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Safe-Use Instructions for all cleaning products

Certex Antibacterial Handwash (Original) – Quick COSHH/Safe-Use Instructions

1) How to use

- Wet hands with clean running water.
- Apply a small amount of handwash, lather well (palms, backs of hands, between fingers, thumbs, nails).
- Rinse thoroughly and dry with a clean towel/paper towel.

2) Precautions needed

- **Avoid eye contact**; if it gets in eyes, rinse with plenty of water.
- Handle containers carefully to **minimise spills** and keep container closed when not in use.
- Good hygiene: **don't eat/drink/smoke while handling**; wash hands after handling.
- If handling larger/undiluted quantities for long periods: **wear suitable gloves**; eye protection is recommended if splashing is likely.
- Store upright in the **original container**, in a **cool place away from direct sunlight**.

3) Hazards

- Product is **not classified as hazardous** under the SDS (physical/health/environmental).
- Possible effects from accidental exposure: **mild stomach upset if swallowed**, **mild skin irritation/redness**, **eye stinging/redness/tearing**.

4) Emergency procedures (first aid)

- **Inhalation:** move to fresh air; get medical advice if discomfort continues.
- **Swallowed:** rinse mouth, drink plenty of water; **do not** induce vomiting; seek medical advice if symptoms persist.
- **Skin:** remove contaminated clothing; wash with soap and water; get medical advice if discomfort continues.
- **Eyes:** rinse immediately with plenty of water (lifting eyelids) for several minutes; get medical attention.

5) Spillage

- **Slip hazard:** treat as a slippery spill.
- **Large spills:** do **not** allow into drains/watercourses/ground.
- Absorb with suitable material, then **flush area with plenty of water**; wash hands after cleanup.

6) Fire

- Use extinguishing media suitable for the surrounding fire; **do not use a water jet** (can spread fire).
- Hazardous combustion products may include **CO_2, CO, NOx, oxides of sulphur**.
- Firefighters: wear **self-contained breathing apparatus** and full protective clothing.

Carpet Cleaner Shampoo Eco (5L) – Quick COSHH/Safe-Use Instructions

1) How to use

- **For professional use only.**
- Use as a **carpet cleaning product** exactly as the **label** says (dilution + application).
- Apply with carpet machine/hand application as directed, then **allow to dry** and ventilate the area.

2) Precautions needed

- Ensure **good ventilation** while using.
- **Avoid splashes** to eyes/face; keep lid closed when not in use.
- **PPE:** wear **gloves** if hand contact is likely; **safety glasses** if there's a risk of spraying/splashing.
- Hygiene: **don't eat/drink/smoke** during use; **wash hands** after handling.
- Storage: keep **cool**, **well-ventilated**, **in original closed container**; keep away from **strong acids, strong bases, oxidisers**.

3) Hazards

- **Not classified as hazardous**, but may still cause **minor irritation** if it gets in eyes or prolonged skin contact.
- Spills can be a **slip hazard**.

4) Emergency procedures (first aid)

- **Inhalation:** move to **fresh air** and keep comfortable.
- **Skin:** wash with **plenty of water**.
- **Eyes:** rinse with **water** for several minutes.
- **Swallowed: call a poison centre/doctor if you feel unwell**.

5) Spillage

- **Ventilate** the area.
- **Absorb** with paper towels/cloth/absorbent granules.
- Dispose of waste appropriately; **rinse area** after cleanup (avoid slippery residue).
- Try to **avoid release to drains** where possible.

6) Fire

- Suitable extinguishers: **water spray, dry powder, foam, CO_2**.
- In a fire, **toxic fumes may be released**.
- Firefighters: wear **self-contained breathing apparatus** and full protective clothing.

Cif Floor Solution (5L) – Quick COSHH/Safe-Use Instructions

(Cif Professional Liquid Wood Cleaner – floor cleaner)

1) How to use

- For large floor areas: **dilute 15 ml per 1 litre of water**.
- Apply with mop/cloth; **no rinse needed**.
- For stubborn marks: apply **undiluted to a damp cloth**, then wipe.

2) Precautions needed

- Avoid splashes; keep container closed when not in use.
- **Eye protection:** safety glasses aren't normally required, but **recommended if splashing may occur** (e.g., filling/transfer).

3) Hazards

- **Not classified as hazardous**, but **may cause an allergic reaction** (EUH208).

4) Emergency procedures (first aid)

- **Inhalation:** get medical advice if you feel unwell.
- **Skin:** wash with plenty of water; if irritation occurs, get medical advice.
- **Eyes:** rinse cautiously with water for several minutes; if irritation persists, seek medical attention.
- **Swallowed:** rinse mouth, drink **one glass of water**; seek medical advice if unwell.

