

So Cheezy

Nutrition Facts

1 servings per container

Serving size 1.2 oz

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 10g 13%

Saturated Fat 1.2g 6%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 140mg 6%

Total Carbohydrate 10g 4%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 6g 12%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.