

Nutrition Facts

1 servings per container

Serving size **1.0 oz**

Amount Per Serving

Calories **90**

% Daily Value*

Total Fat 3.5g **4%**

Saturated Fat 0.3g **2%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 310mg **13%**

Total Carbohydrate 14g **5%**

Dietary Fiber 4g **14%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 8g **16%**

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.