RISK ASSESSMENT

Task: Waste and rubbish collection (internal bins, bagging and disposal)

Company:	Maid For Each Other LTD
Date of assessment	01/01/2026
Completed by:	Mihaela Cristian

Identified hazards

- Manual handling strains (lifting/dragging waste bags, moving bins, repetitive handling).
- Cuts and punctures from sharps or broken items (glass, cans, needles) in waste.
- Exposure to biological hazards (contaminated waste, bodily fluids) and risk of infection.
- Skin/eye irritation from leaking waste or cleaning chemicals used on bins.
- Slips, trips and falls (spills/leaks, wet floors, obstructions when transporting waste).
- Pests/odours (insects/rodents) and allergens when handling waste.
- Traffic hazards when moving waste to external bins/compactors (car parks/loading bays).
- Fire risk from incorrect disposal of flammable waste or hot items (where applicable).

Who is at risk? Employees and customers/occupants (and others in the work area).

How is the risk controlled?

- Use appropriate waste segregation as per site policy (general, recycling, clinical/hygiene waste where applicable).
- Manual handling: do not overfill bags; use safe lifting techniques; use trolleys/wheeled bins where available; make multiple trips rather than over-carrying.
- Sharps: never place hands into bins; visually check before handling; do not compress bags by hand; follow site sharps procedure and report immediately.
- Use suitable bags/liners; double-bag if leaking/contaminated; tie/seal bags securely before transport.

- Prevent slips: clean up leaks/spills immediately; keep walkways clear; do not drag bags on floors.
- Hygiene: wear gloves; avoid touching face; wash/sanitise hands after task; use dedicated equipment for waste areas where possible.
- Biological hazards: treat unknown waste as potentially contaminated; dispose appropriately; seek medical advice/report if exposure occurs.
- External disposal: use safe routes; take care in car parks/loading bays; high-visibility worn where required.
- Fire safety: do not dispose of hot items; keep waste away from ignition sources; report any suspected hazardous/flammable waste.
- PPE provided and used as required (gloves as standard; non-slip footwear; eye protection where splash/leak risk exists).
- Method statement / safe system of work provided.
- Trained and competent employees allocated task.

PPE / Safety checklist (tick as applicable)

x Protective gloves available.	x Waste segregation followed.
☐ Non-slip footwear worn.	x No hands in bins / no bag compression.
x Eye protection available (leak/splash risk).	x Bags sealed securely.
☐ Operatives trained in safe handling.	X Safe route to disposal used.
☐ Area to be well lit.	☐ Reporting procedures followed.
☐ Good housekeeping observed.	☐ Routine safety checks undertaken.

Risk assessment for this task: LOW risk.