

# CRESCENT VALLEY NEWS

Respect for me | Respect for you | Taking responsibility for all I do

## CV ART CLUB ON DISPLAY

**Drop** into CVRC to check out the latest display from our Art Club. The collection features creative work from local residents of Crescent Valley in a mix of styles and themes. Residents of the neighbourhood are welcome to join the Art Club and it's FREE! Drop by or call us for more information, 506 693-8513.

Come enjoy the talent in our community and support the artists who make the Centre such a creative place.



## CRESCENT VALLEY COMMUNITY TENANTS ASSOCIATION

55 MACLAREN BLVD.

The CVCTA children's Christmas party will be held on December 13th, 1:00pm - 3:00pm - must be a member of the CVCTA and the deadline to register is December 5th.

The CVCTA adult's Christmas party will be held December 20th, 6:00pm - must be a member of CVCTA.

**Window Lighting Contest** make sure your holiday lights are on at 6:00pm, December 19th, and your household will be eligible to win one of three \$25.00 gift cards. **See page 2 for details.**

There will be no unit rentals at 55 MacLaren Blvd. in December. **CVCTA** memberships are \$5.00 per year. For information contact Jennifer London, Secretary, 506-663-0557, Eva Feddery, President, 506-721-2223, evafeddery8@gmail.com, or the CVCTA 506-658-9658.

## ❄️ WINTER SQUAD



It's almost time for Winter Squad! This year Winter Squad is one day of fun for children 6-12 that runs from 10am-330pm on Monday, December 22nd. The children will be provided a free breakfast, lunch and snacks and there will some fun, physical, artistic and educational activities. Parents **MUST** come to

the CVRC to get the 1 page sign up form to register their children. Get your child signed up soon because space is limited. **Registration begins December 1st.** Merry Christmas!

## CHRISTMAS BOOK GIVEAWAY

The CVRC is holding a Christmas book giveaway on Tuesday, December 16<sup>th</sup> 10am-4pm! There will be a variety of gently used and new Christmas themed books as well as a variety of regular books.

This giveaway is for parents or children so come by and take 1-2 books per child.



## CHRISTMAS SURPRISE BAGS

'Tis the season for the CVRC to give out a whole bunch of Christmas surprise bags! This festive giveaway for CV kids takes place Friday, December 12<sup>th</sup> starting around 3pm. There will be 200 surprise bags available so make sure the kids bundle up and come down to grab one for themselves. Each bag will contain some treats, some fun stuff and a little Christmas themed activity page.

One bag per child, but if you're a parent or guardian and want to grab a few for your kids you're more than welcome to!

Thank you to UCT Council #755 for supporting this event.



# THE NEIGHBOURHOOD NAVIGATOR IS HERE TO HELP YOU



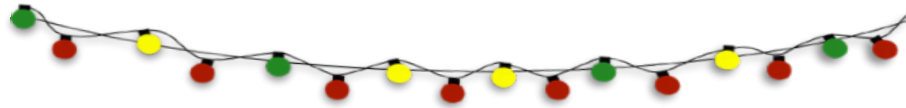
Annaliese Nylen, Crescent Valley Neighbourhood Navigator

## Our Neighbourhood Navigator is here for you.

Some common things she can help with are:

- Filling out paperwork/ online forms & applications
- Finding programs/ services in the community
- Emotional support
- Taxes, and more!

If you are looking to reach Annaliese, email her at [cvrc.nylen@gmail.com](mailto:cvrc.nylen@gmail.com), call 506-693-8513, or stop into the centre.



## “LIGHT UP” CRESCENT VALLEY CONTEST

The Light Up Crescent Valley window decorating contest is a fun way to celebrate the holiday season and create a festive and beautiful neighbourhood. Everyone who has their Christmas lights on by 6:00pm on December 19 will be entered in a draw for one of **three \$25 gift cards**, presented by the CVCTA. Open to all in the neighbourhood. If you have questions contact Eva Feddery, CVCTA President at 506-721-2223, [evafeddery8@gmail.com](mailto:evafeddery8@gmail.com) or leave a message at 506-658-9658.



## COMMUNITY HEALTH NURSE DROP-IN CLINIC

The community health nurse now will be at the CVRC, 130 MacLaren Blvd, on **TUESDAYS, 1:00-3:00 PM**. Did you know you can speak to the nurse about mental health concerns you may be experiencing? She can lend an ear and recommend mental health services that may benefit you. A reminder that the nurse cannot write or refill prescriptions or order tests. No appointment is required and all are welcome. **NOTE, there will no clinics on December 23 or 30.**

## TENANT SUPPORT IN CRESCENT VALLEY

Housing NB's Tenant Relations Officer for Crescent Valley will be available **every Friday from 10:00 AM to 12:00 PM** at the **Crescent Valley Resource Centre (CVRC)**.

