

Velvet Orange

Piercing Aftercare Instructions

WASH your hands thoroughly prior to cleaning or touching your piercing for any reason.

RINSE at least TWICE a day for 6 Weeks

with sterile non medicated nasal spray or wound wash Saline. Use non alcohol mouthwash for oral piercings.

DRY by gently patting with clean, disposable paper products because cloth towels can harbor bacteria and snag on jewelry, causing injury.

What is Normal?

- *Initially:* some bleeding, localized swelling, tenderness, or bruising.
- *During healing:* some discoloration, itching, secretion of a whitish-yellow fluid (not pus) that will form some crust on the jewelry. The tissue may tighten around the jewelry as it heals.
- *Once healed:* the jewelry may not move freely in the piercing; do not force it. If you fail to include cleaning your piercing as part of your daily hygiene routine, normal but smelly bodily secretions may accumulate.
- A piercing may seem healed before the healing process is complete. This is because tissue heals from the outside in, and although it feels fine, the interior remains fragile. Be patient, and keep cleaning throughout the entire healing period.
- Even healed piercings can shrink or close in minutes after having been there for years! This varies from person to person; if you like your piercing, keep jewelry in—do not leave it empty.

What To Avoid

- Avoid moving jewelry in an unhealed piercing, or picking away dried discharge with your fingers.
- Avoid cleaning with Betadine®, Hibiclen®, alcohol, hydrogen peroxide, Dial® or other soaps containing triclosan, as these can damage cells.
- Avoid ointments as they prevent necessary air circulation.
- Avoid Bactine®, pierced ear care solutions and other products containing Benzalkonium Chloride (BZK). These can be irritating and are not intended for long term wound care.
- Avoid over-cleaning. This can delay your healing and irritate your piercing.
- Avoid undue trauma such as friction from clothing, excessive motion of the area, playing with the jewelry, and vigorous cleaning. These activities can cause the formation of unsightly and uncomfortable scar tissue, migration, prolonged healing, and other complications.
- Avoid all oral contact, rough play, and contact with others' bodily fluids on or near your piercing during healing.
- Avoid bathing or submerging the piercing in unhygienic bodies of water such as lakes, pools, hot tubs, etc.
- Avoid recreational water activities, gardening and contact with pets and other animals and their dander during healing.
- Avoid all beauty and personal care products on or around the piercing including cosmetics, hair dyes, lotions, and sprays, etc.
- Avoid exposing piercing site to smoke.
- Avoid exposing piercing site to fermented products including but not limited to; beer, malt, yogurt, kombucha and other live cultures and alcohols.
- Don't hang charms or any object from your jewelry until the piercing is fully healed.

Infection:

There is always a possibility of getting an infection as a result of receiving body art particularly in the event that you do not take proper care of the procedure site.

Seek professional medical attention if signs and symptoms of infection occur.

Signs and Symptoms of Infection include but are not limited to:

redness, swelling, tenderness of the procedure site, red streaks going from the procedure site towards the heart, elevated body temperature, or purulent drainage from the procedure site.

We Are Here To Help!!

If you've still got questions; we've got answers!

Velvet Orange Bodycraft