

CRESCENT VALLEY NEWS

Respect for me | Respect for you | Taking responsibility for all I do

CRESCENT VALLEY RUNNING CLUB IS BACK!

Join coaches Annemie, Milia (medical school students), Shawn and Nathan for the Crescent Valley Running Club on Tuesday nights from 6:00-7:00pm! Meet on the Blue Building steps (CVRC, 130 MacLaren Blvd.). We will warm up, play games, and train to become faster runners. You do not need any skills or experience to join. Ages 6 and up are welcome. See you May 6th!



If the weather is bad we will post a cancellation notice on the CVRC Facebook page.

انضموا للمدرّبين أنمي، ميليا (طلاب طب)، شون وناتن في نادي الجري لكريسنت فالي كل ثلاثاء من الساعة 6-7 مساءً! نلتقي على درجات المبنى الأزرق (مركز كريسنت فالي للموارد، 130 شارع ماكلارين). رح نحمي، نلعب ألعاب، ونتدرب علشان نصير أسرع في الجري. ما في حاجة لمهارات أو خبرة للانضمام. الأعمار من 6 وما فوق مرحب بها. أول تمرين بيكون في 29 أبريل! إذا كان الطقس سيء، رح ننشر إشعار بالإلغاء على صفحتنا على فيسبوك.

SPRING INTO ACTION RECYCLING CONTEST



The "Spring Into Action" Crescent Valley Recycling Contest is running from May 3 - July 5!

Contest Rules:

- Each week one resident who recycles will receive a \$10.00 gift card.
- Every resident who recycles for 5 out of the 10 weeks will have a chance to win one of two \$25.00 gift cards.
- Residents who recycle for the entire 10-week contest period will have a chance to win a \$50 gift card. The more times you recycle the better your chances of winning.

Call (506) 657-BLUE(2583) to request recycling information. Please ensure your recycling is placed outside your front door before 10:00am every Saturday.

Remember to sort hard plastic/metal/milk cartons into one bag and paper/cardboard into another bag.

Please do not include food, plastic bags, coffee cups and ensure containers are rinsed clean.

Thank you The Blue Run for sponsoring the contest and Housing NB for providing the recycling program in CV.

INFO SESSION REGARDING YOUTH BEHAVIOUR

Please join us for an information session on Thursday, May 22nd from 1 to 2:00 PM at CVRC. A representative from NB Social Development will be on hand to discuss your role and responsibilities as a parent and answer any questions you may have about acceptable behaviour from your child and proper discipline.

Attendees will have a chance to win a \$25.00 grocery gift card.

قلقاتين من سلوك الشباب بالحي؟

انضموا إلنا بجلسة يوم الخميس 22 أيار من الساعة 1 للساعة 2 بمركز كريسينت فالي للموارد (البيت الأزرق). رح يكون في ممثل عن التنمية الاجتماعية ليشرح دوركم ومسؤولياتكم ويجاوب على أي سؤال عندكم عن السلوك المقبول و التهذيب الصح للاولاد. يلي يحضر ممكن يربح بطاقة تسوق بـ 25 دولار.

IT'S ALMOST TIME FOR SUMMER SQUAD AT CVRC



Summer Squad is a FREE day camp at CVRC for children 6-12 years of age. It is full of fun, educational, physical and artistic activities.

Kids will go swimming, play games, read, learn new skills, do arts and crafts and all kinds of other cool things. A healthy breakfast, snacks and lunch are provided every day! This day camp consists of two separate groups participating on alternating weeks, Monday to Friday, 9:00am-3:30pm for 7 weeks starting on Monday, June 23rd.

Registration forms will be available June 2nd at the Crescent Valley Resource Centre. Parents or guardians must come to get forms, forms will not be given to children.

Space is limited and this camp fills up VERY FAST!

Please note that filling out a registration form does not guarantee a spot in this camp due to high demand.

CV COMMUNITY TENANTS ASSOC.

- Annual membership to CVCTA is \$5.00 per household.
- **Mother's Day Brunch** - May 8, 11:00AM at 55 MacLaren Blvd. **Free, and open to all.** Join us for friendly conversation and a delicious meal.
- Monthly meeting - Tuesday May 27, 7:00PM at 55 MacLaren Blvd. All are welcome.

The CVCTA rents its space at 55 MacLaren Blvd. for events and meetings. \$5.00 / CVCTA members, \$10.00 / non members.

Please contact Jennifer London at 506-663-0557 or the CVCTA 506-658-9658 if you have any questions.



