



NORTHBOUND SCHEDULE

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HOURS OF OPERATION

Monday-Friday, every half-hour during scheduled morning and evening service and less frequently during the mid-day.

[DOWNLOAD THE SCHEDULE ▸](#)



NO WEEKENDS OR HOLIDAYS

SunRail does **NOT** operate on weekends or certain holidays. Click below for a complete list of holiday closures.

[VIEW HOLIDAY CLOSURES ▸](#)



ARRIVE 20 MINUTES EARLY

Arrive at the station 20 minutes prior to your scheduled departure time, as trains do not have the flexibility to wait on latecomers.

[VIEW MORE ETIQUETTE TIPS ▸](#)

TRIP PLANNER

Detailed Schedules:
[Northbound](#)
[Southbound](#)

Departing Station



Arriving Station

Departure Time

0:00 AM



Arriving Time

0:00 AM

Est. Travel Time

00min

NORTHBOUND MORNING DEPARTURE TIMES

Tickets are Nonrefundable

Train Number	P302	P304	P306	P308	P310	P312	P314
Poinciana	5:45 AM	6:15 AM	6:45 AM	7:15 AM	7:45 AM	8:15 AM	8:45 AM
Kissimmee / Amtrak	5:53 AM	6:23 AM	6:53 AM	7:23 AM	7:53 AM	8:23 AM	8:53 AM
Tupperware	6:00 AM	6:30 AM	7:00 AM	7:30 AM	8:00 AM	8:30 AM	9:00 AM
Meadow Woods	6:06 AM	6:36 AM	7:06 AM	7:36 AM	8:06 AM	8:36 AM	9:06 AM

Sand Lake Road	6:13 AM	6:43 AM	7:13 AM	7:43 AM	8:13 AM	8:43 AM	9:13 AM
Orlando Health / Amtrak	6:20 AM	6:50 AM	7:20 AM	7:50 AM	8:20 AM	8:50 AM	9:20 AM
Church Street	6:23 AM	6:53 AM	7:23 AM	7:53 AM	8:23 AM	8:53 AM	9:23 AM
Lynx Central	6:26 AM	6:56 AM	7:26 AM	7:56 AM	8:26 AM	8:56 AM	9:26 AM
AdventHealth	6:32 AM	7:02 AM	7:32 AM	8:02 AM	8:32 AM	9:02 AM	9:32 AM
Winter Park / Amtrak	6:39 AM	7:09 AM	7:39 AM	8:09 AM	8:39 AM	9:09 AM	9:39 AM
Maitland	6:47 AM	7:17 AM	7:47 AM	8:17 AM	8:47 AM	9:17 AM	9:47 AM
Altamonte Springs	6:53 AM	7:23 AM	7:53 AM	8:23 AM	8:53 AM	9:23 AM	9:53 AM
Longwood	6:57 AM	7:27 AM	7:57 AM	8:27 AM	8:57 AM	9:27 AM	9:57 AM
Lake Mary	7:03 AM	7:33 AM	8:03 AM	8:33 AM	9:03 AM	9:33 AM	10:03 AM
Sanford	7:10 AM	7:40 AM	8:10 AM	8:40 AM	9:10 AM	9:40 AM	10:10 AM
DeBary	7:18 AM*	7:48 AM*	8:18 AM*	8:48 AM*	9:18 AM*	9:48 AM*	10:18 AM*

*This is the end of the line. View [Southbound Schedule](#) for return trips from De

NORTHBOUND MID-DAY DEPARTURE TIMES

Tickets are Nonrefun

Train Number	P316	P318	P320	P322	P324
Poinciana	10:45 AM	12:15 PM	1:15 PM	2:15 PM	3:15 PM
Kissimmee / Amtrak	10:53 AM	12:23 PM	1:23 PM	2:23 PM	3:23 PM
Tupperware	11:00 AM	12:29 PM	1:29 PM	2:30 PM	3:30 PM
Meadow Woods	11:06 AM	12:34 PM	1:34 PM	2:36 PM	3:36 PM
Sand Lake Road	11:13 AM	12:40 PM	1:40 PM	2:43 PM	3:43 PM
Orlando Health / Amtrak	11:20 AM	12:47 PM	1:47 PM	2:50 PM	3:50 PM
Church Street	11:23 AM	12:50 PM	1:50 PM	2:53 PM	3:53 PM
Lynx Central	11:26 AM	12:53 PM	1:53 PM	2:56 PM	3:56 PM
AdventHealth	11:32 AM	12:59 PM	1:59 PM	3:02 PM	4:02 PM
Winter Park / Amtrak	11:39 AM	1:06 PM	2:06 PM	3:09 PM	4:09 PM
Maitland	11:47 AM	1:13 PM	2:13 PM	3:17 PM	4:17 PM
Altamonte Springs	11:53 AM	1:18 PM	2:18 PM	3:23 PM	4:23 PM
Longwood	11:57 AM	1:22 PM	2:22 PM	3:27 PM	4:27 PM
Lake Mary	12:03 AM	1:28 PM	2:28 PM	3:33 PM	4:33 PM
Sanford	12:10 PM	1:35 PM	2:35 PM	3:40 PM	4:40 PM
DeBary	12:18 PM*	1:43 PM*	2:43 PM*	3:48 PM*	4:48 PM*

