

# CRESCENT VALLEY NEWS

Respect for me | Respect for you | Taking responsibility for all I do

## LOOK WHAT'S GOING ON IN CRESCENT VALLEY

### BLACK HISTORY MONTH AT THE CV LIBRARY

February is Black History Month

In celebration of Black History Month, the CVRC children's and adult library will have a special collection of new and gently used books on display that will be available to borrow. These books will cover subjects related to black history as well as books by prominent black authors.

### HAPPY VALENTINE'S DAY

Valentine's Day is a wonderful time to show some love to the people you care about, whether it be a spouse, partner, neighbour, teacher, friend, family member or someone you simply respect or admire. The CVRC will be hosting a fun Valentine's Day card making pop-up where you can make a card for one or a few of those people! This event takes place between 1:30-4:00pm on Monday, February 13th. There will be FREE snacks and lots of craft materials provided.



**Friendly Reminder:** Crescent Valley has a **SAFE NEEDLE DISPOSAL BOX** located outside of the CVRC building at 130 MacLaren Boulevard. You can find it by going in the driveway across from the Splash Pad. This box allows people to safely dispose of needles they have used or found outside. PLEASE, be very careful if you choose to dispose of a found needle on your own. Do not touch them with your bare hand. If you would rather not dispose of it on your own, you can call 648-4455 and a representative from the City will come and dispose of them.

In the interest of safety, talk to your children, grandchildren, etc., to warn them to stay away from any needles they may find and to immediately tell an adult they trust if they see one.

### FAMILY BOARD GAME NIGHT

Family Day is February 20th and the CVRC is hosting another Family Board Game night! This event takes place **Friday, February 17th** from 6-8pm. There will be great games like Fun Meal Caper, Blockus, Snakes and Ladders and much more! All are welcome, but children under the age of 10 MUST be accompanied by a parent or guardian. It's a fun, inexpensive way to have fun with the family while teaching children about fair play, positive communication as well as helping improve their reading and problem solving. Come for the whole event or feel free to just swing by for a game or two. See you there!

### CRESCENT VALLEY COMMUNITY TENANTS ASSOC. UPCOMING EVENTS AND ACTIVITIES

- The CVCTA would like to invite you to a **FREE pancake brunch** on **Family Day**, Monday February 20<sup>th</sup>, 11:00-1:00, 55 MacLaren Blvd. Open to everyone. Please bring a friend!
  - We need your help. Please colour the **Valentine's Day picture delivered with your February newsletter**. The CVCTA will be open Friday, February 10<sup>th</sup> 3:00-5:00 so you can drop off your coloured picture and fill out a ballot for a chance to win a prize. Thanks for decorating the CVCTA building!
  - February is **Black History month** and we would like to acknowledge and honour the legacy of Black Canadians.
  - **CVCTA Memberships** are due, \$4.00 per household if purchased before March 31<sup>st</sup>. April onward they are \$5.00 per household. Feel free to pay your membership and find out more about the CVCTA while enjoying the Free Family Day Brunch Feb 20<sup>th</sup> 11:00-1:00
  - The CVCTA executive are meeting Saturday, February 11<sup>th</sup>. We will have a general community meeting in March and an election in April. Stay tuned.
- For more information on the CVCTA or the above events contact Eva Feddery, Acting President, 506-658-9658 or email: CVCTA.members@gmail.com.



# *thank you!*

## WE GREATLY APPRECIATE YOUR SUPPORT

The Crescent Valley Resource Centre thanks Port Saint John for the generous donation of \$5000 to support our activities in the neighbourhood. We appreciate having Port Saint John as a community partner. These funds will assist the Crescent Valley Resource Centre in enhancing our programs and services.

## RESUME HELP



The CVRC can provide help building, improving or printing your resume. Just come to the CVRC to grab a resume form, fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome!

You can call 506-693-8513 for more information or just come to 130 MacLaren Blvd. anytime to grab a resume form.



## HEALTHY START BREAKFAST

**Take-home or eat in.** Breakfast is available from 9:00am to 10:00am on Wednesdays and Fridays at CVRC, 130 MacLaren Blvd. It's free **and** delicious!

