

CRESCENT VALLEY NEWS

Respect for me | Respect for you | Taking responsibility for all I do

CRESCENT VALLEY RUNNING CLUB

Join coaches Annemie, Milia (medical school students), Shawn and Nathan for the Crescent Valley Running Club on Tuesday nights from 6:00-7:00pm! Meet on the Blue Building steps (CVRC, 130 MacLaren Blvd.). We will warm up, play games, and train to become faster runners. You do not need any skills or experience to join. Ages 6 and up are welcome. NOTE: If the weather is bad we will post a cancellation notice on the CVRC Facebook page.



انضموا للمدربين أنمي، ميليا (طلاب طب)، شون وناتن في نادي الجري لكريسنت فالي كل ثلاثاء من الساعة 6-7 مساءً! نلتقي على درجات المبنى الأزرق (مركز كريسنت فالي للموارد، 130 شارع ماكلارين). رح نحمي، نلعب ألعاب، ونتدرب علشان نصير أسرع في الجري. ما في حاجة لمهارات أو خبرة للانضمام. الأعمار من 6 وما فوق مرحب بها. إذا كان الطقس سيء، رح ننشر إشعار بالإلغاء على صفحتنا على فيسبوك.

WE'RE COMING TO YOU! TENANT SUPPORT IN CRESCENT VALLEY

Starting Friday, June 13, 2025, Laila Elbaghdadi, the Tenant Relations Officer for Crescent Valley, will be available **every Friday from 10:00 AM to 12:00 PM** at the **Crescent Valley Resource Centre (CVRC)**.

This is a great chance to speak directly with someone about your housing concerns - no need to travel to the housing office. Laila will be on-site to help with tenancy-related questions and provide support right in your neighbourhood.

Note: This service is for **Crescent Valley tenants only**.

We look forward to seeing you there!



نحن جايين لعندكن: دعم المستأجرين بكريسنت فالي

ابتداءً من يوم الجمعة 13 حزيران 2025، ليلي البغدادي، مسؤولة شؤون المستأجرين لكريسنت فالي، رح تكون موجودة كل يوم جمعة من الساعة 10 الصبح لـ 12 الظهر بمركز كريسنت فالي للموارد (البيت الأزرق).

هاي فرصة ممتازة تحكي مباشرة مع حدا عن أمور تقلقك بالسكن—ما في داعي تروح لمكتب السكن. ليلي رح تكون موجودة بالمبنى لتساعدكم بأي أسئلة متعلقة بالإيجار وتدعمكم مباشرة بالحارة.

ملاحظة: هالجلسات للمستأجرين بكريسنت فالي بس.

ناطرين نشوفكن هنيك.

MEET OUR NEIGHBOURHOOD NAVIGATOR

Meet Annaliese Nylen – CVRC's newest team member!

Annaliese is joining us as the Neighbourhood Navigator for Crescent Valley, and she looks forward to meeting you. Annaliese is a recent sociology graduate, and she joins us with a commitment to partnering with the residents of Crescent Valley, using their strengths to overcome challenges and reach their goals.

Some common things she can help residents with are:

- Filling out paperwork/ online forms & applications
- Finding programs/ services in the community
- Emotional support
- Taxes, and more!

If you are looking to reach Annaliese, email her at cvrn.nylen@gmail.com, call 506-693-8513, or stop into the centre.



Annaliese Nylen, Crescent Valley Neighbourhood Navigator

CV COMMUNITY TENANTS ASSOC.

- Annual membership to CVCTA is \$5.00 per household.
- Monthly meeting - Tuesday JUNE 24, 7:00PM at 55 MacLaren Blvd. All are welcome.

Did you know? the CVCTA rents its space at 55 MacLaren Blvd. for events and meetings, \$5.00 / CVCTA members, \$10.00 / non members. Contact Jennifer London at 506-663-0557 or the CVCTA 506-658-9658 if you have questions.

ATTENTION: Crescent Valley Community Garden members. Members will now pay \$15.00 for the ½ plots or the raised beds plus the \$5.00 membership fee. The large plots will be \$25.00 plus the \$5.00 membership dues. Karen will only supply seeds, until her supply runs out. Dues must be paid by June 1st. Call Karen for more information 506-693-4985 and leave a message.



FREE COUNSELLING WITH RACHEL MILNE, RSW, MSW

Rachel Milne, Crescent Valley's former Neighbourhood Navigator and Registered Social Worker, will be holding free drop-in counselling sessions at CVRC once a month! This month she will be at the centre on **Friday, June 20th**, from 10:30am-12:00pm. Each session will be 30 minutes and will be open to residents of Crescent Valley and Anglin Drive who are 18 years of age and older.

