

# CRESCENT VALLEY NEWS

Stay up-to-date on activities, programs and services for residents of Crescent Valley and beyond.

## PROTECT YOURSELF FROM FRAUD

**Scammers** use email, phone calls, social media, or text messages to trick you into giving them your personal and financial information. But there are several ways to protect yourself.

### Signs of a Scam:

- Asking for money upfront, without meeting the person or seeing the product.
- Requesting sensitive information like passwords or codes over the phone or online.
- Urgency or pressure to pay.
- It seems too good to be true.



### How to avoid a Scam:

- Don't be afraid to say no. If you feel rushed or pressured, ask for information in writing, or end the conversation.
- Verify any organizations and companies by looking online to find their official phone numbers and websites.
- Never give out personal information. Calls or messages asking for your name, birthdate, address, SIN, or banking information are never secure.
- Many scams ask you to pay fees before receiving goods, services, or a prize. It's illegal for a company to ask you to pay a fee upfront before they'll give you a loan.
- Never click on suspicious links.
- Watch for unrealistic prices. If it seems too good to be true, it probably is.

If you have been the victim of a scam, no matter how big or small, call the Saint John Police Force, 506-648-3333. For more info, visit [antifraudcentre.ca](http://antifraudcentre.ca)

## BOOK GIVEAWAY TIME

### KIDS' BOOK GIVEAWAY

**Let's get reading!** The CVRC will be having a kids' book giveaway September 15, 10:00 AM - 4:00 PM. Adults are welcome to come grab a book or two for their kids, grand kids, etc., and kids are welcome to come by to pick a book out for themselves, too! There will be a mix of new and gently used books available. One book per child. See you there!



### BOOK GIVEAWAY FOR ADULTS

**The CVRC** is hosting a **FREE** book give away for people 16 years and over on Wednesday, September 23, 10:00 AM-4:00 PM. There will be lots of non-fiction and fiction in a variety of different genres like romance, mystery, drama, science fiction, so come down to the CVRC to have your choice of any of the hundreds of books available. Make sure to get to the CVRC before the best books go! This giveaway is for **ANYONE**, NOT just Crescent Valley residents.



**Promise Partnership.**

### Promise Partnership is back for the fall term!

The **Middle School Club** will be open for students with more **cooking, robotics and coding, and homework support!**

Thursdays | Sept. 24 to Dec. 3, 2026 | 3PM – 4PM  
At Crescent Valley Resource Centre (The Blue Building)



## National Day for Truth and Reconciliation

September 30



Canada

**This** day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. The CVRC will be closed on September 30.

**A** big shout out to UCT Jack Kidd Council #755 for the donation of school supplies for CV families. We are grateful for their ongoing support to our neighbourhood.



## Check Out the CVRC LIBRARY

CVRC library services are open Monday - Friday during the Centre's open hours. Kids and adults can come pick out books for themselves, family, friends or neighbours. You don't need a card or identification to borrow anything from our library and there is no time limit for borrowing. Just bring them back whenever you're finished!

If you have any questions about our library services, feel free to call 506 693-8513.



**Thank** you to the Kiwanis Club of Saint John who donated our amazing Summer Squad t-shirts. We appreciate their support each summer. Camp t-shirts are always a memorable keepsake of a fun summer.

**Who's the King of School Supplies?  
The Ruler!**

## LABOUR DAY

**Labour** Day is an annual public holiday that celebrates the contributions of workers. In Canada it takes place on the first Monday of September and for 2026, Labour Day falls on September 7. It has been an official statutory holiday in Canada since 1894. The CVRC will be closed on September 7.

## THE NEIGHBOURHOOD NAVIGATOR IS HERE TO HELP YOU

**Annaliese Nylen, our Neighbourhood Navigator is here for you.**

Some common things she can help with are:

- Filling out paperwork/ online forms & applications
- Finding programs/ services in the community
- Emotional support
- Taxes, and more!

If you are looking to reach Annaliese, email her at [cvrc.nylen@gmail.com](mailto:cvrc.nylen@gmail.com), call 506-693-8513, or stop into the centre at 130 MacLaren Blvd.

