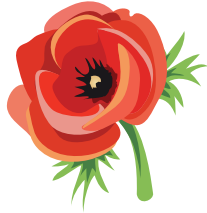


## REMEMBRANCE DAY POPPY

November 11<sup>th</sup> is a profoundly important day in Canada. On this day we remember and honour the members of the military who gave and risked their lives to protect us and keep us safe. Due to COVID-19 restrictions, we are unable to come together to show our respect at Saint John's annual Remembrance Day ceremony, so the CVRC will be giving out poppy colouring pages to colour and put in your windows.

The poppy has long been a symbol of Remembrance Day and it is important to uphold this important tradition. This is not just for kids, but for anybody who wants to show their respect for the millions of individuals that have served and sacrificed their lives for us. These Poppy pages will be available at CVRC until November 10<sup>th</sup>. Let's not forget.



## يوم الذكرى

11 نوفمبر يوم مهم للغاية في كندا. في هذا اليوم، نتذكر ونكرم أفراد الجيش الذين ضحوا بحياتهم وخاطروا بها لحمايتنا والحفاظ على سلامتنا. نظرًا لقيود الجائحة، لا يمكننا أن نجتمع معًا لإظهار احترامنا في احتفال يوم الذكرى السنوي لسانت جون، لذلك سيقدم المركز صفحات الوردة الحمراء (Poppy) لتلوينها ووضعها في نوافذك. لطالما كانت الوردة رمزًا ليوم الذكرى ومن المهم التمسك بهذا التقليد المهم. هذا ليس للأطفال فقط، ولكن لأي شخص يريد إظهار احترامه لملايين الأفراد الذين خدموا وضحوا بحياتهم من أجلنا. ستكون صفحات Poppy هذه متاحة حتى 10 نوفمبر. حتى لا ننسى



## CHAT WITH NB HOUSING

If you have any NB Housing concerns, please drop in to the CVRC, 130 MacLaren Blvd., Wednesday afternoons between 1:00 pm-4:00 pm starting November 18<sup>th</sup>. A staff person from Social Development will be there to answer your questions on the following dates: Nov. 18<sup>th</sup>, Nov. 25<sup>th</sup>, Dec. 2<sup>nd</sup>, Dec. 9<sup>th</sup>, and Dec. 16<sup>th</sup>. Please take this opportunity to stop in and discuss any concerns you have.

إذا كان لديك أي مخاوف تتعلق بالإسكان (NB Housing)، فيرجى زيارة المركز بعد ظهر أيام الأربعاء بين الساعة 1-4 مساءً بدءًا من 18 نوفمبر.

سيكون هناك موظف من قسم التنمية الاجتماعية للإجابة على أسئلتك في التواريخ التالية: 18 نوفمبر و 25 نوفمبر و 2 ديسمبر و 9 ديسمبر و 16 ديسمبر.

## LOOKING FOR A JOB?

The CVRC can provide help building, improving or printing out your resume.

All you have to do is come to the CVRC to grab a resume form, fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! Whether you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome! You can call 693-8513 for more information or just come to 130 MacLaren Blvd. anytime to grab a resume form.

## Kid's Book Giveaway

The CVRC has A LOT of BRAND NEW, WAY COOL kids' books to give away! Totally FREE! This book giveaway will take place on Wednesday, November 18<sup>th</sup> from 1-4pm. Parents/guardians are welcome to come pick out a book for their child or children OR kids can swing by after school to grab one. We'll be giving out some snacks, too!



## توزيع كتب الأطفال!

لدى المركز الكثير من كتب الأطفال الرائعة و الجديدة للتوزيع! مجاناً تماماً! سيتم تقديم هذه الكتب يوم الأربعاء 18 نوفمبر من الساعة 1 إلى 4 مساءً. الآباء / الأوصياء مدعوون للحضور لاصطحاب كتاب لأطفالهم أو يمكن للأطفال القدوم للمركز بعد المدرسة للحصول على كتاب. سنقدم بعض الوجبات الخفيفة أيضاً!



