

CRESCENT VALLEY NEWS



Respect for me | Respect for you | Taking responsibility for all I do

BIKE RODEO - JULY 26

The Crescent Valley Resource Centre and Saint John Police Force are co-hosting a bicycle rodeo on Friday, July 26 from 1PM to 3PM. on Taylor Ave. between MacLaren Blvd. and Belyea St.

A bicycle rodeo is a clinic to teach the skills and precautions to ride a bicycle safely. This event for ages 6-14 will feature helmet-fitting, safety tips, an agility course, and refreshments while supplies last. **Be sure to bring your bike and helmet.** Parents are encouraged to join the fun!

Thank you to Haywards Bike Shop for partnering with us.

For more information, call (506) 693-8513.



BIRDS AND RODENTS

There has been an increase in rodent activity recently – partially due to food available to them from open garbage, throwing food out for birds, and from other garbage and debris, which creates a shelter for rodents, making it difficult for Pest Control to treat the outside areas.

REMINDER - garbage pick up is on Thursday morning – garbage is not to be placed outside between Thursday evening and the following Wednesday evening. Large item pick up is on **Friday ONLY**. Items are not to be placed outside between Friday evening and the following Thursday evening.

Any furniture that is infested with bed bugs should not be removed from your home until Housing is notified (506) 643-2080.



CRESCENT VALLEY NEIGHBOURHOOD INFORMATION SESSION

WEDNESDAY, JULY 10TH FROM 3PM - 5PM



Join the Saint John Police, along with Child and Adult Protection Services, Housing NB and staff from the CV Resource Centre at Crescent Valley Resource Centre for an information session regarding expectations, events and who to

contact (in the event of or when witnessing) mischief in Crescent Valley and Anglin Dr. neighbourhoods. Have your questions and concerns addressed by the proper authorities and departments attending, as well as listen to their concerns and expectations of residents, children and visitors of the neighbourhood.

See you on Wednesday, July 10th from 3PM until 5PM at CVRC - the blue building.

CRESCENT VALLEY SPLASH PAD

Please report any damage to the splash pad to the City of Saint John, right away, call 506 658-4455. If you see anyone damaging the splash pad, please contact Saint John Police right away, at 506 648-3333.

الطيور والقوارض

لقد تزايد نشاط القوارض مؤخرًا. ويعود ذلك جزئيًا إلى توفر الطعام لهم من القمامة المفتوحة، وإطعام الطيور، وغيرها من القمامة. يؤدي ذلك أيضًا إلى إنشاء مأوى للقوارض ويصعب مكافحة الحشرات في المناطق الخارجية.

تذكير - يتم جمع القمامة صباح يوم الخميس - لا يُسمح بإبقاء القمامة بالخارج في أي نهار أو مساء آخر.

يوم الجمعة هو يوم القمامة الكبيرة. لا يُسمح بوجود قمامة كبيرة بالخارج في أي نهار أو مساء آخر.

يمنع إخراج أي أثاث موبوء ببق الفراش من المنزل حتى يتم إشعار إسكان نيو برونزويك على رقم (506) 643-2080

GAMES IN THE GARDEN

Neighbours - we are excited to start our **GAMES IN THE GARDEN** program. Children ages 6-12 are welcome to join us in The Growing Place Community Garden, 20 Belyea St. for crafts on Tuesdays and games on Thursdays. These will run from 1 pm-2 pm with no registration. Space is limited to the first 15 kids.

We will also hold a weekly **story tent** program, every Wednesday from 1PM -2PM! See you in the garden!



2024 NEW BRUNSWICK LOW-INCOME SENIORS' BENEFIT:

APPLICATIONS AVAILABLE AT CVRC

This benefit assists low-income seniors in New Brunswick. To be eligible for the \$600 benefit, a person must:

- Have been a resident of the province on December 31 of the previous year,
- Be 60 years or older and
- Be receiving at least one of the following federal benefits:
 - Guaranteed Income Supplement (65 years or older)
 - Allowance for Survivor Program (between 60 and 64 years old)
 - Allowance Program (between 60 and 64 years old)



The application deadline is December 31, 2024.

Applications are available at CVRC.

We can help you fill out and submit it for you.

NEEDLE DISPOSAL BOX

Friendly Reminder: Crescent Valley has a **SAFE NEEDLE DISPOSAL BOX** located on the outside of the CVRC building at 130 MacLaren Boulevard. You can find it by going in the driveway across from the Splash Pad.

This box allows people to safely dispose of needles they have used or found outside. PLEASE, be very careful if you choose to dispose of a found needle on your own. Do not touch them with your bare hand. If you would rather not dispose of it on your own, you can call 506-648-4455 and a representative from the City will come and dispose of them.

