

## كتب نشاط فصل الربيع

اقترب الربيع! احتفل بتغيير الفصل مع كتاب أنشطة بعنوان الربيع! قم بزيارة المركز يوم الاثنين 22 مارس للحصول على كتاب! ستحتوي كتب الأنشطة هذه على أشياء ممتعة مثل صفحة التلوين والكلمات المتقاطعة والبحث عن الكلمات وتحديد الفرق. ستكون كتب أنشطة الربيع هذه متاحة حتى نفاذها، لذا تأكد من الحضور للحصول على كتاب في أسرع وقت ممكن!



## SPRING ACTIVITY BOOKS

Spring is almost here! Celebrate the change of season with a spring themed activity book!

Come to the CVRC on Monday, March 22nd to pick one up! These activity books will contain fun stuff like a colouring page, crossword, word search and spot the difference.

These spring activity books will be available until they run out, so make sure to come by to get one as soon as you can!

## توزيع الكتب

يستضيف مركز كريستنت فالي توزيع الكتب للأطفال! سيكون هناك الكثير من الكتب الرائعة الجديدة والمستعملة برفق! لذا، زر المركز يوم الأربعاء، 17 مارس في أي وقت بين الساعة 2 مساءً - 4 مساءً للحصول على بعض الكتب الرائعة! تأكد من الوصول إلى المركز في الوقت المناسب قبل أن تذهب أفضل الكتب! قد يكون هناك حلوى بمناسبة يوم القديس



باتريك 😊!

## CHILDREN'S BOOK GIVEAWAY

The CVRC is hosting a KIDS BOOK give away!

There will be lots of great new and gently used books available! So, come down to the CVRC on Wednesday, March 17th anytime between 2pm-4pm to get some cool books!

Make sure to get to the CVRC on time before the best books go! Remember to wear a mask! 🌿



## MEAL MAKERS CLUB

Have you tried Meal Makers Club at CVRC? You receive all the ingredients needed to cook a healthy meal for your family, using a taste-tested recipe from CVRC's Community Food Mentors. Open to Crescent Valley residents, there is no cost, but **registration is required** and space is limited. Call the CVRC (693-8513) by March 17 to participate in the March 24 Meal Makers Club. Whether you are a beginner or an experienced cook - try one of our recipes and let us know what you think.

## INTERNATIONAL WOMEN'S DAY



International Women's Day

This year's theme for International Women's Day (March 8) is **Choose to Challenge**. We recognize the amazing women of Crescent Valley who challenge for change in our community and the world. Will you choose to challenge and call out gender bias, stereotypes and discrimination every time you see it? **Raise your hand high to reinforce and show solidarity.**

#ChooseToChallenge #IWD2021  
www.internationalwomensday.com



# RESUME HELP



The CVRC can provide help building, improving or printing out your resume. All you have to do is come to the CVRC 130 MacLaren Blvd. to grab a resume form, fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for

you! Whether you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome! You can call 693-8513 for more information or just come to 130 MacLaren Blvd. anytime to grab a resume form.

## SOUP'S ON! AT CVRC



Drop by the Crescent Valley Resource Centre (130 MacLaren Blvd.), every Thursday for a bowl of home-made soup. Soup will be available (for takeout only) from 12:00 - 1:00pm, and it's free! Stop by CVRC and treat your tummy during the cold winter months. Don't forget your mask!



## Home Energy Assistance Program

Applications for the Home Energy Assistance Program are available at the CVRC, and we can fax completed applications for you.

The program - offered by the Province of New Brunswick, provides a \$100 benefit to help low-income families cope with high energy prices.

The program will provide a payment of **\$100** to families with incomes up to and including \$30,000.

The deadline to apply for the 2020 benefit is June 30, 2021.

## SPRING AHEAD!

Move your clocks ahead one hour, Sunday, March 14, 2:00 am.



# HEALTHY START BREAKFAST

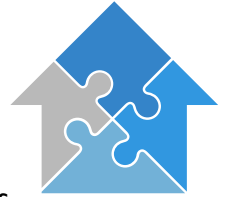


Take-home breakfast is available from 9:00am to 10:00am on Wednesdays and Fridays at CVRC, 130 MacLaren Blvd. It's free and delicious!

Quantities are limited. Social distancing will be in place and your community mask is required.

