

CRESCENT VALLEY NEWS

Stay up-to-date on activities, programs and services for residents of Crescent Valley and beyond.

CRESCENT VALLEY FUN DAY



The annual Crescent Valley Fun Day will be happening on **Saturday, August 15** from 11:00 AM to 3:00 PM at 55 MacLaren Blvd. There will be fun for the whole family. Food, games, music and more.

This event is brought to you by the Crescent Valley Community Tenants Association. If you have questions or want to help, please call Jennifer London, 506-663-0557 or Eva Feddery, 506-721-2223.

GAMES IN THE GARDEN

Join summer students Lauren and Joanna for children's games and activities in The Growing Place Community Garden, Belyea St. Games in the Garden will be every week from 1:00 PM - 2:00 PM on Monday, Wednesday and Friday until August 14th. These activities are for children aged 6-12 with a maximum of 15 children per event. Events will be drop in, so registration is not required. Last day for Games in the Garden will be August 14. Thank you to the NB SEED program and to a generous anonymous donor who made this summer program possible.

PLAY & SAY SUMMER PROGRAM

Join your neighbours for a fun and welcoming summer



- gathering for moms and children of all ages!
- Creative and interactive activities for kids
- Casual English conversation for moms
- Opportunities to connect with other families

All ages are welcome. Find us

at the Crescent Valley Resource Center,

130 MacLaren Blvd., every Wednesday from 12:30 PM to

2:00 PM. For more information, please contact:

crescentvalleyresourcecentre@gmail.com, 506 693-8513.

Play & Say Summer Program is presented by PRUDE Inc.

نقيم في مركز موارد "كريسينت فالي" بالتعاون مع مؤسسة PRUDE Inc برنامج "العب وتحدث" الصيفي، وهو لقاء أسبوعي ممتع ومرحب بالجميع يجمع الأمهات والأطفال من مختلف الأعمار لتوطيد أواصر الجيرة والتواصل بين العائلات، حيث يتضمن أنشطة إبداعية وتفاعلية مخصصة للأطفال، إلى جانب جلسات محادثة ودية باللغة الإنجليزية للأمهات في أجواء مريحة وغير رسمية. تقام الفعالية كل يوم أربعاء من الساعة 12:30 ظهراً حتى 2:00 ظهراً في مقر المركز الكائن في 130 MacLaren Blvd، والدعوة مفتوحة لجميع الأعمار، وللمزيد من المعلومات يمكنك التواصل عبر البريد الإلكتروني crescentvalleyresourcecentre@gmail.com أو الاتصال بالرقم 506-693-8513.



Shout out to: Canada Summer Jobs, McInnes Cooper, UCT Jack Kidd Council #755, CVRC, and the New Brunswick Children's Foundation.

Thank you for making Summer Squad possible.



ONE FUTURE (DIGITAL MEDIA MARKETING) RECRUITING FOR SEPTEMBER 1

Do you need work? Has it been hard to find or keep a job? Are you ready to take your next step?

We are looking for youth between the ages of 18 and 30 who have had trouble finding or keeping a job (must be a Canadian citizen or permanent resident). You do not need digital media experience or to know what career you want. We only need you to be willing to show up, commit to learn, try, accept coaching, and work toward your ONE Future.

ONE Future is a youth employment program offered by The ONE Change Inc. The program starts September 1 at the Nick Nicolle Community Centre in Saint John.

The program includes:

- 12 weeks of paid digital media and marketing training (including how to take and edit photos, craft Canva posts, and create short videos for Instagram, TikTok, and Facebook)
- Workplace Essential Skills training with NBCC instructors
- Help with your resumé and job interviews
- One-on-one coaching and support
- A 12-week paid internship with a local employer

Picture yourself: hired! Email ONEFutureCoordinator@ONEChange.ca to interview or make a referral, or call/text Jill at **506-333-1312**.

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Check Out the CVRC LIBRARY

CVRC library services are open Monday - Friday during the Centre's open hours. Kids and adults can come pick out books for themselves, family, friends or neighbours. You don't need a card or identification to borrow anything from our library and there is no time limit for borrowing. Just bring them back whenever you're finished!

If you have any questions about our library services, feel free to call 506 693-8513.