## MEALS & FOOD ASSISTANCE

- **HEALTHY MORNING SNACK:** Take-home or eat in. HEALTHY MORNING SNACK is available from 9:00 AM to 11:00 AM Monday to Friday at CVRC, 130 MacLaren Blvd. It is free and delicious! Thank you UCT Council #755 for supporting our Healthy Snack program. 
- **ST. LUKE'S CHURCH OUTREACH LUNCH PROGRAM:** St. Luke's **free** Monday lunch program: Sept. 14, 28 (take-out), Sept. 21 (Sit down). Take-out meals begin serving at 12:00 PM. Doors open for the sit down meal at 11:30 AM and begin serving at 12:00 PM.
- **THE HOPE MISSION:** The Mission will reopen for regular program on September 15. Tuesday breakfast and Thursday lunch program: Doors open for coffee on both days by 9:15 AM, the Tuesday breakfast is served at 10:00AM and Thursday lunch at 11:30 AM.
- **NORTH END FOOD BANK:** The North End food bank is open every Tuesday from 10:00 AM - 1:00 PM and every Wednesday from 1:00 PM - 3:00 PM. It is located at 211 Main St., use the door at the back – on the corner of Durham Street - Metcalf Street. Please bring reusable grocery bags with you.



## YMCA NORTH HUB LOCATED INSIDE HWSF SCHOOL



- **Playtime** - Playtime continues at the North Hub on Mondays from 10:00 am-12:00 pm. Playtime is a welcoming space for families to play, connect and grow together. Playtime is cancelled on September 7.
- **Cooking Session** - We are always adding families to our list for our Together at the Table session. Let's gather around the table for a meal with other parents and learn ways to make feeding your child easier and more enjoyable.
- **PREK** - There are spaces left to join our free PreK program. This is a half day program for children born in 2022 or 2023.

Please reach out to Sarah for information on any of the above programs, 506-271-4289 OR [elccoordinator@saintjohny.com](mailto:elccoordinator@saintjohny.com).

## FREE RECYCLING PICK-UP

*Rain or Shine, Every Saturday!*



Crescent Valley neighbours, did you know you can easily get rid of recyclable materials, keep our neighbourhood looking great, and help the environment all at the same time?. It's easy!

Sign up for the **Blue Run** FREE recycling pick up in Crescent Valley on Saturday mornings. Items such as plastics, paper, cardboard and metal are picked up at your curb.

### ***What could be more convenient?***

If you want to join this FREE program please call CVRC at 506-693-8513 for details. Special thanks to the Blue Run, Housing NB and CVRC for coordinating this service.

## TENANT SUPPORT FOR CRESCENT VALLEY RESIDENTS

Crescent Valley & Anglin Drive residents,  
Housing NB's Program Officers will be available **every Friday from 10:00 AM to 12:00 PM** at the **Crescent Valley Resource Centre (CVRC)**.



This is a great chance to speak directly with someone about your housing concerns—no need to travel to the housing office. Noah Ritcey and Laila ElBaghdadi will be on-site to help with tenancy-related questions and provide support right in your neighbourhood.

**Note: This service is for Crescent Valley & Anglin Drive tenants only.**

سيتواجد موظفو برنامج الإسكان وشؤون المستأجرين في كريستنت فالي كل يوم جمعة من الساعة 10 صباحاً وحتى الساعة 12 ظهراً، بالبيت الأزرق.

تعد هذه فرصة ممتازة للتحدث مباشرة مع المختصين بشأن مخاوفك المتعلقة بالإسكان؛ فلن تكون هناك حاجة للتنقل إلى مكتب الإسكان.

سيكون كل من نوح ريتسي و ليلي البغدادي في الموقع للإجابة على التساؤلات المتعلقة بمتطلبات الاستئجار، وتقديم الدعم اللازم داخل حيكم السكني مباشرة.

ملاحظة: هذه الخدمة مخصصة لمستأجري كريستنت فالي فقط.



## CRESCENT VALLEY CRAFTS & CONVERSATION CLUB

LEARN & SHARE!



Join your neighbours for fun and crafting. Share your knowledge, learn new skills. Try crochet, knitting, sewing, and more. Practice English and help others learn English.

Join us on Fridays, 10:00AM – 12:00PM at CVRC, 130 MacLaren Blvd. **Returning September 11.**

Thank you to our partner, Saint John Newcomers Centre and the volunteers who support this program.

## COMMUNITY HEALTH NURSE DROP-IN CLINIC

The community health nurse is at the CVRC, 130 MacLaren Blvd, on **TUESDAYS, 1:00 PM - 3:00 PM.**



Did you know you can speak to the nurse about mental health concerns you may be experiencing? She can lend an ear and recommend mental health services that may benefit you. A reminder that the nurse cannot

write or refill prescriptions or order tests.

An appointment is not required and all are welcome.