تتوفر وجبة الإفطار الجاهزة للتناول في المنزل من الساعة 9:00 صباحاً حتى 10:00 صباحاً أيام الأربعاء والجمعة في المركز. إنه مجاني ولذيذ! الكميات محدودة. سيكون التباعد الاجتماعي وارتداء الكمامة الخاص بك مطلوب.

## CHAT WITH NB HOUSING



Chat with NB Housing on Wednesdays is unable to meet in-person while we are in the Orange Phase of COVID restrictions, however, **NB Housing's rep still wants to hear from you.** If you have a question or concern for Housing's rep please call CVRC (693-8513) or DM us on Facebook with your phone number and we will make sure you are connected. When we are back to the Yellow phase Chat with NB Housing will return to the Resource Center on Wednesday afternoons from 1:00-4:00 for in-person meetings.

## التحدث مع إسكان إن بي

لا يمكن الإلتقاء شخصياً مع إسكان إن بي أيام الأربعاء أثناء وجودنا في المرحلة البرتقالية من قيود جائحة كوفيد، ومع ذلك، لا يزال ممثل إسكان إن بي يريد أن يسمع منك. إذا كان لديك سؤال أو استفسار بخصوص الإسكان، فيرجى الاتصال بالمركز (693-8513) أو إرسال رسالة مباشرة إلينا على فيسبوك و قم بإرسال رقم الهاتف الخاص بك و سنأكد من اتصالك. عندما نعود إلى المرحلة الصفراء، ستعود ا فرصة اللقاء شخصياً للتحدث مع إسكان إن بي في المركز بعد ظهر الأربعاء من الساعة 1-4 مساءً.

## FREE RECYCLING PICK-UP



CV neighbours, you can help keep our neighbourhood looking great and help the environment, too. Sign up for the Blue Run FREE recycling pick up in Crescent Valley on Saturday mornings. Plastics, paper, cardboard and metal are picked up at your curb.

If you have any questions or wish to start recycling please call CVRC at 693-8513. Special thanks to the Blue Run, the Dept. of Social Development and CVRC for coordinating this service.

# Somerset Preschool Update

**Somerset** Preschool is still recovering from such a busy February. So many storm days, and so much ice to deal with! We have hired 3 new Educators to our team and cannot wait to explore our neighbourhood with them. We are working on a surprise to mark March 8th, which is International Women's Day and The United Nations Day for Women's Rights and International Peace. More details will follow on our FaceBook page. We hope everyone is safe and well, and are wishing for an early spring like we are.



Heidi MacDonald, Director, 652-3524

# Saint John Food Purchasing Club

You can now call in your Food Purchasing Club order and pay with e-transfer! If you want to participate, email your order request and e-transfer your money to

**Martha.MacLean@HorizonNB.ca** or call 632-5537.

When emailing your order you **MUST** include your name, order size (\$15 or \$25), pickup location of choice and contact information.

Pay for the order you want (\$15 for one large bag or \$25 for two bags) by the date below.

Pick up your order on pick-up day the following week from 12:00 p.m.– 3:30 p.m. You do not have to buy an order every month – just when it is beneficial to you!

In the North End, Food Purchase Club orders can be placed and picked up at the following locations: Crescent Valley Resource Centre, 130 MacLaren Blvd., 693-8513 and the Nick Nicolle Community Centre, 85 Durham St., 658-2980.

# 2021 Food Purchasing Club Deadlines

Month	Money Due	Pick up
March	12	19
April	16	23
May	14	21
June	11	18
July	16	23
August	13	20
September	10	17
October	15	22
November	12	19
December	10	17

# HWSF SCHOOL NEWS

- Kindergarten registration is underway, if your child will be attending in the fall, we encourage you to register at: <https://www.nbed.nb.ca/preregistration/Default?strlang=en&district+asds>
- Our pre-k program offered by the YMCA is available. You can contact the school at 506-658-5343 for information on this great program.
- There will be no school for students from March 1-5 as this is March Break.

Kate MacDonald, Community Schools Coordinator, Hazen-White St. Francis, 506-566-1985 (cell).  
Barbara.MacDonald@nbed.nb.ca



# Domestic Violence Help

Domestic Violence has many forms, it can be physical, emotional, sexual, or financial abuse. If you or anyone you know is living in an abusive relationship, you are not alone! Domestic Violence Outreach can help. DVO is a free confidential service providing one on one counselling, safety planning, liaison to other community services and onsite visits to other community agencies. DVO can be contacted through Kelly at 506-649-2580 and Kate at 506-632-5616.