October was the end of the garden season, and the end of the year means there is a lot of cleanup to get done. Luckily, we had the help of some hardworking students from Hazen White-St. Francis School! The students spent time learning about the garden, clearing out garden plots, and playing some lawn games in the green space. Thank you to all our wonderful helpers!

## Healthy Start Breakfast



Healthy Start Breakfast program is back!! We have take-home bagged breakfast available from 9:00am to 10:00am on Wednesdays and Fridays. Come get your breakfast and a coffee from the CVRC lobby!

Quantities are limited. Social distancing will be in place and please wear your community mask.

تتذكر برنامج الفطور الصحي؟ هذا الشهر يعاد!! ستتوفر وجبات الإفطار الجاهزة من 9 إلى 10 صباحًا يومي الأربعاء والجمعة بدءًا من 9 سبتمبر. تعال واحصل على فطورك وقهوة من مدخل الاستقبال!



## BOOKS AND BREW

Hey parents! The CVRC is giving out FREE coffee on Tuesdays from 1:00pm-2:00pm to parents bringing their kids back home from school. You can stop by the CVRC and grab a freshly brewed coffee while your child grabs a book from our cool little library! See ya soon!

Are your kids all grown up? Stop by for a coffee even if you don't have kids in school! Let us know how you are doing these days.

## MEAL MAKERS CLUB



Whether you are a beginner or an experienced cook try one of our recipes and let us know what you think. You will receive all the ingredients needed to cook a healthy meal for your family. This free program is open to Crescent Valley residents. Registration is required - please call the CVRC (693-8513) by November 18 for the November meal pack. Space is limited.

## 2020 CHRISTMAS REGISTRATION AT RIVERCROSS MISSION

North End neighbours, check out the opportunities provided by RiverCross Church volunteers so you can register for Christmas programs. **THE DEADLINE FOR EACH PROGRAM IS DIFFERENT.**

**Empty Stocking Fund:** Wal-Mart gift card for each child ages 1 to 12. Deadline – November 16.

**Christmas Exchange:** Gift card for food for Christmas Dinner for you and everyone in your household. Deadline – November 25.

Due to COVID-19, registration will take place at one location only. Registration **begins November 2 at RiverCross Mission, 211 Main Street North.**

- Mondays, 9 AM - 1 PM
- Tuesdays, 9 AM - 1 PM
- Wednesdays, 2 PM - 6 PM (closed November 11)
- No registration on Thursday or Friday.

Please remember to:

- wear a mask
- observe 2-metre distancing
- bring a current (not expired) Medicare card for each person
- and bring proof of address (driver's license, health card, bill, rent receipt)

You can only register once for Empty Stocking Fund and Christmas Exchange.

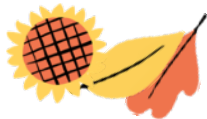
Thank you RiverCross Church volunteers for providing this service!!



**CRESCENT VALLEY  
COMMUNITY TENANTS ASSOC.**  
55/57 MacLaren Blvd., 658-9658  
Email: [cvcta55@outlook.com](mailto:cvcta55@outlook.com). On Facebook:  
*Crescent Valley Community Tenants Association*

- **Memberships:** for 2020 are \$5.00 per household, call CVCTA at 658-9658 and leave a message.
- **Streetlights:** If you see any streetlights out please call Wanda, at 642-6501. Leave a message and she will return your call.
- **General monthly meeting:** November 24, 7:00 p.m. Childcare will be provided, and everyone is welcome to come. **Community face masks are mandatory while inside the CVCTA unit.**
- **Book Club and Bible study** are canceled until further notice.
- **Christmas Celebration:** We will be having a Christmas Celebration Party this year for children and youth up to 18 years old. The deadline for registration is November 20, 5:00 p.m. This event is for children and youth up to 18 years old. Call Janet at 642-5670 to register – **you MUST BE A MEMBER OF THE TENANTS ASSOCIATION to participate.**
- If you would like to purchase a **poppy** or give a donation, please stop in at 57 Maclaren Blvd.

