

Summer will be upon us shortly. This brings thoughts of joining the Southern Hills Swim Team. We had a great summer last year with our friends. Steve Boyce, Head Coach, is returning for his thirteenth summer. Steve is a teacher and coach during the school year and truly has the development of good swimmers and great citizens as his goals. Kelsey Boyce will be our number one assistant. Kelsey is finishing her Freshman year at MSU. At Glendale Kelsey was an All-State Swimmer and Valedictorian. She has been coaching our Dolphins for the last 9 summers. Emily Cobb will be our second assistant. Emily was an All-State Swimmer and Honor student at Ozark. She is finishing her Freshman year at Truman.

<u>2022</u>

We will run the traditional six-week season starting May 31 and finishing July 7. We will have 4 regular season meets in weeks 2-5 and a Championship on July 7. The league coaches are meeting soon to vote on a change to the Championships. It looks like we will split it into three sections, Country Club, Municipal, and Other. We would fall in the Other category with the Neighborhood pools, Jones Y, and Drury teams.

Information/Sign-Up Meeting – Monday or Tuesday, May 9 or 10, 2022

All <u>new</u> families are invited to attend the 6:30 pm meeting on either day. This meeting will be a swim team orientation for those families new to swimming or summer league. Steve will talk about helping you and your child to be successful at the first practice, first meet, and subsequent practices and meets. Please plan for all of this to take about 30 minutes. Steve and Julie's daughters are 19and 21 years old. Kelsey is one of our Assistant coaches and Jordan is the Head Coach at Emerald Park.

All <u>returning</u> families are invited to attend the 6:30 pm meeting as well, but you may also just drop off your forms. There is again just one page (front and back). Steve will be at the pool from 6:15-7:30pm both nights. The preference is that you bring your paperwork and payment then.

Team Suits

We are doing custom designed suits again this year. We will keep this design for at least three more years. Team suits are optional. I do suggest getting them as they will make your swimmer feel more included. You can see pictures below. We will have two try-on days May 9 and 10 from 6:30pm-7:30pm at Southern Hills. This would also be a good time to turn in your swim team paperwork.

Practice Groups

Spinner Dolphins – 8:30-9:30am – This group is for swimmers 11 years old and up who have been on a Team before. Advanced swimmers10 years old may be moved up to this group.

Bottlenose Dolphins – 9:30-10:15am – This group is for swimmers 10 years old and under who have been on swim team before.

Spotted Dolphins – 10:15-11:00am – This group is for swimmers 8 years old and under who have not been on a swim team before or who need more instruction before moving up.

Friday is fun day for the whole team from 9-10am.

The groups are fluid. Coaches in collaboration with parents will place swimmers in the appropriate group. Group changes are sometimes made during the course of the season.

Practice will start on Tuesday, May 31, 2022.

Please find the practice and meet schedule at southernhillspool.com

Contact Info

Steve Boyce – <u>SteveB@southernhillspool.com</u> – 417-848-4020 Please email or call anytime.







