

CRESCENT VALLEY NEWS

Respect for me | Respect for you | Taking responsibility for all I do

IT'S ALMOST TIME FOR SUMMER SQUAD AT CVRC



Summer Squad is a FREE day camp at CVRC for children 6-12 years of age. It is full of fun, educational, physical and artistic activities.

Kids will go swimming, play games, read, learn new skills, do arts and crafts all kinds of other cool things. A healthy breakfast, snacks and lunch are provided every day! This day camp consists of two groups on alternating weeks, Monday to Friday, 9:00am-3:30pm for 7 weeks starting on Tuesday July 2nd.

Registration forms will be available June 3rd at the Crescent Valley Resource Centre. Parents or guardians must come to get forms, forms will not be given out to children.

Space is limited and this camp fills up VERY FAST!

Please note that filling out a registration form does not guarantee a spot in this camp due to high demand.

MOTHER'S DAY BINGO



Join your friends at Crescent Valley Resource Centre on Wednesday, May 8th at 1pm for a special Mother's Day Bingo. Have fun and enjoy an afternoon of Bingo and laughs with friends and neighbours. Great prizes and light refreshments will be provided courtesy of UCT Jack Kidd Council #755. Please note you **MUST** register for this event as space is limited call 506 693-8513 to register or stop by the Centre.



MOTHER'S DAY BRUNCH

Please join the Crescent Valley Community Tenants Association on Friday, May 10 for a Mother's Day Brunch,
10:00am - 12:00pm at 55 MacLaren Blvd.

This is a free event open to all mothers, not just CVCTA members.



MOTHER'S DAY CARD MAKING

The CVRC is having a Mother's Day card making event on Friday, May 10th 1:00-4:00pm. Crafty supplies will be provided to make a nice card to show some love to the mother figure in your life! Happy Mother's Day!

BOARD GAME NIGHT



The CVRC is hosting another Family Board Game night! This event takes place **Friday, May 24th** from 6-8pm. There will be great games like Fun Meal Caper, Life, Snakes and Ladders, Chess, Checkers and much more!

All are welcome, but children under the age of 10 **MUST** be accompanied by a parent or guardian.

Game Nights are a fun, inexpensive way to spend time with the family while teaching children about fair play, good sportsmanship and positive communication while also helping practice and improve their reading and problem solving skills. Come for the whole event or feel free to just swing by for a game or two. See you there!

Thank you to the City of Saint John for supporting CVRC's family literacy activities.

NEEDLE DISPOSAL BOX

Friendly Reminder: Crescent Valley has a **SAFE NEEDLE DISPOSAL BOX** located on the outside of the CVRC building at 130 MacLaren Boulevard. You can find it by going in the driveway across from the Splash Pad.

This box allows people to safely dispose of needles they have used or found outside. PLEASE, be very careful if you choose to dispose of a found needle on your own. Do not touch them with your bare hand. If you would rather not dispose of it on your own, you can call 506-648-4455 and a representative from the City will come and dispose of them.

In the interest of safety, talk to your children, grandchildren, etc., to warn them to stay away from any needles they may find and to immediately tell an adult they trust if they see one.



2024 NEW BRUNSWICK LOW-INCOME SENIORS' BENEFIT:

APPLICATIONS AVAILABLE AT CVRC

This benefit assists low-income seniors in New Brunswick. To be eligible for the \$600 benefit, a person must:

- Have been a resident of the province on December 31 of the previous year,
- Be 60 years or older and
- Be receiving at least one of the following federal benefits:
 - Guaranteed Income Supplement (65 years or older)
 - Allowance for Survivor Program (between 60 and 64 years old)
 - Allowance Program (between 60 and 64 years old)



The application deadline is December 31, 2024.

Applications are available at CVRC.

We can help you fill out and submit it for you.

NEW BRUNSWICK WORKERS BENEFIT

Working New Brunswickers can apply for a one-time benefit of \$300. To apply, you must have made AT LEAST \$3,000 of working income on your last tax return. If you need help applying for the benefit, please call Rachel at the CV Resource Centre, (506) 693-8513, or stop in to see us at 130 MacLaren Blvd!