BOOK GIVEAWAY FOR ADULTS

The CVRC is hosting a FREE book give away for adults on **Friday, June 6th between 10am-4pm**. There will be lots of non-fiction and fiction in a variety of different genres like romance, mystery, drama, science fiction, so come down to the CVRC to have your choice of any of the hundreds of books available. Make sure to get to the CVRC early before the best books go!

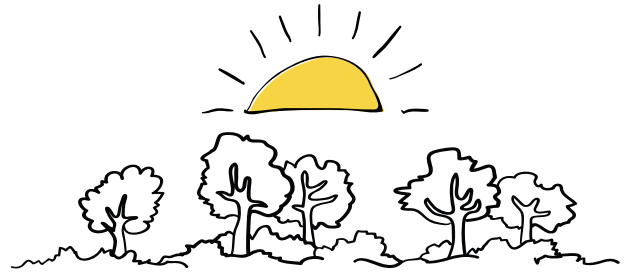


COMMUNITY HEALTH NURSE DROP-IN CLINIC

The community health nurse now will be at the CVRC, 130 MacLaren Blvd, on **TUESDAYS, 1:00-3:00 PM.** Did you know you can speak to the nurse about mental health concerns you may be experiencing? She can lend an ear and recommend mental health services that may benefit you. A reminder that the nurse cannot write or refill prescriptions or order tests. No appointment is required, and all are welcome.

SUMMER READING ADVENTURES ARE WAITING FOR YOU AT THE CV LIBRARY

There are lots of new books in the adult and children's libraries at CVRC. You don't need a card or identification to borrow anything from our library and there is no time limit for borrowing. Just bring them back whenever you're finished! If you have any questions about our library services, feel free to call 506-693-8513.



WELLNESS WORKSHOP AT CVRC

Join Rachel Milne, Registered Social Worker, for a wellness workshop series at CVRC!

For the month of June, we will be looking at ways to counter negative thoughts and create our own floral bouquets while we chat about ways to take care of our mental health. The workshop will be held on **Friday, June 20th, from 1pm-2:30pm**. To sign up and secure your spot, stop into the centre or give us a call at (506)693-8513 before Tuesday, June 17th! If sign-ups are low, this event will be cancelled.

PROMISE PARTNERSHIP HIGH SCHOOL EXAM PREP

Join the UNB Promise Partnership High School Crew for high school exam prep and study sessions from 4:30-5:30PM, **Tuesday, June 3rd and Wednesday, June 4th** at the Crescent Valley Resource Centre! UNB students, staff, and community members will be there to tutor or support any student in Grade 9-12. Snacks provided!

HEALTHY START BREAKFAST



Take-home or eat in. Breakfast is available from 9:00am to 10:00am on Wednesdays and Fridays at CVRC, 130 MacLaren Blvd. It's free **and** delicious! Thank you UCT #755 for supporting our breakfast program.



THE NORTH END FOOD BANK IS OPEN EVERY TUESDAY FROM 10 AM - 1 PM AND EVERY WEDNESDAY FROM 1 PM - 3 PM. IT IS LOCATED AT 211 MAIN ST. AT THE BACK - ON THE CORNER OF DURHAM STREET - METCALF STREET.

TAKE-OUT LUNCH

On Mondays St. Luke's Church (Main St.), Outreach Program offers free take-out lunches from 12 noon until 12:30 PM or while supplies last. Please use the back door on Metcalf St.

THE HOPE MISSION

RiverCross Mission's Tuesday breakfast and Thursday lunch program: The doors open for coffee on both days by 9:15 AM, the Tuesday breakfast will be served at 10:00 AM and the Thursday lunch at 11:30 AM.



RETURNING THIS SUMMER GAMES IN THE GARDEN

Join summer students Tessa and Bridget for children's games and activities in The Growing Place Community Garden, Belyea St.

Games in the Garden will be every week from 1:00pm-2:00pm on Tuesday, Wednesday and Thursday starting Tuesday, June 24th until Thursday August 21st.

These activities are for children aged 6-12 with a maximum of 15 children per event. These events will be drop in, so registration is not required. More details will be on Facebook closer to the event dates!

A MESSAGE FROM YOUR MLA, DR. JOHN DORNAN



Six months after becoming your MLA, we are representing the people of Portland Simonds positively, we still have work to do. Mondays I am in the constituency office, feel free to call my office to

book an appointment. My team is here to work for you.

