Crescent Valley News

RESPECT FOR ME | RESPECT FOR YOU | TAKING RESPONSIBILITY FOR ALL I DO

SUMMER SQUAD!

It's June and registration forms for Summer Squad are AVAILABLE NOW! Summer Squad is a FREE day camp for children 6-12 years of age and is full of fun trips, swimming, games, reading, learning, art activities and all kinds of other cool things. This day camp will consist of two groups gathering on alternating weeks, Monday to Friday, 9:00am-3:30pm, June 28 - August 6. Children are also provided a healthy breakfast, snacks and lunch every day.

Parents or guardians - pick up the application form at CVRC, forms will not be given to children. Make sure to get a form as soon as possible because space is limited, and this camp fills up VERY FAST! Please note that filling out a form does not 100% guarantee a spot in this camp due to high demand. Many thanks to the New Brunswick Children's Foundation and McInnes Cooper for supporting Summer Squad!

فريق الصيف السمر سكواداا

إنه يونيو واستمارات التسجيل لفريق الصيف "سمر سكواد" متوفرة الآن!

سمر سكواد هو مخيم نهاري مجاني للأطفال من سن 6 إلى 12 عامًا وهو مليء بالأنشطة كالسباحة والألعاب والقراءة والتعلم والأنشطة الفنية والرحلات الممتعة والعديد من الأشياء الرائعة الأخرى. سيتألف هذا المعسكر من مجموعتين من الأطفال بالتناوب، كل مجموعة في أسبوع من الاثنين إلى الجمعة، من الساعة 9:00 صباحًا حتى 3:30 مساءً من 28 يونيو إلى 6 أغسطس. يحصل الأطفال أيضًا على فطور صحي ووجبات خفيفة ووجبة غداء كل يوم! يمكن للأهالي المرور واستلام الاستمارة من المركز، استمارة التسجيل لن تعطى للأطفال. تأكد من الحصول على استمارة في أقرب وقت ممكن لأن المساحة محدودة، وهذا المخيم يمتلأ بسرعة! يرجى ملاحظة أن تعبأة الاستمارة لا تضمن الحصول على مكان في هذا المعسكر بسبب ارتفاع عدد الطلبات

SPRING INTO ACTION!

CV Recycling Contest

Put out your recycling every Saturday morning. If you haven't started to recycle get started. For eight weeks from Saturday June 5 to July 24, if you recycle you have a chance to win a \$10 grocery gift card. Every week there will be two lucky winners. For those who recycle frequently there will be a chance to win one of two \$50 cards at the end of the contest. For more information or to start recycling contact Crescent Valley Resource Centre at 693-8513 or visit at 130 MacLaren Blvd. Thanks to The Blue Run and NB Dept. of Social Development.

مسابقة كريسنت فالي لإعادة التدوير

إذا لم تكن قد بدأت في إعادة التدوير، فابدأ الآن. ضع القمامة لإعادة التدوير كل صباح سبت. لمدة ثمانية أسابيع من السبت 5 يونيو إلى 24 يوليو إذا قمت بإعادة التدوير، يمكنك الفوز ببطاقة هدايا بقيمة 10 دولارات، سيكون هناك فائزان محظوظان كل أسبوع. وبالنسبة لأولئك الذين يعيدون التدوير بشكل متكرر، ستكون هنالك فرصة للفوز بواحدة من بطاقتين بقيمة 50 دولارًا في نهاية المسابقة. لمزيد من المعلومات أو لبدء إعادة التدوير، قم بزيارتنا بمركز كريسنت فالي او اتصل على 8513-893-506

شكرا للسباق الأزرق (بلو رن) ولقسم التنمية الاجتماعية.

GET YOUR COVID-19 VACCINATION!

The COVID-19 vaccine is FREE. The vaccine protects the person who receives it by lowering the chance of getting COVID-19 if the person encounters the coronavirus. Wondering where to get your COVID-19 vaccine?

The CVRC can help you book an appointment. Drop by and chat with any of the staff.

