

OUR MISSION

Providing quality counseling and case management to individuals seeking mental health and substance abuse services in a home, school or office-based setting. We provide compassion, facilitate change, and offer healthy alternatives to all clients.

OUR VISION

To serve adults, children and teens by helping individuals explore possibilities and encourage positive change, to offer caring specialized counseling and case management without judging. To offer hope, to listen with respect, validation and acceptance.

OUR VALUES

At The Sequoyah Group, LLC our values of integrity, responsibility, and empathy create the foundation for our business practices and service delivery.

Email us at:

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Primary Business Office

5350 S Western Avenue
Suite 536 OKC, OK 73109

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thesequoyah-group.com

THE SEQUOYAH GROUP, LLC

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OUR SERVICES

SERVICES FOR ADULTS, TEENS, AND CHILDREN

We work with clients of all ages with social, emotional, and behavioral issues. For children and teens, we provide services to all grade levels (pre-K to high school).

MENTAL HEALTH COUNSELING

Our staff provides individualized mental health services in a variety of settings. We are committed to providing culturally-sensitive services while promoting the emotional wellbeing of our clients. Our staff provides family, couple, and individual sessions.

SUBSTANCE ABUSE COUNSELING

Our licensed and/or certified staff offer individual therapy, family therapy, and group therapy for adults and teens. If needed, a professional who is cross-trained will provide services for individuals living with mental illness and addiction issues.

ADSAC AND SAP ASSESSMENTS

We offer ADSAC and SAP assessments completed by a licensed and certified individual.

CASE MANAGEMENT

Our staff provides assistance with advocacy, crisis management, and linkage to community resources. We also offer referral services when we are unable to meet the needs of an individual.

GRIEF COUNSELING

Our staff can help you explore what is “normal” or expected during periods of loss and bereavement.

MARRIAGE COUNSELING

Through marriage counseling we can provide you strategies on how to communicate more effectively, improve your relationship, compromise and resolve conflicts. Clinicians are trained through the Gottman Institute.

TRAUMA-INFORMED COUNSELING

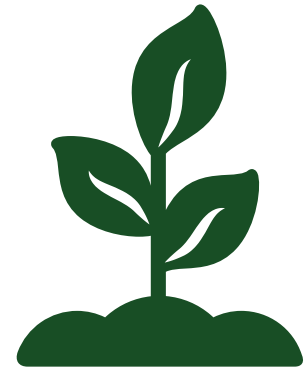
The purpose of trauma-informed counseling is to offer skills and strategies to assist you in better understanding, coping with, and processing emotions and memories tied to traumatic experiences.

ANGER MANAGEMENT

We utilize SAMHSA curriculum to provide clients a clear set of recovery guidelines for anger issues.

PARENTING COUNSELING

If you feel overwhelmed with parenting responsibilities or if you have parenting issues that you just cannot resolve, then we are here to help. Our staff can provide you the tools that you need to successfully cope with stressful situations, resolve conflicts and successfully parent your child. Various curriculum are used depending on age appropriateness (1-2-3 Magic Parenting, Love & Logic, Daniel J. Siegel, etc.)



OUR OFFICE

Hours By Appointment

Flexible scheduling with appointments available days, nights, and weekends.

Most Insurance Accepted