

## CVRC IS OPEN!

**And** we can't wait to see you! Some important changes have been made at the CVRC to protect you and the CVRC staff:

- ✓ Our hours to the public are 10:00am - 3:00pm, for the time being, but you can call us from 8:30am-4:30pm, Monday to Friday and we will be here for you!
- ✓ Everyone will be required to sanitize their hands at the entrance and remain within the designated marked 2-metre rule at the main entrance. You will be given a risk assessment (3 questions) and asked for your name / contact number and the time you came in and left the CVRC will be noted.
- ✓ The **Saint John Bike Share Program** is operating. The **Food Purchase Club** is back in action and the **Clothing Room** is available too, but please **call us first** to arrange a time to visit.
- ✓ Faxing and photocopying are still available. If you require additional support or access to other services, we will have a safe and confidential environment for you to chat with one of our staff.

Check our Facebook page often for updates on programs such as Healthy Breakfast and other services. Call us if you have questions. See you soon!

⚠ Remember, keep a minimum distance of two metres between yourself and others at all times, with the exception of members of the same household or "bubble". Community face masks must be worn in public when you are unable to maintain physical distancing. Wash your hands often and don't touch your face. Call 811 if you have any symptoms of COVID-19.

**CRESCENT VALLEY  
COMMUNITY TENANTS ASSOC.**  
55/57 MacLaren Blvd., 658-9658  
Email: cvcta55@outlook.com. On Facebook:  
*Crescent Valley Community Tenants Association*



**جمعية سكان حي كريستنت فالي**  
55/57 MacLaren Blvd ، 658-9658  
البريد الإلكتروني: cvcta55@outlook.  
فيسبوك:  
Crescent Valley Community Tenants Association

**Because** of the ongoing COVID-19 situation the CV Community Tenants Association will remain closed for the time-being.

Our Community Fun Day scheduled for July 25 is cancelled until 2021, but we are planning a surprise gift package for all residents in the community. This will be delivered to your door between July 25 -27. Please keep safe.

بسبب وضع COVID-19 المستمر ، ستظل جمعية مستأجري مجتمع كريستنت فالي مغلقة في الوقت الراهن.

تم إلغاء أيام المرح ال اجتماعية التي كان من المقرر إجراؤها في 25 يوليو حتى عام 2021 ، لكننا نخطط لحزمة هدية مفاجئة لجميع المقيمين في المجتمع. سيتم توصيلها إلى بابك في الفترة ما بين 25 و 27 يوليو. يرجى الحفاظ على سالمك.

## RECYCLING CONTEST

**Crescent Valley recycling contest starts Saturday, July 4 and goes to October 3.**

To reward your great efforts your household address will go into a draw if you put your recycling bags at the curb on Saturday. Each week one \$10 gift card will be won. At the end of the contest two households will win a \$25 gift card. An extra \$25 card will be added if we can get 70 households to recycling on at least one of the Saturdays.

Encourage your neighbours to recycle.

If you have any questions or wish to start recycling call CVRC 693-8513. Special thanks to the Blue Run, the Dept. of Social Development and CVRC.



تبدأ مسابقة كريستنت فالي لإعادة التدوير يوم السبت 4 يوليو تستمر إلى 3 أكتوبر.

لمكافأة جهودك الكبيرة، سندخل عنوان منزلك في السحب إذا وضعت أكياس إعادة التدوير عند الرصيف يوم السبت. كل أسبوع سيتم السحب على بطاقة هدايا بقيمة 10 دولارات. في نهاية المسابقة سيفوز اثنان من الأسر ببطاقة هدايا بقيمة 25 دولارًا. ستضاف بطاقة إضافية بقيمة 25 دولارًا إذا استطعنا الحصول على 70 أسرة مشاركة في إعادة التدوير في يوم واحد على الأقل من أيام السبت.

شجع جيرانك على إعادة التدوير. إذا كان لديك أي أسئلة أو ترغب في بدء إعادة التدوير اتصل بالمركز على 693-8513.

شكر خاص لـ Blue Run ، قسم التنمية الاجتماعية و مركز كريستنت فالي ريسورس.

## How should my summer helmet fit using the 2V1 Rule?



2 fingers should fit between the eyebrows and rim of the helmet.



The strap should form a snug V under the ears.



Only 1 finger should fit between the chin and strap.