HELPFUL HINTS FROM DEPT. OF PUBLIC SAFETY TO USED CAR BUYERS

When purchasing a used vehicle the following recommendations are:

- Check MVI sticker and {yellow} LV report insuring VIN and all numbers match.
- Check odometer reading to LV mileage marked down.
- Look vehicle over closely {any rust holes or areas of bubbles in the paint}.
- Check tires and treads {look for cracks in the rubber of treads and side walls}.
- Start the vehicle and check for any lights coming on in the dash {ie ABS, traction control, etc}.
- While vehicle is running walk around it and listen for any unusual sounds or loud exhaust {place a glove or something over end of tail/pipe and listen for exhaust leaking}, you should feel pressure against your hand.
- Check window operation {up & down}, check all lights and heater operation, seat belts and seat adjustment, horn, wipers.
- LOOK under the vehicle {use a flashlight} for anything hanging down, etc.
- Ask the seller If you can drive to a local garage and have the staff there look it over and that you will pay for this {seller will not pay for this}. Just ask the garage for a check over - NOT AN INSPECTION. If seller says no - WALK AWAY, something is wrong.
- Road test: check brakes how they feel, check steering {pulls left or right or loose}. Check the ride comfort any banging or odd noises.
- IF possible take someone with car experience or a mechanic with you. Two people will see things one may miss. Also ask questions about the vehicle's history.



نصائح مفيدة من إدارة السلامة العامة لمشترى أي سيارة مستعملة

افحص السيارة عن كثب بحثًا عن أي ثقوب صدأ أو مناطق بها فقاعات في الطلاء.

افحص الإطارات والمداسات وابحث عن تشققات في مطاط.

قم بتشغيل السيارة وتحقق من وجود أي أضواء في لوحة العدادات أثناء تشغيل السيارة، تجول حولها واستمع إلى أي أصوات غير عادية أو صوت عادم مرتفع

تحقق من النافذة، افحص جميع المصابيح وأحزمة السلامة، ومزمار، والمسّاحات.

أخبر البائع أنك ترغب الدفع لإجراء فحص في مرآب لتصليح السيارات من اختيارك إذا رفض البائع فهنالك شيئا ما خاطئ أو مشبوه إذا أمكن اصطحب معك شخصًا لديه خبرة في السيارات أو ميكانيكي اطرح أيضًا أسئلة حول تاريخ السيارة

SCHOOL IS OUT!
SUMMER'S HERE!
THANKS FOR ALL YOU'VE
DONE THIS YEAR!

Shout out to the staff of Hazen White St. Francis School for a job well done.

This has been a difficult school year for everyone and the staff at HWSF have been amazing!

Enjoy your summer!

INTERESTED IN P.R.O. KIDS?

If you need help with the P.R.O.Kids application the friendly folks at CVRC can help you fill out the from online and we can serve as references as required on the application. The online application can be found at www.prokidssj.ca

P.R.O. KIDS

How does it work?





CHOOSE AN ACTIVITY. It can be a sport, recreation, art, or cultural activity. There is a list of Youth Organizations on our website.



APPLY. Complete the application form. Staff will review it to verify eligibility and financial need and inform you if you are approved.



REGISTER. Complete the registration with the organization offering the activity. Advise them that you are supported by P.R.O. Kids.



WE PAY. P.R.O. Kids will cover all or a portion of the activity fees. Generally, organizations bill us directly for these fees.

P.R.O. Kids provides assistance to families whose financial situation may limit the opportunity for their children to participate in the sport, recreation, art or cultural activity of their choice. This service is available to eligible residents of Greater Saint John.



www.prokidssj.ca



there will be tomatoes, beans, and other hot weather vegetables. So much green!!

There will be several free garden workshops offered in the summer months. If you are interested in learning more or want to sign up, check out our Facebook page (www.facebook.com/thegrowingplacecvrc)! More will be posted as the season progresses, or call CVRC 693-8513.

June 19 - Edible "Weed" Identification: Tanya James will explore the properties and uses of plants that typically grow in and around gardens and lawns.

July 10 - Container Gardening: Brian Pike will demonstrate how to design a garden to fit in any space.

The Growing Place Community Garden recently received two fantastic grants: the NB Environmental Trust Fund (\$40,000) and the Community Foundation (\$25,000)! WOW!! Thank you so much for your investment in our *growing* neighbourhood.