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NORTHBOUND EVENING DEPARTURE TIMES

Tickets are Nonrefun

Train Number	P326	P328	P330	P332	P334	P336	P338	P340
Poinciana	3:45 PM	4:15 PM	4:45 PM	5:25 PM	5:55 PM	6:25 PM	7:25 PM	9:55 PM
Kissimmee / Amtrak	3:53 PM	4:23 PM	4:53 PM	5:33 PM	6:03 PM	6:33 PM	7:33 PM	10:03 PM
Tupperware	4:00 PM	4:30 PM	5:00 PM	5:39 PM	6:09 PM	6:39 PM	7:39 PM	10:09 PM

Meadow Woods	4:06 PM	4:36 PM	5:06 PM	5:44 PM	6:14 PM	6:44 PM	7:44 PM	10:14 PM
Sand Lake Road	4:13 PM	4:43 PM	5:13 PM	5:50 PM	6:20 PM	6:50 PM	7:50 PM	10:20 PM
Orlando Health / Amtrak	4:20 PM	4:50 PM	5:20 PM	5:57 PM	6:27 PM	6:57 PM	7:57 PM	10:27 PM
Church Street	4:23 PM	4:53 PM	5:23 PM	6:00 PM	6:30 PM	7:00 PM	8:00 PM	10:30 PM
Lynx Central	4:26 PM	4:56 PM	5:26 PM	6:03 PM	6:33 PM	7:03 PM	8:03 PM	10:33 PM
AdventHealth	4:32 PM	5:02 PM	5:32 PM	6:09 PM	6:39 PM	7:09 PM	8:09 PM	10:39 PM
Winter Park / Amtrak	4:39 PM	5:09 PM	5:39 PM	6:16 PM	6:46 PM	7:16 PM	8:16 PM	10:46 PM
Maitland	4:47 PM	5:17 PM	5:47 PM	6:23 PM	6:53 PM	7:23 PM	8:23 PM	10:53 PM
Altamonte Springs	4:53 PM	5:23 PM	5:53 PM	6:28 PM	6:58 PM	7:28 PM	8:28 PM	10:58 PM
Longwood	4:57 PM	5:27 PM	5:57 PM	6:32 PM	7:02 PM	7:32 PM	8:32 PM	11:02 PM
Lake Mary	5:03 PM	5:33 PM	6:03 PM	6:38 PM	7:08 PM	7:38 PM	8:38 PM	11:08 PM
Sanford	5:10 PM	5:40 PM	6:10 PM	6:45 PM	7:15 PM	7:45 PM	8:45 PM	11:15 PM
DeBary	5:18 PM*	5:48 PM*	6:18 PM*	6:53 PM*	7:23 PM*	7:53 PM*	8:53 PM*	11:23 PM

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ABOUT SUNRAIL

SunRail is a rail service moving people throughout the region by providing work and leisure travel opportunities; connecting communities. SunRail can daily commute fast, easy and affordable, as well as less stressful. The system currently operates over 49 miles with 16 stations through Volusia, Semin and Osceola counties.

Learn More at Corporate.SunRail.com

For railroad emergencies please call [877-235-7245](tel:877-235-7245)

RECEIVE THE LATEST WITH THE SUNRAIL APP

With current train times, service notifications* and SunRail messages, the SunRail Mobile App is the fastest way to stay up-to-date with your SunRail se route.



*Please note that all delay times are estimates and subject to change based upon the incident.

TRAIN HOURS/DAYS OF OPERATION

Monday - Friday

SunRail does not operate on weekends or certain holidays.

Check schedule for train times.