To qualify, applicants must:

- Apply by June 30, 2024.
- Be a New Brunswick resident at the time of their application,
- Have been aged 19 or older as of Dec. 31, 2023.

For 2022 or 2023:

- Filed a New Brunswick tax return,
- Had family net income of \$70,000 or less for that taxation year,
- Had family working income of \$3,000 or more for that taxation year.

Only one benefit will be distributed to each family, with single people considered their own family unit.

FREE INCOME TAX CLINICS

Neighbours —The income tax clinic through CVRC is now closed for this year.

Below are some of the year-round tax clinic options in the Saint John area. **Please call before going** to confirm what you need to bring and if they are accepting tax returns currently.

- **North End - Nick Nicolle Community Centre (ONE Change)**

85 Durham St., Saint John, NB E2K 1V6

Phone: (506) 658-2980

Mon-Fri: 9am-4pm

Drop-Off, Current & Prior Years

- **Lower South End – P.U.L.S.E.**

251 Wentworth St., Saint John, NB E2L 0B7

Phone: (506) 632-6807

Mon-Fri: 9am-3pm

Drop-Off, Current & Prior Years

- **Uptown – Kaleidoscope Social Impact**

325 – 139 Prince Edward St., Saint John, NB E2L 3S3

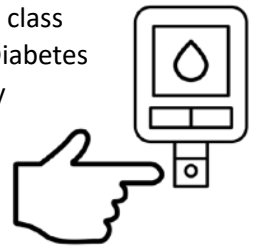
Phone: (506) 652-5626 Ext: 4

Mon-Fri: 10am-3pm

Drop-Off, Current & Prior Years

STAYING HEALTHY WITH DIABETES

Staying Healthy with Diabetes is a group class led by Brianne Watson, a Dietitian and Diabetes Educator, and held at the Crescent Valley Resource Centre, 130 MacLaren Blvd. from 1:00pm – 3:00pm on **Tuesday, May 21st.**



Anyone living in the North End or Crescent Valley who wants to learn more about diabetes are welcome to attend and can **register** by contacting the North End Wellness Centre (NEWC) at 506 649-2704.

ST. LUKE'S CHURCH OUTREACH



St. Luke's Church on Main Street has take-out lunch on Mondays from 12pm-12:30pm, or while supplies last. please use the back door on Metcalf Street.

HEALTHY START BREAKFAST



Take-home or eat in. Breakfast is available from 9:00am to 10:00am on Wednesdays and Fridays at CVRC, 130 MacLaren Blvd. It's free **and** delicious! Thank you UCT #755 for supporting our breakfast program.

HOPE MISSION

The Hope Mission runs weekly on Tuesdays and Thursdays, 9:30 AM - 12 Noon. We provide a hot brunch on Tuesdays and a hot lunch on Thursdays. Please contact Neal and Trena Davidson at 506-696-6621 to travel on the RiverCross Church bus from Crescent Valley to the Mission for this program.

Find the Mission at the corner of Durham and Metcalf Sts., same building as the North End Food Bank.



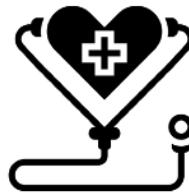
UNB Promise Partnership has had a wonderful season mentoring and tutoring at Crescent Valley Resource Center.

Since November 2023 we have been assisting with homework and supporting students with various tech like Minecraft Education. We have also provided lessons on food preparation, sewing skills and creating cool projects with Cricut. It has been awesome to get to know the middle school students from the Crescent Valley Community involved in our program.

Our **last day** this season was **Thursday, April 25th!**

In the fall, we plan to provide more experience with Digital Literacy and S.T.E.A.M. projects. So, **stay tuned to the CV Newsletter** through the summer and we will share upcoming events for our return in September!

COMMUNITY HEALTH NURSE DROP-IN CLINIC



The community health nurse will be at the CVRC, 130 MacLaren Blvd, every **Monday** (except holidays) between 1pm-3 pm.

Did you know you can also speak to the nurse about mental health concerns you may be experiencing? She can lend an ear and recommend mental health services that may benefit you.

A reminder that the nurse cannot write or refill prescriptions or order tests. No appointment is required, and all are welcome.