This is a great chance to speak directly with someone about your housing concerns—no need to travel to the housing office. Laila ElBaghdadi will be on-site to help with tenancy-related questions and provide support right in your neighbourhood.

**Note:** This service is for **Crescent Valley tenants only**.



## دعم المستأجرين بكريست فالي

مسؤولة شؤون المستأجرين لكريست فالي رح تكون موجودة كل يوم  
جمعة من الساعة 10 الصبح لـ 12 الظهر بمركز كريست فالي  
لالموارد (البيت الأزرق).

هاي فرصة ممتازة تحكي مباشرة مع حدا عن أمور تقلقك بالسكن—  
ما في داعي تروح لمكتب السكن. ليلي البغدادي رح تكون موجودة  
بالمبنى لتساعدكم بأي أسئلة متعلقة بالإيجار وتدعمكم مباشرة  
بالحارة.

ملاحظة: هالجلسات للمستأجرين بكريست فالي بس.

## مسابقة اضاءة كريست فالي لتزيين النوافذ.

تعد مسابقة كريست فالي لتزيين النوافذ وسيلة ممتعة للاحتفال بموسم الأعياد  
وجعل حيننا جميلاً كل من يشعل أضواء عيد الميلاد الخاصة بمنزله في الساعة  
6 مساءً يوم 19 ديسمبر سيدخل في سحب على ثلاث بطاقات قيمة كل منها  
25 دولاراً مقدمة من جمعية كريست فالي للتجارة والمسابقة مفتوحة للجميع.  
وإذا كان لديك أي أسئلة يرجى التواصل مع إيفافيدري رئيسة الجمعية.

هاتف : 506-721-2223

إيميل : [Evafeddery8@gmail.com](mailto:Evafeddery8@gmail.com)

رسالة : 506-658-9658

## MEALS & FOOD ASSISTANCE

- **HEALTHY START BREAKFAST:** Take-home or eat in. Breakfast is available from 9:00AM to 10:00AM on Wednesdays & Fridays at CVRC, 130 MacLaren Blvd. It is free and delicious! Thank you UCT Council #755 for supporting our breakfast program.
- **ST. LUKE'S CHURCH LUNCH PROGRAM:** St. Luke's Monday lunch program offers free take-out lunches from 12:00PM to 12:30PM or while supplies last. Once per month there is an "eat-In" meal. **Please use the back door on Metcalf St. Please check with the church for their holiday schedule.**
- **THE HOPE MISSION:** Tuesday breakfast and Thursday lunch program: doors open for coffee on both days by 9:15AM, the Tuesday breakfast is served at 10:00AM and Thursday lunch at 11:30AM. **NOTE, in December** the Mission will be open only on Tuesday, December 2nd and 9th - then it will be closed until January 2026. It will reopen on Tuesday, January 13th for regular programs on Tuesday and Thursday at 9:00AM.
- **NORTH END FOOD BANK:** The North End food bank is open every Tuesday from 10:00AM - 1:00PM and every Wednesday from 1:00PM - 3:00PM. It is located at 211 Main St., at the back – on the corner of Durham Street - Metcalf Street. Please bring reusable grocery bags with you. **NOTE, on Tuesday, December 23, the North End Food Bank will be open 10:00AM to 3:00PM, it will then be closed until Tuesday, January 6, 2026.**



## CHRISTMAS AT THE CVRC LIBRARY

The Crescent Valley Community Library will have a whole bunch of cool Christmas books available to borrow this holiday season!

Come by and borrow one or two to read to the kids or send the kids to the Centre to pick one up to read themselves at home or to take to school for silent reading!



## LET'S KEEP OUR NEIGHBOURHOOD SAFE AND PEST-FREE!

We have an increase in rat sightings, and we need to work together to stop it. Please ensure you are abiding by the following steps to prevent rodent activity.

1. Garbage goes **inside bins only** – never in the hallways or outside before **Thursday** (garbage day).
2. No furniture, boxes, or personal items in hallways – they attract pests and are a fire hazard.
3. Keep food stored properly and keep your unit clean.

**Your cooperation matters and is not optional.** Let's better everyone's health and safety. If you see signs of rats, mice, or cockroaches report it right away so action can be taken.



Contact pest control at **506-658-5167** to report rodent sightings.