## SUMMER SAFETY TIPS

**Hi** folks, I just wanted to remind everyone that during these hot sunny days there are a few things to keep in mind about personal safety for your families and pets:

- 1) Don't leave your child or pet alone in your car at any time, especially on hot days.
- 2) Make sure you remind your children to wear a helmet when biking and to ride safely.
- 3) That younger children are properly supervised when outside (water park, playground, or in front of their home).
- 4) That we follow the posted speed while driving through our neighbourhood.
- 5) Most Important, have an awesome but safe summer!

Sgt. David Hartley-Brown, Saint John Police Force

## مرحبا يا رفاق

أردت فقط أن أذكر الجميع أنه خلال هذه الأيام المشمسة الحارة، هناك أشياء قليلة يجب أخذها في عين الاعتبار بشأن السلامة الشخصية لعائلتك وحيواناتك الأليفة.

- 1) لا تترك طفلك أو حيوانك الأليف وحده في سيارتك في أي وقت وفي الأخص في الأيام الحارة.
- 2) تأكد من تذكير أطفالك بارتداء خوذة عند ركوب الدراجات و القيادة بأمان.
- 3) أن يتم الإشراف على الأطفال الصغار بشكل صحيح عندما يكونوا بالخارج (الحديقة المائية، الملعب، أو أمام منزلهم)
- 4) أن نتبع السرعة القانونية أثناء القيادة خلال الحي الخاص بنا.
- 5) الأكثر أهمية "تمتع بصيف رائع ولكن آمن!"

الرقيب ديفيد هارتلي براون، شرطة سينت جون

## GET YOUR WHEELS ROLLING!

It seems that cycling is more popular than ever these days, and with new safety protocols in place, the Saint John Bike Share Program is open and ready to get your wheels on the road.

If you would like to donate a gently used bicycle to the program or if you or your family members would like to receive a bike please contact Crescent Valley Resource Centre at 693-8513 to pick up an application, or arrange a time to drop off your used bicycle.

Our bike technician Wayne can tune up your bike and get it ready for the road. If you need a quick repair for your bicycle our tune-up days are Tuesday and Thursday from 10:00am until 3:00pm, stop by or give us a call for more information.

Thank you to the New Brunswick Environmental Trust Fund, PROKids-SJ, NB Department of Social Development and the many volunteers who are supporting this *active transportation* initiative.



## SAINT JOHN BIKE SHARE PROGRAM

## SCHOOL NEWS

**HAZEN White** - St. Francis School invites parents to register children who reach the age of five years on or before December 31st 2020 for **Kindergarten** in September 2020. Parents may register their children by following this link:

<https://www.nbed.nb.ca/preregistration/home?strlang=en&district=asds>

For Newcomers and/or International Students (Students NOT born in Canada or students born in Canada whose mother tongue is NOT English), please do not use this Pre-Registration form. Please contact Lynn Macdonald directly @ Lynn.MacDonald@nbed.nb.ca to register your child.

Requirements for registration are:

- proof of age: birth certificate, passport, another piece of ID (e.g. immigration documents or a certificate issued by another Canadian Provincial Government indicating the date of birth)
- proof of Immunization.

A copy of your child's Medicare number may also be requested to have on file in case of a medical emergency. Thank you and we look forward to seeing everyone when school starts in September.

Megan Donovan, Principal, Hazen White St. Francis School

## FOOD PURCHASE CLUB



**EACH** month you get a variety of seasonal fruits and vegetables. Buy one bag (\$15.00) or two bags (\$25.00). Take advantage of bulk-buying power - don't miss out! To order, pay at CVRC by noon, July 17 (bring your bag(s) with your name marked on them). Pick up your order at CVRC on July 24.

If you have any questions please contact CVRC, 693-8513, or the Saint John Food Purchasing Club, St. Joseph's Community Health Centre, 116 Coburg St., 632-5537.



Community face masks should be worn in public when you are unable to maintain physical distancing. Face masks must be worn on City Transit busses at all times.

## LOW-INCOME SENIORS' BENEFIT PICK UP A FORM AT CVRC

Applications for the one-time \$400 benefit for low-income seniors are available at the CVRC. We can help you fill out and fax or email the form for you. Please call for information, 693-8513.

The deadline is December 30, 2020.

# #golong

Wayne Long  
MP/Député • Saint John-Rothesay  
1 Market Square • 657-2500



# FLEMMING COURT PLAY PARK AND COVID 19

Parents and guardians: Although Flemming Court play park is open - it is on a “use-at-your-own-risk basis.” Users are asked to practice physical distancing, wear masks if this is not possible, use hand sanitizer or wash hands before and after using equipment, and leave the playground once you have finished play to ensure there is no crowding within these areas. City of Saint John staff will be monitoring for compliance. The City will not be sanitizing equipment or providing hand sanitizer at any of these facilities.