5) Spillage

- **Spill = slip risk.**
- **Large spills:** contain/dyke, absorb with sand/diatomite/universal binder; collect in suitable container—**don't put back in original bottle**.
- Keep out of drains/surface/ground water where possible.

6) Fire

- Suitable extinguishers: **CO_2, dry powder, water spray**, or **alcohol-resistant foam for larger fires**.
- Firefighters: use **self-contained breathing apparatus** and full PPE.

Cif Power Cream (Kitchen Spray) — Quick COSHH/Safe-Use Instructions

1) How to use

- Spray onto the surface (don't over-spray), wipe with a cloth/sponge, then rinse/wipe away residues as needed.
- Use only in **well-ventilated areas**.

2) Precautions needed

- **Avoid contact with eyes.**
- **Do not breathe vapour/spray** and keep good ventilation.
- If you'll have **prolonged/repeated skin contact**, wear **protective gloves**.
- Wash hands after use / good chemical hygiene.

3) Hazards

- **Eye irritant** ("Irritating to eyes").
- May cause **respiratory irritation** if mist is inhaled; may cause **discomfort if swallowed**; prolonged/frequent skin contact may cause **redness/irritation**.

4) Emergency procedures (first aid)

- **Eyes:** Rinse immediately with plenty of water and **seek medical advice**.
- **Inhalation:** Move to fresh air, rest; get medical attention if discomfort continues.
- **Skin:** Rinse with lots of water; get medical attention if discomfort continues.
- **Swallowed:** Rinse mouth (if conscious); seek medical advice immediately and show label if possible.

5) Spillage

- **Slip hazard** — beware of slippery floors; avoid eye contact; wash thoroughly after cleanup.
- **Small spills:** dilute with water and flush away; can be disposed of with normal waste (household amounts).
- **Large spills:** prevent entry to drains/watercourses/ground; absorb with non-combustible material into containers; wash area with water; notify authorities if water pollution risk.

6) Fire

- Product is **not flammable**; use extinguishing media suitable for surrounding materials.
- In a fire/when heated, **toxic vapours/gases may form**; firefighters must wear **SCBA and full protective clothing**.

Domestos Bleach (Professional/Thick Bleach) — Quick COSHH/Safe-Use Instructions

1) How to use

- **Toilets (neat):** apply **about 80 ml** around the bowl and leave **30 minutes**, then flush.
- **Floors/work surfaces (diluted): 180 ml per 5 litres of water** *(do not use neat on floors)*.
- **Sinks/drains (neat):** pour into plughole/overflow, leave **5 minutes**, then rinse thoroughly.

2) Precautions needed

- **Never mix with other products** (especially **acids**) — can release dangerous gas.
- Work in **good ventilation** and **do not breathe vapours**.
- Wear **protective gloves** and **eye/face protection** (especially when pouring/diluting).
- Keep away from food/drink; wash hands thoroughly after use.

3) Hazards

- **Danger:** may be **corrosive to metals** (H290).
- Causes **severe skin burns and eye damage** (H314 / H318).
- **Very toxic to aquatic life** (H410).
- Can release **toxic gas if mixed with acids** (EUH031).

4) Emergency procedures (first aid)

- **Skin:** rinse with plenty of lukewarm running water **for at least 30 minutes**, remove contaminated clothing, **call Poison Centre/doctor immediately**.
- **Eyes:** rinse cautiously with water **for at least 15 minutes**, remove contact lenses if easy, **call Poison Centre/doctor immediately**.
- **Swallowed:** rinse mouth, drink **1 glass of water**, **do NOT induce vomiting**, call Poison Centre/doctor immediately.
- **Inhalation:** move to fresh air; get medical advice if unwell.

5) Spillage

- Keep people away (slip/chemical risk), **ventilate**, and wear **gloves + eye/face protection**.
- **Dilute with plenty of water** and prevent entry to drains/surface/ground water where possible.

6) Fire

- Extinguish with **CO_2, dry powder, or water spray**; for larger fires use **water spray or alcohol-resistant foam**.
- Firefighters: wear **SCBA** and full protective clothing including gloves and eye/face protection.

Fairy Washing Up Liquid (5L) — Quick COSHH / Safe-Use Instructions

1) How to use

- Dilute in warm water for washing up (normal use is **diluted**).
- Apply with sponge/cloth, wash items, then **rinse with clean water**.

2) Precautions needed

- **Avoid contact with eyes.**
- Don't eat/drink/smoke while using; **wash hands after handling**.
- If decanting/handling large quantities: wear **gloves** and **eye protection** if splashing may occur.

3) Hazards

- **Causes serious eye irritation** (Eye Irrit. 2, H319).
- **Harmful to aquatic life with long lasting effects** (Aquatic Chronic 3, H412).