In the interest of safety, talk to your children, grandchildren, etc., to warn them to stay away from any needles they may find and to immediately tell an adult they trust if they see one.



Music at Portland United Church

Every Tuesday at 7:00pm until August 13, enjoy new entertainers each week. Concerts will be held in the church parking lot, 50 Newport Cres., bring a chair. If the weather is poor the concert will be held inside.

Admission is free.

Donations to the North End Food Bank are welcome.

GARDEN GAMES FOR ADULTS

On Wednesday, July 24th from 1pm - 2:30pm, CVRC will be hosting Games in the Garden for adult residents of Crescent Valley and Anglin Dr, at The Growing Place Community Garden.



Enjoy games, like washer toss and croquet along with light refreshments with friends around the neighbourhood. All neighbours are welcome to drop by The Growing Place and join us for fun in the sun on this day!

GARBAGE PICK-UP REMINDERS

Neighbours, garbage must be in garbage bags that are tied, (please put the bags in a garbage can if you have one), and placed at the curb-side where the collection team can get to it easily. ****Put it in a location where it is not blocked by vehicles and make sure it is within two meters of the curb.** Garbage pick up is on Thursday morning – garbage is not to be placed outside between Thursday evening and the following Wednesday evening.

COMPOST BINS ARE FOR COMPOST, NOT GARBAGE. If you put garbage in the compost bin it WILL NOT be picked up. Compost pick up is on every Friday, and the cart should be placed at the curb by 7:30 am where the collection team can easily get to it.

RECYCLING PICK-UP

Rain or Shine, Every Saturday!

Crescent Valley neighbours, did you know you can easily get rid of recyclable materials, keep our neighbourhood looking great, and help the environment all at the same time? It's easy! Sign up for the **Blue Run FREE** recycling pick up in Crescent Valley on Saturday mornings. Items such as plastics, paper, cardboard and metal are picked up at your curb.

What could be more convenient?

If you want to join this FREE program please call CVRC at 506-693-8513 for details. Special thanks to the Blue Run, Housing NB and CVRC for coordinating this service.



HEALTHY START BREAKFAST



Take-home or eat in. Breakfast is available from 9:00am to 10:00am on Wednesdays and Fridays at CVRC, 130 MacLaren Blvd. It's free **and** delicious! Thank you UCT #755 for supporting our breakfast program.

HOPE MISSION

The summer schedule begins on Tuesday, July 2 (Tuesdays only for the month of July), starting at 9:30am. Please contact Neal and Trena Davidson at 506-696-6621 to travel on the RiverCross Church bus from Crescent Valley to the Mission for this program. Find the Mission at the corner of Durham and Metcalf Sts., same building as the North End Food Bank.

FAMILY PLAYTIME

AT THE NORTH HUB EVERY MONDAY!



Come join us for our summertime giveaways at the YMCA Playtime! Mondays at the North Hub (Hazen White School). Our FREE program

includes a healthy snack, play opportunities, art, music, and more! Our program is a drop-in program so feel free to stop in between 10:00-12:00.

Reach out to Sarah if you have any questions, 506-271-4289 or elccoordinator@saintjohny.ca.

RESUME HELP



The CVRC can provide help building, improving or printing your resume. Just come to the CVRC to grab a resume form, fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome! You can call 506-693-8513 for more information or just come to 130 MacLaren Blvd. anytime to grab a resume form.

COMMUNITY HEALTH NURSE DROP-IN CLINIC



The community health nurse will be at the CVRC, 130 MacLaren Blvd, every **Monday** (except holidays), 1 pm-3 pm.

Did you know you can also speak to the nurse about mental health concerns you may be experiencing?

She can lend an ear and recommend mental health services that may benefit you.

A reminder that the nurse cannot write or refill prescriptions or order tests. No appointment is required, and all are welcome.

OUR NEIGHBOURHOOD NAVIGATOR IS HERE TO HELP



Rachel Milne: Crescent Valley's Neighbourhood Navigator

Have you met Rachel Milne, our Neighbourhood Navigator? Rachel is one of the team members at the Crescent Valley Resource Centre. She is a registered social worker who has a passion for supporting residents. Before her time in Crescent Valley, Rachel worked with people who use drugs, veterans, and individuals dealing with chronic pain. She is currently working on getting her Master of Social Work degree to learn how she can better support our residents and their needs.

Some common things she helps residents with are:

- Filling out paperwork
- Finding programs/services in the community
- Emotional support
- Taxes, and more!

Whatever you need assistance with, Rachel is your go-to person. You can reach Rachel by: Phone: (506) 693-8513. Email: cvrc.milne@gmail.com, or stop into the centre!