Parents - please make sure your children wash their hands often during the day. If they are not feeling well they should stay home.



## Protect yourself and others



Maintain a minimum distance of two metres between yourself and others at all times, with the exception of members of the same household or “bubble”.

### Ways to prevent spreading germs



Throw tissues in a bin or plastic bag after use



Cough or sneeze into a tissue or your elbow



Clean and disinfect surfaces and objects that people frequently touch



Avoid close contact with people who are sick, sneezing or coughing



Avoid touching your eyes, nose or mouth with unwashed hands



Stay home when you are sick



Wash your hands frequently using soap and water for at least 20 seconds and then dry your hands for 20 seconds



### Anglin Drive Neighbourhood Tenants Assoc.

- 143 Anglin Drive, 658-9119

### Crescent Valley Community Tenants Assoc. (CVCTA)

- Janet McLaughlin, President; 55 MacLaren Blvd., 658-9658

### Crescent Valley Resource Centre (CVRC)

- Anne Driscoll - Executive Director, 130 MacLaren Blvd., 693-8513; crescentvalleyresourcecentre@gmail.com, Socials: @cvrcsj, www.crescentvalleyresourcecentre.ca

### Hazen White - St. Francis School

- Megan Donovan, Principal, 658-5343

### NEW-C (North End Wellness Centre), 649-2704

### Neighbourhood Police Officer

- Sgt. David Hartley- Brown; CVRC, 130 MacLaren Blvd., 721-9103.; david.hartley-brown@saintjohn.ca

### Saint John Bike Share Program

- Crescent Valley Resource Centre, 693-8513

### Social Development (Housing)

- Maintenance; 658-5167 | Pest Control; 643-2080
- Tony White, Tenant Relations Officer; 658-5162

## ANGLIN DRIVE NEIGHBOURHOOD TENANTS ASSOC.

143 Anglin Drive, 658-9119

**Anglin Drive Recycling Contest July 4 - October 3.** See our Facebook page for details and watch for a flyer at your door. Call 657-BLUE(2583) to request bags and recycling/contest info.

For information on the ADNTA please call 658-9119, email: anglindriveisalive@live.ca or visit our Facebook page: @AnglinDrivesAlive.



CRESCENT VALLEY RESOURCE CENTRE



**The** CVRC has a fax machine and we can fax resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents.

THE CRESCENT VALLEY RESOURCE CENTRE GRATEFULLY ACKNOWLEDGES THE GENEROUS SUPPORT OF:



## SUMMER SQUAD 2020

Shout out to The New Brunswick Children's Foundation, The CV Community Tenants Association, United Commercial Travellers, Jack Kidd Council and McInnes Cooper who are supporting CV Summer Squad. With their help, CV kids are having a safe and awesome summer !  
**THANK YOU!**

## UPDATE FROM SOMERSET PRESCHOOL

**We** are reopened! We thought we were going to have to move to a new building but through the cooperation with the different government departments and Horizon Health, we are able to stay in our building with a new entrance and play yard. We can't take as many children as we would like to, but we are happy to see most of our little ones again. Look for us soon to begin exploring our wonderful neighbourhood again. It's going to be a great summer!

Stay Safe!

Heidi MacDonald, Director, 652-3524

Crescent Valley

# RECYCLING CONTEST

July 4<sup>th</sup> to October 3<sup>rd</sup>

On Saturday mornings put your recycling bags at the curb to be picked up by the Blue Run.

## CONTEST RULES

- Each week recyclers have a chance to win a \$10.00 gift card.
- After October 3<sup>rd</sup> frequent recyclers (10 or more weeks), have a chance to win 1 of 2 \$25.00 gift cards.
- If 70 or more households recycle in one week, we'll add an extra \$25.00 gift card. Your chances get better!

The Blue Run drivers will be thanking recyclers who always do a great job sorting their recycling with \$5.00 gift cards.

Please use two different bags – one for rigid plastic/metal/milk cartons & one for paper/cardboard.

Do not include coffee cups or plastic bags.

Please clean all containers.

Call Crescent Valley Resource Centre 693-8513 for more recycling/contest info or visit us at 130 MacLaren Blvd.



CUT OUT AND PUT ON YOUR FRIDGE