OUR NEIGHBOURHOOD NAVIGATOR IS HERE TO HELP



Rachel Milne: Crescent Valley's Neighbourhood Navigator

Have you met Rachel Milne, our Neighbourhood Navigator? Rachel is one of the team members at the Crescent Valley Resource Centre. She is a registered social worker who has a passion for supporting residents. Before her time in Crescent Valley, Rachel worked with people who use drugs, veterans, and individuals dealing with chronic pain. She is currently working on getting her Master of Social Work degree to learn how she can better support our residents and their needs.

Some common things she helps residents with are:

- Filling out paperwork
- Finding programs/services in the community
- Emotional support
- Taxes, and more!

Whatever you need assistance with, Rachel is your go-to person. You can reach Rachel by: Phone: (506) 693-8513. Email: cvrc.milne@gmail.com, or stop into the centre!

CRESCENT VALLEY COMMUNITY TENANTS ASSOC.
UPCOMING EVENTS AND ACTIVITIES
55 MACLAREN BLVD.

thank you!

WE GREATLY APPRECIATE YOUR SUPPORT

The Crescent Valley Resource Centre is fortunate to have community partners who generously support our work. Recently the CVRC received \$25,000 from Emera New Brunswick, \$25,000 from the City of Saint John, \$1000 from McInnes Cooper, and various donations from UCT Jack Kidd Council #755; all will assist us deliver activities in the neighbourhood.

Valuable community partner such as these are so important support the growth of the neighbourhood. Thank you!

- **Mother's Day Brunch** – May 10, at 55 MacLaren Blvd from 10 am to 12 pm (noon). All mothers are welcome, not just CVCTA members.
- **Memberships** are still available for \$5.00 per family, per year. If you are interested, please contact the secretary Jennifer London at 506-663-0557, or the president, Eva Feddery, and leave your information, 506-721-2223.
- Are you having a **baby shower or a birthday party?** You can rent our unit at 55 MacLaren Blvd for \$5.00 for members and \$10.00 for non-members. Please call Jennifer at 506-663-0557 or Eva at 506-721-2223 to book the space.
- The next **general meeting** for the Crescent Valley Community Tenants Association is May 28, 7:00pm at 55 MacLaren Blvd. Childcare is available. Everyone is welcome.

RESUME HELP



The CVRC can provide help building, improving or printing your resume. Just come to the CVRC to grab a resume form, fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome! You can call 506-693-8513 for more information or just come to 130 MacLaren Blvd. anytime to grab a resume form.

THE CRESCENT VALLEY COMMUNITY LIBRARY



Did you know there is a fantastic library inside the Crescent Valley Resource Centre?

CVRC's library services are open Monday - Friday during the Centre's open hours. Kids and adults can come pick out books for themselves or for family, friends or neighbours. You don't need a card or any identification to borrow anything from our library and there is no time limit for borrowing. Just bring them back whenever you're finished!

If you have any questions about our library services, feel free to call 506-693-8513. Thank you to RBC and the City of Saint John for support to CVRC's Family Literacy Initiatives.

FAMILY DROP-IN PLAYGROUP AT CVRC



Parents and guardians, family drop-in playgroup with the Family Resource Centre happens at Crescent Valley Resource Centre on Tuesday mornings - 10am-12pm.

Playgroup is for parents and caregivers of children ages 0-6. It is where you can spend time together and meet other parents and children from your community. Enjoy play, crafts and snacks together.

This program is free and pre-registration is NOT required, just come when you can! Contact Samantha at the FRC, 506-633-2182 for information.



THE NORTH END FOOD BANK IS OPEN EVERY TUESDAY FROM 10 AM TO 1 PM AND EVERY WEDNESDAY FROM 1 PM TO 3 PM. IT IS LOCATED AT 211 MAIN ST. AT THE BACK - ON THE CORNER OF DURHAM STREET - METCALF STREET.

FOOD PURCHASING CLUB



Monthly order of fresh fruits and vegetables at reduced cost. Place an order (\$15.00 or \$25.00), and pick up at the following locations in the CV/ Millidgeville/North End areas: Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980. You can also pay by e-transfer to martha.macLean@horizonnb.ca.

Make sure to identify where you will be picking up your order on your e-transfer. Or, pay cash in person at either location when you place your order.

Pay by MAY 17, pick up on MAY 24.

