

# Nutrition Facts

2 servings per container

**Serving size** 1.25 oz (35g)

**Amount Per Serving**

**Calories** **230**

**% Daily Value\***

**Total Fat** 16g **21%**

Saturated Fat 2.2g **11%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 190mg **8%**

**Total Carbohydrate** 17g **6%**

Dietary Fiber 5g **18%**

Total Sugars < 1g

Includes 0g Added Sugars **0%**

**Protein** 9g **18%**

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.