

# CRESCENT VALLEY NEWS

Respect for me | Respect for you | Taking responsibility for all I do



**Thank** you to the families who signed their kids up for the **UNB Discovery Camps this summer!** Grade 4-8 students had a lot of fun with coding, arts, fitness, and ocean biology.

**The Promise Partnership Mentoring** will continue in the 2025-26 school year. **University students will help your kids** find the love of learning, complete homework and projects, and prepare for tests and quizzes.

**Middle School** mentoring will take place at the CVRC, **Tue-Wed-Thu** from 3:00 – 4:00 PM **starting on September 23.**



**We welcome our new grade 6 students who would like to continue or start mentoring at the Blue Building!**

**The High School Crew** will meet at the Trojan Rugby House on Sandy Point Road for academic tutoring, mentoring, and fun projects, **Tue-Wed** from 4:30 – 5:30 PM **starting on September 23.**

**All students living in the Crescent Valley neighbourhood are welcome to sign up.**

## KIDS' BOOK GIVEAWAY

**Let's get reading!** The CVRC is holding a kids book giveaway on Tuesday, September 23rd from 10:00am-4:00pm. Adults are welcome to come grab a book or two for their kids, grandkids, etc. and kids are welcome to come by to pick a book out for themselves, too! There will be a mix of new and gently used books available. One book per child. See you there!

## A BIG WELCOME TO AHMAD

**Last** month the CVRC said goodbye to Abdullah Al Sheikh Zein, our Community Engagement Coordinator, as he begins his journey to becoming a doctor. Abdullah was with us since January and many of you got to know him at the Centre. Now we are happy to welcome Ahmad Alhaj as our newest team member. Please stop by and say hello to Ahmad.

Hello everyone, I am Ahmad, I'm from Syria, I moved to Algeria and came to Canada in 2024. I studied English literature and I write poems in Arabic. I worked as an interpreter in Saint John and now I joined CVRC. I'm looking forward to meeting you all. Don't hesitate to reach out to me if you need any help.

My WhatsApp number is 506-693-8513 and my email is [cvrc.alhaj@gmail.com](mailto:cvrc.alhaj@gmail.com)



Ahmad Alhaj, Crescent Valley Community Engagement Coordinator

## تعرفوا على أحمد، أحدث عضو انضم لفريقنا.

مرحباً، أنا اسمي أحمد الحاج من سوريا، انتقلت لـعالم الجزائر وبعد ذلك هاجرت على كندا بالـ2024

درست أدب انكليزي و بكتب شعر باللغة العربية، اشتغلت مترجم بسانت جون، وهلاً انضميت لفريق CVRC

أنا كثير متحمس للعمل، ورج كون دائماً متواجد لمساعدتكن اذا احتجتوا شي، تواصلوا معي عالواتس آب

506-693-8513 أو على الايميل [Cvrc.alhaj@gmail.com](mailto:Cvrc.alhaj@gmail.com)

## NEIGHBOURHOOD NAVIGATOR



Annaliese Nylen, Crescent Valley Neighbourhood Navigator

**Our Neighbourhood Navigator is here to help you.**

Some common things she can help with are:

- Filling out paperwork/ online forms & applications
- Finding programs/ services in the community
- Emotional support
- Taxes, and more!

If you are looking to reach Annaliese, email her at [cvrc.nylen@gmail.com](mailto:cvrc.nylen@gmail.com), call 506-693-8513, or stop into the centre.



## FREE COUNSELLING WITH RACHEL MILNE, RSW, MSW

Rachel Milne, Crescent Valley's former Neighbourhood Navigator and Registered Social Worker, will be holding free drop-in counselling sessions at CVRC once a month! This month she will be at the centre on **Friday, September 26**, from 10:30am-12:00pm. Each session will be 30 minutes and will be open to residents of Crescent Valley and Anglin Drive who are 18 years of age and older.

## LOOKING FOR A GOOD READ? CHECK OUT THE CV LIBRARY

**There** are lots of new books in the adult and children's libraries at CVRC. You don't need a card or identification to borrow anything from our library and there is no time limit for borrowing. Just bring them back whenever you're finished! If you have any questions about our library services, feel free to call 506-693-8513.



