

Sound. It's the **first** sensorial experience we have in the womb. It's been utilized extensively by many, diverse cultures for millennia. You listen to it for work, recreation, meditation, ceremonies, and in countless other settings, whether you want to or **not**.

Wait, what? Don't I have a choice? In actuality, we are bombarded with overwhelming amounts of information, which is contributed heavily to by sound and vibration. You likely aren't aware or even sensing the frequencies coming out of the wiring in your walls or the 4G, 5G, and electromagnetic phenomena you are constantly subject to. However, your body is **very** in tune with all of this information, mounting consistent and often physiologically destructive stress responses. This happens **unconsciously** until you are conscious of it through a sensory experience, which eventually manifests as a disease or imbalance of some sort.

You now have a choice on how you can manage your body's response to this information.

Bio-Tuning is a revolutionary, therapeutic, and holistic sound healing approach to **break** out of your consistent stress response. Created and patented by Dr. Jeffrey Thompson and utilizing heart-rate variability, a **gold** standard in Western medicine, your Fundamental Frequency is discovered and used with specific ranges of brainwave frequencies tailored towards the **exact** issues you are concerned about. With options for enhancement and expansion following healing, there are no discriminations or limitations to working with you as a **whole** person. How does this work?

There is **no** place in nature where each ear hears a different frequency than the other. Enter binaural beats. By offsetting one frequency from the other, a binaural beat is created that brainwaves resonate with or entrain to. Additionally, you **feel** these frequencies coming through a unique sound table for a full sensorial experience. Every cell in your body is saturated with pure **energy** through sound and vibration. By working **directly** with the brain, the autonomic nervous system's responses can be modulated, eliminating a stress response and returning you to homeostasis, a **prerequisite** for healing.

Profound times such as these call for profound innovations.

This is how we can adapt. This is how we can **thrive**.