SCHOOL SUPPLIES HAZEN WHITE - ST. FRANCIS SCHOOL



Grade K-2

2 white erasers
2 packages of black dry erase markers
1 package of crayons
1 package of markers
1 package of pencil crayons
1 pair of scissors
4 boxes of Kleenex
6 large glue sticks
2 jars of Play-Doh
1 box of Ziplock bags (large or sandwich size)
Water bottle**
Lunch bag**
Book bag**
Indoor sneakers** (to stay at school)
Complete change of clothing** (to stay at school)
**Please label with student name

Grade 3-5

Markers or Pencil crayons
Pencils
Sharpener
5 Colored Duotangs (Red, Green, Blue, Yellow, Orange)
3 Erasers
Glue Sticks
3 Boxes of Kleenex
8 Dry Erase Markers
Water Bottle
Headphones
Large Ziploc bags
Indoor Sneakers



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THE NEIGHBOURHOOD NAVIGATOR IS HERE TO HELP YOU

Annaliese Nylen, our Neighbourhood Navigator is here for you.

Some common things she can help with are:

- Filling out paperwork/ online forms & applications
- Finding programs/ services in the community
- Emotional support
- Taxes, and more!

If you are looking to reach Annaliese, email her at cvrc.nylen@gmail.com, call 506-693-8513, or stop into the centre at 130 MacLaren Blvd.

MEALS & FOOD ASSISTANCE

- **HEALTHY MORNING SNACK:** Take-home or eat in. HEALTHY MORNING SNACK is available from 9:00AM to 11:00AM Monday to Friday at CVRC, 130 MacLaren Blvd. It is free and delicious! Thank you UCT Council #755 for supporting our Healthy Snack program. 
- **ST. LUKE'S CHURCH OUTREACH LUNCH PROGRAM:** St. Luke's Monday lunch program is on a summer break until September.
- **THE HOPE MISSION:** The Mission will be closed during August, reopening some time in September.
- **NORTH END FOOD BANK:** The North End food bank is open every Tuesday from 10:00AM - 1:00PM and every Wednesday from 1:00PM - 3:00PM. It is located at 211 Main St., use the door at the back – on the corner of Durham Street - Metcalf Street. Please bring reusable grocery bags with you.



YMCA NORTH HUB

LOCATED INSIDE HWSF SCHOOL



We have fun family events happening in August at the YMCA North Hub, located inside Hazen White-St. Francis School.

- **Playtime** - Playtime continues at the North Hub. Join us on Mondays from 10:00 am-12:00 pm for a FREE playtime which includes art, music, playtime, snack and more. Be sure to follow us on our Facebook Group—YMCA Early Childhood Hubs for updates
- **PreK** - We have a few spaces left in our Free PreK program for 3 and 4 years old.
- **Open Gym** - Thursday August 20 and August 27. Stop in between 10:00 am -12:00 pm to our open gym.
- **Cooking Sessions** - We are launching a cooking session at our Hubs! Each session encourages families to rediscover the value of eating together while gaining practical skills to prepare healthy, affordable meals. During the program, we will invite a nutritionist to share insights on healthy meals, nutritious foods, and habits to adopt for better overall well-being. Families will leave with a bag full of ingredients and tools. At the moment we are gathering a list together with dates TBD.

Please reach out to Sarah to be added to the list or for information on any of the above programs, 506-271-4289 OR elccordinator@saintjohny.com.

FREE RECYCLING PICK-UP

Rain or Shine, Every Saturday!



Crescent Valley neighbours, did you know you can easily get rid of recyclable materials, keep our neighbourhood looking great, and help the environment all at the same time?. It's easy!

Sign up for the **Blue Run** FREE recycling pick up in Crescent Valley on Saturday mornings. Items such as plastics, paper, cardboard and metal are picked up at your curb.

What could be more convenient?

If you want to join this FREE program please call CVRC at 506-693-8513 for details. Special thanks to the Blue Run, Housing NB and CVRC for coordinating this service.

TENANT SUPPORT FOR CRESCENT VALLEY RESIDENTS

Crescent Valley & Anglin Drive residents.

Housing NB's Program Officers will be available **every Friday from 10:00 AM to 12:00 PM** at the **Crescent Valley Resource Centre (CVRC)**.

This is a great chance to speak directly with someone about your housing concerns—no need to travel to the housing office. Noah Ritcey and Laila ElBaghdadi will be on-site to help with tenancy-related questions and provide support right in your neighbourhood.

Note: This service is for Crescent Valley & Anglin Drive tenants only.



سيؤجد موظفو برنامج الإسكان وشؤون المستأجرين في كريستنت فالي كل يوم جمعة من الساعة 10 صباحاً وحتى الساعة 12 ظهراً، بالبيت الأزرق.

تعد هذه فرصة ممتازة للتحدث مباشرة مع المختصين بشأن مخاوفك المتعلقة بالإسكان؛ فلن تكون هناك حاجة للتنقل إلى مكتب الإسكان.