FREE COUNSELLING WITH RACHEL MILNE, RSW, MSW

Rachel Milne, our former Neighbourhood Navigator and Registered Social Worker, will be holding free drop-in counselling sessions at CVRC once a month! This month she will be at the centre on Friday, May 23rd, from 10:30am-12:00pm. Each session will be 30 minutes and will be open to residents of Crescent Valley and Anglin Drive who are 18 years of age and older.

FAMILY BOARD GAME NIGHT



The CVRC is hosting another Family Board Game night! This event takes place **Friday, May 16th from 6-8:00 PM.** There will be great games like Fun Meal Caper, Life, Snakes and Ladders, Chess, Checkers and

much more! All are welcome, but children under the age of 10 MUST be accompanied by a parent or guardian. Game Nights are a fun, inexpensive way to spend time with the family while teaching children about fair play, good sportsmanship and positive communication as well as helping practice and improve their reading and problem-solving skills. Come for the whole event or feel free to just swing by for a game or two. See you there.



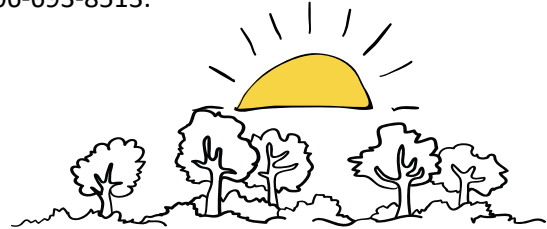
COMMUNITY HEALTH NURSE DROP-IN CLINIC

The **community health nurse now** will be at the CVRC, 130 MacLaren Blvd, on **TUESDAYS, 1:00-3:00 PM.** Did you know you can speak to the nurse about mental health concerns you may be experiencing? She can lend an ear and recommend mental health services that may benefit you. A reminder that the nurse cannot write or refill prescriptions or order tests. No appointment is required, and all are welcome.

THE CV LIBRARY

There are lots of new books in the adult and children's libraries at CVRC.

You don't need a card or identification to borrow anything from our library and there is no time limit for borrowing. Just bring them back whenever you're finished! If you have any questions about our library services, feel free to call 506-693-8513.



FREE RECYCLING PICKUP

The Blue Run will pick up your recycling on Saturdays. If you want to join the free weekly recycling pick up program call the CV Resource Centre or call the Blue Run (506) 657-BLUE(2583) to request recycling information. **Please ensure your recycling is placed outside your front door before 10:00am every Saturday.**



Remember to sort hard plastic/metal/milk cartons into one bag and paper/cardboard into another bag. Please do not include food, plastic bags, coffee cups and ensure containers are rinsed clean. Thank you to Housing NB for providing this free service.

MEET WITH A COMMUNITY POLICE OFFICER

Stop in CVRC on Wednesdays from 9:00 AM - 10:00 AM to chat with Sgt. Jeremy Edwards, Community Engagement Team, Saint John Police Force. Speak with Sgt. Edwards if you have concerns or questions about neighbourhood safety and security.



HEALTHY START BREAKFAST

Take-home or eat in. Breakfast is available from 9:00am to 10:00am on Wednesdays and Fridays at CVRC, 130 MacLaren Blvd. It's free **and** delicious!



Thank you UCT #755 for supporting our breakfast program.



THE NORTH END FOOD BANK IS OPEN EVERY TUESDAY FROM 10 AM - 1 PM AND EVERY WEDNESDAY FROM 1 PM - 3 PM. IT IS LOCATED AT 211 MAIN ST. AT THE BACK - ON THE CORNER OF DURHAM STREET - METCALF STREET.

TAKE-OUT LUNCH

On Mondays St. Luke's Church (Main St.), Outreach Program offers free take-out lunches from 12 noon until 12:30 PM or while supplies last. Please use the back door on Metcalf St.

THE HOPE MISSION

RiverCross Mission's Tuesday breakfast and Thursday lunch program: The doors open for coffee on both days by 9:15 AM, the Tuesday breakfast will be served at 10:00 AM and the Thursday lunch at 11:30 AM.

UPDATE FROM SOMERSET ACRES

Spring has sprung! We've had a busy April with visitors from other parts of the province to see how the ACRES is done so it can be replicated. We have had other agencies like Avenue B, RECAP, Mental Health and Health Care professionals from Horizon in building relationships with our tenants to bridge the gaps. Looking forward to more sunny days in Crescent Valley, thank you so much for all your ongoing support for what we are doing at the ACRES.