FUN AT THE BEACH

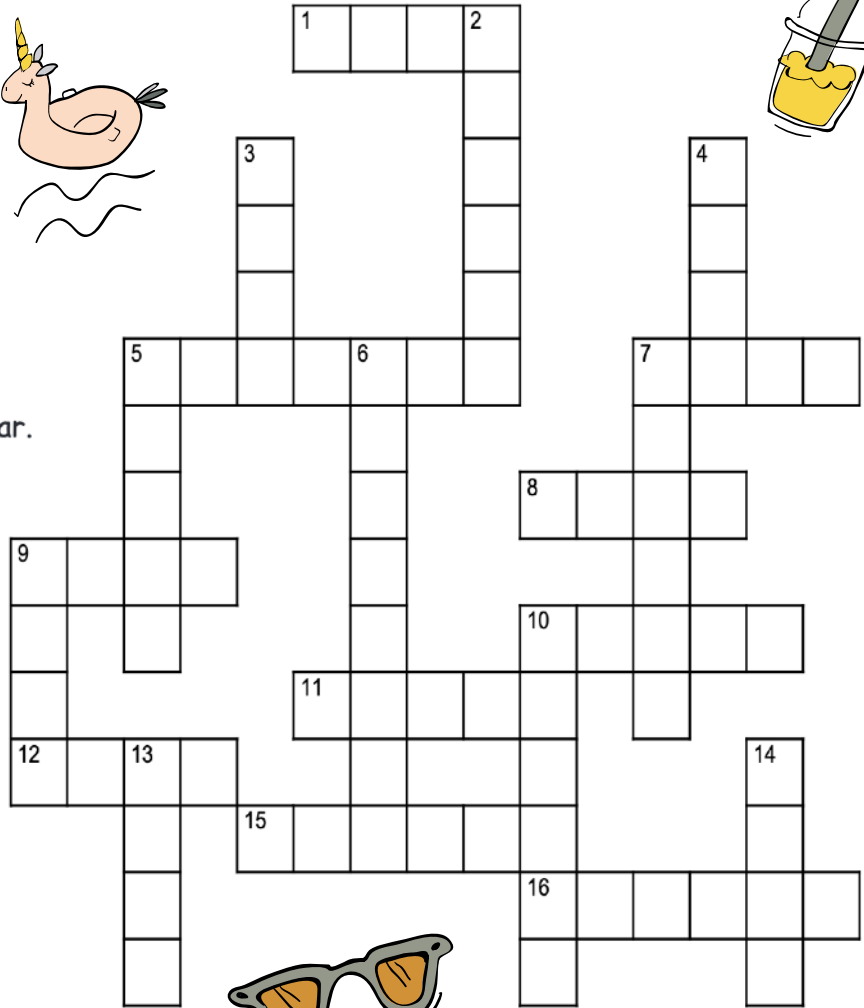
Across

1. Grains on the beach.
5. Living in a tent.
7. It warms you up.
8. Two wheeled transportation.
9. Comes with a shovel.
10. Full of daylight.
11. A sandy shore.
12. Area of inland water.
15. Warmest 3 months of the year.
16. Top for warm weather.



Down

2. Plunging into the water.
3. Move through the water.
4. Summer hazard.
5. House in the woods.
6. Frozen treat.
7. Trail walking.
9. A place to swim
10. Pants for hot weather.
13. Toy for a windy day.
14. Mildly hot.



Word Bank: BEACH, BIKE, CABIN, CAMPING, DIVING, FIRE, HEAT, HIKING, ICE CREAM, KITE, LAKE, PAIL, POOL, SAND, SHORTS, SUMMER, SUNNY, SWIM, T-SHIRT, WARM

THE CRESCENT VALLEY COMMUNITY LIBRARY

Did you know there is a fantastic library inside the Crescent Valley Resource Centre?

CVRC's library services are open Monday - Friday during the Centre's open hours. Kids and adults can come pick out books for themselves or for family, friends or neighbours. You don't need a card or any identification to borrow anything from our library and there is no time limit for borrowing. Just bring them back whenever you're finished!

If you have any questions about our library services, feel free to call 506-693-8513. Thank you to RBC and the City of Saint John for support to CVRC's Family Literacy Initiatives.



THE NORTH END FOOD BANK IS OPEN EVERY TUESDAY FROM 10 AM TO 1 PM AND EVERY WEDNESDAY FROM 1 PM TO 3 PM. IT IS LOCATED AT 211 MAIN ST. AT THE BACK - ON THE CORNER OF DURHAM STREET - METCALF STREET.

FOOD PURCHASE CLUB



Monthly order of fresh fruits and vegetables at reduced cost. Place an order (\$15.00 or \$25.00), and pick up at the following locations in the CV/ Millidgeville/North End areas: Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980. You can also pay by e-transfer to martha.macLean@horizonnb.ca.

Make sure to identify where you will be picking up your order on your e-transfer. Or, pay cash in person at either location when you place your order.