## RESUME HELP IS AVAILABLE AT CVRC



The CVRC can provide help building, improving, or printing out your resume.

Just come to the CVRC, (130 MacLaren Blvd.), to pick up a resume form. Fill it out to the best of your ability and bring it back to us. We will use that info to put together a great resume for you! It doesn't matter if you haven't been employed for a long time or you are employed and looking for something new, anyone who's interested in this service is MORE than welcome!

You can call 506-693-8513 for more information or just come to the Resource Centre anytime during open hours to grab a resume form.

## HEALTHY TODDLER ASSESSMENT

Public Health is hosting a Health Toddler Assessment drop-in on **September 27, October 26, and November 23** at the CVRC, 130 MacLaren Blvd., 11:30 AM - 2:30 PM.

Translation is available, and a light snack will be provided. Siblings are welcome to join us.



### What is a Healthy Toddler Assessment?

It is an assessment for children 18-24 months, that is done by Public Health Nurses. It is a chance to check on your child's growth and development. It allows for the early detection of any concerns. It will give you the chance to have your child's vaccine records checked by a

Public Health Nurse. You can also ask the nurse any questions you may have about helping your child be healthy and safe. For more information, please call 506-658-2454 or visit [gnb.ca/healthytoddler](http://gnb.ca/healthytoddler).

صحة الطفل: دعوة لتقييم "الطفل السليم" في مركز البيت الأزرق، تعلن هيئة الصحة العامة عن تنظيم فعالية "تقييم الطفل السليم" بنظام الحضور المباشر دون موعد مسبق، وذلك يوم 27 أيلول/سبتمبر، 26 تشرين الأول/أكتوبر، و23 تشرين الثاني/نوفمبر، في مقر مركز البيت الأزرق (CVRC) من الساعة 11:30 صباحاً حتى 2:30 ظهراً، مع توفر خدمات الترجمة ووجبات خفيفة. هذا التقييم مخصص للأطفال من عمر 18 إلى 24 شهراً ويشرف عليه ممرضو الصحة العامة لمتابعة نمو الطفل وتطوره، والكشف المبكر عن أي مخاوف صحية، ومراجعة سجلات اللقاحات، والإجابة على تساؤلات الأهالي، مرحب بجميع أفراد الأسرة للمزيد من المعلومات يرجى الاتصال على 506-658-2454

أو زيارة الموقع [gnb.ca/healthytoddler](http://gnb.ca/healthytoddler)

## GARBAGE PICK-UP REMINDERS

- Please put garbage out no later than 7:30AM on Thursday mornings for pick up on Thursday during the day.
- All garbage must be in garbage bags that are tied, (please put the bags in a garbage can if you have one) and placed at the curb-side where the collection team can get to it easily. **\*\*Put it in a location where it is not blocked by vehicles and make sure it is within two meters of the curb.**
- There is a **Large Item Pickup** every Friday for anything large or loose which can't go in a bag, such as furniture. Place items at the curb by 7:30AM.

# SJ FOOD PURCHASING CLUB



**Monthly** order of fresh fruits and vegetables at reduced cost. Pick up at the following locations in the CV/Millidgeville/North End areas: Crescent Valley Resource Centre, 130 MacLaren Blvd., 506-693-8513, or Nick Nicolle Community Centre, 85 Durham St., 506-658-2980.

**Cash payment not accepted at CVRC, E-transfer payment to:**

sjfoodpurchasingclub@gmail.com

Make sure to identify where you will be picking up your order on your e-transfer. **Pay by Sept. 11, pick up on Sept.**

**18. ORDERS ARE \$25.00 EACH.**

## WIN A FOOD PURCHASE CLUB ORDER

The CVRC is giving away two Food Purchase Club orders. Fill out the ballot and drop it off to CVRC (use our mailbox after hours), by Sept. 17 and you could be a lucky winner. Open to CV & Anglin Drive residents.

NAME: \_\_\_\_\_

PHONE / ADDRESS: \_\_\_\_\_



## CONTACT INFORMATION FOR YOUR MLA

**Provincial MLA - Dr. John Dornan**



Questions about how government works? Need support with an issue related to government? Stacey Cool is our brand new Constituency Office Assistant at your MLA (Dr. John Dornan's) office near Dan's Country Market on Churchill Blvd. She is in the office Monday from 8:30-4:30, and Tuesdays-Thursdays from 12:30-4:30. Feel free to stop in for a chat or give us a call if you have any questions. We want to hear from you! The office number is (506) 646-1805.



