# **THREAT CONdition**

(Threat level relative to communications disruptions /disasters and action plans)

LEVEL	ACTION
ACTIVE INCIDENT	Stay In Place: - Prepare a SITREP for your area Follow group COMMS PLAN (On Back of this sheet) Radio Nerds will supervise/monitor COMMS - Secure your location, monitor all sources and stay informed. Bug Out/No Comms: - MOVE to FBK XFIT RALLY POINT. Establish COMMS. PLAN & MOVE to Vista, Bonsall, Fallbrook, Rainbow Secured Locations or ALT LOCATION.
Incident IMMINENT	Disruption of comms/disaster expected or highly likely  - Conduct a "test" net among group and regional or national network as situation requires  - Monitor all sources and stay informed.  - Prepare all equipment for operation or evacuation  - Review radio operations with Family/Group.  - Continue Bi-Weekly Local Assistance Group Meetings
Incident Probable	Increased probability of interruption of comms/disaster - Finalize plans with Local Assistance Group for "what-if" - Review Comms Plan and monitor radio traffic and increase frequency of nets as necessary Maint./Checks on fuel, back-up power, batteries, etc Continue Bi-Weekly Local Assistance Group Meetings
4 Incident Possible	Possible near-future interruption of comms/disaster - Inventory, locate, and assemble all comm equipment & 72 Hour Bags - Increase monitoring of situational developments (News) - Conduct Bi-Weekly Local Assistance Group Meetings - Make phone & email contacts to keep everyone in your group informed.
5 No Incident	No known or anticipated threat to communications/disaster  - Conduct Quarterly Local Assistance Group Meetings  - Monitor radio frequencies and maintain proficiency  - Maintain "No Comms" plan with rally point  - Develop and test Techniques, Tactics and Procedures  - Develop and expand training opportunities

#### COMM PLAN POCKET CARD

IMMEDIATE ACTION PLAN following an emergency, disaster or specified event make contact with a BRIEF SITREP

SITREP (Situation Report)

LOCATION

CONDITION: SAFE / UNSAFE / INJURIES

WHO IS WITH YOU WHAT IS YOUR PLAN WHERE YOU PLAN TO GO

WHEN: NEXT CONTACT / SCHEDULE

#### RECOMMENDATIONS

CALL / TEXT LOCAL & DISTANT points of contact to activate your family comm plan

Charge phone & radio immediately and whenever power is available

Conserve power by turning off phone & radio except for scheduled comms

Turn off unnecessary device functions

Text messages will often get thru busy cell towers Always send confirmation with the simple return message "COPY"

#### Contact Schedule

0600 - 0900 - 1200 - 1500 - 1800 - 2100 - 2400

AMP-3, LLC + amp-3.net + amp3@reagan.com

#### **EMERGENCY ALERT SYSTEM FREQS:**

162.400, 162.425, 162.450, 162.475, 162.500, 162.525, 162.550

**CAL FIRE:** 

NC FIRE:

