

## Caregiver Support Groups

Dale Libby, Facilitator 979-236-5393

1<sup>st</sup> Thurs. 6 pm to 7:30 pm *Younger Onset*  
Alzheimer's Association and Gathering Place  
Gathering Place Office  
200 E. Mulberry Angleton, TX 77515

1<sup>st</sup> Friday Noon to 2 pm *Light lunch served*  
Alzheimer's Association and Gathering Place  
Gathering Place Office  
First Christian Church  
1212 S. Durant Alvin, TX 77511  
Activities and games are offered to family  
members while caregivers are  
attending this Support Group.

Caregiver consultation by appointment  
Call Dale Libby at 979-236-5393



## Education about dementia

Gathering Place Interfaith Ministries provides education about dementia and caregiving issues with several programs and projects.

*Brain Camp* is a 4 week, 8-hour program that teaches adults how a person to build new neurons in the brain, which may mitigate the effects of Alzheimer's disease. To register for Brain Camp, call Erika Longoria, Education Coordinator, at 979-235-9195.

*Meta Camp* is a 4 week (over 2 months) senior weight loss program for people with metabolic syndrome. To register for Meta Camp, call Brenda Maust at 979-849-5051.

*The Brazoria County Alzheimer's Awareness Project*, a partnership with the Brazoria County Health Department, presents special events creating awareness about Alzheimer's and related dementias. For more information, call Dale Libby, BCAAP Coordinator, at 979-236-5393.

Our *Speaker's Bureau* is available to make presentations to organizations.

Our *Support Groups* provide caregivers information, support, and referral that will make them more knowledgeable and confident giving care.

[www.GatheringPlaceBrazoria.org](http://www.GatheringPlaceBrazoria.org)  
[office@gatheringplacebrazoria.org](mailto:office@gatheringplacebrazoria.org)

979-308-4525

P.O. Box 2050 Angleton, TX 77516

200 E. Mulberry, Angleton, TX 77515  
1212 S. Durant, Alvin, TX 77511

# Alzheimer's Caregiver

## Resources

In southern  
Brazoria County

Respite

Information

Support

Education

Referral



United Way  
of Brazoria County



Jan. 26, 2020

### Angleton

1<sup>st</sup> Thurs. 10 am to 2 pm  
First United Methodist Church  
219 N. Arcola  
Pat Williams 979-239-8646

4<sup>th</sup> Thurs. 10 am to 2 pm  
First Presbyterian Church  
130 S. Arcola  
Virginia Hamrick 979-849-0017



### Lake Jackson

2<sup>nd</sup> Thurs. 10 am to 2 pm  
Chapelwood United Methodist  
Church 300 Willow Drive  
Sherri Archer 979-297-9984

3<sup>rd</sup> Tues. 10 am to 2 pm  
Covenant Evangelical Presbyterian  
Church 102 Yaupon  
Anne Williams 979-299-1843  
Melanie Hollenshead 979-292-5084

## Free Gathering Place Socials for your family member with a memory disorder:

### Clute

1<sup>st</sup> Tues. 10 am to 2 pm  
St. Jerome Catholic Church  
107 N. Lazy Lane  
Elaine Knopp 979-665-5588

### Alvin

1st Wed. 10 am to 2 pm  
Alvin Lutheran Church  
1800 FM 1462  
Cathy Hoard 713-824-3804

2<sup>nd</sup> Wed. 10 am to 2 pm  
First Presbyterian Church  
302 S. Johnson  
Janet DeLeon  
281-585-3406

3<sup>rd</sup> Wed. 10 am to 2 pm  
First Christian Church  
Co-sponsors: Breath of Life and Grace  
Episcopal  
1212 S. Durant  
Peggy Krampota 281-468-0088

4<sup>th</sup> Wed. 10 am to 2 pm  
St. John the Baptist Catholic Church  
110 E. South  
Nancy Cuello 713-256-7973

5<sup>th</sup> Wed. 10 am to 2 pm  
Heights Baptist Church  
1591 CR 144  
Charen Teague 832-385-6296  
Becky St. Nickolasy 281-795-3309

Gathering Places are hosted by area congregations and offer 4 hour socials where caregivers may leave their family members who have memory disorders, and use that time to rest.

There is no charge to attend the socials, but the caregiver must complete an enrollment form and provide a letter from a doctor indicating the type of memory impairment.

Music, dance, reminiscing activities, games, arts and crafts, and physical exercise will improve your family member's mood and may delay the progression of Alzheimer's disease.

The Gathering Place receives a Community Development Block Grant to provide lunches for participants with Alzheimer's disease, MCI, stroke, Parkinson's disease, and frontotemporal disorders, but we have an open door policy—if there is a senior in the community who is isolated and needs companionship, they may also be able to participate in Gatherings.

For more information, call:  
Eva King,  
Respite Coordinator  
at 979-665-5359  
IN ALVIN  
Call Peggy Krampota at  
281-468-0088 or  
Cathy Hoard at  
713-824-3804