## COMMUNITY HEALTH NURSE DROP-IN CLINIC

The community health nurse now will be at the CVRC, 130 MacLaren Blvd, on **TUESDAYS, 1:00-3:00 PM**. Did you know you can speak to the nurse about mental health concerns you may be experiencing? She can lend an ear and recommend mental health services that may benefit you. A reminder that the nurse cannot write or refill prescriptions or order tests. No appointment is required and all are welcome.

## TENANT SUPPORT IN CRESCENT VALLEY

Housing NB's Tenant Relations Officer for Crescent Valley will be available **every Friday from 10:00 AM to 12:00 PM** at the **Crescent Valley Resource Centre (CVRC)**.

This is a great chance to speak directly with someone about your housing concerns—no need to travel to the housing office. Laila ElBaghdadi will be on-site to help with tenancy-related questions and provide support right in your neighbourhood.



**Note:** This service is for **Crescent Valley tenants only**.

## دعم المستأجرين بكريست فالي

مسؤولة شؤون المستأجرين لكريست فالي رح تكون موجودة كل يوم **جمعة من الساعة 10 الصبح لـ 12 الظهر** بمركز كريست فالي **للموارد (البيت الأزرق)**.

هاي فرصة ممتازة تحكي مباشرة مع حدا عن أمور تقلقك بالسكن—ما في داعي تروح لمكتب السكن. ليلي البغدادي رح تكون موجودة بالمبنى لتساعدكم بأي أسئلة متعلقة بالإيجار وتدعمكم مباشرة بالحارة.

**ملاحظة:** هالجلسات للمستأجرين بكريست فالي بس.

## FAMILY DROP-IN PLAYGROUP AT CVRC

**Parents** and guardians, **FAMILY DROP-IN PLAYGROUP** with the Family Resource Centre returns to Crescent Valley Resource Centre on Tuesday mornings - 10:00am-12:00pm.

Playgroup is for parents and caregivers of children ages 0-6. It is where you can spend time together and meet other parents and children from your community.

Enjoy play, crafts and snacks together. This program is free and pre-registration is NOT required, just come when you can! Contact Samantha at the FRC, 506-633-2182 for information. **PLAYGROUP WILL RESUME** in September, check the FRC for exact date.

## HEALTHY START BREAKFAST



**Take-home or eat in.** Breakfast is available from 9:00am to 10:00am on Wednesdays and Fridays at CVRC, 130 MacLaren Blvd. It's free **and** delicious! Thank you UCT #755 for supporting our breakfast program.



THE NORTH END FOOD BANK IS OPEN EVERY TUESDAY FROM 10 AM - 1 PM AND EVERY WEDNESDAY FROM 1 PM - 3 PM. IT IS LOCATED AT 211 MAIN ST. AT THE BACK - ON THE CORNER OF DURHAM STREET - METCALF STREET.

## ST. LUKE'S LUNCH PROGRAM

St. Luke's Monday lunch program will resume on September 15. The Outreach Program offers free take-out lunches from 12:00PM until 12:30PM or while supplies last. Please use the back door on Metcalf St.

## THE HOPE MISSION

**RiverCross Hope Mission** will reopen on September 9. Tuesday breakfast and Thursday lunch program: The doors open for coffee on both days by 9:15 AM, the Tuesday breakfast will be served at 10:00 AM and the Thursday lunch at 11:30 AM.

## CRESCENT VALLEY COMMUNITY TENANTS ASSOCIATION

### UPCOMING EVENTS & ACTIVITIES AT 55 MACLAREN BLVD.

**Our** next meeting is September 23 at 7:00PM. Remember, CVCTA memberships are \$5.00/ year and our space is available for rental (\$5.00 for members, \$10.00 for non-members). For more information contact Jennifer London, Secretary, at 506-663-0557, Eva Feddery, President, 506-721-2223, evafeddery8@gmail.com, or the CVCTA 506-658-9658.

## LET'S KEEP OUR NEIGHBOURHOOD SAFE AND PEST-FREE!

**We** have an increase in rat sightings, and we need to work together to stop it. Please ensure you are abiding by the following steps to prevent rodent activity.

1. Garbage goes **inside bins only** – never in the hallways or outside before **Thursday** (garbage day).
2. No furniture, boxes, or personal items in hallways – they attract pests and are a fire hazard.
3. Keep food stored properly and keep your unit clean.

### **Your cooperation matters and is not optional.**

Let's better everyone's health and safety. If you see signs of rats, mice, or cockroaches report it right away so action can be taken.



