne scars, and sunspots for a more radiant complexion.

~ Provides Antioxidant Protection: High levels of calcium, magnesium, and

essential amino acids help neutralize free radicals and protect against environmental stressors.

~ Minimizes Pores and Oil: When used topically (often as a clay-like mask or mixed with honey), it temporarily absorbs excess oil, tightens pores, and refines skin texture.

~ Stimulates Cell Regeneration: It provides the raw building blocks that support natural collagen production, which helps smooth out fine lines and rejuvenate damaged skin cells

Peppermint Essential Oil

Peppermint essential oil is a versatile natural remedy valued for its high menthol content. It provides immediate cooling, analgesic, and invigorating effects. Key benefits include soothing digestive issues (like bloating and IBS), relieving tension headaches and muscle aches, clearing respiratory congestion, and boosting focus and energy

Top Physical & Health Benefits

~ Digestive Relief: Calms stomach muscles and relaxes the abdominal area, making it

highly effective against bloating, indigestion, and Irritable Bowel Syndrome (IBS) symptoms.

~ Pain & Tension: Provides an instant cooling and numbing sensation that soothes tension headaches, muscle soreness, and joint stiffness.

~ Respiratory Support: Acts as a natural decongestant. Menthol opens up airways, helping to clear nasal passages during seasonal congestion, colds, or sinus infections.

~ Skin Soothing: When diluted in a carrier oil, it can calm itchy skin, localized rashes, and insect bites.

~ Nausea Reduction: Inhaling the aroma can ease sensations of mild queasiness or motion sickness.

Mind & Energy Enhancers

~ Enhanced Cognitive Function: Aromatherapy with peppermint is known to stimulate brain function, promoting alertness, memory, and focus.

~ Fights Fatigue: The crisp, sharp scent serves as a natural energy boost, lifting your mood and revitalizing

you during periods of sluggishness.

~ Exercise Performance: Diffusing the oil during a workout may help relax bronchial muscles for easier breathing and enhance energy metabolism

Petitgrain Essential Oil

Petitgrain essential oil, steam-distilled from the leaves and twigs of the bitter orange tree, is highly valued for its calming and balancing properties. It promotes a restful sleep, clarifies oily and acne-prone skin, and supports overall cardiovascular and digestive health when used correctly.

Emotional & Mental Wellbeing

~ Stress and Anxiety Relief: Rich in calming compounds like linalool and linalyl acetate, it acts as a mild sedative and nervine. Diffusing it can help quiet racing thoughts, soothe anger, and reduce the body's fight-or-flight response.

~ Sleep Support: It calms nighttime restlessness. Add a few drops to a spray or dab onto your pillows (often blended with lavender or bergamot) to improve sleep quality.

Skin & Hair Care

~ Balances Oil Production: Its antibacterial and clarifying nature makes it an excellent choice for oily and congested skin. It helps balance sebum production, minimizes pores, and reduces the bacteria that cause acne.

~ Blemish Soother: Diluted with a carrier oil, it serves as an effective spot treatment to calm redness, soothe irritations, and heal blemishes.

~ Hair Health: It can help minimize styling damage and support healthier, stronger hair.

Physical Health & Wellness

~ System Support: When taken internally (such as 1-2 drops in a glass of water or juice), it supports cardiovascular, immune, nervous, and digestive system health.

~ Muscle Tension: When blended into a massage oil, the relaxing properties of the oil can help ease physical fatigue and muscle tightness.

Propolis Extract in Glycerine

Propolis glycerite offers powerful antimicrobial, anti-inflammatory, and deep hydrating benefits for the skin. Because it uses vegetable glycerin instead of alcohol, it is exceptionally soothing and nourishing for sensitive, dry, or blemish-prone complexions.

Top Skin Benefits

~ Calms Acne & Breakouts: Naturally antibacterial and antifungal, propolis fights acne-causing bacteria without over-drying the skin. Its anti-inflammatory properties help quickly reduce redness, swelling, and clogged pores.

~ Deep Hydration & Barrier Support: As an emollient, glycerin locks in moisture. When paired with propolis, it helps support and repair the skin's natural moisture barrier.

~ Antioxidant & Anti-Aging: Packed with flavonoids and polyphenols, propolis protects skin from free radical damage and helps prevent collagen degradation caused by UV rays.

~ Accelerates Wound Healing: It supports tissue repair, making it highly effective for soothing burns, minor cuts, and eczema flare-ups.

