

CRESCENT VALLEY NEWS

Stay up-to-date on activities, programs and services for residents of Crescent Valley and beyond.

SUMMER SQUAD

Summer Squad is back in Crescent Valley and fun is all around us. Many thanks to all who have contributed to make this another memorable summer for CV kids. Shout out to: Canada Summer Jobs, McInnes Cooper, UCT Jack Kidd Council #755, CVRC, and the New Brunswick Children's Foundation. Thank you for making Summer Squad possible.



GAMES IN THE GARDEN

Join summer students Lauren and Joanna for children's games and activities in The Growing Place Community Garden, Belyea St.

Games in the Garden will be every week from 1:00 PM - 2:00 PM on Monday, Wednesday and Friday until August 14th. These activities are for children aged 6-12 with a maximum of 15 children per event.

These events will be drop in, so registration is not required. More details will be on Facebook closer to the event dates!



ARE YOU READY TO DITCH THE DIAPERS?

FACE (Family and Child Education) is offering a friendly and easy-to-follow potty learning class for families who want to support their child through this big step. Join us on **Tuesday, July 14** from 10:00 AM to 12:00 PM at Hazen White-St. Frances School (Y Early Learning Centre). You will learn simple tips and ideas to help your child learn to use the potty, and you will have a chance to ask questions and connect with others.

We will have coffee, tea, and snacks, and we are happy to offer child minding while you take part in the session.

Space is limited to 12 participants, so please sign up early. To register, call Vicki at 506-349-8294 or visit www.facenb.ca. We would love to see you there.



CRESCENT VALLEY SPLASH PAD



We are so lucky to have this fun and family-friendly area right in our very own neighbourhood.

Huge THANK YOU to the City of Saint John and Housing NB who keep the neighbourhood splash pad and play park in awesome condition!

Please report any damage to the splash pad right away to the City of Saint John, 506 658-4455.

If you see anyone damaging the splash pad, please contact Saint John Police right away, at 506 648-3333.

Music at Portland United Church

Free entertainment every Tuesday evening, 7:00 PM, until August 25. 🎵🎵🎵

Enjoy new performers each week.

Located at 50 Newport Crescent, North.

SOCCER WORD SEARCH



Are you watching the World Cup?

The World Cup is the biggest sporting event on the planet, even bigger than the Olympics.

- **Country vs. Country:** Instead of players competing for city-based clubs like in everyday leagues, they represent their entire home nation.
- **The Tournament:** Every four years, countries battle in qualifying games to earn one of the spots. There are 48 teams that compete in the main event.
- **How long it lasts:** The tournament lasts for about a month, where teams are split into groups first, and then enter the knockout rounds (where if you lose, you go home).
- **The Winners:** Since the first tournament in 1930, only eight countries have ever won the Men's World Cup. Brazil is the most successful, having won the tournament five times.

What team / country are you rooting for?

Find and circle the words on the grid. Look for them in all directions including backwards and diagonally.

CENTER CIRCLE

CLEATS

COACH

CORNER KICK

DEFENDER

DRIBBLE

FEINT

FORWARD

FREE KICK

GOALIE

HAND BALL

KICK-OFF

MARK UP

MATCH

MIDFIELDER

OFFSIDE

PASS

PENALTY KICK

PUNT



REFEREE

SAVE

SCRIMMAGE

SHUTOUT

SUBSTITUTION

THROW IN

TOUCH LINE

VOLLEY

WALL

Playtime continues at the North Hub (inside HWSF), in July. Join us on Mondays from 10:00 AM-12:00 PM for a Free Playtime which includes art, playtime, snack and more. Don't forget to pick up a punch pass when you visit—fill it up to earn a prize.

If you have any questions, contact Sarah at 506-271-4289 / elccoordinator@saintjohny.ca. We look forward to seeing you at the North Hub.

JULY EVENTS AND ACTIVITIES AT THE HUB

- Playtime - Join us for playtime fun. Ages 0-5.
- Gym Fun - Join us for activities in the gym. Ages 0-5.
- Y Connect - Help build a connection and help spread the Y core values to the neighbourhood. Look for us with our blue wagon. We will be there with free books and free snacks.
- Snack & Chat - Join us for activities. Ages 0-5

CHECK THE CALENDAR ON THE BACK PAGE FOR DATES.