Pay by JULY 12, pick up on JULY 19.

Items vary each month but always include staples. In June the \$25.00 order had the following items: bananas, pears, apples, oranges, carrots, cucumbers, lettuce, green onion, sweet potato, tomato, grapes, spinach, peaches, and zucchini.

WIN A FOOD PURCHASE CLUB ORDER

The CVRC is giving away two \$15.00 Food Purchase Club orders. Fill out the ballot and drop it off to CVRC (use our mailbox after hours) by JULY 17 and you could be a lucky winner. Open to CV & Anglin Drive residents.

NAME:

PHONE / ADDRESS:

CRESCENT VALLEY COMMUNITY TENANTS ASSOC. UPCOMING EVENTS AND ACTIVITIES 55 MACLAREN BLVD.

- **Memberships** are still available for the Crescent Valley Community Tenants Association; \$5.00 per family, per year. Contact the CVCTA 506-658-9658 or the Secretary, Jennifer London at 506-663-0557 to join.
- Unit rentals are still available for 55 MacLaren Blvd., \$10.00 for non-members, or \$5.00. for members. Contact the CVCTA to book or Jennifer London at 506-663-0557.
- **BINGO - July 13, 12:00 – 4:00pm** the CVCTA will host a BINGO at 55 MacLaren Blvd. Enjoy a relaxing afternoon. Must be age 18 and over.

Keep an eye out for upcoming events in August, such as Fun Days and the Back-to-School dance. The next general meeting will be July 23 at 7p.m. at 55 MacLaren Blvd., childcare will be available.



CRESCENT VALLEY
RESOURCE CENTRE



@cvrcsj

The CVRC can **fax** resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE
GRATEFULLY ACKNOWLEDGES THE
GENEROUS SUPPORT OF



Your Environmental Trust Fund at Work

Crescent Valley



Contacts



Anglin Drive Neighbourhood Tenants Assoc.
• 143 Anglin Drive, 506-658-9119

Crescent Valley Community Tenants Assoc. (CVCTA)
• Eva Feddery, President; 55 MacLaren Blvd., 506-658-9658, evafeddery11@gmail.com and on Facebook.

Crescent Valley Resource Centre (CVRC)
• Anne Driscoll - Executive Director,
130 MacLaren Blvd., 506-693-8513;
crescentvalleyresourcecentre@gmail.com,
Socials: @cvrcsj & www.crescentvalleyresourcecentre.ca

Hazen White - St. Francis School
• Jeanne Connors, Principal, 506-658-5343

The Growing Place Community Garden | Saint John Bike Share Program
• Crescent Valley Resource Centre, 506-693-8513

Housing NB
• Maintenance; 506-658-5167 | Pest Control; April, 506-643-2080
• Tony White, Tenant Relations Officer; 506-658-5162
• To apply for **any** programs and services with Social Development or Housing NB: 1-833-733-7835

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  CVRC CLOSED Canada Day	2 1-2 pm Crafts in the Garden	3 9-10am Healthy Breakfast 1pm Bingo 1-2pm Story Tent in the Garden	4 1-2pm Games in the Garden Garbage Pick Up	5 9-10am Healthy Breakfast  Large Item & Compost
8 10am Playtime at the Hub 1-3pm Community Health Nurse	9 1-2pm Crafts in the Garden 	10 9-10am Healthy Breakfast 1-2 pm Story Tent in the Garden 3-5pm Neighbourhood Information Session w/Police, DSD & Housing (all residents welcome)	11 1-2 pm Games in the Garden  Garbage Pick Up	12 9-10am Healthy Breakfast Food Purchase Payment Due Large Item & Compost  BINGO at CVCTA on July 13
15 10am Playtime at the Hub 1-3pm Community Health Nurse	16 1-2 pm Crafts in the Garden	17 9-10am Healthy Breakfast 1pm Bingo 1-2 pm Story Tent in the Garden	18 1-2 pm Games in the Garden Garbage Pick Up	19 9-10am Healthy Breakfast 12-4pm Food Purchase Pick Up  Large Item & Compost
22 10am Playtime at the Hub 1-3pm Community Health Nurse	23 1-2 pm Crafts in the Garden 	24 9-10am Healthy Breakfast 1-2:30 pm Garden Games for Adults 1:30-2:30 Story Tent in the Garden	25 1-2 pm Games in the Garden Garbage Pick Up	26 9-10am Healthy Breakfast 1-3 - Bike Rodeo  Large Item & Compost
29 10am Playtime at the Hub 1-3pm Community Health Nurse 	30 1:30-2:30 Crafts in the Garden	31 9-10am Healthy Breakfast 1pm Bingo 1:30-2:30 Story Tent in the Garden		

Look inside the CV Newsletter for more information on events and programs mentioned in the calendar.

Please Recycle this newsletter 