4) Emergency procedures (first aid)

- **Eyes:** Rinse cautiously with water for several minutes; remove contacts if easy; continue rinsing. If symptoms persist, get medical advice / call Poison Centre.
- **Skin:** Wash with plenty of soap and water; get medical attention if symptoms occur.
- **Swallowed:** Rinse mouth. **Do NOT induce vomiting.** Call a doctor/Poison Centre if unwell.
- **Inhalation (mist):** Move to fresh air; seek advice if symptoms occur.

5) Spillage

- Treat as a **slip hazard**; keep people away.
- Absorb with non-combustible absorbent (paper towels/cloth/granules), bag it, then wash area with water.
- Prevent large spills entering drains/watercourses if possible.

6) Fire

- No special fire hazard / product is **non-combustible**; use extinguisher suitable for surrounding fire (water spray, foam, dry powder, CO_2).
- If ventilation is poor, firefighters should wear respiratory protection.

Harpic Power Plus 10X Clean & Protect (Original) — Quick COSHH Instructions

1) How to use

- Lift toilet seat and aim nozzle **under the rim**.
- Squeeze and apply slowly **around the inside of the bowl** to coat it.
- **Cleaning:** leave **10 minutes**, then **brush and flush**.
- **Disinfecting:** leave **60 minutes**, then **brush and flush**.

2) Precautions needed

- **Wear protective gloves** (and eye/face protection when splashing is possible).
- **Do not breathe vapour/mist**; use in a **well-ventilated area**.
- **Never mix with bleaches or other cleaning products** (risk of dangerous reaction).
- Store **locked up** and keep **only in original packaging**; keep away from **alkalis** and **metals**.

3) Hazards

- **Danger:** May be corrosive to metals (H290).
- **Causes severe skin burns and eye damage** (H314/H318).
- **Harmful to aquatic life with long lasting effects** (H412).

4) Emergency procedures (first aid)

- **Swallowed:** Rinse mouth, give **small sips of water** if conscious. **Do NOT induce vomiting. Call POISON CENTRE/doctor immediately.**
- **Skin (or hair):** Remove contaminated clothing, rinse skin with water **at least 10 minutes**. **Get urgent medical attention.**
- **Eyes:** Rinse cautiously with water, remove contacts if easy, continue rinsing **at least 10 minutes**. **Get urgent medical attention.**
- **Inhalation:** Move to fresh air, keep at rest; seek medical help if unwell/serious exposure.

5) Spillage

- Keep unprotected people away; **ventilate**; avoid breathing vapour/mist; wear PPE.
- Prevent entry to **drains/watercourses**.
- Contain/collect with **non-combustible absorbent** (sand/earth/vermiculite/diatomaceous earth) and dispose via licensed contractor; spilled material **may be neutralised** with sodium carbonate/bicarbonate (or sodium hydroxide).
- If water-soluble, you can **dilute with water and mop up**.

6) Fire

- Use an extinguishing agent **suitable for the surrounding fire**.
- Fire may produce hazardous fumes (e.g., **CO_2/CO/nitrogen oxides/halogenated compounds**).

- Firefighters: wear **SCBA** and full protective equipment.

HG Mould Remover Foam Spray — Quick COSHH/Safe-Use Instructions

1) How to use

- Spray the surface from **3–5 cm** away.
- Leave to work for **about 30 minutes**.
- Wipe the foam off with a **wet sponge/cloth**.

2) Precautions needed

- **Wear protective gloves and eye protection.**
- **Do not use with other products** — may release **dangerous gases (chlorine)**.
- Avoid breathing mist/spray; keep the area **well ventilated**.

3) Hazards

- **Danger:** causes **severe skin burns and eye damage**.
- **Very toxic to aquatic life with long lasting effects** (keep away from drains/watercourses).

4) Emergency procedures (first aid)

- **Eyes:** rinse immediately with plenty of water, remove contact lenses if easy, continue rinsing **at least 10 minutes**; **get medical attention immediately / call poison centre or doctor**.
- **Skin:** flush skin with plenty of water, remove contaminated clothing, continue rinsing **at least 10 minutes**; **get medical attention immediately**.
- **Inhalation:** move to fresh air and keep at rest; get medical attention if symptoms occur.
- **Swallowed: get medical attention immediately / call poison centre or doctor**.

5) Spillage

- Keep people away; **don't touch/walk through spill**; ventilate; wear PPE.
- Prevent entry to **drains/watercourses/confined areas**.
- Contain and absorb with **non-combustible absorbent** (sand/earth/vermiculite/diatomaceous earth) and dispose via a **licensed waste contractor**.

6) Fire

- If heated, container pressure can build and the container may **burst**; fire can produce hazardous gases (e.g., **CO_2/CO**, sulphur oxides, halogenated compounds).
- Firefighters: wear **SCBA** and full protective clothing.
- Contain contaminated **fire water** and prevent it entering drains/waterways.