Raw Coconut Water

Raw coconut water provides intense hydration, fights premature aging, and naturally clears breakouts. Packed with electrolytes, Vitamin C, and cytokinins, it can be both consumed for a radiant complexion and applied topically as a gentle toner or soothing facial mist to achieve a dewy glow.

Key Skin Benefits

~ Deep Hydration: High levels of potassium and electrolytes replenish your body's fluids, giving the skin a naturally plump and hydrated appearance without adding oil.

~ Anti-Aging Properties: Coconut water contains cytokinins (plant hormones) and Vitamin C, which boost collagen production and fight off free radicals to reduce fine lines.

~ Acne Reduction: It features natural antimicrobial properties—including lauric acid—that help soothe inflamed blemishes and ward off acne-causing bacteria.

~ Soothing & Calming: Its anti-inflammatory nature helps calm irritation, making it great for treating sunburns, rosacea, or environmental sensitivity.

Bulgarian Rose Absolute

Bulgarian Rose Absolute (derived from *Rosa Damascena*) is deeply hydrating, anti-inflammatory, and rich in antioxidants. It primarily benefits dry, mature, and sensitive skin by softening texture, reducing redness, and promoting a radiant complexion. Because it is a concentrated extract, a few drops must be blended with a carrier oil before use.

Top Skin Benefits

~ Deep Hydration: Packed with essential fatty acids and vitamins, it softens dry skin and helps restore the skin's natural moisture barrier.

~ Anti-Aging & Elasticity: Rich in vitamins A and E along with potent antioxidants, it helps neutralize free radicals, promotes skin cell renewal, and minimizes fine lines and wrinkles.

~ Soothes Redness & Inflammation: Its natural anti-inflammatory and antiseptic properties provide relief for irritated, dull, or mature skin, and help calm breakouts and redness.

~ Gentle Antibacterial Action: It acts as a natural astringent, combating acne-causing bacteria while being much

gentler and less abrasive than synthetic alternatives.

~ Aromatherapy: The intoxicating, sweet floral scent is known to reduce stress and anxiety, which can directly lower stress-induced skin flare-ups

Rose Geranium Essential Oil

Rose geranium essential oil is a powerful botanical extract celebrated for its natural, skin-balancing properties.

Key Benefits for Skin:

~ Balances Sebum: It naturally regulates oil production, making it an excellent choice for balancing both overly oily and excessively dry skin types.

~ Anti-inflammatory: Its calming properties soothe redness, puffiness, and irritated skin.

~ Antibacterial & Antifungal: It helps cleanse the skin, making it a great natural spot treatment for acne and minor fungal issues.

~ Natural Astringent: It tightens the skin, minimizing the appearance of pores and acting as a natural toner.

~ Anti-Aging Support: Rich in antioxidants, it helps improve skin elasticity and reduces the visible signs of aging

Rose Otto

Rose Otto oil is a highly prized essential oil (often called "liquid gold" or "Attar of Roses") that deeply hydrates, soothes redness, and supports anti-aging. Extracted from the *Rosa damascena* flower, it is especially beneficial for dry, mature, and sensitive skin types.

The most significant skin benefits of Rose Otto include:

~ Deep Hydration: Contains natural emollients that help trap moisture and keep the skin supple.

~ Reduces Inflammation: Its anti-inflammatory properties can calm redness, irritation, and conditions like rosacea, eczema, or dermatitis.

~ Anti-Aging & Rejuvenation: Strengthens the collagen-elastin network, visibly improving fine lines, wrinkles, and mature skin elasticity.

~ Antioxidant Protection: Rich in antioxidants that shield the skin from environmental stressors and free radicals.

~ Antibacterial Properties:
Naturally fights acne-causing bacteria and helps heal skin imperfections without causing dryness

Bulgarian Rose Petal Wax

Bulgarian Rose Petal Wax provides deep moisturization, locks in hydration, and creates a protective barrier against environmental damage. Derived as a byproduct of rose essential oil production, it soothes sensitive skin, nourishes chapped lips, and offers natural anti-aging properties.

Key Skin Benefits

~ Deep Hydration & Barrier Protection: The rich, waxy consistency acts as an excellent natural emollient and a vegan alternative to beeswax. It creates an occlusive layer that locks in moisture and prevents transepidermal water loss (TEWL).

~ Anti-Aging & Elasticity: It retains many of the vitamins (like A and E) and proteins found in rose petals. This helps reduce the appearance of fine lines and wrinkles while improving overall skin texture.