151.340, 151.190

153.890

#### **AMRON NETS (National News):**

146.420 09:30, 15:30, 21:30

## IF NO CELL/TXT/PHONE/INTERNET: (Local News):

440.325

00:00, 03:00, 06:00, 09:00, 12:00, 15:00, 18:00, 21:00

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GMRS CH 20 TRAVEL REPEATER	GMRS CH 20 TRAVELERS	GMRS CH 17 SURVIVALIST	FRS CH 4 PREPPER	FRS CH 3 PREPPER PRIMARY	FRS CH 2 COMMON CHAT	FRS CH 1 COMMON CALLING as	PMR PREPPER	HAM UHF PREPPER	HAM UHF CALLING	VHF MARINE BOAT PREPPER	MARINE SAFETY CALLING	SEARCH & RESCUE EMERGENCY	MURS PREPPER	MURS PREPPER PRIMARY	HAM 2 METER SURVIVALIST	HAM 2 METER CALLING	HAM 2 METER PREPPER	AIRCRAFT EMERGENCY DISTRESS	LOWBAND VHF SURVIVALIST 33.4	HAM 10 METER PREPPER USB	FREEBAND 425 USB SURVIVALIST	FREEBAND 378 USB PREPPER	CB CH 27 USB PREPPER	FREEBAND 368 USB SURVIVALIST	CB CH 36 USB SURVIVALIST	CB CH 19 AM TRUCKER	CB CH 9 AM HIGHWAY SAFETY	CB CH 4 AM PREPPER	CB CH 3 AM PREPPER PRIMARY	HAM 20 METER PREPPER	HAM 40 METER PREPPER NET	MARINE CH 606 EMERGENCY 6215	HAM 60 METER SURVIVALIST NVIS	HAM 80 METER PREPPER NET		
GMR20R	GMRS20	GMRS17	FRS 4	FRS 3	FRS 2	FRS 1	PMR 3	HAM U3	HAMUHF	MAR72	MAR16	SAREMT	MURS 4	MURS 3	HAM 55	HAM 52	HAM 42	AIREMG	L0W334	HAM10M	FB425U	FB378U	CB 37U	FB368U	CB 36U	CB19AM	CB 9AM	CB 4AM	CB 3AM	HAM20M	HAM40M	MAR606	HAM60M	HAM80M	NAME	
462.675000	462.675000	462.600000	462.637500	462.612500	462.587500	462.562500	446.031250	446.030000	446.000000	156.625000	156.800000	155.160000	154.570000	151.940000	146.550000	146.520000	146.420000	121.500000	33.400000	28.305000	27.425000	27.378000	27.375000	27.368000	27.365000	27.185000	27.065000	27.005000	26.985000	14.242000	7.242000	6.215000	5.357000	3.818000	MHZ	
FM	FM	FM	NFM	NFM	NFM	NFM	NFM	FM	Ē	FM	FM	FM	FM	NFM	FM	FM	FM	AM	FM	BSU	BSU	BSU	BSN	USB	USB	MA	MA	MA	AM	USB	LSB	BSU	USB	LSB		
DUPLEX+5.0	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX	SIMPLEX		
PL TX	PL TX	PL TX	PL TX	PL TX	PL TX	PL TX	PL TX	PL TX	PL TX	NO PL	NO PL	PL TX	PL TX	PL TX	PL TX	PL TX	PL TX	NO PL	PL TX	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL	NO PL		
141.3	141.3	67.0	67.0	67.0	67.0	67.0	67.0	100.0	100.0	67.0	67.0	127.3	67.0	67.0	151.4	100.0	100.0	67.0	151.4	88.5	88.5	88.5	88.5	88.5	88.5	88.5	88.5	88.5	88.5	88.5	88.5	88.5	88.5	88.5		

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More frequencies at: RADIOFREEQ.WORDPRESS.COM	DIOFREEQ.WO	cies at: RA	More frequen
RADIOMASTER REPORTS	1 -1 -2 - 1	しごみそり	o (•
2013 Public Domain Source:	3-3-3 DIO PI AN	$\frac{1}{3}$ 3-3	
BOAT PREPPER	156.625 FM	MAR 72	MARINE VHF
SAFETY CALLING	156.800 FM	MAR 16	MARINE VHF
SEARCH&RESCUE	155.160 FM	SAREMT	LAND SAR VHF
PREPPER NETS	3.818 LSB	HAM80M	HAM HF
SURVIVALIST NVIS	5.357 USB	HAM60M	HAM HF
PREPPER NETS	7.242 LSB	HAM40M	HAM HF
	14.242 USB	HAM20M	
PREPPER	28.305 USB	HAM10M	HAM HF
SURVIVALIST	146.550 FM	<b>HAM 55</b>	HAM VHF
HAM CALLING S	146.520 FM	<b>HAM 52</b>	HAM VHF
PREPPER II	146.420 FM	<b>HAM 42</b>	HAM VHF
PREPPER	446.030 FM	HAM U3	HAM UHF
SURVIVALIST	33.400 FM	LOW334	LOWBAND VHF
SURVIVALIST	27.425 USB	FB425U	CB FREEBAND
PREPPER	27.378 USB	FB378U	CB FREEBAND
SURVIVALIST	27.368 USB	FB368U	CB FREEBAND
PREPPER 2	27.375 USB	CB 37U	CB SSB
SURVIVALIST	27.365 USB	CB 36U	CB SSB
HIGHWAY SAFETY		CB 9AM	CB AM
PREPPER	26.985 AM	CB 3AM	CB AM
PREPPER	151.940 FM	MURS 3	MURS VHF
PREPPER	446.03125FM	PMR 3	PMR UHF
PL141.3RPTR+5MHz	462.675+ FM	GMRS20	GMRS UHF
SURVIVALIST	462.6000 FM	GMRS17	GMRS UHF
PREPPER	462.6125 FM	FRS 3	FRS UHF
	MHZ MODE	NAME	SERVICE
DESCRIPTION	FREQUENCY	CHANNEL	RADIO
ATIONS	MUNIC		2-WA
FRECHENCIES	SHIF	SHRVIVALIST	DREDDER &

### **COMMO CARD**

Location	Unit	Call Sign	Net ID

	SPOT REPORT/SALUTE
LINE	ITEM
1	Size
2	Activity
3	Location
4	Unit/Uniform
5	Time observed
6	Equipment

PROC SHTF

SURVIVALIST

FILE CHA

FREQUE

LIST ENCIES