VICTORIA DAY
CVRC WILL BE CLOSED ON MONDAY, MAY 19
FOR THE VICTORIA DAY HOLIDAY

A MESSAGE FROM YOUR MLA, DR. JOHN DORNAN

Six months after becoming your MLA, we are representing the people of Portland Simonds positively, we still have work to do. Mondays I am in the constituency office, feel free to call my office to book an appointment. My team is here to work for you. We are located at 35 Bloom Lane, Saint John, inside Shannex Millidgeville. Office hours Monday 8:30-4:30pm Tue, Wed and Thursday 12:30-4:30pm Fridays Closed. Phone number 506-645-1805.

Thank you,
MLA Dr. John Dornan, Portland Simonds



RESUME HELP IS AVAILABLE AT CVRC

The CVRC can provide help building, improving, or printing out your resume. Just come to the CVRC, (130 MacLaren Blvd.), to pick up a resume form. Fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome! You can call 506-693-8513 for more information or just come to the Resource Centre anytime during open hours to grab a resume form.



LOW-INCOME SENIORS' BENEFIT: APPLICATIONS AVAILABLE AT CVRC

This benefit assists low-income seniors in New Brunswick. To be eligible for the \$600 benefit, a person must:

- Have been a resident of the province on December 31 of the previous year,
- Be 60 years or older and
- Be receiving at least one of the following federal benefits:
 - Guaranteed Income Supplement (65 years or older)
 - Allowance for Survivor Program (between 60 and 64 years old)
 - Allowance Program (between 60 and 64 years old)

The application deadline is December 31, 2025.

Applications are available at CVRC. We can help you fill out and email the form or, you can pick one up at Service New Brunswick on King's Sq. North, or complete the application online.

HAZEN WHITE-ST. FRANCIS SCHOOL NEWS



We have had a busy spring here at Hazen White! Our Huskies enjoyed a beautiful EID spaghetti dinner. Thank you to everyone who helped.

UNB Mentoring put on a very fun family event in our gym. Many parents came to see what exactly mentoring does for their children.

Run Club has been running now for a few weeks and the students really enjoy connecting with Med students and learning what it is to be healthy and active. It wrapped up on May 1st.

Our school along with several others have been invited to participate in "The Big Crunch". It is a national movement and annual moment of anti-silence in which students, teachers and people passionate about school food crunch into an apple to make noise for healthy school food.

MOTHER'S DAY CARD MAKING



The CVRC is having a Mother's Day card making event on **Friday, May 9th 1:00-4:00PM**. Craft supplies will be provided to make a beautiful card to show some love to the mother figure in your life! Happy Mother's Day!

FAMILY DROP-IN PLAYGROUP AT CVRC



NEW DAY!
WEDNESDAY

Parents and guardians, family drop-in playgroup with the Family Resource

Centre happens at Crescent Valley Resource Centre on **WEDNESDAY** mornings - 10am-12pm.

Playgroup is for parents and caregivers of children ages 0-6. It is where you can spend time together and meet other parents and children from your community.

Enjoy play, crafts and snacks together.

This program is free and pre-registration is NOT required, just come when you can! Contact Samantha at the FRC, 506-633-2182 for information.

We are Grateful

Crescent Valley Resource Centre recently received donations to assist us provide programs and services to the CV neighbourhood.



Saint John Energy - made a generous donation of \$3,000 to support our food security and wellness activities.



Alcool NB Liquor - donated \$1700, and much needed soil, for The Growing Place Community Garden.



UCT Jack Kidd Council #755 - \$500 donation to support Summer Squad camp.



CV Community Tenants Assoc. - \$400 to support Summer Squad.

Thank you for your support to CVRC and your commitment to the community.

MOTHER'S DAY BINGO



Join us Wednesday, May 7th, at 1:00 p.m. for Mother's Day Bingo at CVRC.

Sweets, tea, and coffee will be served, and if weather permits, we will host the event in the Growing Place Community Garden. This will be the final bingo until Fall. Please check our Facebook page on the day of bingo for details. **Seating is limited, please register in advance.** Call 506 693-8513. Thank you UCT Jack Kidd Council for supporting our Bingo!

SJ FOOD PURCHASING CLUB



Monthly order of fresh fruits and vegetables at reduced cost. Place an order, and pick up at the following locations in the CV/Millidgeville/North End areas: Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980.

You can also pay by e-transfer to martha.maclean@horizonnb.ca. Make sure to identify where you will be picking up your order on your e-transfer. You can pay cash in person at either location when you place your order. **Pay by May 16, pick up on May 23. ORDERS ARE \$25.00 EACH.**



WIN A FOOD PURCHASE CLUB ORDER

The CVRC is giving away two \$25.00 Food Purchase Club orders. Fill out the ballot and drop it off to CVRC (use our mailbox after hours), by May 21 and you could be a lucky winner. Open to CV & Anglin Drive residents.