~ Soothing & Anti-inflammatory: Rose waxes contain natural floral extracts that help calm irritated, sensitive, or redness-prone skin.

~ Lip & Target Area Care: Because of its protective qualities, it is a highly sought-after ingredient for lip balms to heal chapped lips, as well as an effective treatment for dry cuticles and the delicate décolletage area.

Sandalwood Essential Oil

Sandalwood essential oil is a powerhouse ingredient prized in skincare for its deep moisturizing, anti-inflammatory, and anti-aging properties. It is well-tolerated by most skin types and offers several key benefits:

~ Deep Hydration: Acts as a natural emollient that penetrates deeply without leaving a greasy residue, making it ideal for dry and mature skin.

~ Soothes Inflammation: Calms redness, sunburns, eczema, and psoriasis due to its strong anti-inflammatory and antiseptic properties.

~ Fights Acne: Antibacterial and astringent qualities help cleanse pores, control excess sebum, and heal breakouts.

~ Reduces Signs of Aging: Rich in antioxidants that fight free radicals, support collagen production, and improve overall skin elasticity.

~ Fades Scars & Spots: Helps regenerate skin cells, minimizes the appearance of scars, and evens out hyperpigmentation

Self Heal in Glycerine

Self-heal glycerite (an extract of *Prunella vulgaris* in vegetable glycerin) provides potent wound-healing, hydrating, and anti-inflammatory benefits for the skin. It combines the soothing, vulnerary properties of the plant with glycerin's powerful humectant ability to draw in moisture and strengthen the skin barrier.

Key Skin Benefits

~ Tissue Repair & Wound Healing: Self-heal is known as a premier "vulnerary" herb—meaning it actively promotes skin and tissue repair. It helps minor cuts, scrapes, and abrasions heal quickly while its natural astringent properties tone the tissue.

~ Deep Hydration: Vegetable glycerin acts as a humectant that pulls moisture from the air directly into the stratum corneum. This keeps the skin

plump, supple, and hydrated without an oily residue.

~ Anti-Inflammatory & Soothing: The plant is rich in bioactive compounds like flavonoids and rosmarinic acid, which help reduce redness and swelling. It is highly beneficial for soothing eczema, insect bites, or mild rashes.

~ Antimicrobial Protection: Both self-heal and glycerin contain natural antimicrobial qualities. When applied to minor abrasions, the extract helps protect damaged skin from bacteria and infections.

~ UV & Anti-Aging Defense: Research suggests that self-heal extract may help protect skin cells from UVA and UVB-induced photoaging. By deeply hydrating the skin, glycerin also helps minimize the appearance of fine lines and wrinkles.

Silk Powder

Silk powder is a premium cosmetic ingredient packed with 18 types of amino acids. It provides intense hydration, sebum control, and a flawless, soft-focus finish. Because it is highly biocompatible and non-comedogenic, it refines

your complexion without clogging pores,

Specific skin benefits include:

~ Shine and Oil Control: Captures excess sebum and moisture to mattify the skin while keeping your complexion balanced.

~ Blurring and Brightening: Contains light-reflecting properties that diminish the appearance of fine lines, wrinkles, and enlarged pores.

~ Deep Hydration: Amino acids like fibroin and sericin help retain moisture and support the skin barrier, reducing transepidermal water loss.

~ Soothing and Protection: Acts as a lightweight, protective barrier that fights free-radical damage, soothes irritation, and reduces redness.

~ Long-Lasting Makeup: Provides a smooth, silky base that allows cosmetics to glide on seamlessly and last longer

Spearmint Essential Oil

Spearmint essential oil is a milder, gentler alternative to peppermint. Known for its sweet, minty aroma, it is celebrated for soothing

digestive issues, reducing hormonal imbalances like PCOS symptoms, uplifting mood, supporting oral health, and easing muscle tension or mild skin irritations.

Top Health & Wellness Benefits

~ Soothes Digestion: Spearmint contains carvone, which helps inhibit muscle contractions in the digestive tract. It is frequently used to ease nausea, indigestion, gas, and bloating.

~ Balances Hormones: Research suggests that spearmint (often studied via tea, but also applicable to oil extracts) can help lower excess testosterone and androgens, which can improve symptoms of polycystic ovary syndrome (PCOS).

~ Uplifts Mood & Focus: Diffusing the oil is known to help clear mental fog, reduce stress, enhance focus, and provide a gentle energy boost without an overpowering cooling sensation.