سيكون كل من نوح ريتسي و ليلي البغدادي في الموقع للإجابة على التساؤلات المتعلقة بمتطلبات الاستئجار، وتقديم الدعم اللازم داخل حيكم السكني مباشرة.

ملاحظة: هذه الخدمة مخصصة لمستأجري كريستنت فالي فقط.

CV COMMUNITY TENANTS ASSOC.

Memberships to CVCTA are available at \$5.00 per year.

Are you having a party? The CVCTA unit is available to rent at \$10.00 for members and \$15.00 for non members, a \$20.00 damage deposit is required.

- CVCTA is looking for **volunteers**. If you are interested please call Jennifer London or Eva Feddery.
- **CV FUN DAY** – Saturday, August 15, 11:00 AM - 3:00 PM. Open to all. Come over and have some fun.
- **Monthly meeting** - August 25, 6:00 PM at 55 MacLaren Blvd. Open to all.

For questions, rentals and membership info please call Jennifer London, 506-663-0557 or Eva Feddery, 506-721-2223.

COMMUNITY HEALTH NURSE DROP-IN CLINIC



The community health nurse is at the CVRC, 130 MacLaren Blvd, on **TUESDAYS, 1:00 PM - 3:00 PM.**

Did you know you can speak to the nurse about mental health concerns you may be experiencing? She can lend an ear and recommend mental health services that may

benefit you. A reminder that the nurse cannot write or refill prescriptions or order tests.

An appointment is not required and all are welcome.

RESUME HELP IS AVAILABLE AT CVRC



The CVRC can provide help building, improving, or printing out your resume.

Just come to the CVRC, (130 MacLaren Blvd.), to pick up a resume form. Fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome!

You can call 506-693-8513 for more information or just come to the Resource Centre anytime during open hours to grab a resume form.

HEALTHY TODDLER ASSESSMENT

Public Health is hosting a Health Toddler Assessment drop-in on **August 24 and September 27** at the CVRC, 130 MacLaren Blvd., 11:30 AM - 2:30 PM. Translation is available, and a light snack will be provided. Siblings are welcome to join us.



What is a Healthy Toddler Assessment?

It is an assessment for children 18-24 months, that is done by Public Health Nurses. It is a chance to check on your child's growth and development. It allows for the early detection of any concerns. It will give you the chance to have your child's

vaccine records checked by a Public Health Nurse. You can also ask the nurse any questions you may have about helping your child be healthy and safe. For more information, please call 506-658-2454 or visit gnb.ca/healthytoddler.

صحة الطفل: دعوة لتقييم "الطفل السليم" في مركز البيت الأزرق، تعلن هيئة الصحة العامة عن تنظيم فعالية "تقييم الطفل السليم" بنظام الحضور المباشر دون موعد مسبق، وذلك يوم 24 آب/أوغست و 28 أيلول/سبتمبر في مقر مركز البيت الأزرق (CVRC) من الساعة 11:30 صباحاً حتى 2:30 ظهراً، مع توفر خدمات الترجمة ووجبات خفيفة. هذا التقييم مخصص للأطفال من عمر 18 إلى 24 شهراً ويشرف عليه ممرضو الصحة العامة لمتابعة نمو الطفل وتطوره، والكشف المبكر عن أي مخاوف صحية، ومراجعة سجلات اللقاحات، والإجابة على تساؤلات الأهالي، مرحب بجميع أفراد الأسرة.

للمزيد من المعلومات يرجى الاتصال على 506-658-2454

أو زيارة الموقع gnb.ca/healthytoddler

GARBAGE PICK-UP REMINDERS

- Please put garbage out no later than 7:30AM on Thursday mornings for pick up on Thursday during the day.
- All garbage must be in garbage bags that are tied, (please put the bags in a garbage can if you have one) and placed at the curb-side where the collection team can get to it easily. ****Put it in a location where it is not blocked by vehicles and make sure it is within two meters of the curb.**
- There is a **Large Item Pickup** every Friday for anything large or loose which can't go in a bag, such as furniture. Place items at the curb by 7:30AM.

SJ FOOD PURCHASING CLUB



Monthly order of fresh fruits and vegetables at reduced cost. Pick up at the following locations in the CV/Millidgeville/North End areas: Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980.