## COMMUNITY MEALS

The Salvation Army in partnership with Saint John LNG is bringing the **Jack Frost Program** to Crescent Valley. On Tuesdays: February 7 and 21 and March 7 and 21 from 5:30 - 6:30pm there will be a free, hot, take-home meal for residents. The truck will be set up in the CVRC parking lot. **IMPORTANT: Parents - do not send your children without adult supervision and be sure to leave the area neat and tidy.**

## CHAT WITH HOUSING AT CVRC

**Wednesday, February 8 & 22**

**Meet in-person with a representative from NB Housing and discuss any concerns you have. Drop in CVRC from 1pm - 4pm on February 8 & 22.**



## CRESCENT VALLEY NEIGHBOURHOOD DEVELOPER



Rachel Milne, CV Neighbourhood Developer

**Rachel** wants to support the Crescent Valley community and all that it has to offer. Need help filling out paperwork, finding food programs, or some one-on-one emotional support? Rachel is your go-to person for assistance! Before working at the CVRC, she worked with veterans experiencing PTSD, individuals dealing with chronic pain, and people who use drugs. Please reach out to Rachel by stopping into the resource centre (130 MacLaren Blvd.) or connect with her by email or phone. Email: [cvrc.milne@gmail.com](mailto:cvrc.milne@gmail.com). Phone: 506-693-8513, or 506-653-7571.



CV residents, please report any pest issues (mice, rats, bedbugs}, to April at NB Housing, 506-643-2080.

**PLEASE DO NOT feed birds or stray animals.**

**They spread disease and the food attracts mice and rats.**

## PROMISE PARTNERSHIP MIDDLE SCHOOL HOMEWORK CLUB



UNBSJ and the Promise Partnership is holding after-school homework/tutoring sessions at the Crescent Valley Resource Centre. We will meet on Tuesdays and Thursdays 3-4pm until April! Middle school students interested in signing up for this program can find registration forms at the CVRC.



Promise Partnership  
Saint John

## CRESCENT VALLEY GOSPEL CENTRE

The Crescent Valley Gospel Centre, 500 Somerset St. has emergency food, Monday / Wednesday / Friday from 11:00 am - 3:00 pm (**by appointment only**). You must call the day of (or before) for an appointment, 506-648-9260. Proof of address and Medicare number required.

## FAMILY PLAYGROUP DROP-IN AT CVRC

**Parents** and guardians, family drop-in playgroup is happening at Crescent Valley Resource Centre on **Thursday mornings** 10am-12pm. Playgroup is for parents and caregivers of children ages 0-6. It is where you can spend time together and meet other parents and children from your community. Enjoy play, crafts and snacks together. This program is free and pre-registration is NOT required, just come when you can! Contact Samantha at the Family Resource Centre 506-633-2182 for info.

# GARBAGE PICK-UP REMINDERS

**Neighbours**, please remember that there are important guidelines for garbage, waste and compost pickup in Crescent Valley. By following the guidelines we can make garbage removal more efficient and help keep the neighbourhood looking tidy.

Please let NB Housing know if you have any questions or concerns about garbage pick-up. Thank you!

### TIPS:

- Please put garbage out no later than 7:30 am on Thursday mornings for pick up on Thursday during the day.
- All garbage must be in garbage bags that are tied, (please put the bags in a garbage can if you have one) and placed at the curb-side where the collection team can get to it easily. **\*\*Put it in a location where it is not blocked by vehicles and make sure it is within two meters of the curb.**

- There is also a **Large Item Pickup** every Friday for anything large or loose which can't go in a bag, such as furniture. Place items at the curb by 7:30 am.
- **Compost bins are for compost, not garbage.**

Compost pick up is on Friday, and the cart should be placed at the curb by 7:30 am where the collection team can easily get to it.



## RECYCLING PICK-UP

*Rain or Shine, Every Saturday!*

**Crescent Valley** neighbours, did you know you can easily get rid of recyclable materials, keep our neighbourhood looking great, and help the environment all at the same time?. It's easy! Sign up for the **Blue Run** FREE recycling pick up in Crescent Valley on Saturday mornings. Items such as plastics, paper, cardboard and metal are picked up at your curb.