~ Improves Oral Health: Naturally antibacterial and antifungal, it combats cavity-causing bacteria and freshens breath, making it a staple in toothpastes and mouthwashes.

~ Relieves Muscle & Joint Pain: When properly diluted in a carrier oil (like jojoba or coconut oil), it can be massaged into sore muscles and joints for anti-inflammatory relief.

~ Soothes the Scalp: When added to shampoos or hair masks, it helps reduce itching and dryness while stimulating blood flow to the hair follicles.

Tonka Bean Extract in Glycerine

Tonka bean glycerite combines the deep hydrating properties of vegetable glycerin with the antioxidant and anti-inflammatory compounds of the tonka bean (*Dipteryx odorata*). It delivers excellent moisturizing, soothing, and anti-aging benefits while leaving the skin radiant and soft.

Primary Skin Benefits

~ Deep Hydration: Vegetable glycerin is a highly effective humectant that pulls moisture from the air and deeper layers of the skin, locking it in to keep your complexion plump and supple.

~ Antioxidant Protection: Tonka beans contain active phytonutrients (such as coumarin) that fight free radicals, slowing down

environmental and extrinsic skin aging.

~ Reduced Inflammation: It has natural soothing properties that calm redness, making it beneficial for sensitive, irritated, or problematic skin types.

~ Brightening & Radiance: Tonka bean extracts can help reduce the appearance of uneven skin tone, dark spots, and discoloration, leaving the skin looking revitalized and luminous.

Vanilla Oleoresin

Vanilla oleoresin provides powerful antioxidant protection, anti-inflammatory relief, and mild antimicrobial properties that rejuvenate dull skin, soothe irritation, and fight acne-causing bacteria. Unlike synthetic vanilla fragrances that can cause contact dermatitis, true vanilla oleoresin—such as [Edens Garden Vanilla Oleoresin](#)—is a natural, thick concentrate rich in vanillin that physically supports skin health while delivering a calming, grounding aroma.

Key Benefits for the Skin

~ Neutralizes Environmental Stress: The star active compound, vanillin, provides high-grade antioxidant

protection. It shields the lipid barrier from pollution and UV-induced free radicals.

~ Fades Early Signs of Aging: It preserves natural collagen by reducing oxidative stress. This structural maintenance helps smooth fine lines, wrinkles, and age spots.

~ Calms Inflamed Complexions: Natural anti-inflammatory compounds, including eugenol, work to alleviate itching and swelling. It reduces redness associated with eczema, rosacea, or sensitive skin.

~ Combats Acne Breakouts: Its gentle, natural antibacterial properties target acne-causing bacteria. This regular purification helps clarify active blemishes and prevents future breakouts.

~ Enhances Elasticity and Glow: Trace components help optimize skin-cell turnover rates. This process restores elasticity to sagging areas and reveals a brighter, more radiant tone.

~ Functions as a Skin-Safe Perfume: The complex resin fixes itself beautifully onto the skin barrier. It leaves a long-lasting, warm gourmand scent without the harsh

alcohols found in synthetic perfumes.

Vetiver Essential Oil

Vetiver essential oil is a powerful, restorative botanical extract known for promoting skin cell regeneration, balancing sebum production, and providing deep hydration. Its natural antioxidant and anti-inflammatory properties make it highly effective for soothing sensitive skin, fading scars, and managing conditions like acne and eczema.

Top Benefits for Skin:

~ Promotes Healing & Regeneration: Acts as a cicatrisant, which encourages new tissue growth to help fade acne scars, blemishes, stretch marks, and dark spots.

~ Deeply Moisturizing: Replenishes dry or mature skin, fortifying the skin barrier and locking in vital moisture.

~ Soothes Inflammation: Calms redness, swelling, and irritation, making it highly beneficial for sensitive or inflamed skin conditions such as eczema and psoriasis.

~ Balances Sebum & Fights Acne: Helps regulate excess

oil production and contains antimicrobial properties that prevent and heal acne breakouts.

~ Anti-Aging Support: Rich in antioxidants that neutralize free radicals, helping to firm the skin and reduce the appearance of fine lines.

Vitamin E Oil

Vitamin E oil is a powerful, fat-soluble antioxidant that shields your complexion from environmental damage, deeply moisturizes, and supports healing. It is commonly used to treat dryness and signs of aging.

Core Benefits

~ Fights Free Radicals: As an antioxidant, it neutralizes unstable molecules caused by UV rays and pollution, which helps prevent premature aging, fine lines, and wrinkles.

