

# WELCOME ON BOARD

Kick back and enjoy your well-deserved sailing holiday. Here are our top tips to make your time on the water as sustainable as possible

## COME CLEAN: PREVENT POLLUTION

Take care to minimize contamination when refuelling and emptying bilges. Use marine-friendly sunscreen, shampoos and cleaning products.



## BUY LOCAL & BUY SUSTAINABLE

Support local producers and buy from small local shops and markets. Choose sustainable seafood at tavernas.



## LOWER YOUR SPEED

Reducing speed from full throttle by 10% reduces your fuel usage by 20%.



## GET TO KNOW NATURE

When viewing wildlife, remain at least 100 metres away and limit your viewing time to 30 minutes.



## LEAVE NO TRACE

Keep a tidy boat, leave your rubbish and recycling at designated areas in marinas and do not leave it at all on smaller islands.



## MOORING SAFELY

Use mooring buoys, or if you anchor use sand and mud and avoid sea-grass beds. Use rocks for long lines, not trees.



Read more on all of these tips in the Sustainable Sailing Guide  
[www.sustainablesailinggreece.com](http://www.sustainablesailinggreece.com)