### **What could be more convenient?**

If you want to join this FREE program please call CVRC at 506-693-8513 for details. Special thanks to the Blue Run, the Dept. of Social Development and CVRC for coordinating this service.



# FOOD PURCHASING CLUB



**Monthly** order of fresh fruits and vegetables at reduced cost. Place an order (\$15.00 or \$25.00), and pick up at the following locations in the CV/Millidgeville/North End areas: Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980. You can also pay by e-transfer to martha.macLean@horizonnb.ca. Make sure to identify where you will be picking up your order on your e-transfer. Or, pay cash at each location when you place your order. **Pay by February 10, pick up on February 17.**

## FOOD PURCHASING CLUB 2023 SCHEDULE

2023	Money Due By	Pick Up Day
February	10	17
March	17	24
April	14	21
May	12	19
June	16	23
July	14	21
August	11	18
September	15	22
October	13	20
November	10	17
December	8	15

## CRESCENT VALLEY COMMUNITY LIBRARY

**Both** the children's and adult libraries at CVRC have a bunch of new books. CVRC's library services are open Monday - Friday during the Centre's open hours. Kids and adults can come pick out books for themselves or for family, friends or neighbours. You don't need a card or any identification to borrow anything from our library and there is no time limit for borrowing. Just bring them back whenever you're finished! If you have any questions about our library services, feel free to call 506-693-8513.



Thank you to the Turnbull Home Foundation for support to CVRC's Family Literacy Initiatives.



CRESCENT VALLEY  
RESOURCE CENTRE



@cvrcsj

The CVRC can **fax** resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE  
GRATEFULLY ACKNOWLEDGES THE  
GENEROUS SUPPORT OF



Your Environmental Trust Fund at Work

## Crescent Valley



## Contacts

**Anglin Drive Neighbourhood Tenants Assoc.**

- 143 Anglin Drive, 506-658-9119

**Crescent Valley Community Tenants Assoc. (CVCTA)**

- Eva Feddery, Acting President; 55 MacLaren Blvd., 506-658-9658, cvcta.members@gmail.com

**Crescent Valley Resource Centre (CVRC)**

- Anne Driscoll - Executive Director, 130 MacLaren Blvd., 506-693-8513; crescentvalleyresourcecentre@gmail.com, Socials: @cvrcsj & www.crescentvalleyresourcecentre.ca

**Hazen White - St. Francis School**

- Jeanne Connors, Principal, 506-658-5343

**The Growing Place Community Garden | Saint John Bike Share Program**

- Crescent Valley Resource Centre, 506-693-8513

**Social Development (Housing)**

- Maintenance; 506-658-5167 | Pest Control; April, 506-643-2080
- Tony White, Tenant Relations Officer; 506-658-5162
- To apply for **any** programs and services with



# Valentine's Day Word Search



N	J	X	D	R	Q	H	E	P	R	L	H	Z	F	K
F	S	R	E	W	O	L	F	P	L	T	U	N	B	M
L	A	U	G	H	N	Y	R	P	M	J	G	R	N	V
K	L	N	R	M	T	E	E	M	E	M	O	R	Y	A
M	O	O	Z	L	J	D	P	X	F	E	M	B	J	A
X	T	B	K	K	A	O	H	U	Z	E	I	P	S	A
A	H	B	N	N	E	B	G	P	P	H	N	E	D	C
F	V	I	E	M	K	I	N	D	N	E	S	S	H	R
G	Y	R	A	U	R	B	E	F	F	U	N	E	P	U
S	E	J	P	X	R	X	K	Q	G	B	M	F	X	S
S	N	F	I	H	E	D	T	W	O	N	G	Z	P	H
B	C	R	K	S	F	R	O	O	T	E	Q	H	D	U
L	Q	H	Q	L	U	R	M	S	R	P	Z	V	V	C
H	J	K	Q	E	R	W	X	J	R	V	D	Q	A	D
X	B	X	H	A	C	O	N	W	W	N	C	P	S	O

## WORD LIST

ARROW HUG POEM CRUSH KINDNESS  
RIBBON FEBRUARY LAUGH SERENADE  
FLOWERS MEMORY TRUE



## PLAYTIME WITH THE YMCA

**YMCA** Playtime for children ages 0-5 and their caregivers:  
Nick Nicolle Centre, 85 Durham Street on Wednesdays at  
10:00 AM – 12:00 PM.