Heavy Duty Oven Cleaner / Degreaser (5L) — Quick COSHH Instructions

1) How to use

- Use **only as an oven/degreasing cleaner**.
- Apply carefully to the area to be cleaned **without creating spray/mist**, allow contact time per **product label**, then rinse/wipe off thoroughly.

2) Precautions needed

- **Do not breathe mist/spray** and ensure **good ventilation** (don't use in confined spaces).
- Wear **protective gloves, protective clothing, and tight-fitting goggles/face protection**.
- Avoid direct contact with the product; keep an **eyewash/eye bath available**.
- Store **cool, well-ventilated, container tightly closed**.

3) Hazards

- **DANGER – causes severe skin burns and eye damage** (Skin Corr. 1A, H314).
- Contains **sodium hydroxide (10–30%)**.

4) Emergency procedures (first aid)

- **Skin:** remove contaminated clothing; rinse with running water **10+ minutes**; go to hospital if burns/symptoms.
- **Eyes:** rinse with running water **15 minutes**; **urgent hospital/specialist** review.
- **Swallowed:** rinse mouth, **do NOT induce vomiting**; give small amounts of water; urgent medical help/hospital.
- **Inhaled:** move to fresh air, rest; seek urgent medical help if symptoms.

5) Spillage

- Keep people away; **do not attempt cleanup without full PPE**; keep bystanders upwind if outside.
- **Do not discharge to drains/rivers**; contain with bunding.
- Absorb with **dry earth/sand**, place in a **labelled container** for safe disposal.

6) Fire

- Use extinguishing media suitable for the surrounding fire; use **water spray to cool containers**.
- Product is **corrosive** and can emit **toxic fumes in combustion**; firefighters wear **SCBA + protective clothing**.

Multi-Surface Antibacterial Spray (Tesco Anti+bac Original Multi Surface Cleaning Spray) – Quick COSHH Instructions

1) How to use

- Spray onto the hard surface and wipe clean.
- Use in a **well-ventilated area**.

2) Precautions needed

- **Wash hands after handling.**
- Ensure **adequate ventilation**, especially in confined areas.
- **Avoid contact with eyes**; wear **safety goggles** if there's a risk of splashes.
- Wear **protective gloves** if you'll have **prolonged/repeated skin contact**.
- **No smoking, eating or drinking** while using.

3) Hazards

- **Not classified as a health hazard** under CLP for normal use, but **splashes in eyes may cause irritation and reversible damage**.

4) Emergency procedures (first aid)

- **Eyes:** rinse with clean water for **15 minutes** holding eyelids open; if redness/pain/vision issues, see an **ophthalmologist**.
- **Swallowed:** if small amount (no more than one mouthful), **rinse mouth** and **consult a doctor**; **do not force vomiting**.
- **General:** if symptoms persist, call a doctor.

5) Spillage

- **Contain/absorb** with non-combustible absorbent (sand/earth/vermiculite/diatomaceous earth).
- **Prevent entry to drains/waterways.**
- **Clean up mechanically** (sweeping/vacuuming).

6) Fire

- **Non-flammable.**
- Extinguish with **water mist/sprayed water, foam, ABC powder, BC powder, or CO_2**; **do not use water jet**.
- Fire smoke can be hazardous; **do not breathe smoke** (may form **CO/CO_2**).

Tesco Window & Glass Cleaning Spray — Quick COSHH Instructions

1) How to use

- Turn nozzle to **ON**.
- Spray from **about 20 cm** away.
- Wipe with a clean cloth to shine.
- Turn nozzle back to **OFF** after use.

2) Precautions needed

- Use **only in a well-ventilated area** and **do not breathe mist**.
- Avoid contact with **eyes** and **skin**; wash hands after handling.
- If splashing risk: wear **safety goggles/face shield**; wear **gloves** if skin contact is likely.
- Keep **out of reach of children** and read the label before use.

3) Hazards

- **Not classified as hazardous**, but contains preservatives that **may cause an allergic reaction** (EUH208).
- May cause **mild skin irritation** with prolonged contact and **mild eye irritation**.

4) Emergency procedures (first aid)

- **Inhalation:** move to fresh air.
- **Skin:** flush skin thoroughly with water.
- **Eyes:** rinse with plenty of water for up to **15 minutes**; remove contact lenses if easy; get medical advice if irritation continues.
- **Swallowed:** rinse mouth; **do not** induce vomiting; seek medical attention.

5) Spillage

- Stop the leak if safe.
- Absorb with **sand or other inert absorbent** and collect for disposal.

6) Fire

- Suitable extinguishers: **foam, CO_2, dry powder, or water fog**.
- **Do not** use a water jet.
- Firefighters: wear **self-contained breathing apparatus** and protective clothing.