NAME:

PHONE / ADDRESS:



YMCA NORTH HUB

We are starting to plan our PreK Program for next year. If you have a child entering Kindergarten in fall 2026 (Born 2021), please reach out to place your family on our list. Playtime continues at the North Hub. Join us on Mondays from 10:00-12:00 for a FREE playtime which includes art, music, playtime, snack and more!

For more information on any programs please reach out to Sarah 506-271-4289 or via email at elccoordinator@saintjohnny.ca.

We look forward to seeing you at the North Hub!



CRESCENT VALLEY RESOURCE CENTRE



@cvrcsj

The CVRC can **fax** resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE
GRATEFULLY ACKNOWLEDGES THE
GENEROUS SUPPORT OF



Your Environmental Trust Fund at Work

Crescent Valley



Contacts

Crescent Valley Community Tenants Assoc. (CVCTA)

- Eva Feddery, President; 55 MacLaren Blvd., 506-721-2223 or 506-658-9658, evafeddery1@gmail.com

Crescent Valley Resource Centre (CVRC)

- Anne Driscoll - Executive Director, 130 MacLaren Blvd., 506-693-8513; crescentvalleyresourcecentre@gmail.com, Socials: @cvrcsj & www.crescentvalleyresourcecentre.ca

Hazen White - St. Francis School

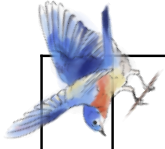
- Jeanne Connors, Principal, 506-658-5343






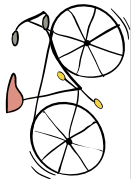



The Growing Place Community Garden | Saint John Bike Share Program

- Crescent Valley Resource Centre, 506-693-8513

Housing NB

- Maintenance and Pest Control; 506-658-5167
- Tenant Relations Officer: Laila ElBaghdadi, 506-607-6410
- To apply for **any** programs and services with Social Development or Housing NB: 1-833-733-7835



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
|  |  |  |  | |
| <p>5 10am Playtime at the HUB</p>  | <p>6 1-3pm Community Health Nurse 3:15-4:15pm Promise Partnership - Middle School</p> | <p>7 10am-12pm Family Playgroup 9-10am Healthy Breakfast 1-3pm Mother's Day Bingo (PLEASE REGISTER FOR EVENT) 3:15-4:15pm Promise Partnership - Middle School</p> | <p>8 11am CVCTA Mother's Day brunch</p> <p>Garbage Pick Up</p> | <p>9 9-10am Healthy Breakfast 1-4pm Mother's Day Card Making</p> <p>Large Item/Compost</p> |
| <p>12 10am Playtime at the HUB</p>  | <p>13 1-3pm Community Health Nurse 3:15-4:15pm Promise Partnership - Middle School</p> | <p>14 10am-12pm Family Playgroup 9-10am Healthy Breakfast 3:15-4:15pm Promise Partnership - Middle School</p> | <p>15 </p> <p>Garbage Pick Up</p> | <p>16 9-10am Healthy Breakfast 6-8pm Family Game Night</p> <p>Large Item/Compost</p> |
| <p>19 10am Play Time at the Hub</p> <p>Victoria Day CVRC Closed</p> | <p>20 1-3pm Community Health Nurse 3:15-4:15pm Promise Partnership - Middle School</p> | <p>21 10am-12pm Family Playgroup 9-10am Healthy Breakfast 3:15-4:15pm Promise Partnership - Middle School</p> | <p>22 Garbage Pick Up</p> | <p>23 9-10am Healthy Breakfast 10:30am-12:00pm - Free Drop-in Counselling Sessions 12-4pm Food Purchase Pick Up Large Item/Compost</p> |
| <p>26 10am Playtime at the HUB</p>  | <p>27 1-3pm Community Health Nurse 3:15-4:15pm Promise Partnership - Middle School 7pm CVCTA meeting</p> | <p>28 10am-12pm Family Playgroup 9-10am Healthy Breakfast 3:15-4:15pm Promise Partnership - Middle School</p> | <p>29 </p> <p>Garbage Pick Up</p> | <p>30 9-10am Healthy Breakfast</p> <p>Large Item/Compost</p> |

Look inside the CV Newsletter for more information on events and programs mentioned in the calendar.

Please Recycle this newsletter 