

## Goal Setting Leads to Achievement



Goal-setting has become a priority for Jessica Wallace, since becoming a part of the FSS Program. She has already achieved many of her goals, but explains that she continues to set new ones continuing on her path. “Five years ago, when I started the program, I set a couple of goals. I planned to move up at my job, which was accomplished. I was a Secretary Assistant, now I am the main Secretary. I also made a goal to do something with music, which is a gift I was blessed with. I did get over 50 songs copy written.”

Through the goal-setting process in FSS, Jessica received an interim disbursement to purchase a computer stating, “It helped me type up my songs.” She also began to move toward another goal of honoring her slain son’s memory. She, with the help of family and friends, has worked with barber shops in Albany, Schenectady and Troy to give out over \$800 in free haircuts while serving up a side of free hugs, Hershey kisses, donuts and orange juice as a tribute to his memory. She hopes that this start may develop into the establishment of a non-profit organization that would, among other things “get a day reserved in his memory where we get the community to come together and do acts of kindness...”

Jessica projects forward, “I set another five year goal plan: I hope to make a hit song.” She dreams of a day when a star sings her song and everyone knows it was written by Jessica Wallace. She says music was something she and her son shared. Thinking about the last five years, she talks about setbacks, but continuing to persevere. This, Jessica says, has taught her to set goals so that she can, “take that pain and turn it into joy.”

Through tragedy and temporary setback, Jessica has pushed forward and “[hopes] to have many more accomplishments in the next five years of my life.” With escrow money in hand, she plans to face the challenges ahead and keep creating new directions for growth.