

Mental Health FIRST AID®



Build Confidence. Strengthen Communities. Change Lives.

Gain the skills and confidence to support individuals experiencing mental health challenges using the nationally recognized, evidence-based Mental Health First Aid course.



TUESDAY

September 22, 2026



9:00 AM – 5:30 PM

Full-Day Certification Training



**JACKSONVILLE BEACH,
FLORIDA**

Held in conjunction with
The Center's 5th Annual
National Service Coordinator
Conference



INVESTMENT: \$100

Advance Registration Required
Space is Limited!

Learn How To Respond With The
**Mental Health First Aid
Action Plan**

We use the acronym ALGEE to remind us of the steps of the Mental Health First Aid Action Plan.



You can be the

DIFFERENCE



You will learn how to:

- A** ssess for risk of suicide or harm.
- L** isten nonjudgmentally.
- G** ive reassurance and information.
- E** ncourage appropriate professional help.
- E** ncourage self-help and other support strategies.



The Center is providing Mental Health First Aid training to increase the capacity of affordable housing communities to use this evidence-based practice to appropriately recognize the signs and symptoms of individuals experiencing mental illness, respond to acute needs and refer to additional available resources.



This training also seeks to increase utilization of available behavioral health resources by increasing awareness and utilization of resource linking services through development of awareness campaign and materials to be used by Mental Health First Aid trainees.



THE CENTER
For Affordable Housing & Resident Services
All Tenants Affordable Housing
**5th Annual National
SERVICE COORDINATOR
CONFERENCE**

**The Business of
Service Coordination™**

Powered by the Ingredients That Change Lives

Because Every Ingredient Matters.



September 23–25, 2026



Jacksonville Beach, Florida



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