Contact pest control at **506-658-5167** to report rodent sightings.

## لنحافظ على سلامة حيّنا وخلوه من الآفات!

نلاحظ مؤخرًا زيادة في مشاهدات الفئران، ونحن بحاجة للعمل معًا للقضاء على هذه المشكلة. يُرجى الالتزام بالخطوات التالية لمنع نشاط القوارض:

1- يجب وضع القمامة داخل الحاويات المخصصة فقط – لا تضعها أبدًا في الممرات أو في الخارج قبل يوم الخميس.

(يوم جمع القمامة)

2 - لا تترك أي أثاث، صناديق، أو أغراض شخصية في الممرات – فهي تجذب الآفات وتشكل خطرًا للحري

3 - احرص على تخزين الطعام بشكل صحيح وحافظ على نظافة وحدتك السكنية

تعاونكم أمر ضروري وغير اختياري. دعونا نعمل معًا لتحسين صحة وسلامة الجميع.

إذا لاحظت أي علامات تدل على وجود فئران، جردان، أو صراصير، يُرجى الإبلاغ عنها فورًا لاتخاذ الإجراءات اللازمة.

يرجى الاتصال على 5167-658-506 (مكافحة الآفات) للإبلاغ عن رؤية الفئران.

### September 30 is National Day for Truth and Reconciliation

**This day honours the children who never returned home and Survivors of residential schools, as well as their families and communities.**

**The CVRC will be closed September 30.**

## RESUME HELP IS AVAILABLE AT CVRC

The CVRC can provide help building, improving, or printing out your resume. Just come to the CVRC, (130 MacLaren Blvd.), to pick up a resume form. Fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome!

You can call 506-693-8513 for more information or just come to the Resource Centre anytime during open hours to grab a resume form.



## UPDATE FROM SOMERSET ACRES

We are absolutely in love with our green space, it's made things here more homey and brightened things up so much in the space. Residents are busy enjoying the last weeks of summer and are continuing to access the programs in the community and strengthening those relationships. We are still forever grateful at those who have shown us so much support and continue to cheer us on from the sidelines! Happy September and a safe back to school everyone!

## SHOUT OUT TO OUR SUMMER STUDENTS

As summer programming comes to an end, we would like to thank our summer students for their hard work. Tessa spent the last 12 weeks tending to The Growing Place and the food bank plots. She planted, maintained, and harvested produce to be donated to the North End Food Bank. She kept the garden clean and safe for all gardeners to enjoy.

Bridget spent her summer with the CVRC overseeing the Bike Share Program and ensuring all bike appointments ran smoothly. Bridget even spent her Tuesday mornings volunteering at the North End Food Bank! Together, they ran Games in the Garden three times a week. They kept kids safe, entertained, and even made sure they were working on their summer literacy!

Thank you Tessa and Bridget for everything, you rock!

## BOARD GAMES NIGHT!



The CVRC is hosting another Board Game night!

This event takes place **Friday, September 12th from 6:00-8:00pm**. There will be great games like Fun Meal Caper, Life, Snakes and Ladders, Chess, Checkers and

much more! All are welcome, but children under the age of 10 MUST be accompanied by a parent or guardian.

Game Nights are a fun, inexpensive way to spend time with the family while teaching children about fair play, good sportsmanship and positive communication as well as helping practice and improve their reading and problem-solving skills. Come for the whole event or feel free to just swing by for a game or two. See you there!

## SCHOOL NEWS FROM HAZEN WHITE-SAINT FRANCIS SCHOOL



Welcome back Hazen White families! Our first day for students grades 1-5 is September 2. Kindergarten families please wait to hear from your child's teacher as it is a staggered entry. We

will be hosting our parent information night on Thursday August 28th at 4:00-5:30. Please head to the gym. We will have book bags with a few supplies for each Hazen White student to pick up.

We hope you have all had a wonderful and restful summer and ready for the new school year to begin!



Summer Students Tessa Black (left) and Bridget Clark (right).



# SJ FOOD PURCHASING CLUB



**Monthly** order of fresh fruits and vegetables at reduced cost. Pick up at the following locations in the CV/Millidgeville/North End areas:

Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980.

