

The most important thing travelers can do to help decrease the spread of COVID-19 is to adhere to social distancing requirements and proper hygiene practices.

Social Distancing

- Individuals are encouraged to adhere to all social distancing recommendations and maintain at least six (6') feet from others.
- Stay home as much as possible and try to limit travel to only essential errands or travel.
- Take extra precautions when in public places and use a cloth face covering when close contact cannot be avoided.
- Limit your in-person visits. Use online services, phone calls, or e-mail, when possible.
- Consider where you are traveling to. Is COVID-19 spreading in the area you are going?
- Consider the type of travel you intend to take. It is unknown if one type of travel is safer than others; however, airports, bus stations, train stations, and rest stops are all places travelers can be exposed to the virus in the air and on surfaces. These are also places where it can be hard to social distance.
- Anticipate travel needs. Bring a cloth mask, pack enough alcohol-based hand sanitizer, and take steps to protect yourself from COVID-19.
- Consider keeping a documented travel itinerary, with dates/times of arrival and departure, seating information, etc.

Cleanliness

- Exercise proper hygiene practices.
 - Wash your hands often with soap and water for at least twenty (20) seconds. Use alcohol-based hand sanitizer if soap and water is not available.
 - Avoid touching your eyes, nose, and mouth with unwashed hands.
 - Avoid close contact with people who are sick.
 - Stay home when you are sick.
 - Cover your cough or sneeze.
 - Clean and disinfect frequently touched objects and surfaces.
- Clean your hand after using gasoline handles and buttons by washing your hands with soap and water for at least twenty (20) seconds or using an alcohol-based hand sanitizer.
- Try to avoid handling money and use touchless payments, if possible.
- Pick up food at drive-throughs, curbside restaurant service, or stores.