Cash payment not accepted at CVRC, E-transfer payment to:

sjfoodpurchasingclub@gmail.com

Make sure to identify where you will be picking up your order on your e-transfer. **Pay by AUG. 14, pick up on AUG.**

21. ORDERS ARE \$25.00 EACH.

WIN A FOOD PURCHASE CLUB ORDER

The CVRC is giving away two Food Purchase Club orders. Fill out the ballot and drop it off to CVRC (use our mailbox after hours), by Aug 13 and you could be a lucky winner. Open to CV & Anglin Drive residents.

NAME: _____

PHONE / ADDRESS: _____



CONTACT INFORMATION FOR YOUR MLA

Residents of the Crescent Valley area!

Dr. John Dornan, the MLA for our area has the job of representing the people of Crescent Valley in Fredericton. His office is located on Churchill Blvd by Dan's Country Market. The office is open from 8:30 AM - 4:30 PM on Mondays, and 12:30 PM - 4:30 PM Tuesday-Thursday. Dr. Dornan's Constituency Office Advisor will be in the office to help you with any problems or concerns you might have with anything related to provincial matters including Housing, Social Development, Education, and Health. We don't have all the answers, but we will do our best to find them. Most of all, we want to make sure you feel heard by your provincial government. You can also call the office at (506) 646-1805.



CRESCENT VALLEY
RESOURCE CENTRE



@cvrcsj

The CVRC can **fax** resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE
GRATEFULLY ACKNOWLEDGES THE
GENEROUS SUPPORT OF



Crescent Valley



Contacts

Crescent Valley Community Tenants Assoc. (CVCTA)

- Eva Feddery, President; 55 MacLaren Blvd., 506-721-2223 or 506-658-9658, evafeddery6@gmail.com

Crescent Valley Resource Centre (CVRC)

- Anne Driscoll - Executive Director, 130 MacLaren Blvd., 506-693-8513; crescentvalleyresourcecentre@gmail.com, Socials: @cvrcsj & www.crescentvalleyresourcecentre.ca

Hazen White - St. Francis School

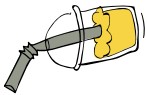
- Jeanne Connors, Principal, 506-658-5343

The Growing Place Community Garden | Saint John Bike Share Program

- Crescent Valley Resource Centre, 506-693-8513

Housing NB

- Maintenance; 506-658-5167, Pest Control; 506-643-6971
- Program Officers for CV: Laila ElBaghdadi, 506-607-6410 and Noah Ritcey, 506-313-1078
- To apply for **any** programs and services with Social Development or Housing NB: 1-833-733-7835

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Happy New Brunswick Day  CVRC Closed	4 9-11am Healthy Snack 	5 9-11am Healthy Snack 12:30-2pm Play & Say 1-2pm Games in the Garden	6 9-11am Healthy Snack Garbage Pick Up	7 9-11am Healthy Snack 10am-12pm CV Tenant Support 1-2pm Games in the Garden Large Item/Compost
10 9-11am Healthy Snack 10am Playtime at the HUB at Hazen White-St Francis school 1-2pm Games in the Garden	11 9-11am Healthy Snack 1-3pm Community Health Nurse 	12 9-11am Healthy Snack 12:30-2pm Play & Say 1-2pm Games in the Garden	13 9-11am Healthy Snack Garbage Pick Up	14 Food Purchase Club Payment Due 9-11am Healthy Snack 10am-12pm CV Tenant Support 1-2pm Games in the Garden *Fun Day at CVCTA tomorrow Large Item/Compost
17 9-11am Healthy Snack 10am Playtime at the HUB at Hazen White-St Francis school	18 9-11am Healthy Snack 1-3pm Community Health Nurse	19 9-11am Healthy Snack 12:30-2pm Play & Say	20 9-11am Healthy Snack 10-12pm Open Gym-North Hub  Garbage Pick Up	21 9-11am Healthy Snack 10am-12pm CV Tenant Support 12-4pm Food Purchase PICK UP Large Item/Compost
24 9-11am Healthy Snack 10am Playtime at the HUB at Hazen White-St Francis school 11:30-2:30 Healthy Toddler Assessment 	25 9-11am Healthy Snack 1-3pm Community Health Nurse 6pm CVCTA Meeting 	26 9-11am Healthy Snack 12:30-2pm Play & Say 	27 9-11am Healthy Snack 10-12pm Open Gym-North Hub Garbage Pick Up	28 9-11am Healthy Snack 10am-12pm CV Tenant Support Large Item/Compost
31 9-11am Healthy Snack 10am Playtime at the HUB at Hazen White-St Francis school				

HELLO August

Look inside the CV Newsletter for more information on events and programs mentioned in the calendar.

Please Recycle this newsletter ♻️