CRESCENT VALLEY  
RESOURCE CENTRE



@cvrcsj

The CVRC can **fax** resumes, pay stubs, tax forms and other important information, at no cost to you. We also have a photocopier to make copies of resumes or other important documents. **CLOTHING ROOM:** free, new & used clothing for women, men and children.

THE CRESCENT VALLEY RESOURCE CENTRE  
GRATEFULLY ACKNOWLEDGES THE  
GENEROUS SUPPORT OF



## Crescent Valley



## Contacts

**Crescent Valley Community Tenants Assoc. (CVCTA)**

- Eva Feddery, President; 55 MacLaren Blvd., 506-721-2223 or 506-658-9658, evafeddery6@gmail.com

**Crescent Valley Resource Centre (CVRC)**

- Anne Driscoll - Executive Director, 130 MacLaren Blvd., 506-693-8513; crescentvalleyresourcecentre@gmail.com, Socials: @cvrcsj & www.crescentvalleyresourcecentre.ca

**Hazen White - St. Francis School**

- Jeanne Connors, Principal, 506-658-5343

**The Growing Place Community Garden | Saint John Bike Share Program**

- Crescent Valley Resource Centre, 506-693-8513

**Housing NB**

- Maintenance; 506-658-5167, Pest Control; 506-643-6971
- Program Officers for CV: Laila ElBaghdadi, 506-607-6410 and Noah Ritcey, 506-313-1078
- To apply for **any** programs and services with Social Development or Housing NB: 1-833-733-7835

| MONDAY                                                                                                                                                                                              | TUESDAY                                                                                                                                                                             | WEDNESDAY                                                                                                                                                     | THURSDAY                                                                                                  | FRIDAY                                                                                                                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br>9-11am Healthy Snack<br>1-3pm Community Health Nurse<br>                                             | <b>2</b><br>9-11am Healthy Snack<br>1-3pm Community Health Nurse<br>                             | <b>3</b><br>9-11am Healthy Snack<br>                                        | <b>4</b><br>9-11am Healthy Snack<br>Large Item/Compost                                                    |                                                                                                                                   |
| <b>7</b><br>9-11am Healthy Snack<br>10am Playtime at the HUB at Hazen White-St Francis school<br><br>CVRC Closed | <b>8</b> <b>First Week of School</b><br>9-11am Healthy Snack<br>1-3pm Community Health Nurse<br> | <b>9</b><br>9-11am Healthy Snack<br>                                        | <b>10</b><br>9-11am Healthy Snack<br>Garbage Pick Up                                                      | <b>11</b><br><b>Food Purchase Club Payment Due</b><br>9-11am Healthy Snack<br>10-12pm Crafts & Conversation<br>Large Item/Compost |
| <b>14</b><br>9-11am Healthy Snack<br>10am Playtime at the HUB at Hazen White-St Francis school                                                                                                      | <b>15</b><br>9-11am Healthy Snack<br>10-4pm Kids Book Giveaway<br>1-3pm Community Health Nurse                                                                                      | <b>16</b><br>9-11am Healthy Snack<br>12:30-2:30pm English for Daily Life                                                                                      | <b>17</b><br>9-11am Healthy Snack<br>Garbage Pick Up                                                      | <b>18</b><br><b>12-4pm Food Purchase PICK UP</b><br>9-11am Healthy Snack<br>10-12pm Crafts & Conversation<br>Large Item/Compost   |
| <b>21</b><br>9-11am Healthy Snack<br>10am Playtime at the HUB at Hazen White-St Francis school                                                                                                      | <b>22</b><br>9-11am Healthy Snack<br>1-3pm Community Health Nurse<br>                           | <b>23</b><br>9-11am Healthy Snack<br>10-4pm Book Giveaway for Adults<br>12:30-2:30pm English for Daily Life                                                   | <b>24</b><br>9-11am Healthy Snack<br>3-4pm Middle School Club with Promise Partnership<br>Garbage Pick Up | <b>25</b><br>9-11am Healthy Snack<br>Large Item/Compost                                                                           |
| <b>28</b><br>9-11am Healthy Snack<br>10am Playtime at the HUB at Hazen White-St Francis school<br>11:30-2:30 Healthy Toddler Assessment                                                             | <b>29</b><br>9-11am Healthy Snack<br>1-3pm Community Health Nurse<br>                          | <b>30</b><br>National Day for Truth and Reconciliation<br><br>CVRC Closed |                        |                                                                                                                                   |

Look inside the CV Newsletter for more information on events and programs mentioned in the calendar.

Please Recycle this newsletter 