North County Parkinson's Support Group

NCPSG Limited Scholarships for Fee-Based Programs

Our NCPSG Scholarships offer people with Parkinson's (PwP) a chance to
sample FEE-BASED programs so you can decide if you wish to continue.
If you decide to continue participation beyond the scholarship period, it will be at your own expense.

Person with Parkinson's (PwP) full name (print) _____ Phone _____

Care Partner name (print) _____ Phone _____

PwP's residential address _____ City _____ ZIP _____

Programs currently available are listed on the reverse side. Select only one. A separate application is required for each desired program. You may only apply for one program at a time.   Each program is different, and each has specific requirements and limitations.

BASIC REQUIREMENTS

- You are responsible for obtaining clearance from your health care provider to participate.
  (documentation not required)

- Must be diagnosed with Parkinson's disease by a physician. (documentation not required)

- Must live in north San Diego County as defined by our Board of Directors.

- Must not have applied for a previous Scholarship with this service provider.

- Must pass the service provider's evaluation criteria, and follow their process.

- Must immediately notify NCPSG and the service provider if, after approval, you decide to drop out of that program.

- You do NOT have to be a member of NCPSG.

- Program opportunities may be suspended or terminated when funding is no longer available, or for other reasons. Individual participation may be suspended for cause.

On the reverse side, review and select a Scholarship program. Then complete and sign this application, and submit both sides electronically (PDF format) to **Info@NCPSG.org**

or by US Mail to
NCPSG Scholarships
P.O. Box 230566
Encinitas CA 92023

I affirm that I have been diagnosed with Parkinson's disease by a physician.

PwP's signature _____ Date _____

Our Very Special Thanks
Our Scholarship Program is made possible through the generosity of individuals who have included
NCPSG in their wills and trusts. Thank you.   REV **8/18**/2022   Be sure this is the most recent version

E X E R C I S E

NeuroLab 360   (Encinitas)　　　　　　　　　www.neurolab360.com

Physical Therapy.   Must be evaluated by staff for program appropriateness. Must provide own transportation to and from facility.

☐　One-on-one physical therapy and/or wellness sessions – Up to Four (4) one-hour sessions

Personally Fit (Rancho Bernardo)　　　　　　www.personallyfitonline.com

Exercise classes by Physical Therapist. Must be evaluated by staff for program appropriateness. Must provide own transportation to and from facility

☐　Initial evaluation by Personally Fit, followed by (10) classes of the applicant's choice of a.) Functional Fitness; b.) dance; or c.) Rock Steady Boxing, or a combination.

E X E R C I S E

LifeSpan Health (Fallbrook)　　　　　　　　www.Lifespanhealth.me

Physical Therapy health program. Must be evaluated by staff for appropriateness. Must provide own transportation to and from facility.

Choose:

☐　**Option 1**: Two (2) Sessions per week for a 30-day period with a personal coach, after "Korebalance" Baseline & Evaluation completed.

☐　**Option 2**: One (1) Session per week for a 30-day period with a personal coach, after "Korebalance" Baseline & Evaluation completed. Personalized program modification of Option 1

Rock Steady Boxing – Encinitas　　　　　　www.encinitas.rsbaffiliate.com

Non-contact exercise program based on boxing fitness regiments modified for PwP.

☐　(description and duration)　　　　　**PENDING**

V O I C E

AudAbility (Sorrento Valley, San Diego)　　www.musicworxinc.com

Music and rhythm therapy. Must provide own transportation to and from facility. Must schedule dates with limited space available.

PENDING

☐　After NCPSG approval of Scholarship application, applicants select from AudAbility website dropdown menu identifying series types/dates, to sign up for 12-week period.
Current Options: *Voice* or *Harmonica*

D A Y   C A R E

The Glenner (Encinitas and Hillcrest)　　　　www.Glenner.org

Dementia Day Care program. Must be evaluated by staff for program appropriateness. Must provide own transportation to and from facility. Must schedule dates with limited space availability.

Choose:

☐　**8 half-days** within one month
☐　**5 full days** within one month　　　**PENDING**

Fallbrook Senior Day Care　　　　　　　www.foundationforseniorcare.org

Group daycare for seniors. Must meet their evaluation criteria. Must reside in Fallbrook Health District jurisdiction. Must provide own transportation to and from facility.

☐　Scholarship provides up to **five (5) days** of services