We are located at 35 Bloom Lane, Saint John, inside Shannex Millidgeville. Office hours: Monday 8:30-4:30pm, Tuesday, Wednesday and Thursday 12:30-4:30pm, Fridays closed. **Phone 506-646-1805.**

Thank you,
MLA Dr. John Dornan, Portland Simonds

**WHY DOES A SEAGULL FLY OVER THE SEA?
BECAUSE IF IT FLEW OVER THE BAY, IT WOULD BE
A BAGEL.**

KIDS BOOK GIVEAWAY

Come on down to the Kids Book Giveaway on **Wednesday, June 11th** from 10am-4pm! Adults are welcome to come grab a few books for their kids, grand kids, etc or kids are welcome to come by to pick things out for themselves! Summer is almost here so come get some cool summer reading material!

RESUME HELP IS AVAILABLE AT CVRC

The CVRC can provide help building, improving, or printing out your resume. Just come to the CVRC, (130 MacLaren Blvd.), to pick up a resume form. Fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is **MORE** than welcome! You can call 506-693-8513 for more information or just come to the Resource Centre anytime during open hours to grab a resume form.

EID MUBARAK!

عيد مبارك!

Best wishes to those celebrating Eid Al Adha from June 6 - June 10. This festival marks the end of the 10th day of Haj (the pilgrimage).

UPDATE FROM ACRES

May at the ACRES was a great month! We're making plans for some landscaping to add a green space to go along with our new BBQs and a fire pit in our courtyard! We are SO excited for summer in Crescent Valley!

We are also participating in a community build with the Saint John Tool Library next week to make a flower box, and can't wait to have it!

Everyone at the ACRES is so grateful for the community's ongoing support, especially CV!

Thank you all!

HAZEN WHITE-ST. FRANCIS SCHOOL NEWS



June is fast approaching and that means we are gearing up for a very busy month! Our grade 2 class will be heading to Belding Hill Farms once their baby chicks hatch, should make for a fun day!

Soap Box Derby will be held on Saturday June 7th, rain or shine beginning at 9am. Come out to cheer on our students and enjoy all the fun!

Our Fun Day will be held on June 16th, always a great day! Our school concert will be at 9am on June 20th which is also the last day of school for summer break.

CONGRATULATIONS 2025 GRADUATES

A huge shout-out to the CV students graduating this year. WELL DONE! No matter what school or program you are graduating from or your age, we know you have worked hard and the neighbourhood is proud of you.

ConGRADulations!!



SPRING INTO ACTION RECYCLING CONTEST



The "Spring Into Action" Crescent Valley Recycling Contest is on until July 5! Winners so far: 121 Taylor Ave., 77 MacLaren Blvd., 31 Coronation Court and 193 MacLaren Blvd.

Contest Rules:

- Each week one resident who recycles will receive a \$10.00 gift card.
- Every resident who recycles for 5 out of the 10 weeks will have a chance to win one of two \$25.00 gift cards.
- Residents who recycle for the entire 10-week contest period will have a chance to win a \$50 gift card. The more times you recycle the better your chances of winning.

Call (506) 657-BLUE(2583) to request recycling information.

Please ensure your recycling is placed outside your front door before 10:00am every Saturday.

Remember to sort hard plastic/metal/milk cartons into one bag and paper/cardboard into another bag.

Please do not include food, plastic bags, coffee cups and ensure containers are rinsed clean.

Thank you The Blue Run for sponsoring the contest and Housing NB for providing the recycling program in CV.



SUMMER SQUAD

Summer Squad is a FREE day camp at CVRC for children 6-12 years of age. It is full of fun, educational, physical and artistic activities. Kids will go swimming, play games, read, learn new skills, do arts and crafts all kinds of other cool things. A healthy breakfast, snacks and lunch are provided every day!

This day camp consists of two groups attending on alternating weeks, Monday to Friday, 9:00am-3:30pm for seven weeks **starting on Monday, June 23.**

Registration forms are available at the Crescent Valley Resource Centre, starting June 2. Parents or guardians must come in person to pick up a registration form - they will not be given to children.

Space is limited and this camp fills up VERY FAST!

Please note that filling out a registration form does not guarantee a spot in this camp due to high demand.

SJ FOOD PURCHASING CLUB



Monthly order of fresh fruits and vegetables at reduced cost. Place an order, and pick up at the following locations in the CV/Millidgeville/North End areas: Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980.

Pay by e-transfer to martha.macLean@horizonnb.ca.