**Did you know? The Crescent Valley Community Tenants Association provides delivery of the CV News to your door each month.**



## CVRC LIBRARY SERVICES

**The** libraries are open again! The CVRC has two small libraries; one for adults and one for children and teens! These libraries are stocked with lots and lots of old and new books! There is no time limit on borrowing, so you can just bring your books back whenever you are finished with them. Don't worry, we don't charge any late fees! So, come grab some books, the libraries are open Monday to Friday!

## RECYCLING CONTEST



CV neighbours – our CV Recycling Contest is over. Thank you to the many households who continue to keep our neighbourhood (and the planet) cleaner.

Congratulations to all the lucky winners. The final winners are: (October 3), 35 Howard Court and 9 Coronation Court – \$10.00 gift card, and 47 Flemming Court and 27 Coronation Court - \$25.00 gift cards. Keep up the good work everyone.

If you have any questions or wish to start recycling call CVRC 693-8513. Special thanks to the Blue Run, the Dept. of Social Development and CVRC for making the recycling contest possible.

Be sure to put your recycling at the curb by 10am on Saturday morning.

## Conversation Groups at The Saint John Newcomers Centre

In order to completely understand a new language, we know we have to practice it, either in writing or in conversation. French and English Conversation Groups at the Saint John Newcomers Centre are run by a volunteer instructor team. Newcomers can expect conversations that will allow them to use their new language to talk about their daily experiences discovering Maritime and Canadian culture. Newcomers should contact a settlement advisor at the Saint John Newcomers Centre to learn more about how Conversation Groups can help them reach their settlement and citizenship goals. For more information please contact [welcome@sjnewcomers.ca](mailto:welcome@sjnewcomers.ca) or call 642-4242.

**The Crescent Valley Resource Centre will closed on Wednesday, November 11 to observe Remembrance Day.**

**Please take a few moments to check in on the senior citizens in our neighbourhood who may be alone or unable to get outside.**





## SAINT JOHN BIKE SHARE PROGRAM

### GET YOUR WHEELS ROLLING!

If you or your family members would like to receive a bike, or if you would like to donate a gently used bicycle to the program, please contact Crescent Valley Resource Centre at 693-8513 to pick up an application, or arrange a time to drop off your used bicycle.

Our bike technician Wayne can tune up your bike and get it ready for the road. If you need a quick repair for your bicycle our tune-up days are Tuesday and Thursday from 10:00am until 3:00pm, stop by or give us a call for more information.

Thank you to the New Brunswick Environmental Trust Fund, PROKids-SJ, NB Department of Social Development and the many volunteers who are supporting this active transportation initiative.

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### PRESCHOOL PLAYGROUP FALL SESSION

Due to Covid restrictions, participants for the Saint John Family Resource Centre playgroup at Crescent Valley Resource Centre must pre-register in advance. The registration for the Fall playgroup is now full. Drop-ins are not permitted at this time.

If you would like to take part in the winter 2021 playgroup at the Crescent Valley Resource Centre, and are a registered participant with the SJFRC, please email Barb at [barb.muir@frc-crfsaintjohn.com](mailto:barb.muir@frc-crfsaintjohn.com) or call 633-2182 and leave a message.

Follow @SJFRC on Facebook for updates and registration announcements.

## FOOD PURCHASE CLUB



### Saint John Food Purchasing Club now accepts E-Transfer!

You can now call in your Food Purchasing Club order and pay with e-transfer! It is easier than ever to get your monthly bags of fruit and veggies. If you want to participate, email your order request and e-transfer your money to **Martha.MacLean@HorizonNB.ca** or call 632-5537.