All events occur 10:00 AM - 12:00 PM, drop-in during those hours. Parents/guardians are required to remain onsite. Contact Sarah, 506-271-4289 or elccoordinator@saintjohny.ca if you have questions.

TOGETHER AT THE TABLE

Something delicious is coming to the North Hub. We're launching Family Cooking Sessions and you're invited. Join us for a fun, hands-on community program where families come together to cook, learn, laugh, and share nutritious meals. This isn't just about food — it's about connection, confidence, and creating joyful moments around the table.

Whether you're a confident cook or just getting started, this program is all about learning together in a supportive, relaxed environment. We're currently building our interest list — dates and locations coming soon. Reach out to Sarah to learn more and get your family added to the list.

During each session families will:

- Roll up their sleeves for interactive cooking workshops.
- Learn how to prepare healthy, affordable meals together.
- Discover local food resources, including food banks and community supports.
- We'll also welcome a guest nutritionist who will share practical, easy-to-follow advice on nutritious foods and everyday habits that support overall well-being.

ENGLISH FOR DAILY LIFE

Are you looking to build confidence using English in everyday situations? Join our friendly weekly drop-in group designed to support newcomers and community members.

Learn essential vocabulary for:

- ✓ Healthcare
- ✓ Saving money
- ✓ Supporting your kids at school
- ✓ And so much more.



Sessions are held at the Crescent Valley Resource Centre, 130 MacLaren Blvd. (the blue building), every Wednesday from 12:30 PM to 2:30 PM. Thank you to PRUDE Inc. who is partnering with CVRC to bring these sessions to the neighbourhood. Come learn, practice, and connect in a welcoming space. Everyone is welcome! For more information contact CVRC, 506-693-8513 or crescentvalleyresourcecentre@gmail.com

الإنجليزية للحياة اليومية

انضموا إلى مجموعتنا الأسبوعية الودودة، هل ترغبين في تحسين لغتك الإنجليزية وتسهيل معاملاتك اليومية؟ ندعوك لتعلم مفردات أساسية ومهمة في مجالات الرعاية الصحية وكيف تتعامل مع المواعيد والمصطلحات الطبية وتوفير المال، مهارات التسوق والتعاملات المالية دعم أطفالك في المدرسة للتواصل مع المعلمين والإدارات التعليمية والكثير من المواضيع الأخرى، تفاصيل الموعد والمكان: الموعد: كل يوم أربعاء، الوقت: من الساعة 12:30 ظهراً وحتى 2:30 بعد الظهر، الموقع في مركز موارد كريستنت فالي، للمزيد من المعلومات، يرجى التواصل معنا عبر:

crescentvalleyresourcecentre@gmail.com

506-693-8513

THE NEIGHBOURHOOD NAVIGATOR IS HERE TO HELP YOU

Annaliese Nylen, our Neighbourhood Navigator is here for you.

Some common things she can help with are:

- Filling out paperwork/ online forms & applications
- Finding programs/ services in the community
- Emotional support
- Taxes, and more!

If you are looking to reach Annaliese, email her at cvrc.nylen@gmail.com, call 506-693-8513, or stop into the centre at 130 MacLaren Blvd.

MEALS & FOOD ASSISTANCE

- **HEALTHY MORNING SNACK:** Take-home or eat in. HEALTHY MORNING SNACK is available from 9:00AM to 11:00AM Monday to Friday at CVRC, 130 MacLaren Blvd. It is free and delicious! Thank you UCT Council #755 for supporting our Healthy Snack program. 
- **ST. LUKE'S CHURCH OUTREACH LUNCH PROGRAM:** St. Luke's Monday lunch program is on a summer break until September.
- **THE HOPE MISSION:** The Mission will be open ONLY on Tuesdays until July 28, then it will be closed during August, reopening some time in September.
- **NORTH END FOOD BANK:** The North End food bank is open every Tuesday from 10:00AM - 1:00PM and every Wednesday from 1:00PM - 3:00PM. It is located at 211 Main St., use the door at the back – on the corner of Durham Street - Metcalf Street. Please bring reusable grocery bags with you.

How do we know that the ocean is friendly?

It waves!



Why are there fish at the bottom of the sea?

Because they dropped out of school!



Check Out the CVRC LIBRARY

Our children's and older reader libraries have a bunch of new books.