**العنف المنزلي** له أشكال عديدة ، يمكن أن يكون إساءة جسدية أو عاطفية أو جنسية أو مالية. إذا كنت أنت أو أي شخص تعرفه يعيش في علاقة مسيئة ، فأنت لست وحدك! برنامج التوعية بالعنف المنزلي هنا للمساعدة. هذه خدمة سرية مجانية تعمل على تحسين حياة الأفراد المتأثرين بالعنف المنزلي. يقدم المشورة الفردية ، وتخطيط السلامة ، والاتصال بخدمات المجتمع الأخرى ، ويقوم بزيارات ميدانية لخدمات المجتمع الأخرى. يمكن الاتصال بالبرنامج من خلال كيلي على الرقم 649-2580 وكيت على الرقم 632-5616.

# Crescent Valley

## Contacts



**Anglin Drive Neighbourhood Tenants Assoc.**  
• 143 Anglin Drive, 658-9119

**Crescent Valley Community Tenants Assoc. (CVCTA)**  
• Janet McLaughlin, President; 55 MacLaren Blvd., 658-9658

**Crescent Valley Resource Centre (CVRC)**  
• Anne Driscoll - Executive Director,  
130 MacLaren Blvd., 693-8513;  
crescentvalleyresourcecentre@gmail.com,  
Socials: @cvrcsj & www.crescentvalleyresourcecentre.ca

**Hazen White - St. Francis School**  
• Megan Donovan, Principal, 658-5343

**Neighbourhood Police Officer**  
• Sgt. David Hartley-Brown; CVRC, 130 MacLaren Blvd.,  
721-9103; david.hartley-brown@saintjohn.ca

**The Growing Place Community Garden | Saint John Bike Share Program**  
• Crescent Valley Resource Centre, 693-8513

**Social Development (Housing)**  
• Maintenance; 658-5167 | Pest Control; April, 643-2080  
• Tony White, Tenant Relations Officer; 658-5162  
• To apply for any programs and services with Social Development: 1-833-733-7835

## NEW! YOUR CORNER

Do you have a story to tell, a person or community service you would like to acknowledge, or a poem or drawing to share? This is **YOUR** space to share it with the neighbourhood in the next edition of Crescent Valley News. Email us at [crescentvalleyresourcecentre@gmail.com](mailto:crescentvalleyresourcecentre@gmail.com) or drop it off to the Centre, 130 MacLaren Blvd. by March 20. You must include your name, phone number and address with what ever you submit, but only your name will be included in the newsletter. Space is limited.

هل لديك قصة ترويحها، أو شخص أو خدمة مجتمعية ترغب في التحدث عنها، أو قصيدة أو رسمة تريد مشاركتها؟

هذه هي مساحتك لمشاركتها مع الحي في الإصدار القادم من أخبار كريستنت فالي.

أرسل بريدًا إلكترونيًا إلى

[crescentvalleyresourcecentre@gmail.com](mailto:crescentvalleyresourcecentre@gmail.com) أو أرسله في المركز، بحلول 20 مارس، يجب عليك كتابة اسمك وعنوانك مع كل ما ترسله، وسيتم نشر اسمك في النشرة الإخبارية. المساحة محدودة.



CRESCENT VALLEY RESOURCE CENTRE



**The CVRC** can fax resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents.

THE CRESCENT VALLEY RESOURCE CENTRE  
GRATEFULLY ACKNOWLEDGES THE  
GENEROUS SUPPORT OF



## SPRING MADNESS WORD SEARCH



Find all the Spring themed words



CLOUDS DAMP EASTER FAMILY FLOWERS  
FRESH GRASS GREEN MARCH NEW RAIN  
SEASON SPRING SUN WARM STEAM

R F R E F R M T X S P R I N G  
X Y E Z A Z B V T F P X E R Q  
M E T Y M S E A S O N E R F O  
L D Q K I X T C A G R A S S V  
V S U N L G Y E Y G O V W T L  
G V I I Y H B B R F R E S H W  
Y U C P C G Y B P A O Z N D A  
D A M P D U U E I S A P T L R  
J L R L X E M A R C H B G N M  
W D G M Z D M E H N I N I B Q  
Q F Q J N E W O X F G A Y T R  
N A J S O O B I X S R G N K J  
K Q M C L O U D S N P X R D E  
K I P F E I Z L S Z G F Y I S  
N S B E S M H K A A H H K F A