When emailing your order, you **MUST** include your name, order size (\$15 or \$25), pickup location of choice (see list below), and contact information.

Pay for the order you want (\$15 for one large bag or \$25 for two bags) by one of the dates below. Pick up your order on pick-up day the following week from 12:00 p.m.– 3:00 p.m from the same location you ordered. You do not need to buy an order every month – just when it is beneficial to you!

In the North End, Food Purchase Club orders can be placed and picked up at the following locations:

- Crescent Valley Resource Centre, 130 MacLaren Blvd., 693-8513
- Nick Nicolle Community Centre, 85 Durham St., 658-2980

The remaining dates to place & pick up an order for 2020:

- November - Money due Nov 13 | Pick up Nov 20
- December - Money due Dec 11 | Pick up Dec 18

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This year more than ever it's important to protect yourself and your family from the flu. A pharmacist can provide the vaccine to everyone except children under 5 years of age, and it's free of charge. For children under 5, please contact your healthcare provider. Here is a list of North End pharmacies offering flu shots. Please call them for information and to book an appointment.

- Jean Coutu, 35 University Ave, 696-0000
- Loblaw Pharmacy, 680 Somerset St. · In Atlantic Superstore, 658-6094
- Port City Pharmacy, 333 Main St., 663-9898
- Shoppers Drug Mart, 57 Lansdowne Ave. - In Lansdowne Plaza, 636-7700
- Sobeys Pharmacy, 149 Lansdowne Ave., 642-3665

Please wear a mask and appropriate clothing so that the pharmacist can access your shoulder.







**Anglin Drive Neighbourhood Tenants Assoc.**  
• 143 Anglin Drive, 658-9119

**Crescent Valley Community Tenants Assoc. (CVCTA)**  
• Janet McLaughlin, President; 55 MacLaren Blvd.,  
658-9658

**Crescent Valley Resource Centre (CVRC)**  
• Anne Driscoll - Executive Director,  
130 MacLaren Blvd., 693-8513;  
crescentvalleyresourcecentre@gmail.com,  
Socials: @cvrcsj & www.crescentvalleyresourcecentre.ca

**Hazen White - St. Francis School**  
• Megan Donovan, Principal, 658-5343

**NEW-C (North End Wellness Centre), 649-2704**

**Neighbourhood Police Officer**  
• Sgt. David Hartley-Brown; CVRC, 130 MacLaren Blvd.,  
721-9103; david.hartley-brown@saintjohn.ca

**Saint John Bike Share Program**  
• Crescent Valley Resource Centre, 693-8513

**Social Development (Housing)**  
• Maintenance; 658-5167 | Pest Control; 643-2080  
• Tony White, Tenant Relations Officer; 658-5162



**The CVRC** has a fax machine and we can fax resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents.

THE CRESCENT VALLEY RESOURCE CENTRE  
GRATEFULLY ACKNOWLEDGES THE  
GENEROUS SUPPORT OF

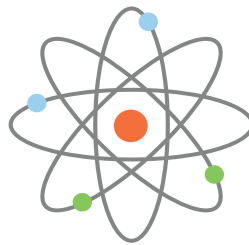


## Did you know?

**The CVRC** has an emergency (once per month) diapers and formula program? We carry infant formula and diapers from newborn to size 6. Available whenever the Centre is open.

**The Clothing Room** at CVRC is open: Free, new & used clothing for women, men and children is available. One person at a time. Masks are required.

## FREE SCIENCE KITS



**The CVRC** is giving away **FREE**, cool science kits during the month of November, or at least until they run out! These science kits contain a book to read, a science/activity book and all the supplies you need to complete all the fun little experiments and activities! The activities in this kit are based around **STEM** which stands for science, technology, engineering, and math! So, come grab one - or even a few, at 130 MacLaren Blvd. or call 693-8513 for more information. These kits are great for elementary and middle school kids and are both educational and fun!