**Cash payment not accepted at CVRC, E-transfer**

**payment to:** martha.macLean@horizonnb.ca.

Make sure to identify where you will be picking up your order on your e-transfer. **Pay by SEPTEMBER 12, pick up on September 19. ORDERS ARE \$25.00 EACH.**

## WIN A FOOD PURCHASE CLUB ORDER

The CVRC is giving away two \$25.00 Food Purchase Club orders. Fill out the ballot and drop it off to CVRC (use our mailbox after hours), by SEPTEMBER 18 and you could be a lucky winner. Open to CV & Anglin Drive residents.

NAME: \_\_\_\_\_

PHONE / ADDRESS: \_\_\_\_\_



## YMCA NORTH HUB

**We** are starting to plan our PreK Program for October. If you have a child entering Kindergarten in fall 2026 (born 2021) please reach out to place your family on our list.

Playtime at the North Hub. Join us on Mondays from 10:00 AM -12:00 PM for a FREE playtime which includes art, music, playtime, snack and more! Be sure to follow our social media for special summer events happening at the North Hub! <https://www.facebook.com/groups/767609284317317>

For more information on any programs please reach out to Sarah 506-271-4289 or via email at [elccordinator@saintjohnny.ca](mailto:elccordinator@saintjohnny.ca).



CRESCENT VALLEY  
RESOURCE CENTRE



@cvrscj

The CVRC can **fax** resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE  
GRATEFULLY ACKNOWLEDGES THE  
GENEROUS SUPPORT OF



Your Environmental Trust Fund at Work

## Crescent Valley



## Contacts

### Crescent Valley Community Tenants Assoc. (CVCTA)

- Eva Feddery, President; 55 MacLaren Blvd., 506-721-2223 or 506-658-9658, [evafeddery8@gmail.com](mailto:evafeddery8@gmail.com)

### Crescent Valley Resource Centre (CVRC)

- Anne Driscoll - Executive Director, 130 MacLaren Blvd., 506-693-8513; [crescentvalleyresourcecentre@gmail.com](mailto:crescentvalleyresourcecentre@gmail.com), Socials: @cvrscj & [www.crescentvalleyresourcecentre.ca](http://www.crescentvalleyresourcecentre.ca)

### Hazen White - St. Francis School

- Jeanne Connors, Principal, 506-658-5343

### The Growing Place Community Garden | Saint John Bike Share Program

- Crescent Valley Resource Centre, 506-693-8513

### Housing NB

- Maintenance and Pest Control; 506-658-5167
- Tenant Relations Officer: Laila ElBaghdadi, 506-607-6410
- To apply for **any** programs and services with Social Development or Housing NB: 1-833-733-7835



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>  CVRC Closed	<b>2</b> 1-3pm Community Health Nurse 	<b>3</b> 9-10am Healthy Breakfast	<b>4</b> Garbage Pick Up	<b>5</b> 9-10am Healthy Breakfast  Large Item/Compost
<b>8</b> 10am Playtime at the HUB	<b>9</b> 1-3pm Community Health Nurse	<b>10</b> 9-10am Healthy Breakfast	<b>11</b>  Garbage Pick Up	<b>12</b> 9-10am Healthy Breakfast 6-8pm - Family Board Games  Food Purchase Orders Due Large Item/Compost
<b>15</b> 10am Playtime at the HUB	<b>16</b> 1-3pm Community Health Nurse 	<b>17</b> 9-10am Healthy Breakfast	<b>18</b> Garbage Pick Up	<b>19</b> 9-10am Healthy Breakfast  Food Purchase Pick Up Large Item/Compost
<b>22</b> 10am Playtime at the HUB 	<b>23</b> 10am-12pm Family Playgroup 10-4PM Kids Book Giveaway 1-3pm Community Health Nurse 3-4pm Promise Partnership - Middle School 7pm CVCTA meeting	<b>24</b> 9-10am Healthy Breakfast 3-4pm Promise Partnership - Middle School	<b>25</b> 3-4pm Promise Partnership - Middle School  Garbage Pick Up	<b>26</b> 9-10am Healthy Breakfast 10:30am-12pm Free Counselling Support  Large Item/Compost
<b>29</b> 10am Playtime at the HUB 	<b>30</b> National Day for Truth and Reconciliation CVRC Closed			

Look inside the CV Newsletter for more information on events and programs mentioned in the calendar.

Please Recycle this newsletter ♻️