

PILLARS NURSING SERVICES, LLC.

6835 Sturbridge Drive Apt A, Baltimore, MD 21234. TEL: 443-642-9004

GNA/CNA

Job Description

SUMMARY

The Certified Nursing Assistant is a member of the home care team trained to provide personal care, other unskilled services, and companionship in the home setting, under the direction, instruction, and supervision of a Registered Nurse, therapist, and/or clinical management and the patient. Performs various personal care services as necessary to meet the patient's personal needs and to promote the patient's comfort and a safe environment.

ESSENTIAL DUTIES AND RESPONSIBILITIES include the following. Other duties may be assigned.

- Assists the patient in the Activities of Daily Living (ADL) including personal care, hygiene, baths, back rubs, shampoo, skin and nail care, eating, dressing, elimination, exercises, ambulation, and changing/making patient's bed. Plans and prepares meals.
- Encourages the patient's family to participate in patient's care. Gives emotional support to the patient and/or family.
- Provides companionship to the patient.
- Assists in the maintenance of a safe and healthy environment. Uses equipment and supplies safely and properly.
- Reminds patient of medication as ordered by the physician.
- Takes and records accurate patient vital signs when advised.

- Informs Registered Nurse (RN)/Director of Nursing/Registered Nurse Designee of changes in patient's condition.
- Documents activities and findings and submits documentation as required by company procedures.

This job description is not intended to be all-inclusive. The employee will be expected to perform other reasonable related duties as assigned by management.

JOB LIMITATIONS

The Certified Nursing Assistant will not function in any manner viewed as the practice of nursing according to the State's Nurse Practice Act. Specifically, the home health aide will not administer medications, take physician's orders or perform procedures requiring the training, knowledge, and skill of a nurse, specifically sterile techniques.

QUALIFICATIONS

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily.

The requirements listed below are representative of the knowledge, skill, and/or ability required.

Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

EDUCATION AND/OR EXPERIENCE

High school diploma or general education degree (GED) or equivalent, Certification showing completion of a recognized nurse assistant training program, License, CPR, TB, Physical, references, one year of experience in health care setting preferred and other required specialty certifications will vary based upon assignment.

LANGUAGE SKILLS

Ability to communicate effectively with patient/client, family members, clinical management, and staff.

Ability to read and interpret documents such as safety rules, operating and maintenance instructions, and procedure manuals. Ability to write routine reports and correspondence.

REASONING ABILITY

Ability to apply common sense understanding to carry out instructions furnished in written, oral, or diagram form. Ability to deal with simple problems in the home setting.

OTHER SKILLS AND ABILITIES

Certified Nursing Assistant skills, observation skills, communication skills, knowledge of home health care. Good physical and mental health. Caring attitude, tact, patience, and good personal hygiene.

PHYSICAL DEMANDS

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The work requires moderately heavy physical exertion on a regular and recurring basis such as: extensive driving, assisting patient in transfer activities (wheelchair, to bed, to tub, to commode) and providing substantial support to individuals in ambulation.

While performing the duties of this job, the employee is regularly required to use hands to finger, to handle or feel, and talk or hear.

The employee frequently is required to stand, walk; reach with hands and arms and stoop, kneel, crouch, or crawl. The employee is occasionally required to sit. The employee must occasionally lift and/or move over 100 pounds. Specific vision abilities required by this job include close vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

WORK ENVIRONMENT

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Patient home setting, exposure to infectious diseases, automobile.

By signing below, I state that I have read and understand all that was stated.

Employee's Name (Print)

Employee's Name (Signature)

Date

Witness/Company Representative (Signature)

Date