### لنحافظ على سلامة حيّنا وخلوه من الآفات!

نلاحظ مؤخرًا زيادة في مشاهدات الفئران، ونحن بحاجة للعمل معًا للقضاء على هذه المشكلة. يُرجى الالتزام بالخطوات التالية لمنع نشاط القوارض:

1- يجب وضع القمامة داخل الحاويات المخصصة فقط – لا تضعها أبدًا في الممرات أو في الخارج قبل يوم الخميس.  
(يوم جمع القمامة)

2 - لا تترك أي أثاث، صناديق، أو أغراض شخصية في الممرات – فهي تجذب الآفات وتشكل خطرًا للحري

3 - احرص على تخزين الطعام بشكل صحيح وحافظ على نظافة وحدتك السكنية

تعاونكم أمر ضروري وغير اختياري. دعونا نعمل معًا لتحسين صحة وسلامة الجميع.

إذا لاحظت أي علامات تدل على وجود فئران، جردان، أو صراصير، يُرجى الإبلاغ عنها فورًا لاتخاذ الإجراءات اللازمة.

يرجى الاتصال على 5167-658-506 (مكافحة الآفات) للإبلاغ عن رؤية الفئران.

### MERRY CHRISTMAS FROM THE CVRC

HAVE A SAFE AND HAPPY HOLIDAY SEASON  
FROM THE STAFF AND BOARD OF CVRC.  
THE CENTRE WILL BE CLOSED FROM  
DEC. 23 TO JAN. 4, 2026, REOPENING  
MONDAY, JAN. 5, 2026.



## RESUME HELP IS AVAILABLE AT CVRC

The CVRC can provide help building, improving, or printing out your resume. Just come to the CVRC, (130 MacLaren Blvd.), to pick up a resume form. Fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome!

You can call 506-693-8513 for more information or just come to the Resource Centre anytime during open hours to grab a resume form.



**Heads up!** Our Promise Partnership mentoring programs will take a short break while UNB students write their December exams. Here are the last days before the break:

- HWSF (K–5): Monday, December 8, 2025
- Blue Building (Grades 6–8): Thursday, December 4, 2025
- Trojans' Clubhouse (Grades 9–12): Wednesday, December 3, 2025

We'll be back in **January 2026** with fun new activities and homework help!

**High school students:** We've got **EXAM PREP** sessions at the Trojans' Clubhouse on **January 6, 7, 13, and 14** from **4:30–5:30 PM**.

**Mentoring starts again in the third week of January:**

- HWSF (K–5): Monday, January 19, 2026
- Blue Building (Grades 6–8): Tuesday, January 20, 2026

🌟 **Wishing you a season filled with light, peace, and joy!** May your days be bright and your learning shine. See you in the new year!



## YMCA NORTH HUB

We still have some spots available in our PreK Program. If you have a child entering Kindergarten in fall 2026 (born 2021) please reach out.

**Playtime** continues at the North Hub. Join us on Mondays from 10:00AM-12:00PM for a **FREE** playtime which includes art, music, playtime, snack and more! **We are offering Playtimes for all 5 Mondays in December.** Be sure to follow our social media for any events happening at the North Hub! <https://www.facebook.com/groups/767609284317317>



## FAMILY DROP-IN PLAYGROUP ON TUESDAYS AT CVRC

**Parents** and guardians, **FAMILY DROP-IN PLAYGROUP** with the Family Resource Centre is at Crescent Valley Resource Centre on Tuesday mornings from 10:00AM - 12:00PM. Playgroup is for parents and caregivers of children ages 0-6. It is where you can spend time together and meet other parents and children from your community. Enjoy play, crafts and snacks together. This program is free and pre-registration is NOT required, just come when you can. Contact Samantha at the FRC, 506-633-2182 for information.

NOTE, Playgroup will wrap-up for 2025 on December 16, returning on January 20, 2026.

## FREE RECYCLING PICK-UP

*Rain or Shine, Every Saturday!*

**Crescent Valley** neighbours, did you know you can easily get rid of recyclable materials, keep our neighbourhood looking great, and help the environment all at the same time?. It's easy! Sign up for the **Blue Run** FREE recycling pick up in Crescent Valley on Saturday mornings. Items such as plastics, paper, cardboard and metal are picked up at your curb.

**What could be more convenient?**

If you want to join this FREE program please call CVRC at 506-693-8513 for details. Special thanks to the Blue Run, Housing NB and CVRC for coordinating this service.





# SJ FOOD PURCHASING CLUB



**Monthly** order of fresh fruits and vegetables at reduced cost. Pick up at the following locations in the CV/Millidgeville/North End areas:

Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980.

**Cash payment not accepted at CVRC, E-transfer**

**payment to:** martha.macLean@horizonnb.ca.

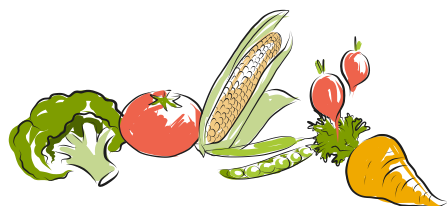
Make sure to identify where you will be picking up your order on your e-transfer. **Pay by December 12, pick up on December 19. ORDERS ARE \$25.00 EACH.**

## WIN A FOOD PURCHASE CLUB ORDER

The CVRC is giving away two \$25.00 Food Purchase Club orders. Fill out the ballot and drop it off to CVRC (use our mailbox after hours), by December 18 and you could be a lucky winner. Open to CV & Anglin Drive residents.