CVRC library services are open Monday - Friday during the Centre's open hours. Kids and adults can come pick out books for themselves, family, friends or neighbours.

You don't need a card or identification to borrow anything from our library and there is no time limit for borrowing. Just bring them back whenever you're finished! If you have any questions about our library services, feel free to call 506 693-8513.

FREE RECYCLING PICK-UP

Rain or Shine, Every Saturday!



Crescent Valley neighbours, did you know you can easily get rid of recyclable materials, keep our neighbourhood looking great, and help the environment all at the same time?. It's easy!

Sign up for the **Blue Run** FREE recycling pick up in Crescent Valley on Saturday mornings. Items such as plastics, paper, cardboard and metal are picked up at your curb.

What could be more convenient?

If you want to join this FREE program please call CVRC at 506-693-8513 for details. Special thanks to the Blue Run, Housing NB and CVRC for coordinating this service.

TENANT SUPPORT FOR CRESCENT VALLEY RESIDENTS

Crescent Valley & Anglin Drive residents,

Housing NB's Program Officers will be available **every Friday from 10:00 AM to 12:00 PM** at the **Crescent Valley Resource Centre (CVRC).**

This is a great chance to speak directly with someone about your housing concerns—no need to travel to the housing office. Noah Ritcey and Laila ElBaghdadi will be on-site to help with tenancy-related questions and provide support right in your neighbourhood.

Note: This service is for Crescent Valley & Anglin Drive tenants only.



سيتواجد موظفو برنامج الإسكان وشؤون المستأجرين في كريستنت فالي كل يوم جمعة من الساعة 10 صباحاً وحتى الساعة 12 ظهراً، بالبيت الأزرق.

تعد هذه فرصة ممتازة للتحدث مباشرة مع المختصين بشأن مخاوفك المتعلقة بالإسكان؛ فلن تكون هناك حاجة للتنقل إلى مكتب الإسكان.

سيكون كل من نوح ريتسي و ليلي البغدادي في الموقع للإجابة على التساؤلات المتعلقة بمتطلبات الاستئجار، وتقديم الدعم اللازم داخل حيكم السكني مباشرة.

ملاحظة: هذه الخدمة مخصصة لمستأجري كريستنت فالي فقط.

CV COMMUNITY TENANTS ASSOC.

Memberships to CVCTA are available at \$5.00 per year.

Are you having a party? The CVCTA unit is available to rent at \$10.00 for members and \$15.00 for non members, a \$20.00 damage deposit is required.

- CVCTA is looking for **volunteers** to help with Fun Day. If you are interested please call Jennifer London or Eva Feddery.
- **Monthly Quarter Bingo** – Saturday, July 25, 1-4 PM, open to adults. Come over and have some fun.
- **Monthly meeting** - July 28, 6:00 PM at 55 MacLaren Blvd. Open to all.

For questions, rentals and membership info please call Jennifer London, 506-663-0557 or Eva Feddery, 506-721-2223.

COMMUNITY HEALTH NURSE DROP-IN CLINIC



The community health nurse is at the CVRC, 130 MacLaren Blvd, on **TUESDAYS, 1:00 PM - 3:00 PM.**

Did you know you can speak to the nurse about mental health concerns you may be experiencing? She can lend an ear and recommend mental health services that may

benefit you. A reminder that the nurse cannot write or refill prescriptions or order tests.

An appointment is not required and all are welcome.

RESUME HELP IS AVAILABLE AT CVRC



The CVRC can provide help building, improving, or printing out your resume.

Just come to the CVRC, (130 MacLaren Blvd.), to pick up a resume form. Fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome!

You can call 506-693-8513 for more information or just come to the Resource Centre anytime during open hours to grab a resume form.

HEALTHY TODDLER ASSESSMENT

Public Health is hosting a Health Toddler Assessment drop-in on **July 27 at the CVRC**, 130 MacLaren Blvd., 11:30 AM - 2:30 PM. Translation is available, and a light snack will be provided. Siblings are welcome to join us.

What is a Healthy Toddler Assessment?



It is an assessment for children 18-24 months, that is done by Public Health Nurses. It is a chance to check on your child's growth and development. It allows for the early detection of any concerns. It will give you the chance to have your child's vaccine records checked by a Public Health Nurse. You can also

ask the nurse any questions you may have about helping your child be healthy and safe. For more information, please call 506-658-2454 or visit gnb.ca/healthytoddler.