MEET LAILA CVRC'S NEWEST TEAM MEMBER

Hello, I'm Laila Elbaghdadi; Palestinian, born and raised in UAE where I earned a Bachelor's degree in IT. I moved to Malaysia in 2014 before immigrating to Ottawa, Ontario in June 2019 as a refugee, then relocated quickly to Saint John, NB in July, 2019.

I worked as an interpreter for various departments of GNB before joining the staff of Crescent Valley Resource Centre. I look forward to meeting everyone. Feel free to reach me at 693-8513 or email at cvrc.elbaghdadi@gmail.com Please say hello next time you're at CVRC.

فلسطينية ولدت ونشأت في الإمارات العربية المتحدة حيث حصلت على بكالوريوس في تكنولوجيا المعلومات. انتقلت إلى ماليزيا في عام 2014 قبل الهجرة إلى كندا في يونيو 2019 كلاجئة ثم انتقلت إلى سانت جون في يوليو 2019. عملت كمترجمة لدى مختلف الإدارات في نيو برنزويك قبل الانضمام إلى موظفي مركز كريسنت فالي. أتطلع إلى لقاء الجميع. لا تترددوا في الاتصال بي على 8513-693-506

HEALTHY START BREAKFAST

Take-home breakfast is available from 9:00am to 10:00am on Wednesdays and Fridays at CVRC, 130 MacLaren Blvd. It's free and delicious! Social distancing will be in place and your community mask is required. Thank you to SECOND HARVEST for supporting our food security initiatives.



CONGRATULATIONS GRADUATES

Are you graduating from high school this year? Is there a 2021 high school graduate in your household?

We want to know about it so we can celebrate! Call CVCTA (658-9658 & leave a message) or CVRC, (693-8513) and enter the student's name in a draw for a \$100 Staples gift card. We will need the graduate's name, address and home phone number.

The graduates who enter will be celebrated on the windows of CVRC and CVCTA. Graduates must live in Crescent Valley. Deadline to submit a CV grad's name is June 21. Draw will be made on June 25.

ConGRADulations!!

GARBAGE PICK-UP REMINDERS

Neighbours, please remember that there are important guidelines for garbage, waste and compost pickup in Crescent Valley. By following the guidelines we can make garbage removal more efficient and help keep the neighbourhood looking tidy.

Please let NB Housing know if you have any questions or concerns about garbage pick-up. Thank you!

TIPS:

- Please put garbage out no later than 7:30am on Thursday mornings for pick up on Thursday during the day.
- All garbage must be in garbage bags that are tied, and placed at the curb-side where the collection team can get to it easily. **Please put it in a location where it is not blocked by vehicles and make sure it is within two meters of the curb.
- There is also a Large Item Pickup every Friday for anything large or loose which can't go in a bag, such as furniture.
- Compost bins are for compost, not garbage. Compost pick up is Fridays, and the cart should be placed at the curb by 7:30 am where the collection team can easily get to it.

MOTHER'S DAY DRAW WINNER



Congratulations to Evin and her mom who were the Mother's Day Draw winners! Thank you to everyone who entered the draw. There are many lucky moms with wonderful children in CV!

STAY SAFE!



FREE RECYCLING PICK-UP

CV neighbours, you can help keep our neighbourhood looking great and help the environment, too. Sign up for the Blue Run FREE recycling pick up in Crescent Valley on Saturday mornings. Plastics, paper, cardboard and metal are picked up at your curb.

If you have any questions or want to start recycling please call CVRC at 693-8513. Special thanks to the Blue Run, the Dept. of Social Development & CVRC for coordinating this service. Check out the contest on page I.

RESUME HELP

The CVRC can provide help building, improving or printing out your resume. All you have to do is come to the CVRC 130 MacLaren Blvd. to grab a resume form, fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! Whether you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome! You can call 693-8513 for more information or just come to 130 MacLaren Blvd. anytime to grab a resume form.

The Crescent Valley Splash Pad will open on June 25, the last day of school! Please follow the guidelines posted to keep the splash pad area fun, safe and family-friendly.

Thank you to the City of Saint John and the Dept. of Social Development who keep the splash pad and park in awesome condition!

