



WWW.THELOCALWELLNESSFOUNDATION.ORG

# Sponsorship Opportunities

**MISSION:**  
**Making An Impact on Mental Health**

An official 501(c)(3) non-profit organization, dedicated to our mission and community work since 2020.

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**LOCALWELLNESSFOUNDATION.ORG**

📷 [@thelocalwellnessfoundation](https://www.instagram.com/thelocalwellnessfoundation)  
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Everyone deserves a place to  
*feel safe*

## Transforming Wellness Across California

In 2023, the Local Wellness Foundation continued its transformative journey to enhance mental health and wellness statewide. Through diverse programs and innovative self-care redefinitions, LWF have touched thousands of lives with classes, workshops, and social wellness events. Discover our achievements, challenges, and future goals as we enhance accessibility and impact for all.





## Sponsorship Tiers At-a-Glance

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Join us in making a lasting impact on mental health, community connection, and wellness education. With your support, we can bring inclusive, transformative programming to the people who need it most.

Kids Yoga Sponsor: \$5,000 - \$10,000

Women's Groups Sponsor: \$5,000 - \$10,000

Yoga for Disabilities Sponsor: \$5,000- \$10,000

Monthly Mental Health and Wellness Workshops Sponsor: \$10,000

Whittier Walk for Wellness Sponsor: \$10,000



# Wellness Sponsorship Opportunities

©  
*Partner with The Local Wellness Foundation to uplift community health through mindfulness, movement, and inclusive programming. Your support empowers lives and promotes lasting wellness.*

## KIDS YOGA SPONSOR: \$5,000-\$10,000

Help us introduce mindfulness and movement to children, fostering a foundation for lifelong wellness. Your sponsorship enables us to provide:

- **Mindful Movement Classes:** Engaging kids in physical activity and mental well-being.
- **Creative Workshops:** Interactive sessions that blend play with yoga principles.
- **Healthy Habits Initiative:** Encouraging holistic health through fun and engaging practices such as our Reading for Wellness Initiative, Kindness Connection and Nutrition Programs.

## WOMEN'S GROUP SPONSOR: \$5,000- \$10,000

Support our dynamic women's wellness programs, focusing on empowering femininity and nurturing health. Your contribution will fund:

- **Awaken the Divine Feminine:** Workshops that celebrate and empower the feminine spirit.
- **Postpartum & Prenatal Yoga:** Specialized sessions supporting mothers through various stages of motherhood.
- **Holistic Women's Circles:** Creating spaces for connection, healing, and growth.
- **Peri-menopause and Menopause Support:** Holistic practices and resources to guide women into the art of aging.

## YOGA FOR DISABILITIES \$5,000- \$10,000

Empower individuals with disabilities through inclusive yoga practices. Your sponsorship will help us provide:

- **Adaptive Yoga Classes:** Tailored sessions that cater to diverse abilities.
- **Supportive Community Connection:** Creating accessible spaces that foster inclusion, confidence and creativity. Combining all members into one monthly yoga session.





# Wellness Sponsorship Community Opportunities

*Support community healing and connection through inclusive mental wellness initiatives.*  
*Your sponsorship empowers lives, strengthens mental health awareness, and promotes lasting well-being.*

## MONTHLY MENTAL HEALTH & WELLNESS WORKSHOPS: \$10,000+

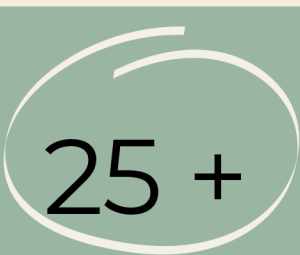
Champion mental health awareness and education by sponsoring our monthly workshops. Your support will fund preventative intervention, recovery and mental health awareness.

- **Educational Workshops:** Covering topics like stress management, anxiety, and holistic health.
- **Community Engagement:** Encouraging open discussions and shared experiences.
- **Resource Distribution:** Providing valuable materials and tools for mental wellness.

## WHITTIER WALK FOR WELLNESS: \$5,000- \$10,000

Be a key player in our flagship wellness event, promoting community health and unity. Your sponsorship will enable:

- **Community Fitness Events:** Encouraging physical activity and wellness through fun, engaging walks.
- **Health Awareness Campaigns:** Promoting healthy lifestyles and mental health check-in's with experts and leaders.
- **Inclusivity Initiatives:** Ensuring everyone can participate and benefit from the event.
- **Healthy Nutrition & Engagement:** Offering a healthy snack and positive engagement.



Community-wide events



Community Members Reached



On-site Corporate Events



# WHY SPONSOR US?

Your sponsorship not only supports these vital programs but also positions your organization as a leader in community wellness and social responsibility. Together, we can create a healthier, more vibrant community for everyone.

## Join Us in Making a Difference!

For sponsorship inquiries and to learn more about how you can get involved, please contact [info@handsyoga.com](mailto:info@handsyoga.com). Let's work together to build a brighter, healthier future.

*Gratitude  
Never Alone But In Community*



*The*  
LOCAL WELLNESS  
FOUNDATION  
EST. 2023