صحة الطفل: دعوة لتقييم "الطفل السليم" في مركز البيت الأزرق، تعلن هيئة الصحة العامة عن تنظيم فعالية "تقييم الطفل السليم" بنظام الحضور المباشر دون موعد مسبق، وذلك يوم 27 تموز/يوليو في مقر مركز البيت الأزرق (CVRC) من الساعة 11:30 صباحاً حتى 2:30 ظهراً، مع توفر خدمات الترجمة ووجبات خفيفة. هذا التقييم مخصص للأطفال من عمر 18 إلى 24 شهراً ويشرف عليه ممرضو الصحة العامة لمتابعة نمو الطفل وتطوره، والكشف المبكر عن أي مخاوف صحية، ومراجعة سجلات اللقاحات، والإجابة على تساؤلات الأهالي، مرحب بجميع أفراد الأسرة.

للمزيد من المعلومات يرجى الاتصال على 506-658-2454

أو زيارة الموقع gnb.ca/healthytoddler

GARBAGE PICK-UP REMINDERS

- Please put garbage out no later than 7:30AM on Thursday mornings for pick up on Thursday during the day.
- All garbage must be in garbage bags that are tied, (please put the bags in a garbage can if you have one) and placed at the curb-side where the collection team can get to it easily. ****Put it in a location where it is not blocked by vehicles and make sure it is within two meters of the curb.**
- There is a **Large Item Pickup** every Friday for anything large or loose which can't go in a bag, such as furniture. Place items at the curb by 7:30AM.

SJ FOOD PURCHASING CLUB



Monthly order of fresh fruits and vegetables at reduced cost. Pick up at the following locations in the CV/Millidgeville/North End areas: Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980.

Cash payment not accepted at CVRC, E-transfer payment to:

sjfoodpurchasingclub@gmail.com

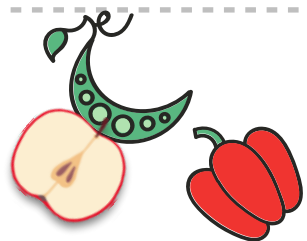
Make sure to identify where you will be picking up your order on your e-transfer. **Pay by July 17, pick up on July 24. ORDERS ARE \$25.00 EACH.**

WIN A FOOD PURCHASE CLUB ORDER

The CVRC is giving away two Food Purchase Club orders. Fill out the ballot and drop it off to CVRC (use our mailbox after hours), by July 23 and you could be a lucky winner. Open to CV & Anglin Drive residents.

NAME: _____

PHONE / ADDRESS: _____



CONTACT INFORMATION FOR YOUR MLA

Residents of the Crescent Valley area!

The Constituency Office for the Hon. Dr. John Dornan, MLA for the Provincial Riding of Saint John Portland-Simonds, has moved to a new location. The office is now located at 229 Churchill Blvd., Suite # 11. Office hours are: Mondays 8:30 to 4:30, Tuesdays through Thursdays 12:30 to 4:30; Fridays, closed. The telephone number is **506 646-1805**. Email is johndornan.office@legnb.ca



CRESCENT VALLEY
RESOURCE CENTRE



@cvrcsj

The CVRC can **fax** resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE
GRATEFULLY ACKNOWLEDGES THE
GENEROUS SUPPORT OF



Crescent Valley



Contacts

Crescent Valley Community Tenants Assoc. (CVCTA)

- Eva Feddery, President; 55 MacLaren Blvd., 506-721-2223 or 506-658-9658, evafeddery6@gmail.com

Crescent Valley Resource Centre (CVRC)

- Anne Driscoll - Executive Director, 130 MacLaren Blvd., 506-693-8513; crescentvalleyresourcecentre@gmail.com, Socials: @cvrcsj & www.crescentvalleyresourcecentre.ca

Hazen White - St. Francis School

- Jeanne Connors, Principal, 506-658-5343

The Growing Place Community Garden | Saint John Bike Share Program

- Crescent Valley Resource Centre, 506-693-8513

Housing NB

- Maintenance; 506-658-5167, Pest Control; 506-643-6971
- Program Officers for CV: Laila ElBaghdadi, 506-607-6410 and Noah Ritcey, 506-313-1078
- To apply for **any** programs and services with Social Development or Housing NB: 1-833-733-7835

SUMMER 2026 TENANT REMINDERS

Dear Tenants,

As the warmer months begin, please review the following important reminders from your lease agreement to help keep the property safe, clean, and well maintained.

