

Kind Birth Doula Contract

The following is a summary of the prenatal and birth support services I (Juliet LeBorious) agree to provide.

Prenatal education and support details:

I agree to provide prenatal support. I will provide one to two prenatal visits, lasting 1-2 hours (more or less depending on your preference). They can consist of, but are not limited to:

- ❖ Discussing your ideal birth experience
- ❖ Past birth experiences
- ❖ Creating a birth plan
- ❖ Talking through stages of labor and pain management techniques

I will give you my phone number and am available anytime via text or call should you have any questions or concerns or need my support.

On Call Agreement

I agree to be **on my way to you** within 45 minutes of your call, and I will **be with you** within 90 minutes of your call, as long as you live/are birthing at a location within 45 minutes of me.

I agree to stay within one hour of your location during the on call period, and if I will be outside that distance, I will clearly communicate that.

I agree to make you aware of any emergency or extraordinary circumstance that will make me unable to attend your birth.

Labor and Birth Details

It is important to note that I cannot make medical decisions or speak for you to any medical professional, but to give you information, equip you to advocate, support you, and advocate by asking questions and helping your birth team be on the same page for your birth.

In the event that I would need to use a backup doula during your birth, I reserve the right to call them in for a finite period of time so that I may sleep, eat, attend to personal matters, and return to you fit to continue support. Calling a backup doula will be based on my discretion and dependent on the following factors:

- ❖ Estimated time until birth
- ❖ Time spent at birth
- ❖ Sleep and nutrition
- ❖ Other clients in labor

Even if a backup doula is used during your birth, I will always hope and plan to step away for a few hours and return.

I agree to provide 45-120 minutes of postpartum support after birth, including breastfeeding support, should you so desire.

Postpartum/Followup visit

One postpartum visit is included in your selected service.

These visits will be arranged 7-14 days after your birth, on your convenience.

During this visit I can:

- ❖ Check on breastfeeding, soreness, and latch
- ❖ Check on sleeping for you and your baby
- ❖ Discuss questions or concerns
- ❖ Talk through the birth
- ❖ Give you resources for mom groups, pelvic floor specialists, lactation support, etc.

I will reschedule postpartum visits if either you or I am sick or have symptoms of illness.

Part of my responsibility as a trained professional is to ensure the safety and well-being of all members of the family I have been hired by. In the event that I am witness to any instances of abuse or neglect, I have an obligation to report it to the relevant and appropriate authorities and family services.

I agree to be clear and forthcoming about any concerns (should I encounter any). In the event that I feel unsafe or threatened in the home, I reserve the right to leave immediately and terminate further services without penalty and with no obligation to provide any kind of refund or replacement of services.

It is important to note that as a Doula it is not within my scope to provide childcare while a parent is not in the home, to do any heavy cleaning or organizing, or to give any medical advice with regards to your postpartum healing.

Confidentiality Statement

All of your personal information will be kept private and will never be shared with anyone. and will be used solely to help me best support you.

It is your responsibility to share any and all relevant medical information with your healthcare provider.

Financial Agreement and Refund Policies

For the services you have selected, my total fee is \$_____.

Number of Installments: _____

No 1 Amount _____ to be paid by _____

No 2 Amount _____ to be paid by _____

No 3 Amount _____ to be paid by _____

No 4 Amount _____ to be paid by _____

Agreed to be fully paid on or before _____

Fees are final and non-refundable. I do not offer refunds unless I fail to provide services due to my own error and/or negligence. In the event that I am unable to attend your birth due to suspected or confirmed illness*, injury, family emergency, or other circumstances outside of my control or foresight a back up doula will be provided. Alternatively a refund of up to 30% of your fee (not including the non-refundable deposit) can be negotiated at my discretion for circumstances of my discretion.

As your Doula, it is my job to ensure that you are supported emotionally, physically, and informationally no matter what type of birth you are planning. Regardless of the outcome of your birth, I commit to supporting you in every way I am qualified and capable of as per our agreement. **It is important to note, however, that I am NOT in control of or responsible for outcomes.** Therefore, should your planned vaginal birth or vaginal birth after a cesarean (VBAC) result in a cesarean, there will be no refund.

In the event I am unable to attend a birth due to illness or other extraordinary circumstances, the birth will be attended by the following backup doula: _____

Back up doula requests _____

This contract is drawn up and agreed to by the following persons as designated by their signatures below:

_____ Date: _____ Anne Juliet LeBorious -
Trained and Certified Birth Doula

Signatures of mother and spouse Date: _____