~ Deeply Moisturizes: It acts as an emollient and humectant, strengthening the skin's natural barrier to lock in hydration and soothe dryness or flaking.

~ Reduces Inflammation: Its anti-inflammatory properties can calm redness, puffiness, and irritation, making it soothing for sensitive skin.

~ Aids Healing: It is often used to minimize the appearance of scars, stretch marks, and burns by promoting cell regeneration and boosting collagen production.

White Shea Butter

White shea butter is a highly moisturizing, nutrient-rich emollient extracted from the nut of the African shea tree. It is typically refined to remove its natural nutty scent and yellowish hue, leaving a smooth, spreadable butter. It is highly prized for its ability to soothe dry skin and lock in hydration. [\[1, 2, 3, 4, 5\]](#)

Key benefits for the skin include:

~ Deep Moisturization: Packed with essential fatty acids (like oleic and stearic acids), it melts at body temperature to create a breathable barrier that seals in moisture without leaving a greasy residue.

~ Reduces Inflammation: Its natural anti-inflammatory properties can calm redness, swelling, and irritation, making it soothing for sunburns, eczema, and dermatitis.

~ Anti-Aging Properties: Rich in vitamins A and E, it acts as

an antioxidant that fights free radicals, supports collagen production, and promotes cell regeneration to minimize fine lines.

~ Aids Healing: The vitamin profile and fatty acids promote cell turnover, which can help fade the appearance of scars, blemishes, and stretch marks.

Witch Hazel extract in Glycerine

Witch hazel glycerite combines the soothing and antioxidant properties of witch hazel with glycerin's hydrating, moisture-locking benefits. It provides a gentler alternative to traditional alcohol-based witch hazel, helping to soothe inflammation, reduce acne, and tighten pores without stripping the skin of essential moisture. [[1](#), [2](#), [3](#), [4](#), [5](#)]

Specific benefits of using this combination on your skin include:

~ Deep Hydration: Vegetable glycerin is a natural humectant that draws moisture into the skin barrier. This counters the natural dryness caused by pure astringents, leaving your skin soft and plump.

~ Anti-Inflammatory Soothing: Rich in tannins and gallic acid, it reduces redness, swelling, and irritation caused by allergy rashes, bug bites, or breakouts.

~ Pore Minimization: It naturally shrinks the appearance of pores and reduces excess oil, making it highly effective for oily and combination skin types.

~ Acne Support: Its mild antimicrobial and degreasing properties help prevent clogged pores and manage blackheads or whiteheads.

Yellow Shea Butter

African yellow shea butter is an ultra-hydrating, unrefined moisturizer known for providing deep nourishment, soothing inflammation, and promoting skin healing. It distinguishes itself from regular white shea butter by being infused with Borututu root, a natural extract that delivers a vibrant golden hue and extra antioxidant properties.

Key benefits and features include:

Intense Hydration: Packed with essential fatty acids and [Vitamins A, E, and F](#), it creates a protective barrier to lock in moisture, making it highly effective for treating dry, cracked skin.

~ Anti-Inflammatory Properties: The added Borututu root makes it highly beneficial for calming redness and soothing irritated skin conditions like eczema and psoriasis.

~ Scar and Stretch Mark Reduction: Regular application supports skin regeneration and elasticity, which can help diminish the appearance of scars, stretch marks, and blemishes.

~ Antioxidant Protection: The botanical compounds fight environmental stressors and have been used traditionally for minor cuts, insect bites, and scrapes.

Ylang Ylang Extra Essential Oil

Ylang Ylang Extra essential oil offers excellent skincare benefits, primarily acting as a natural sebum regulator, anti-inflammatory agent, and cellular protectant. Derived from the earliest stages of steam distillation, this highly fragrant oil is deeply nurturing for both oily and dry complexions.

Top Skin Benefits

~ Balances Oil Production: It naturally acts as a sebum normalizer. For oily skin, it helps slow down excess oil and clear clogged pores. For

dry skin, it stimulates glands to restore the skin's moisture barrier.

~ Combats Acne: Its antimicrobial properties help fight acne-causing bacteria, while its gentle nature soothes the redness and swelling associated with breakouts.

~ Soothes Inflammation: The oil's anti-inflammatory properties and sesquiterpenes quiet the immune responses that cause irritation and redness.

~ Anti-Aging & Glow: Rich in antioxidants, it helps neutralize free radicals from UV and environmental stress. It also acts as a vasodilator, boosting microcirculation for a naturally radiant and glowing complexion.