Report any damage to the City of Saint John, 658-2908. If you see anyone damaging the splash pad, please contact Saint John Police right away, 648-3333.



MEAL MAKERS CLUB

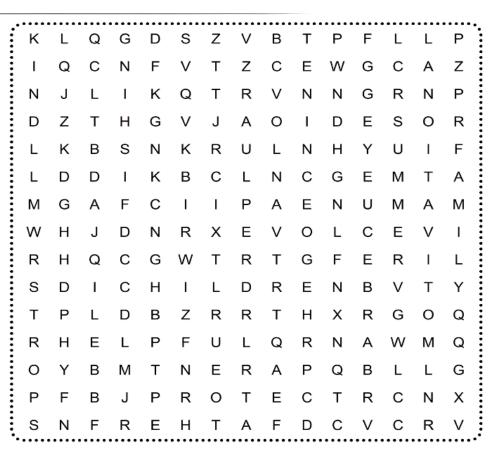
Have you tried Meal Makers Club at CVRC? You receive all the ingredients needed to cook a healthy meal for your family, using a taste-tested recipe from CVRC's Community Food Mentors.

Open to Crescent Valley residents, there is no cost, but **registration is required** and space is limited. Call the CVRC (693-8513) by June 23 to participate in the June 30 Meal Makers Club. Whether you are a beginner or an experienced cook - try one of our recipes and let us know what you think. Thank you to SECOND HARVEST for supporting our food security initiatives.



BARBECUE BRAVE CHILDREN
DAD FAMILY FATHER FISHING
GRILLING HELPFUL JUNE KIND
LOVE MOTIVATIONAL PARENT
PICNIC PROTECT SPORTS
STRONG SUMMER TEACHER

Fathers Day is Sunday June 20



LOW-INCOME SENIORS' BENEFIT PICK UP A FORM AT CVRC

Applications for the one-time \$400 benefit for low-income seniors are available at the CVRC. We can help you fill out and fax or email the form for you.

The deadline to apply is December 30, 2021.

THE FOOD PANTRY

The Crescent Valley Gospel Centre, 500 Somerset Street, has an emergency food pantry for anyone in need. Open Monday, Wednesday and Friday, 10:00 a.m. - 4:00 p.m. by appointment only. Please call 648-9260 to set up an appointment. Occasionally we have clothing and very occasionally furniture - again please make an appointment to come in to see items.



CVRC LIBRARY SERVICES

Our libraries are open again! The CVRC has two small libraries; one for adults and one for children and youth. These libraries are stocked with lots and lots of old and new books. There is no time limit on borrowing, so you can simply bring your books back whenever you are finished with them. Don't worry, we don't charge any late fees! So, come grab some books, the libraries are open Monday to Friday during our open hours.

خدمات مكتبة المركز!

المكتبة فتحت مرة أخرى! يوجد في مركز كريسنت فالي مكتبتان صغيرتان. واحدة للكبار والآخرى للأطفال والشباب! انهما مليئتان بالكثير والكثير من الكتب القديمة والجديدة! لا يوجد حد زمني للاستعارة، لذا يمكنك ببساطة إرجاع كتبك متى ما انتهيت من القراءة. لا تقلق، نحن لا نفرض أي رسوم تأخير! لذا، زر المركز وقم باستعارة بعض الكتب، المكتبة مفتوحة من الاثنين إلى الجمعة خلال ساعات العمل لدينا

CRESCENT VALLEY COMMUNITY TENANTS ASSOC.

55/57 MacLaren Blvd., 658-9658 Email: cvcta55@outlook.com.

On Facebook: Crescent Valley Community Tenants Association

- Memberships are still available at \$5.00 per household. Buy a membership and see what we have to offer for the whole family.
- The general monthly meeting will be on June 29, 6:00 P.M. All are welcome to come and please bring a friend.
- The Crescent Valley Community Tenants Association would like to say Congratulations to all the 2021 graduates. Please remember to register your grad for a chance to win a \$100.00 dollar gift card for Staples. Please register by calling the CVCTA or CVRC and leave a message with the grad's information by June 21st.
- The CVCTA would like to wish all the great fathers in Crescent Valley a very HAPPY FATHER'S DAY.
- Please note, 55/57 MacLaren Blvd. (CVCTA) is now available for rental of special events / occasions following all COVID-19 protocols and restrictions. Call CVCTA and leave a message if interested.