NAME: \_\_\_\_\_

PHONE / ADDRESS: \_\_\_\_\_



## BUDGETING HELP AT CVRC



The Crescent Valley neighbourhood navigator, Annaliese, has created a monthly budgeting guide with some helpful tips on how to spend & save wisely!

Call the CVRC at (506)693-8513 or email [cvrc.nylen@gmail.com](mailto:cvrc.nylen@gmail.com) to make an appointment. Templates are also available for pick-up during the resource centres operating hours.



CRESCENT VALLEY  
RESOURCE CENTRE



@cvrcsj

The CVRC can **fax** resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE  
GRATEFULLY ACKNOWLEDGES THE  
GENEROUS SUPPORT OF



Your Environmental Trust Fund at Work

**Crescent  
Valley**



**Contacts**

### Crescent Valley Community Tenants Assoc. (CVCTA)

- Eva Feddery, President; 55 MacLaren Blvd., 506-721-2223 or 506-658-9658, [evafeddery8@gmail.com](mailto:evafeddery8@gmail.com)

### Crescent Valley Resource Centre (CVRC)

- Anne Driscoll - Executive Director, 130 MacLaren Blvd., 506-693-8513; [crescentvalleyresourcecentre@gmail.com](mailto:crescentvalleyresourcecentre@gmail.com), Socials: @cvrcsj & [www.crescentvalleyresourcecentre.ca](http://www.crescentvalleyresourcecentre.ca)

### Hazen White - St. Francis School















- Jeanne Connors, Principal, 506-658-5343

### The Growing Place Community Garden | Saint John Bike Share Program

- Crescent Valley Resource Centre, 506-693-8513

### Housing NB

- Maintenance and Pest Control; 506-658-5167
- Program Officer: Laila ElBaghdadi, 506-607-6410
- To apply for **any** programs and services with Social Development or Housing NB: 1-833-733-7835

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 10am Playtime at the HUB 	<b>2</b> 10am-12pm Family Playgroup 1-3pm Community Health Nurse 3-4pm Promise Partnership - Middle School	<b>3</b> 9-10am Healthy Breakfast 3-4pm Promise Partnership - Middle School	<b>4</b> 3-4pm Promise Partnership - Middle School  <b>Garbage Pick Up</b>	<b>5</b> 9-10am Healthy Breakfast 10-12pm CV Tenant Support  <b>Large Item/Compost</b>
<b>8</b> 10am Playtime at the HUB  	<b>9</b> 10am-12pm Family Playgroup 1-3pm Community Health Nurse  	<b>10</b> 9-10am Healthy Breakfast  	<b>11</b>   <b>Garbage Pick Up</b>	<b>12</b> 9-10am Healthy Breakfast 3pm Christmas Surprise Bags 10-11am CV Tenant Support Food Purchase Club Payment Due <b>Tomorrow</b> at CVCTA - Kids Christmas Party 1-3pm  <b>Large Item/Compost</b>
<b>15</b> 10am Playtime at the HUB	<b>16</b> 10am-4pm Christmas Books Giveaway 10am-12pm Family Playgroup 1-3pm Community Health Nurse	<b>17</b> 9-10am Healthy Breakfast  	<b>18</b>   <b>Garbage Pick Up</b>	<b>19</b> 9-10am Healthy Breakfast 10-12pm CV Tenant Support 12-4pm Food Purchase pick up 6pm CVCTA Window Light Contest <b>Tomorrow</b> at CVCTA - Adult Christmas Party 6pm  <b>Large Item/Compost</b>
<b>22</b> 10am -3:30pm Winter Squad 10am Playtime at the HUB <b>CVRC will be closing at our usual time today and re-opening January 5th.</b> <b>Happy Holidays!</b>	<b>23</b>   <b>CVRC Closed</b>	<b>24</b>   Christmas Eve  <b>CVRC Closed</b>	<b>25</b>   <b>Garbage Pick Up</b>	<b>26</b>   <b>CVRC Closed</b> <b>Large Item/Compost</b>
<b>29</b> 10am Playtime at the HUB   <b>CVRC Closed</b>	<b>30</b>   <b>CVRC Closed</b>	<b>31</b>  <i>See you in the New Year!</i>  <b>CVRC Closed</b>		

Look inside the CV Newsletter for more information on events and programs mentioned in the calendar.

Please Recycle this newsletter 