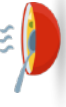





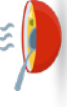




Our free drop in program includes a healthy snack, play  
opportunities, art, music and more! To learn more and  
register for this program, please contact:

Sarah Ross, 506-693-9057, [elccoordinator@saintjohny.ca](mailto:elccoordinator@saintjohny.ca)

## REGISTER YOUR CHILD FOR KINDERGARTEN

If you have a little one starting school next year, be  
sure to register now. By registering early, you will  
receive info about activities that make your child's  
transition to school easier. Look online for  
information; [http://web1.nbed.nb.ca/sites/ASD-S/  
news/Lists/Posts/Post.aspx?ID=921](http://web1.nbed.nb.ca/sites/ASD-S/news/Lists/Posts/Post.aspx?ID=921)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>As of January 20, New Brunswick residents are required to dial 10 digits – the area code followed by the seven-digit phone number – for all local calls.</p>	<p><b>February is Black History Month</b></p> 	<p>1 9-10am Healthy Breakfast, pg. 2</p> 	<p>2 Garbage Pick up</p> <p><b>GROUNDHOG DAY</b></p> <p>10am Family Playgroup, pg.3 3pm - Promise Partnership, pg.3</p>	<p>3 Large Item &amp; Compost Pickup</p> <p>9-10am Healthy Breakfast, pg.2</p> 
<p>6 Send an encouraging note to someone who needs a boost.</p>	<p>7 3pm - Promise Partnership, pg.3 5:30 pm Jack Frost Community Meal, Pg. 2</p> 	<p>8 9-10am Healthy Breakfast, pg. 2 1-4pm - Chat with Housing, pg. 2</p> 	<p>9 Garbage Pick up</p> <p>10am Family Playgroup, pg.3 3pm - Promise Partnership, pg.3</p>	<p>10 Large Item &amp; Compost Pickup</p> <p>Food Purchase Club Payment Due, pg. 4</p> <p>9-10am Healthy Breakfast, pg.2</p>
<p>13 1:30pm Valentine's Day Card Craft, pg. 1</p> 	<p>14 <b>Valentine's Day</b></p>  <p>3pm - Promise Partnership, pg.3</p>	<p>15 9-10am Healthy Breakfast, pg. 2</p> 	<p>16 Garbage Pick up</p> <p>10am Family Playgroup, pg.3 3pm - Promise Partnership, pg.3</p>	<p>17 Large Item &amp; Compost Pickup</p> <p>Pick up Food Purchase Order pg. 4</p> <p>9-10am Healthy Breakfast, pg. 2</p> <p>6-8pm - Family Board Game Night, pg.1</p>
<p>20 11 am - Pancake Bruch, pg. 1</p> <p><b>FAMILY DAY HOLIDAY</b></p> 	<p>21 3pm - Promise Partnership, pg.3 5:30 pm Jack Frost Community Meal, Pg. 2</p> 	<p>22 9-10am Healthy Breakfast, pg. 2 1-4pm - Chat with Housing, pg. 2</p> 	<p>23 Garbage Pick up</p> <p>10am - Family Playgroup, pg.3 3pm - Promise Partnership, pg.3</p>	<p>24 Large Item &amp; Compost Pickup</p> <p>9-10am Healthy Breakfast, pg. 2</p> 
<p>27 Give your body a boost by laughing or making someone laugh.</p> 	<p>28 3pm Promise Partnership, pg. 3</p>	 <p><b>FEBRUARY</b></p> <p><i>Be My Valentine</i></p>		



Please Recycle this Newsletter