SAINT JOHN BIKE SHARE PROGRAM

Pick up a registration form at CVRC

The Saint John Bike Share Program is ready for another summer! Registration forms for the Bike Share program list are available at the CVRC. Once you fill out your forms and submit them, your name and/or children's names will be added to the waitlist. When we have a bike or bikes available, you will be notified to arrange a pickup! PLEASE NOTE that page

When we have a bike or bikes available, you will be notified to arrange a pickup! PLEASE NOTE that parents or guardians must come to get forms. Forms will no longer be given out to children. If you have a bike that needs to be fixed, come by anytime on Tuesdays or Thursdays and our resident bike technician will help you fix it or fix it up for you.

The Saint John Bike Share Program recently received an amazing grant from the NB Environmental Trust Fund - \$50,000!! As well, a \$5,000 grant from Sport and Recreation Branch

of the Dept. Tourism, Heritage and Culture. The grants will help keep this environment - friendly program operating and more Saint John folks involved in active transportation.

برنامج سانت جون لمشاركة الدراجات

احصل على استمارة التسجيل من مركز كريسنت فالي

برنامج سانت جون لمشاركة الدراجات جاهز لصيف جديد! استمارات التسجيل للبرنامج متوفرة في المركز! بمجرد ملء الاستمارة وإرسالها سيتم إضافة اسمك أو أسماء أطفالك إلى قائمة الانتظار. عندما يكون لدينا الدراجة أو الدراجات المناسبة، سيتم إعلامك للاستلام! يرجى ملاحظة أنه يجب على الأهالي الحضور للحصول على استمارات التسجيل. لن يتم إعطاء استمارات التسجيل للأطفال. إذا كان لديك دراجة تحتاج إلى إصلاح، فقم بزيارتنا في أي وقت يومي الثلاثاء أو الخميس وسيساعدك فنى الدراجات المقيم لدينا في إصلاحها.

CHAT WITH NB HOUSING

NB Housing wants to hear from you.

If you have a question or concern for
Housing's rep please drop into the CV
Resource Center, I 30 MacLaren Blvd on Wednesday
afternoons from I:00-4:00 for confidential, in-person
meetings. Masks are required.

التحدث مع إسكان إن بي

يريد إسكان إن بي أن سماع رأيك. إذا كان لديك سؤال أو استفسار بخصوص الإسكان ، يرجى زيارة المركز بأيام الأربعاء بعد الظهر من 1-4، الإجتماعات سرية و شخصية. ارتداء الكمامة مطلوب.

Saint John Food Purchasing Club

You can now order and pay for the Food Purchasing
Club with e-transfer! If you want to participate,
email your order request and e-transfer your
money to:

Martha.MacLean@HorizonNB.ca or call 632-5537. When emailing your order you MUST include your name, order size (\$15 or \$25), pickup location of choice and contact information. Pay for the order you want (\$15 for one large bag or \$25 for two bags) by the date below.

Pick up your order on pick-up day the following week from 12:00 p.m.— 3:30 p.m. You do not have to buy an order every month — just when it is beneficial to you!

In the North End, Food Purchase Club orders can be placed and picked up at the following locations: Crescent Valley Resource Centre, 130 MacLaren Blvd., 693-8513 and the Nick Nicolle Community Centre, 85 Durham St., 658-2980.

Food Purchasing Club Deadlines

Month	Money Due	Pick up
June	11	18
July	16	23
August	13	20
September	10	17
October	15	22
November	12	19
December	10	17

SOMERSET PRESCHOOL UPDATE

Somerset Preschool Inc. will hold its 49th Graduation Ceremony on June 11th. It will be an exciting outdoor event because of Public Health protocols. All the children are looking forward to summer activities, especially the splash pad. Here's to a safe and happy summer from all of us at 84 Ropewalk Rd!

For fall registration please call 652-3524, spaces available in September for ages 2 years to 4 years.