## عدة علوم مجانية

يقدم المركز عدة علوم رائعة مجانية خلال شهر نوفمبر! أو على الأقل حتى نفاذ الكمية! تحتوي العدة هذه على كتاب للقراءة وكتاب علمي / نشاط وجميع المستلزمات التي تحتاجها لإكمال جميع التجارب والأنشطة الصغيرة الممتعة! تعتمد الأنشطة في هذه العدة على STEM والتي تعني العلوم والتكنولوجيا والهندسة والرياضيات! لذا، تعال واحصل على واحدة أو حتى عدد قليل منها في 130 MacLaren Blvd. أو اتصل على 693-8513 لمزيد من المعلومات. هذه العدة رائعة لأطفال المدارس الابتدائية والمتوسطة وهي تعليمية وممتعة!

# CV NEIGHBOURHOOD: A GREAT PLACE TO LIVE!

Thank you to everyone who filled out the CV Survey last month. Your comments and suggestions are very helpful and it is clear you care about the neighbourhood. In an effort to make our Crescent Valley community safer for you and your children I want to remind everyone that we all need to do our part:

- 1) Please follow the posted speed limits of 50kmh. Driving over the speed limit could result in a fine of \$172.50 and a loss of points and possibly higher insurance premiums.
- 2) Please obey all STOP SIGNS. Driving through a STOP sign could result in fine of \$172.50.
- 3) Please do not use your cellphone while driving, it is a distraction that could result in an accident and injury to you or others, and you could get a fine of \$172.50.

Thank you and drive safely!  
SGT. David Hartley-Brown, Saint John Police Force

شكرا لكل من قام بملء استبيان كريستنت فالي الشهر الماضي. تعليقاتكم واقتراحاتكم مفيدة للغاية ومن الواضح أنكم مهتمين بالحي. في محاولة لجعل مجتمع كريستنت فالي أكثر أماناً لكم ولأطفالكم، أود تذكير الجميع بأننا جميعاً بحاجة إلى القيام بدورنا:

- 1) يرجى اتباع حدود السرعة و هي 50 كم / ساعة. القيادة فوق الحد الأقصى للسرعة قد يؤدي إلى غرامة قدرها 172.50 دولارًا وخسارة نقاط وربما أقساط تأمين أعلى.
- 2) يرجى مراعاة جميع إشارات التوقف. عدم التوقف و المرور خلال الإشارة قد يؤدي إلى غرامة 172.50 دولار.
- 3) من فضلك لا تستخدم الهاتف المحمول الخاص بك أثناء القيادة، فهو إلهاء قد يؤدي إلى وقوع حادث وإصابة لك أو للآخرين، وقد تحصل على غرامة قدرها 172.50 دولار.

شكرا لك وقد بأمان!  
الرقيب ديفيد هارتلي براون، شرطة سينت جون



# SCHOOL NEWS

- Kindergarten registration is currently open for those who will be attending in September 2021. Here is the link: <https://www.nbed.nb.ca/preregistration/Default?strlang=en&district=asds>
- Our Early Learning Centre is now taking registrations. Please contact the school at 506-658-5343 for information on this exciting opportunity.
- There will be no school for students November 11 & 20.
- One of our classes had a field trip to the community garden (The Growing Place) this past month. Here are some of the things that our students had to say about this special visit:
  - "I like the games. I like the nice people. I love planting. I had fun."
  - "What I liked about the field trip: games, garden, the walk."
  - "We help with the garden and we play nice games. The boss of the garden she is a nice girl. Thank you for the nice time."
  - "What I liked about the field trip: That we are a family, games, I brought back beans, I got to see a baby carrot."

I am excited for what this year holds as we continue to strengthen our community connection.

Kate MacDonald, Community Schools Coordinator  
Hazen-White St. Francis School, 647-1265



Hazen White - St. Francis School students at the Growing Place Community Garden.