Parking: Please do not block driveways when parking between buildings. Emergency vehicles, maintenance, and other tenants must always have access.

Storage: Housing NB is **not responsible for items stored in basement lockers**, and **storing tires in lockers is strictly prohibited**.

Outdoor Items: Tents, fire pits, trampolines, and pools are not permitted on the property. **BBQs are also not allowed** at the front or back of the buildings.

Pets: Cats must be kept indoors, and dogs must be on a leash when outside. Failure to follow the responsible pet ownership policy may result in removal of the animal.

Doors: Please keep back doors closed at all times unless entering or exiting. **Leaving doors open is a safety and security risk.**

Responsibility: Tenants are responsible for themselves, their family members (including pets), and their guests. Damages or lease violations may result in financial responsibility.

Feeding Animals: Please refrain from feeding pigeons, raccoons, or other wild animals you may see around property. Feeding these animals attracts rats and other unwanted pests.

Garbage: Garbage collection is on Thursdays. Please **do not place garbage outside early**, as it attracts pests and creates health and cleanliness issues.

Large Items: Large item pickup is on Fridays. Items must be placed at the **front curb only**. Items left elsewhere will not be collected.

Anyone found causing garbage or large item issues may be charged for cleanup and disposal costs.

Thank you for your cooperation.

Sincerely,

Housing NB

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 6 9-11am Healthy Snack 10am Playtime at the HUB at Hazen White-St Francis school 1-2pm Games in the Garden	7 10-12pm Gym Fun at the HUB 9-11am Healthy Snack 1-3pm Community Health Nurse	1 Happy Canada Day  CVRC Closed	2 9-11am Healthy Snack Garbage Pick Up	3 9-11am Healthy Snack 10-12pm Y Connect at the HUB 10am-12pm CV Tenant Support 1-2pm Games in the Garden Large Item/Compost
	13 9-11am Healthy Snack 10am Playtime at the HUB at Hazen White-St Francis school 1-2pm Games in the Garden	8 9-11am Healthy Snack 12:30-2:30pm English for Daily Life 1-2pm Games in the Garden	9 9-11am Healthy Snack Garbage Pick Up	10 9-11am Healthy Snack 10-12pm Y Connect at the HUB 10am-12pm CV Tenant Support 1-2pm Games in the Garden Large Item/Compost
	14 9-11am Healthy Snack 10-12pm Gym Fun at the HUB 1-3pm Community Health Nurse 	15 9-11am Healthy Snack 12:30-2:30pm English for Daily Life 1-2pm Games in the Garden	16 9-11am Healthy Snack  Garbage Pick Up	17 Food Purchase Club Payment Due 9-11am Healthy Snack 10am-12pm CV Tenant Support 1-2pm Games in the Garden Large Item/Compost
20 9-11am Healthy Snack 10am Playtime at the HUB at Hazen White-St Francis school 1-2pm Games in the Garden	21 9-11am Healthy Snack 10-12pm Snack & Chat at the HUB 1-3pm Community Health Nurse	22 9-11am Healthy Snack 12:30-2:30pm English for Daily Life 1-2pm Games in the Garden	23 9-11am Healthy Snack Garbage Pick Up	24 9-11am Healthy Snack 10-12pm Y Connect at the HUB 10am-12pm CV Tenant Support 1-2pm Games in the Garden 12-4pm Food Purchase PICK UP Large Item/Compost
27 9-11am Healthy Snack 10am Playtime at the HUB at Hazen White-St Francis school 11:30-2:30 Public Health Assessment 1-2pm Games in the Garden	28 9-11am Healthy Snack 10-12pm Y Connect at the HUB 1-3pm Community Health Nurse 6pm CVCTA Meeting	29 9-11am Healthy Snack 10-12pm Y Connect at the HUB 12:30-2:30pm English for Daily Life 1-2pm Games in the Garden	30 9-11am Healthy Snack  Garbage Pick Up	31 9-10am Healthy Breakfast 10am-12pm CV Tenant Support 1-2pm Games in the Garden Large Item/Compost

Look inside the CV Newsletter for more information on events and programs mentioned in the calendar.

Please Recycle this newsletter 