WIN A FOOD PURCHASE CLUB ORDER

The CVRC is giving away two \$15.00 Food Purchase Club orders. Fill out the ballot and drop it off to CVRC (use our mailbox after hours) by May 15 and you could be a lucky winner. Open to CV & Anglin Drive residents.

NAME

PHONE / ADDRESS

Hazen White - St. Francis School News

- My 3rd- PD Day - No school for students
- May 6th- PD Day - No school for students
- May 15th- Multi-Cultural Night at HWSF (time TBD)

FAMILY PLAYTIME

**AT THE NORTH HUB
EVERY MONDAY**

Our FREE program includes a healthy snack, play opportunities, art, music, and more! Our program is a drop in program so feel free to stop in between 10:00-12:00. Closed for the long weekend in May. Reach out to Sarah if you have any questions 506-271-4289.



CRESCENT VALLEY
RESOURCE CENTRE



@cvrcsj

The CVRC can **fax** resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE
GRATEFULLY ACKNOWLEDGES THE
GENEROUS SUPPORT OF



Your Environmental Trust Fund at Work

Crescent Valley



Contacts



Anglin Drive Neighbourhood Tenants Assoc.
• 143 Anglin Drive, 506-658-9119




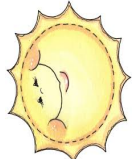

Crescent Valley Community Tenants Assoc. (CVCTA)
• Eva Feddery, President; 55 MacLaren Blvd., 506-658-9658, evafeddery11@gmail.com and on Facebook.

Crescent Valley Resource Centre (CVRC)
• Anne Driscoll - Executive Director,
130 MacLaren Blvd., 506-693-8513;
crescentvalleyresourcecentre@gmail.com,
Socials: @cvrcsj & www.crescentvalleyresourcecentre.ca

Hazen White - St. Francis School
• Jeanne Connors, Principal, 506-658-5343

The Growing Place Community Garden | Saint John Bike Share Program
• Crescent Valley Resource Centre, 506-693-8513

Housing NB
• Maintenance; 506-658-5167 | Pest Control; April, 506-643-2080
• Tony White, Tenant Relations Officer; 506-658-5162
• To apply for **any** programs and services with Social Development or Housing NB: 1-833-733-7835

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10am Playtime at the Hub 1-3pm Community Health Nurse</p> 	<p>6 10am-12pm Family Playgroup</p> 	<p>1 9-10am Healthy Breakfast</p>	<p>2 Garbage Pick Up</p>	<p>3 9-10am Healthy Breakfast</p> <p>Large Item & Compost</p>
<p>7 10am-12pm Family Playgroup</p>	<p>8 9-10am Healthy Breakfast 1pm Mother's Day Bingo</p>	<p>9 Garbage Pick Up</p> 	<p>10 Mother's Day Card Making Drop-in 9-10am Healthy Breakfast 10am-12pm CVCTA Mother Day's Brunch</p> <p>Large Item & Compost</p>	<p>17 9-10am Healthy Breakfast Food Purchase Payment Due</p> <p>Large Item & Compost</p>
<p>13 10am Playtime at the Hub 1-3pm Community Health Nurse</p>	<p>14 10am-12pm Family Playgroup</p>	<p>15 9-10am Healthy Breakfast</p>	<p>16 Garbage Pick Up</p> 	<p>24 9-10am Healthy Breakfast 12-4pm Food Purchase Pick Up 6-8pm Board Game Night</p> <p>Large Item & Compost</p>
<p>20 Victoria Day CVRC Closed</p>	<p>21 10am-12pm Family Playgroup 1-3pm Staying Healthy with Diabetes</p>	<p>22 9-10am Healthy Breakfast 1pm Bingo</p>	<p>23 Garbage Pick Up</p>	<p>31 9-10am Healthy Breakfast</p> <p>Large Item & Compost</p>
<p>27 10am Playtime at the Hub 1-3pm Community Health Nurse</p>	<p>28 10am-12pm Family Playgroup 7pm CVCTA meeting</p>	<p>29 9-10am Healthy Breakfast</p> 	<p>30 Garbage Pick Up</p>	<p>31 9-10am Healthy Breakfast</p> <p>Large Item & Compost</p>