Heidi MacDonald, Director



Domestic Violence Help

Domestic Violence has many forms, it can be physical, emotional, sexual, or financial abuse. If you or anyone you know is living in an abusive relationship, you are not alone! Domestic Violence Outreach can help. DVO is a free confidential service providing one on one counselling, safety planning, liaison to other community services and onsite visits to other community agencies. DVO can be contacted through Kelly at 506-649-2580 and Kate at 506-632-5616.



العنف المنزلي له أشكال عديدة ، يمكن أن يكون إساءة جسدية أو عاطفية أو جنسية أو مالية. إذا كنت أنت أو أي شخص تعرفه يعيش في علاقة مسيئة ، فأنت لست وحدك! برنامج التوعية بالعنف المنزلي هنا للمساعدة. هذه خدمة سرية مجانية تعمل على تحسين حياة الأفراد المتأثرين بالعنف المنزلي. يقدم المشورة الفردية ، وتخطيط السلامة ، والاتصال بخدمات المجتمع الأخرى ، ويقوم بزيارات ميدانية لخدمات المجتمع الأخرى. يمكن الاتصال بالبرنامج من خلال كيلي على الرقم 2580-649 وكيت على الرقم 6561-649.

YOUR CORNER

We hope you enjoy this poem by our CV neighbour Tammy Willard. Tammy is very creative, and she uses her creativity to help her get through difficult times. We think you will be inspired!

A BATTLE WITHIN US ALL

By Tammy Willard ©

Believe in yourself who ever you are, don't ever stop reaching for that life filling star, you're strong and you're powerful in your own way, so love yourself always especially today.

Don't ever give up no matter how tough life gets, reach deep in yourself and have no regrets. Life can capture our hearts in every way, or throw us real curves on any day.

Life can be exciting, joyous and fun, or filled with true torment from everyone. When times get real bad, it is so hard to smile, however if you believe in yourself it will only last a short while.

Fulfill your life the best way you can, fight for yourself and the things that you planned. Don't ever stop dreaming, and believing in yourself, because there's no higher power, and no greater wealth.

Do you have a story to tell, a person or community service you would like to acknowledge, or a poem or drawing to share? Share it with the neighbourhood in the next edition of Crescent Valley News.

Email us at crescentvalleyresourcecentre@gmail.com or drop it off to the Centre, 130 MacLaren Blvd. by June 20. You must include your name, phone number and address with whatever you submit, but only your name will be included in the newsletter.

هل لديك قصة ترويها، أو شخص أو خدمة مجتمعية ترغب في االتحدث عنها، أو قصيدة أو رسمة تريد مشاركتها؟

هذه هي مساحتك لمشاركتها مع الحي في الإصدار القادم من أخبار كريسنت

أرسل بريدًا إلكترونيًا إلى

crescentvalleyresourcecentre@gmail.com أو أرسله في المركز، 20 يونيو، يجب عليك كتابة اسمك وعنوانك مع كل ما ترسله، وسيتم نشر اسمك في النشرة الإخبارية. المساحة محدودة.









The CVRC can fax resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents.

THE CRESCENT VALLEY RESOURCE CENTRE GRATEFULLY ACKNOWLEDGES THE GENEROUS SUPPORT OF























Anglin Drive Neighbourhood Tenants Assoc.

• 143 Anglin Drive, 658-9119

Crescent Valley Community Tenants Assoc. (CVCTA)

• Janet McLaughlin, President; 55 MacLaren Blvd., 658-9658

Crescent Valley Resource Centre (CVRC)

• Anne Driscoll - Executive Director, 130 MacLaren Blvd., 693-8513; crescentvalleyresourcecentre@gmail.com, Socials: @cvrcsj &www.crescentvalleyresourcecentre.ca

Hazen White - St. Francis School

Megan Donovan, Principal, 658-5343

Neighbourhood Police Officer

• Sgt. David Hartley-Brown; CVRC, 130 MacLaren Blvd., 721-9103; david.hartley-brown@saintjohn.ca

The Growing Place Community Garden | Saint John Bike **Share Program**

Crescent Valley Resource Centre, 693-8513

Social Development (Housing)

- Maintenance; 658-5167 | Pest Control; April, 643-2080
- Tony White, Tenant Relations Officer; 658-5162
- To apply for any programs and services with Social Development: I-833-733-7835