Make sure to identify where you will be picking up your order on your e-transfer.

You can pay cash in person at either location when you place your order. **Pay by JUNE 13, pick up on JUNE 20.**

ORDERS ARE \$25.00 EACH.

NOTE!

E-TRANSFER ONLY: Starting with the July order, the CVRC will no longer be accepting payments for Food Purchasing Club orders.

Please make payments via e-transfer to the email address above.

WIN A FOOD PURCHASE CLUB ORDER

The CVRC is giving away two \$25.00 Food Purchase Club orders. Fill out the ballot and drop it off to CVRC (use our mailbox after hours), by JUNE 19th and you could be a lucky winner. Open to CV & Anglin Drive residents.

NAME:

PHONE / ADDRESS:



YMCA NORTH HUB

We are starting to plan our PreK Program for next year. If you have a child entering Kindergarten in fall 2026 (Born 2021) please reach out to place your family on our list.

Playtime continues at the North Hub. Join us on Mondays from 10:00-12:00 for a FREE playtime which includes art, music, playtime, snack and more! For more information on any programs please reach out to Sarah 506-271-4289 or via email at elccordinator@saintjohnny.ca. We look forward to seeing you at the North Hub!



CRESCENT VALLEY
RESOURCE CENTRE



@cvrscj

The CVRC can fax resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE
GRATEFULLY ACKNOWLEDGES THE
GENEROUS SUPPORT OF



Your Environmental Trust Fund at Work

Crescent Valley



Contacts

Crescent Valley Community Tenants Assoc. (CVCTA)

- Eva Feddery, President; 55 MacLaren Blvd., 506-721-2223 or 506-658-9658, evafeddery8@gmail.com

Crescent Valley Resource Centre (CVRC)

- Anne Driscoll - Executive Director, 130 MacLaren Blvd., 506-693-8513; crescentvalleyresourcecentre@gmail.com, Socials: @cvrscj & www.crescentvalleyresourcecentre.ca

Hazen White - St. Francis School





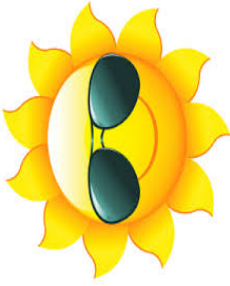

- Jeanne Connors, Principal, 506-658-5343

The Growing Place Community Garden | Saint John Bike Share Program

- Crescent Valley Resource Centre, 506-693-8513

Housing NB

- Maintenance and Pest Control; 506-658-5167
- Tenant Relations Officer: Laila ElBaghdadi, 506-607-6410
- To apply for **any** programs and services with Social Development or Housing NB: 1-833-733-7835

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Summer Squad registration forms available at CVRC 10am Playtime at the HUB	3 1-3pm Community Health Nurse 3:15-4:15pm Promise Partnership - Middle School 4:30-5:30 - Promise Partnership Highschool exam prep	4 10am-12pm Family Playgroup 9-10am Healthy Breakfast 3:15-4:15pm Promise Partnership - Middle School 4:30-5:30 - Promise Partnership Highschool exam prep	5  Garbage Pick Up	6 9-10am Healthy Breakfast 10-4pm Book Giveaway for Adult Readers Large Item/Compost
9 10am Playtime at the HUB 	10 1-3pm Community Health Nurse 3:15-4:15pm Promise Partnership - Middle School	11 9-10am Healthy Breakfast 10-4pm Kids Book Giveaway 3:15-4:15pm Promise Partnership - Middle School	12 Garbage Pick Up	13 9-10am Healthy Breakfast 10-12pm CV Tenant Support Food Purchase Payment Due Large Item/Compost
16 10am Playtime at the HUB	17 1-3pm Community Health Nurse 	18 9-10am Healthy Breakfast	19  Garbage Pick Up	20 9-10am Healthy Breakfast 10-12pm CV Tenant Support 10:30 -12pm Free Drop-in Counselling Session 1-2:30pm Wellness Workshop Food Purchase Pick Up Large Item/Compost Last Day of School
23 10am Playtime at the HUB	24 1-3pm Community Health Nurse 1-2pm Games in the Garden 7pm CVCTA Meeting	25 9-10am Healthy Breakfast 1-2pm Games in the Garden	26 1-2pm Games in the Garden Garbage Pick Up	27 9-10am Healthy Breakfast 10-12pm CV Tenant Support Large Item/Compost
30 10am Playtime at the HUB	 			

Look inside the CV Newsletter for more information on events and programs mentioned in the calendar.

Please Recycle this newsletter 